



## SERV One-Time Opportunities

### reasons to volunteer

The Value of Volunteering-Top Reasons to Volunteer  
There are as many reasons to serve as there are people who serve. Volunteering is not just an altruistic act. It's an opportunity to advance in all areas of your life. Here are a few of the things you can gain when you give your time and yourself:

- Connect with your community.
- Conserve funds for charities, nonprofits and faith-based and other community organizations by contributing your time.
- Share your skills and gain new ones.
- Develop self-esteem and self-confidence.
- Meet new people from all walks of life.
- Enhance your resume and make important networking contacts.
- Promote a worthwhile activity.
- Feel needed and valued.
- Experience something new.
- Serve your country.

Source: Corporation for National and Community Service

[www.nationalservice.org](http://www.nationalservice.org)

[Red Cross Blood Drives](#)

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Please Click on the links below to view volunteer opportunities

[Red Cross Blood Drives](#)

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Start

## Red Cross Blood Drives

Drive Date	Drive Start Time	Drive End Time	Shift Name	Location	Site Address	Site City	Volunteers still needed	County
12/27/2016	01:30 PM	07:00 PM	Andover Town House/Town Hall	Andover Town House	20 Main Street 2nd floor Town Hall	Andover	1	Essex County
12/28/2016	02:00 PM	07:00 PM	Rockland Community	Double Tree by Hilton	929 Hingham Street West Ballroom	Rockland	1	Plymouth County

## Red Cross Blood Drives

Drive Date	Drive Start Time	Drive End Time	Shift Name	Location	Site Address	Site City	Volunteers still needed	County
12/29/2016	10:00 AM	03:00 PM	South Shore Hospital	South Shore Hospital	55 Fogg Road 1st Floor Emerson Conference Room	Weymouth	1	Norfolk County
12/30/2016	01:00 PM	06:00 PM	Vanity Fair Outlet	Vanity Fair Outlet	375 Faunce Corner Road Main Hands On Vacant Space	North Dartmouth	2	Bristol County
12/30/2016	01:00 PM	06:00 PM	Wilson Farm Blood Drive	Wilson Farm	10 Pleasant Street Bloodmobile	Lexington	1	Middlesex County
1/3/2017	01:00 PM	06:00 PM	Dunkin Donuts - Norton	Dunkin Donuts - Norton	175 Mansfield Ave BUS Bloodmobile	Norton	1	Bristol County
1/4/2017	10:00 AM	03:00 PM	Boston Children's Museum	Boston Children's Museum	308 Congress Street 5th Floor Dewey Seuss Room	Boston	1	Suffolk County
1/4/2017	12:00 PM	05:00 PM	Nx Stage Medical	Nx Stage Medical	350 Merrimack Street Conference Room 7th Fl	Lawrence	1	Essex County
1/4/2017	02:00 PM	07:00 PM	Lexington RSM	Knights of Columbus	177 Bedford Street Banquet Room	Lexington	1	Middlesex County
1/4/2017	02:00 PM	07:00 PM	Brighton Marine Health Center	Brighton Marine Health Center	77 Warren Street 3rd Floor Conference Rooms 2 and 3	Brighton	1	Suffolk County
1/5/2017	08:30 AM	01:30 PM	State Street	North Quincy State Street John Adams Building	1776 Heritage Dr Main Floor Great Republic Conference Room	Quincy	1	Norfolk County
1/5/2017	10:00 AM	03:00 PM	CBRE/New England	CBRE/New England	200 Fifth Avenue Bloodmobile	Waltham	1	Middlesex County
1/5/2017	11:00 AM	04:00 PM	Nashoba Valley Medical Center	Nashoba Valley Medical Center	200 Groton Road 1st Founders Room	Ayer	1	Middlesex County
1/6/2017	10:00 AM	03:00 PM	Alexandria Real Estate Equities Inc.	Building 200	200 Technology Square Atrium	Cambridge	1	Middlesex County
1/6/2017	01:00 PM	06:00 PM	Encompass Fitness	Encompass Fitness	27 Milliston Road Aerobics Studio	Millis	1	Norfolk County
1/9/2017	09:00 AM	02:00 PM	Southcoast Health-South Coast Business Center	Southcoast Health-South Coast Business Center	200 Mill Road Main/First Large Conference Room	Fairhaven	1	Bristol County
1/9/2017	02:00 PM	07:00 PM	Lowell Elks	Lowell Lodge of Elks	40 Old Ferry Road Hall	Lowell	1	Middlesex County
1/9/2017	02:00 PM	07:00 PM	Natick Community-Senior Center	Natick Community Senior Center	117 East Central St. 1st Floor Great Hall	Natick	2	Middlesex County
1/10/2017	09:00 AM	02:00 PM	Central Auto Team	Central Auto Team	56 Boston Providence Turnpike Bloodmobile	Norwood	1	Norfolk County
1/10/2017	10:00 AM	03:00 PM	Greater Lowell YMCA	Greater Lowell YMCA	35 YMCA Drive First Gym	Lowell	1	Middlesex County
1/10/2017	10:00 AM	03:00 PM	Kronos Inc.	Kronos Inc.	297 Billerica Road Large Conference Room	Chelmsford	1	Middlesex County
1/10/2017	01:00 PM	06:00 PM	Marshfield Elks Lodge 2494	Marshfield Elks Lodge 2494	1321 Ocean Street hall	Marshfield	1	Plymouth County
1/10/2017	02:00 PM	07:00 PM	Community of Pepperell	VFW	55 Leighton Street - Route 113 Hall	East Pepperell	1	Middlesex County
1/11/2017	12:00 PM	06:00 PM	Cambridge Police	Cambridge Police	125 Sixth Street Bloodmobile	Cambridge	1	Middlesex County
1/11/2017	01:00 PM	06:00 PM	Plainville Community	Plainville Council on Aging	9 School Street Community room	Plainville	1	Norfolk County
1/11/2017	02:00 PM	07:00 PM	Arlington Knights of Columbus	Arlington Knights of Columbus	15 Winslow Street Hall	Arlington	1	Middlesex County
1/12/2017	08:30 AM	02:30 PM	Beverly Community	Glen Urquhart School	74 Hart Street Upper School Nance Room	Beverly	1	Essex County
1/12/2017	10:00 AM	03:00 PM	IBM Corporation	IBM Corporation	550 King Street All Hands Conference Room	Littleton	1	Middlesex County
1/13/2017	08:00 AM	01:00 PM	New Bedford Housing Authority	Ben Rose Gardens	35 Delano Street Main Community Room	New Bedford	2	Bristol County
1/13/2017	11:00 AM	04:00 PM	Hyatt Regency	Hyatt Regency	One Avenue de Lafayette 3rd Fl. Nantucket	Boston	1	Suffolk County
1/13/2017	11:00 AM	04:00 PM	Soldier's Home	Quigley Memorial Hospital	91 Crest Avenue Recreation room	Chelsea	1	Suffolk County
1/16/2017	08:00 AM	01:00 PM	State Street - Channel Center	State Street - Channel Center	One Iron St. 2nd Ford Room	Boston	1	Suffolk County
1/16/2017	09:00 AM	02:00 PM	One Financial Center	One Financial Center	One Financial Center 2nd Multipurpose Room	Boston	1	Suffolk County
1/17/2017	09:00 AM	02:00 PM	CDM Smith	75 State St.	75 State St. 7th Camp/Dresser training rooms	Boston	1	Suffolk County
1/17/2017	10:00 AM	03:00 PM	Harwich Community Center	Harwich Community Center	100 Oak Street Community room	Harwich	1	Barnstable County
1/17/2017	11:00 AM	04:00 PM	Dunkin Donuts	Dunkin Donuts	755 Main Street Outside Set Up Bloodmobile	Weymouth	1	Norfolk County

