

FAQs



How do I access my EAP benefit?

You may access your EAP benefits 24 hours a day by contacting us at 1.855.750.8980. A Care Specialist will help you find the appropriate services needed.

Who can use my EAP benefit?

You, your spouse and your eligible dependent(s).

How much will it cost me to use my EAP services?

Nothing! We facilitate referrals to licensed counselors, as well as financial and legal professionals, at no cost to you. You also receive a certain number of in-person counseling benefits with no copay.

Are my EAP services confidential?

Absolutely! All conversations, records of treatment and follow-up assistance held with a Beacon Care Specialist or network provider, are kept confidential.



Tel: 1.855.750.8980

TTD/TTY: 1.866.727.9441

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Employee Assistance Program

Health and Wellness

Work Life Balance

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Beacon has redefined the meaning of an employee assistance program. We are here through it all, offering a multitude of resources to assist you in dealing with the stresses of everyday life.

Employee Assistance Program

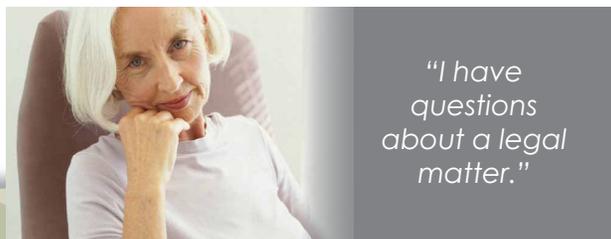
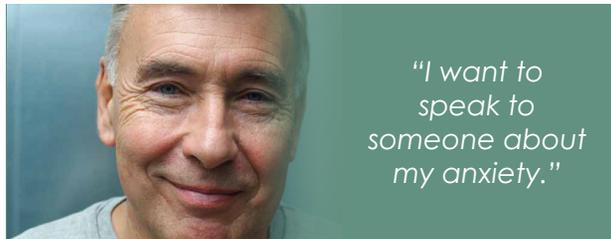
We offer counseling for the following concerns:

- Personal and emotional
- Marital
- Relationship
- Family
- Workplace
- Financial
- Legal

Health and Wellness

We offer assistance with:

- Stress management
- Smoking cessation
- Weight management
- Preventive health
- Prenatal health



Work Life Balance

We can provide you with information on:

- Child care
- Elder care
- Budgeting
- Parenting
- Identity theft

Online Resources

We offer round-the-clock access to a wide variety of online resources including:

- Videos
- Articles
- Financial calculators
- And more!

Beacon Care Specialists are available all day, every day to assist with life's challenges.

Please dial 911 for emergencies.

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