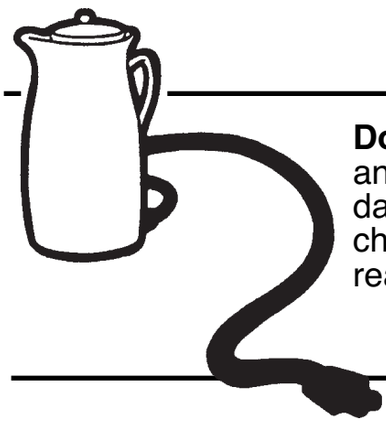
PREVENT BURNS!

Stay away from burner or flame. Don't wear loose clothing near fire.

Lock up dangerous items. Keep out of children's reach. **Fire kills. Fire can hurt for life.**

Keep children away from stoves, outdoor grills, campfires, and fireplaces.

Keep hot liquids out of reach of children.



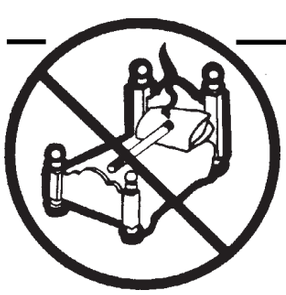
Don't let appliance cords dangle where children can reach them.

Turn **down** water heater to less than 130°. Higher temperatures can cause third degree burns (the worst) in two seconds!

Always turn off an iron when it's unattended.

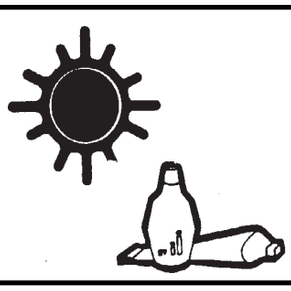
Turn pot handles toward the back of the stove.

Never use gasoline to start a fire. Use starter fluid with care.



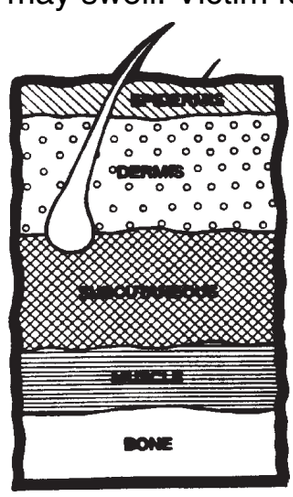
Never smoke in bed.

Protect your skin from the sun. Use tanning products with a high SPF rating.



KINDS OF BURNS

FIRST DEGREE: Epidermis (top layer of skin) is damaged. Skin is red and may swell. Victim feels pressure and pain.



SECOND DEGREE: Epidermis and dermis (second layer of skin) damaged. Blistering may occur.

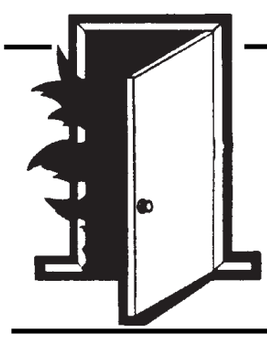
THIRD DEGREE: Epidermis, dermis, and nerve endings destroyed. Victim may or may not feel pain. Skin is discolored (white, brown, black or red) and leathery in texture. Muscle, fat, and bone may also be destroyed.

FIRST AID FOR BURNS

Cool burn area with cold water. Continuously flush a chemical burn.

Stop, drop and roll!

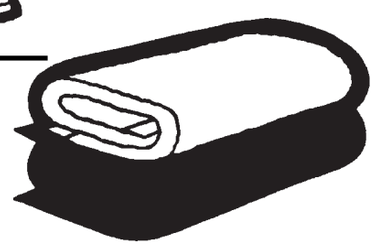
Never put grease, butter, or ointment on a burn.



Remove victim from area of danger.

Don't remove clothing from the burn.

Call 911 **immediately.**



Cover burn with clean sheet or towel.

Reprinted with permission from:

The Burn Center
Hennepin County Medical Center
701 Park Avenue
Minneapolis, Minnesota 55415
612-347-2915

National Burn Awareness Week
February 6-12, 2005

BURN SAFETY

Office of the State Fire Marshal
Department of Fire Services
P.O. Box 1025
Stow, MA 01775
www.mass.gov/dfs

Please contact the Burn Center for permission to reproduce any part of this brocure.

DFS 1/05