## Red Cross Blood Drives

Drive Date	Drive Start Time	Drive End Time	Shift Name	Location	Site Address	Site City	Volunteers still needed	County
1/18/2017	02:00 PM	07:00 PM	Methuen Community	Knights of Columbus	462 Broadway 1st Hall	Methuen	2	Essex County
1/18/2017	02:00 PM	07:30 PM	Lexington RSM	Knights of Columbus	177 Bedford Street Banquet Room	Lexington	1	Middlesex County
1/18/2017	02:00 PM	07:00 PM	Somerville Armory	Somerville Armory	191 Highland Avenue Hardwood Main Hall	Somerville	1	Middlesex County
1/19/2017	10:00 AM	03:00 PM	Putnam Investments	Putnam Investments	7 Shattuck road 2nd floor Hamilton Conference rooms 9 & 10	Andover	1	Essex County
1/19/2017	01:00 PM	06:00 PM	IBEW Training Facility	IBEW Training Facility	475 Myles Standish Boulevard Meeting Room	Taunton	1	Bristol County
1/20/2017	08:30 AM	01:30 PM	State Street - One Lincoln Street	State Street - One Lincoln Street	One Lincoln Street 7th Starbucks Room	Boston	2	Suffolk County
1/20/2017	01:00 PM	06:00 PM	North Suburban YMCA	North Suburban YMCA	137 Lexington Street wood Basketball Court	Woburn	1	Middlesex County
1/20/2017	01:00 PM	06:00 PM	Answer is Fitness- Foxboro	Answer is Fitness- Foxboro	7 Lincoln Road Group Exercise Studio	Foxboro	1	Norfolk County
1/20/2017	01:00 PM	06:00 PM	Hingham Town Hall	Hingham Town Hall	210 Central Street 2nd Floor Central Meeting	Hingham	1	Plymouth County
1/23/2017	01:00 PM	06:00 PM	Answer is Fitness	Answer is Fitness	15 John L Dietsch Blvd Bloodmobile	North Attleboro	1	Bristol County
1/23/2017	01:00 PM	06:00 PM	Mansfield Public Safety Community Blood Drive	Holiday Inn/Main Building	31 Hampshire Street 1st Floor Ballroom	Mansfield	1	Bristol County
1/23/2017	02:00 PM	07:00 PM	Methuen Community	Knights of Columbus	462 Broadway 1st Hall	Methuen	2	Essex County
1/24/2017	02:00 PM	07:00 PM	Brookline Community	Brookline Public Library Main Branch	361 Washington Street Hunnenman Hall	Brookline	1	Norfolk County
1/25/2017	09:00 AM	02:00 PM	Bose Corporation	Bose Corporation Research and Development Bldg.	The Mountain Road 1st floor Conference Room G	Framingham	2	Middlesex County
1/25/2017	10:00 AM	03:00 PM	Deluxe Corp.	Deluxe Corp.	500 Main Street Conference Room B1 & B2	Groton	2	Middlesex County
1/25/2017	02:00 PM	07:00 PM	Jimbo Zahn Memorial Blood Drive	Fireman's Relief Center	Fireman's Relief Center 1 Market Street Function Hall	Lawrence	1	Essex County
1/26/2017	09:00 AM	02:00 PM	Eversource	Eversource	One NSTAR Way 2nd Floor Training Rooms	Westwood	1	Norfolk County
1/26/2017	12:00 PM	05:00 PM	Roudenbush Community Center	Roudenbush Community Center	65 Main Street Gym	Westford	1	Middlesex County
1/26/2017	12:00 PM	05:00 PM	Comcast Plymouth	Comcast Plymouth	35 Resnik Road Cafeteria	Plymouth	1	Plymouth County
1/26/2017	01:00 PM	07:00 PM	Mason Wamesit Lodge	Masonic Hall	70 Victor Drive First Floor Main Room	Tewksbury	2	Middlesex County
1/27/2017	08:00 AM	01:00 PM	Bristol-Myers Squibb	Bristol-Myers Squibb	Bristol-Myers Squibb 38 Jackson Road Conference room	Davens	1	Middlesex County
1/27/2017	09:30 AM	02:30 PM	Parexel International Billerica	Parexel International Billerica	2 Federal Street 1F/1G	Billerica	1	Middlesex County
1/27/2017	10:00 AM	04:00 PM	Universal Technical Institute	Universal Technical Institute	One Upland Road Multipurpose Room	Norwood	1	Norfolk County
1/27/2017	11:00 AM	05:00 PM	WZLX Woburn	Scoreboard / Crowne Plaza	15 Middlesex Canal Park Drive Rug Function Hall	Woburn	2	Middlesex County

