



The Commonwealth of Massachusetts  
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Dear Pediatric Provider:

Because physicians are uniquely positioned to influence adolescent substance use, the American Academy of Pediatrics recommends that pediatricians provide alcohol screening and counseling to all adolescents, as well as children in upper elementary grades. Since time and resources are limited in most health care settings, we are providing you with a comprehensive toolkit to empower your relationships with adolescents. Designed with input from pediatric health care providers, it includes an:

- ***Adolescent Screening, Brief Intervention, and Referral to Treatment for Alcohol and Other Drug Use – Using the CRAFFT Screening Tool guide including the CRAFFT algorithm;***
- **Reimbursement sheet;**
- **Samples of free MA Department of Public Health booklets for all parents of adolescents age 12 and older, and for youth who have screened positive for unhealthy alcohol or drug use**

This toolkit can help you efficiently incorporate the CRAFFT, brief advice, and referrals to further alcohol and other drug use evaluation and treatment into routine adolescent visits. It highlights resources for substance abuse questions and consultation on available adolescent programs. Reimbursement strategies have been developed, or are in process by many payers.

The Massachusetts Department of Public Health's Bureau of Substance Abuse Services, Massachusetts Behavioral Health Partnership, Children's Hospital Boston's Center for Adolescent Substance Abuse Research, and MassHealth collaborated on the creation and distribution of this toolkit. We will appreciate it if you take a few minutes to review it. To request additional copies of the toolkit or any of the booklets for youth and/or parents (at no cost) use the enclosed order form or call 1-617-279-2240 ext 803, TTY 617-536-5872.

With the grateful appreciation of all of the cosponsors,

Michael Botticelli  
Director  
Bureau of Substance Abuse Services