



MassGrown and Fresher News – October – Savor the Season



October means apples, cranberries, mums, pumpkins, and more! It's an exciting traditional time of the year to take the family, friends, and loved ones and go [pick your own!](#) Grab some of our most delicious & nutritious apples - either on the [farm](#) or at your [local farmers' market](#). The weather couldn't be better to get outside and the season is short, so don't miss out! After a

day of pickin', we suggest you take a look at [over 25 recipes](#) from NE Apple Association (and that's just the dessert category).

Commissioner of Agricultural Resources John Lebeaux states "Despite the difficult growing conditions, Massachusetts farms, nurseries and greenhouses continue to produce plenty of high-quality agricultural products, and we strongly encourage all residents to buy local this fall to support our hard-working farmers. [We toured and spotlighted many orchards this Fall](#). It's not easy, but great to see how our growers adjust and adapt to the growing conditions each year."

Grab your sense of adventure and head out to one of these ag-tivities:

- October 2-10 – [Topsfield Fair](#)
- October 8 & 9 - [Cranberry Harvest Celebration](#) – A.D. Makepeace, Wareham
- October 8 & 9 – [Harvest Festival](#) at Berkshire Botanical Garden, Stockbridge



- October 8 - [10th Harvest Day & Benefit for Emerson Hospital's Pediatric Care](#) at Verrill Farm, Concord
- October 9 - [Visit a Massachusetts Cabot Farmer](#) – multiple locations
- October 11 - [Book Signing & Sampling: Kathy Gunst's Soup Swap](#) at Gardens at Elm Bank, Wellesley
- October 15 – [Local Craft Spirits Festival](#) – University Park, Cambridge
- Princeton – October 15 & 16 – [AppleFest at Wachusett Mountain](#)

Visit our [Calendar of Culinary and Agricultural](#) events for **even more things** to do. Updates made weekly. Be sure to check with the organizer's website beforehand for any last minute changes.



Boston Public Market

[Harvest Party](#) - October 20th - Join the community of friends, supporters and collaborators for the first annual Harvest Party. Savor and sip the best of New England food and drink, enjoy live music and so much more. Kitchen events posted [here](#).

To submit a culinary or agricultural event, send to Richard.LeBlanc@state.ma.us. Bookmark the [calendar](#) today, and follow us on [Twitter @Massgrown](#).