## One-Time Opportunities

To Schedule a shift at the VET Center, please email Latoya Odum at [SERV@MassMail.State.MA.US](mailto:SERV@MassMail.State.MA.US)

Please contact the Non-Profit directly to reserve a shift. Thanks!!!

### Boston & Cambridge

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
<i>Boston</i>	Government Center	New England Center for Homeless Veterans 17 Court Street	<b>ONGOING</b>	Wednesday	11:15am-12:30pm	Meal server at homeless shelter Please contact Latoya Odum at <a href="mailto:SERV@massmail.state.ma.us">SERV@massmail.state.ma.us</a>
<i>Boston</i>	Metro Boston	Big Sister Association of Eastern MA	Fall 2016 to Spring 2017	weekdays	flexible	Diversity Council members needed to increase the number of volunteers of color. 84% of "Littles" are girls of color but only 26% of "Bigs" are women of color. Please call 617-236-8060 or Email: <a href="mailto:volunteer@bigsister.org">volunteer@bigsister.org</a>
<i>Boston</i>	North End, Chinatown, South End, Brighton, Mission Hill,	Big Brother/Big Sister of Massachusetts Bay School-based mentoring programs	Fall 2016 to Spring 2017	weekdays	a few meetings/ month	Volunteers needed to be a positive adult role model in school-based mentoring programs during lunch or after school. "Bigs" and "Littles" play on the playground, swap stories, work on homework, or simply sit and talk, among other activities. For more information please visit <a href="http://www.bbbsmb.org">www.bbbsmb.org</a> or call 617-956-0281
<i>Boston</i>	Boston South Bay	American Red Cross Food Pantry 1033 Mass. Ave.	Fall 2016 to Spring 2017	<u>Both</u> Tuesday or Friday	9:00am-12:00pm	One-time shifts to pack bags of food for clients who will visit the food pantry the next day. For more information, please email <a href="mailto:EasternMassVol@redcross.org">EasternMassVol@redcross.org</a> or call volunteer services at 617-274-5325.
<i>Boston</i>	Boston South Bay	American Red Cross Food Pantry 1033 Mass. Ave.	Fall 2016 to Spring 2017	<u>ANY</u> Wednesday	9:00am-12:00pm	Distribute bags of food for clients who visit the food pantry. For more information, please email <a href="mailto:EasternMassVol@redcross.org">EasternMassVol@redcross.org</a> or call volunteer services at 617-274-5325.
<i>Boston</i>	many	Action for Boston Community Development - ABCD	flexible	weekdays	daytime	Volunteers needed in a number of programs helping the disadvantaged in downtown Boston and various Boston neighborhoods. ABCD runs food pantries, fuel assistance, career planning, and elder services programs. To learn more, call 617-348-6387.
<i>Boston</i>	Statewide	The American Cancer Society	<b>ONGOING</b>	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients. Please call 1-800-227-2345
<i>Boston</i>	Jamaica Plain	American Cancer Society Astra Zeneca Hope Lodge	<b>ONGOING</b>	weekdays	flexible	Volunteers needed as drivers and receptionists at location serving as a home away from home for families of cancer patients. Email: <a href="mailto:bohl.volunteer@cancer.org">bohl.volunteer@cancer.org</a>

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Cambridge	Kendall Square	American Red Cross	twice/month	weekdays	a few hours	Boston Red Cross- Kendall Square: Do basic data entry for disaster volunteer program on a bi-weekly basis for inputting new volunteers into the Disaster Services Human Resources system. All training is provided; no experience or DSHR knowledge. Please email Kelly Miller, Kelly.miller3@redcross.org
Boston	South End	Boston Medical Center Corner of Mass. Ave. and Harrison Ave.	ONGOING	weekdays	8am-5pm	This is not a one-time shift. Volunteers may need to commit to 1-3 hour shifts for 3 months. Volunteers needed for food pantry; patient book cart; escorting patients and families, reading to children visiting clinic. Please visit <a href="http://www.BMC.org/volunteerservices">www.BMC.org/volunteerservices</a> or call 617-414-5122.
Boston	all parts	Boston Partners in Education  (Boston Public Schools)	October 2016 to May 2017	weekly	1-2 hours/week	This non-profit places <b>volunteers in the Boston Public Schools</b> . Classroom volunteer (K-12) and Math Works volunteers (Gr 3-5) needed for 1-2 hrs./wk. Call Hillary 617-451-6145 ext. 3717 or email <a href="mailto:hchazen@bostonpartners.org">hchazen@bostonpartners.org</a> .
Boston	all areas of Boston	Boston Private Industry Council	Fall 2016 to Spring 2017	weekdays	9am-5pm	One-time Career Speakers needed to make presentations at Boston high schools. Call Tara at 617-488-1326 or email <a href="mailto:tara.raposa@bostonpic.org">tara.raposa@bostonpic.org</a> or. For more information, visit: <a href="http://www.bostonpic.org/employers/career-speakers">http://www.bostonpic.org/employers/career-speakers</a>
Boston	all areas	Boston Scholars	any	weekdays	any	This group provides educational opportunities to disadvantaged Boston-area students through scholarships to tuition-based high schools and one-on-one mentoring. Volunteers needed in a variety of roles including mentoring, webmaster, and events planning. For more information, please call (617) 345-0501 Email: <a href="mailto:info@bostonscholars.org">info@bostonscholars.org</a>
Boston	all areas	City of Boston Shines 365 Citywide Neighborhood Clean Up & Community Service Volunteer Program	flexible weekdays	weekdays	daytime	Paint a community center, plant flowers, sweep, rake and pick up trash to make our communities more beautiful. Call 617-635-4249 or email: <a href="mailto:BostonShines@cityofboston.gov">BostonShines@cityofboston.gov</a> . Visit: <a href="http://www.cityofboston.gov/neighborhoods/bostonshines.as">http://www.cityofboston.gov/neighborhoods/bostonshines.as</a>
Boston	Government Center	Commonwealth Children's Center One Ashburton Place, 1st floor	ONGOING	weekdays academic year only	minimum 1-2 hours/ wk. for 6 months	Volunteers needed to assist at private non-profit with academic activities (reading) pre-school and kindergarten classes. Employees cannot volunteer in a class where their child attends. Call Beth 617-727-4802 x10
Boston	Government Center	Commonwealth Children's Center One Ashburton Place	ONGOING	Monday-Friday	Min. one hour 9am- 11:30am or 3:30-5pm	Volunteers are needed at this private non-profit center to read to preschool and older rooms (2 years 9 months to 6 years old) for shifts at least one hour long. CORI check to be done by the center. <b>Reminder:</b> employees cannot volunteer in their child's classroom. Please call (617) 727-4802
Boston	Jamaica Plain	Community Servings	You choose	Monday through Friday	9am-12pm or 1pm- 4pm	Assembling and packing lunches in a cafeteria for chronically ill clients. No contact with clients. Please call 617.522.7777 or Email: <a href="mailto:info@servings.org">info@servings.org</a>

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
<i>Boston</i>	<b>Boston</b>	<b>Computer Clubhouse Mentors @ Museum of Science</b>	<b>Academic year</b>	<b>flexible</b>	<b>Approx. 3-5pm</b>	Volunteers needed for at least 2 hours per week on 1 set day for a minimum of 6 months. Call 617-589-0380 Apply online: <a href="http://www.mos.org/support_mos/volunteering">http://www.mos.org/support_mos/volunteering</a>
<i>Boston</i>	Brighton	<b>Cradles to Crayons 155 North Beacon Street (relocated from Quincy)</b>	<b>You choose any weekday except Monday</b>	<b>Tuesday-Friday</b>	<b>10am-12pm or 1pm-3pm</b>	Sorting donated items for kids 0-12. Call: 617.779.4700
<i>Boston</i>	Boston	<b>Epilepsy Foundation of MA+RI</b>	<b>ONGOING</b>	<b>weekdays</b>	<b>flexible</b>	Volunteers needed to promote epilepsy awareness. Call 617-506-6041.
<i>Boston</i>	Dorchester East Boston South Boston Hyde Park Roxbury Crossing Cambridge	<b>Read to a Child (Everybody Wins! Metro Boston)</b>	<b>Fall 2016 to Spring 2017</b>	<b>2-4 week days per month for 45 minutes mid-day</b>	<b>mid-day</b>	Read aloud 1-1 for 30-45 minutes with the same public elementary school student 2-4 times/month from October to May as part of the "Power Lunch" reading mentoring program. Brief training is provided. For more information email: <a href="mailto:SERV@massmail.state.ma.us">SERV@massmail.state.ma.us</a>
<i>Boston</i>	Roxbury	<b>Franklin Park Coalition</b>	<b>Fall 2016 to Spring 2017</b>	<b>weekdays</b>	<b>flexible</b>	Restore and preserve Franklin Park, a historic urban green space adjacent to Shattuck Hospital (DPH/DMH). Office and outdoor shifts available. Call 617- 442-4141. Also see <a href="http://www.franklinparkcoalition.org">www.franklinparkcoalition.org</a>
<i>Boston</i>	all areas of Boston	<b>Kit Clark House lunch sites</b>	<b>ONGOING</b>	<b>weekdays</b>	<b>10am-1pm</b>	Volunteers needed to serve food and assist elders at a nutrition site in any part of Boston. Assist with setup and cleanup. Distribute food to and interact with guests. Also needed volunteers to translate and advocate for older adults who speak Spanish. Please call (617) 533-9161
<i>Cambridge</i>	Cambridge near Porter Square	<b>Learning Ally, formerly Recording for the Blind and Dyslexic 2067 Massachusetts Avenue, 3rd floor</b>	<b>ONGOING</b>	<b>ANY Wednesday</b>	<b>10am-11am</b>	One hour orientation for volunteers including 30 minute recording session. Need to also have 2 hours of additional training before first regular volunteer shift. Register directly by calling 617-500-2706. Accessible by Red Line to Porter Square.
<i>Boston</i>	all parts	<b>Little Brothers, Friends of the Elderly</b>	<b>1 year commitment</b>	<b>3-4 times per month</b>	<b>1 hour week between 8am and 5pm</b>	Volunteer alone or with a colleague (or alternate weeks) to visit the same very isolated elder 3-4 times/mth for a year. There are 40 elders in Boston on the waitlist. Application, CORI check, 30 minute orientation session, and monthly phone check-in requirement. Please call (617) 524-8882
<i>Boston</i>	Boston	<b>Mass Advocates Standing Strong, 500 Harrison Ave.</b>	<b>Any weekday</b>	<b>weekdays</b>	<b>flexible</b>	Experienced <b>grant writer</b> to assist us in securing grant funding needed to help statewide self-advocacy organization grow. Volunteer needed with <b>ACCESS database experience</b> as well. Contact Lesley at 617-624-7549 or e-mail: <a href="mailto:mass.office.info@gmail.com">mass.office.info@gmail.com</a>

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
<i>Boston</i>	Jamaica Plain	Massachusetts Society for Prevention of Cruelty to Children	<b>ONGOING</b>	weekdays	mid-late afternoon	After School tutors are needed for the Kid's Day program. One or two hours a week could help bring a child up to grade level. Call 617-983-5800 or email rcoelho@mspcc.org
<i>Boston</i>	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. <a href="http://www.madd.org">http://www.madd.org</a>
<i>Boston</i>	All areas of Boston	National Park Service (Boston National Historic Park)	To be arranged	weekdays	daytime	To learn more about volunteer opportunities, call 617-242-5222.
<i>Boston</i>	East Boston	Project Bread near Maverick Blue line station	any	weekdays	between 9am and 5pm	Volunteers needed at hunger relief organization to perform office tasks including filing, scanning, and shredding. Email: <a href="mailto:info@projectbread.org">info@projectbread.org</a> .
<i>Boston</i>	Government Center	Raising A Reader	any	weekdays	between 9am and 5pm	Ongoing volunteers needed for behind-the-scenes tasks such as data entry, preparing materials for activities with child and adult participants, creating event advertising materials, and calling potential training attendees. There is no minimum time commitment. Call 617-292- 2665
<i>Boston</i>	South End	Rosie's Place 889 Harrison Ave.	flexible	flexible	Flexible	Groups needed to cater or serve lunch meal to clients who are homeless or help in the food pantry on weekdays. Email: <a href="mailto:volunteer@rosiesplace.org">volunteer@rosiesplace.org</a> for available group volunteer dates.
<i>Boston</i>	Boston	Susan G. Komen for the Cure	<b>ONGOING</b>	weekdays	flexible	Volunteers needed to perform community outreach and administrative tasks. Call: 617-737-5111 or email: <a href="mailto:volunteer@komenmass.org">volunteer@komenmass.org</a>
<i>Boston</i>	All areas of Boston	VNA Care Network and Hospice	<b>ONGOING</b>	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to help as a hospice volunteer. Contact Nancy Barcelo at <a href="mailto:nbarcelo@vnacarenetwork.org">nbarcelo@vnacarenetwork.org</a> or 888-663-3688, ext. 4271.
<b>Cape</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Cape	Statewide	American Cancer Society	ONGOING	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients. Please call 1-800-227-2345
Cape	All	Big Brothers Big Sisters of MA Bay Cape Office	ONGOING	weekdays	flexible	Call the Centerville office to learn more about volunteering as a community or school-based mentor 508-771-5150.
Cape	Many towns	Cape Cod Medical Reserves Corp	flexible	weekdays	flexible	Volunteers needed with health education, newsletter, volunteer coordination, or clinical work. Call Jean 508-375-6641.
Cape	South Dennis	Elder Services of the Cape and the Islands	ONGOING	any	any	For information on helping with meals on wheels or other programs throughout the Cape, please contact the Volunteer Resource Center Coordinator at 1-508-394-4630. RSVP Senior Corps (55+) places you in other volunteer opportunities.
Cape	Hyannis	Hospice + Palliative Care of Cape Cod	ONGOING	any	any	To inquire about hospice volunteering or assisting with office work, please call 508-957-0200
Cape	Plymouth area	Mass Advocates Standing Strong	Any weekday	weekdays	flexible	Experienced <u>grant writer</u> to assist us in securing grant funding needed to help statewide self-advocacy organization grow. Contact Lesley at 617-624-7549 or e-mail: mass.office.info@gmail.com
Cape	Hyannis	Massachusetts Society for Prevention of Cruelty to Children	ONGOING	any	any	General office assistant needed or get a team together to help with a one-time landscaping project. Assist with projects, creation of charts and other tasks. Please call 508-775-0275
Cape	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. <a href="http://www.madd.org">http://www.madd.org</a>
Cape	Hyannis	National Alliance on Mental Illness	flexible	weekdays	flexible	Volunteers needed to help with design of existing website. Call David: 508-778-4277.
Cape	West Dennis	Sight Loss Services of the Cape and Islands	ONGOING	any	any	For information on driving clients to support groups, doing errands for those with vision loss, or assisting with support group, please call (508) 394-3904
Cape	West Dennis	Visiting Nurse Assn. of Cape Cod	ONGOING	any	any	To inquire about helping with hospice, public health wellness activities, Adult Day Health program, or office work, please call 508-957-7709 or email (Gayle) gkiely@vnacapecod.org
<b>Central</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Central	Statewide	American Cancer Society	ONGOING	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients. <a href="http://www.Cancer.org">www.Cancer.org</a>
Central	Worcester	American Cancer Society	any weekday	weekdays	9am-5pm	Individuals or small groups needed to assemble Personal Health Manager Kits in our Worcester office. These free kits are provided to all newly diagnosed patients in New England. Call Kathy O'Connor at 800.952.7664 X 3109 or email her at <a href="mailto:koconnor@cancer.org">koconnor@cancer.org</a> .
Central	Worcester	American Cancer Society Hope Lodge	ONGOING	weekdays	flexible	Volunteers needed for special projects (data entry, speakers' bureau, etc.) <a href="mailto:Debra.Aharonian@cancer.org">Email: Debra.Aharonian@cancer.org</a>
Central	Worcester	Audio Journal	ONGOING	weekdays	9am-5pm	This group needs approximately 150 volunteers (radio readers) at any one time to maintain monthly radio programming of reading daily newspapers live on the air each day for their vision-impaired listeners. Email Valerie Clapham: <a href="mailto:valerie@audiojournal.net">valerie@audiojournal.net</a>
Central	Leominster	Boys and Girls Club of North Central MA	ONGOING	weekdays	after-school	Volunteers needed to help teens in <b>computer, science, math and other educational afterschool classes</b> . Please note all other activities at the club are considered recreational and social and not approved for SERV. For more information please call 978-534-8358
Central	Westborough	Brain Injury Association of MA	ONGOING	weekdays	flexible	Volunteer with outreach and prevention programs, perform administrative tasks, or do activities with brain injury survivor on a monthly basis plus weekly phone call: Call Patty 508-475-0032, ext. 22
Central	Westborough	Brain Injury Association of MA	ONGOING	weekdays	flexible	Assist with administrative and office tasks. Help staff with conferences or workshops or work on Think A-Head, a school-based program that teaches students to avoid risk-taking behavior and develop healthy living habits. Call Patty at 508-475-0032
Central	West Boylston	Central Massachusetts Agency on Aging	ONGOING	weekdays	daytime	<b>Please note these are not one-time openings</b> ; the need is for longer-term volunteers to help with reception and information/referral, etc. Call 508-852-15539 or send an email to <a href="mailto:CMAAging@seniorconnection.org">CMAAging@seniorconnection.org</a> for more information.
Central	Worcester	Friendly House	flexible	weekdays	9am-5pm	Volunteers needed in a variety of roles at temporary emergency family shelter. Call 508-755-4362.
Central	Gardner	Gardner Community Action Committee	ONGOING	weekdays	9am-5pm	Volunteers needed for monthly transport of food from Worcester County Food Bank. Email Julie: <a href="mailto:jmeehan@gardnercac.org">jmeehan@gardnercac.org</a>
Central	Gardner and 23 towns	Gardner Visiting Nurse Association	ONGOING	weekdays	9am-5pm	This non-profit, (serving 24 towns), needs volunteers for assignment in the office, food pantry, hospice, and adult day health. See <a href="http://www.gardnervna.org">www.gardnervna.org</a>
Central	Worcester	Greater Worcester Land Trust	ONGOING	weekdays	flexible	Volunteers need to survey and identify Asian Longhorned Beetles on conservation land. Call Anne at 508-795-3838 or email: <a href="mailto:anne@gwlt.org">anne@gwlt.org</a>
Central	Southbridge	Harrington Hospital	ONGOING	weekdays	9am-5pm	Two volunteer groups meet at the hospital weekly to make all new babies a new blanket and hat. They also make sweater sets, puppets, and bags to hang on "walkers" for patients. The hospital provides all the supplies. Email Laura: <a href="mailto:ldilts@harringtonhospital.org">ldilts@harringtonhospital.org</a>
Central	Gardner	House of Peace and Education	any	weekdays	flexible	One-time or ongoing volunteers needed for non-profit providing education, support, and job-skills training for women and children. Assist with clerical duties, reception work, and special projects. Call Fran 978-630-4752 x 30.

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Central	Westborough	March of Dimes	Fall 2016 to Spring 2017	weekdays	Between 9am and 5pm	Office volunteers needed at non-profit improving the health of babies by preventing birth defects, premature birth, and infant mortality. Email: MA625@marchofdimes.com or call 508-366-9066.
Central	many towns	MAB Community Services	ONGOING	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to help with medical transportation and leisure activities such as shopping, reading mail, etc. for clients who are blind. Please call (508) 854-1733 or Email volunteerw@mabcommunity.org
Central	many	Mass Association for the Blind (MAB)	flexible	weekdays	flexible	Assist someone who is blind be matched with a local individual. Assist with grocery shopping, errands, clerical tasks, and reading print material. You might help go through the weekly mail, choose products together at the grocery store, or pick out greeting cards. Central Massachusetts: Call (508) 854-1733 or E-mail volunteerw@mabcommunity.org
Central	Worcester	Mass Audubon Society @ Broad Meadow Brook Wildlife Sanctuary	any Wednesday	Wednesday	10am-12pm	Put up signs and markers, look for wildlife tracks, pick up branches, and fill the bird feeders. Projects are primarily outside. Some tasks may require heavy lifting. Ability to work without supervision required. Carpentry skills welcome. Call 508-753-6087
Central	Princeton	Mass Audubon Society @ Wachusett Meadow	any Tuesday	Tuesday	9:30am-12:30pm +	These are one-time shifts to assist in a wide variety of property, maintenance, and ecological management projects such as buildings and grounds work, trail clearing, wildlife monitoring. RSVP to: Cindy Dunn (978) 464-2712 ext. 8707
Central	many towns	Montachusett Home Care Corporation	ONGOING	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to work as companions, medical escorts, shoppers, long-term care ombudspersons, etc. For elderly clients. Call 978-537-7411 for more information.
Central	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. <a href="http://www.madd.org">http://www.madd.org</a>
Central	Athol	Mount Grace Land Conservation Trust	ONGOING	weekdays	daytime	Volunteers needed especially those with skills or experience in the following areas: wildlife biology, forestry, ArcGIS mapping, and land conservation. Contact David Kotker for more information via email: kotker@mountgrace.org
Central	Worcester area	RSVP Worcester Area Volunteers	any	weekdays	9am-5pm	Volunteers age 55 and over needed to read to children and perform outreach and administrative tasks. Call 508-791-7787.
Central	Shrewsbury	Shrewsbury Council on Aging	ONGOING	weekdays	flexible	Newsletter mailing help needed last Friday of the month @ 8:30am. Call Stacey 508-841-8758.
Central	Townsend	Townsend Public Library	any	weekdays	9am-5pm	Volunteers needed to assist with shelving books and other office functions. Call Eileen 978-597-1714.
Central	Worcester	Veterans, Inc. (formerly known as Massachusetts Veterans Shelter)	ONGOING	weekdays	afternoon	Food bank and lunch/dinner servers needed. Call Amanda at (508) 791-1213, x123, or email AmandaRiik@veteransinc.org. <b>These are not one-time shifts.</b>
Central	many towns	VNA Care Network and Hospice	ONGOING	weekdays	daytime	<b>Please note these are not one-time openings</b> ; the need is for longer-term volunteers to help as administrative or hospice volunteers. Contact Mary Anne Sullivan:masullivan@vnacarenetwork.org or 888-663-3688, ext. 6887 or email masullivan@vnacarenetwork.
Central	West Boylston	West Boylston Council on Aging	any	weekdays	flexible	Volunteers needed to fold newsletters, serve as alternate for delivery of Meals on Wheels to homebound residents, or to lead/teach a class that would interest seniors. Call 508-835-6916.

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Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Central	Westborough	Westborough Food Pantry	ONGOING	Thursdays	mornings	<b>Please note these are not one-time openings.</b> Call the pantry at 508-366-3007 to inquire
Central	Worcester	Why Me (Sherry's House)	ONGOING	weekdays	flexible	Volunteers needed at 8 bedroom residence to help Central New England families cope with childhood cancer via providing local transport to medical facilities (within Worcester or to Boston), running errands, preparing meals, and providing childcare. please call Ginette Trolsen at (508) 757-7734
Central	North Grafton	Willard House and Clock Museum	any	weekdays	flexible	Volunteers needed to help with carpentry, library work, computer assistance, updating database, and visitor research. Complete volunteer form online: <a href="http://www.willardhouse.org/about/contact.php">www.willardhouse.org/about/contact.php</a>
Central	Worcester	Worcester Public Library (Main branch and Greendale branch)	ONGOING	weekdays except Mondays	minimum 1.5 or 2 hours/wk.	<b>This is not a one-time shift.</b> The library is seeking people who are interested in becoming <b>regular volunteers</b> to work on shelving books. Shifts involve prolonged standing, lifting, bending, reaching and this requires good eyesight. Call (508) 799-1655
<b>METRO WEST</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Metro West	Waltham	Big Brother/Big Sister of Massachusetts Bay School-based mentoring programs	Fall 2016 to Spring 2017	weekdays	a few meetings/month	Volunteers needed to be a positive adult role model in school-based mentoring programs during lunch or after school. "Bigs" and "Littles" play on the playground, swap stories, work on homework, or simply sit and talk, among other activities. For more information please visit <a href="http://www.bbbsmb.org">www.bbbsmb.org</a> or call 617-956-0281
Metro West	Statewide	American Cancer Society	ONGOING	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients of programs, services, and resources available to them through the ACS Cancer Resource Network. ACS cancer resource volunteers are needed at hospitals and cancer centers across the state. For more information or to volunteer please call 1-800-ACS-2345 or visit <a href="http://www.cancer.org">www.cancer.org</a>
Metro West	Framingham	American Heart Association	any	weekdays	flexible	Volunteers needed to perform office work or educational outreach. Call Joanne 508-935-3967 or email: <a href="mailto:joanne.mcgrath@heart.org">joanne.mcgrath@heart.org</a>
Metro West	Arlington	Arlington Food Pantry	ONGOING	weekdays	flexible	Interested volunteers should call 781-316-3401 (Council on Aging).
Metro West	Needham	Asthma and Allergy Foundation of New England	ONGOING	weekdays	9am-5pm	This groups offers a variety of ongoing volunteer data entry and clerical tasks. Flexible hours and frequency for enthusiastic volunteers who can type and have a good attention to detail. Call Sharon Schumack at 781-444-7778.
Metro West	Framingham and 11 area towns	Bay Path Elder Services	ONGOING	weekdays	daytime	<b>This is not a one-time opportunity.</b> Openings for volunteer drivers Monday through Friday. Volunteers deliver pre-packaged meals along a specified route. Your assistance makes a difference! Please call: the Elder Nutrition Program Director at 508-573-7200. Towns include: Ashland, Dover, Framingham, Holliston, Hopkinton, Hudson, Marlborough, Natick, Northborough, Sherborn, Southborough, Sudbury, Wayland, Westborough.
Metro West	Belmont, Watertown	BeaverBrook Step, Inc.	ONGOING	weekdays	flexible	Serve as a role model, teacher and friend to a person with a disability. Assist individuals in accessing the community and participating in activities of mutual interest. Provide one-to-one tutoring in reading or basic computer skills to an adult with a disability. Call Cathie D'Arpino at 617-926-1113.

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Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Metro West	Several areas	Charles River Watershed Association	<b>ONGOING</b>	Third Tuesday of each month	6am-7am	<b>This is only SERV time if you regularly work at 6am.</b> Volunteers are needed to take water quality samples on a monthly basis along the Charles River for water quality monitoring program. There are more than 30 sampling locations from Milford to Boston. Volunteers will be fully trained by and equipment will be provided and are asked to commit to at least 12months of sampling. Please contact Rebecca at charles@crwa.org, 781-788-0007 x200, or go to <a href="http://www.crwa.org/water_quality/monthly/monthly.html">http://www.crwa.org/water_quality/monthly/monthly.html</a>
Metro West	Concord	Concord Council on Aging	<b>ONGOING</b>	weekdays	flexible	Volunteers needed for occasional or regular shifts as friendly visitor, grocery shopper, computer tutor, health clinic RN, scribe to send birthday cards, or newsletter mailing team member. Call 978-318-3021 or email lkalinoski@concordma.gov.
Metro West	Framingham or Waltham	Read to a Child (Everybody Wins! Metro Boston)	Fall 2016 to Spring 2017	2-4 weekdays/mth for 45 minutes	mid-day	Read aloud 1-1 for 30-45 minutes with the same public elementary school student 2-4 times/month from October to May as part of the "Power Lunch" reading mentoring program. Brief training is provided. For more information email <a href="mailto:serv@massmail.state.ma.us">serv@massmail.state.ma.us</a>
Metro West	Framingham	Framingham Council on Aging	<b>ONGOING</b>	weekdays	flexible	Be a medical appointment escort, food shopper, or friendly visitor to a local senior citizen. Call Sam 508-532-5980, x 4113 or email: <a href="mailto:ccvolrec@gmail.com">ccvolrec@gmail.com</a>
Metro West	Framingham	The Leukemia & Lymphoma Society	Fall 2016 to Spring 2017	weekdays	Between 9am and 5pm	Office volunteers needed at non-profit focusing on education and patient services about blood cancers: leukemia, lymphoma, Hodgkin's disease and myeloma. Call 508-810-1300.
Metro West	Framingham	Lupus Foundation of New England, 40 Speen Street	flexible	weekdays	flexible	Volunteer opportunities include foundation and grant research and application, marketing and public relations responsibilities, data entry and clerical tasks. Provide lupus awareness and educational opportunities in the community. Requires typing skills and attention to detail. Contact Jenny Reyes at 508-872-5200 ext. 15.
Metro West	Marlborough	Marlborough Community Services	<b>ONGOING</b>	weekdays	flexible	Volunteers needed for food pantry. Call 508-481-4080 or email: <a href="mailto:fkerr@mcs-inc.net">fkerr@mcs-inc.net</a> .
Metro West	Waltham	Middlesex Human Service Agency @ Bristol Lodge Soup Kitchen	Fall 2016 to Spring 2017	weekdays	3:30pm-5:00pm	Prepare and serve a hot, nutritious meal to 60 and 110 area residents. Call Mike 781-894-1611 or email: <a href="mailto:mhannan@mhsainc.org">mhannan@mhsainc.org</a> .
Metro West	Concord or Lincoln	Minute Man Historical National Park	flexible	weekdays	daytime	Volunteers needed for data entry at park library or to assist at visitor centers. Call 978-318-7824.
Metro West	Concord	Minute Man National Historical Park (National Park Service)	<b>ONGOING or one-time opportunity</b>	weekdays	flexible	Openings for Library volunteer to do data entry for collection, Park Center Visitor Center volunteers, and trail volunteers to clear litter, trails, etc. Call (978) 318-7824.
Metro West	Acton, Bedford, Carlisle, Concord, Lexington, or Maynard	Minuteman Senior Services	<b>ONGOING</b>	weekdays - at least one hour per month	mid-day	<b>This is not a one-time opportunity.</b> Meals on Wheels drivers needed to deliver lunches to the elderly. Call (781)-272-7177.
Metro West	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. For more information call Karen 781-685-4730.
Metro West	Arlington	Mystic River Watershed Association	flexible	weekdays	flexible	Volunteers needed for: IT Support, staffing outreach events tables, data entry/other office support, river and lake clean-ups, creating educational brochures, photographing watershed sites, creating and editing video content for website. Call 781-316-3438 or fill out a form online: <a href="http://mysticriver.org/volunteer-info-request/">http://mysticriver.org/volunteer-info-request/</a>

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
Metro West	Waltham	National Multiple Sclerosis Society	any	weekdays	9am-5pm	Volunteers needed for data entry, information & referral, phone calls, and mailings. Call Brenda 1-800-344-4867 or email: <a href="mailto:brenda.barbour@nmss.org">brenda.barbour@nmss.org</a> .
Metro West	Newton	Newton Community Service Center	Fall 2016 to Spring 2017	weekdays	flexible	Volunteers needed for Child Assault Prevention (CAP) program to conduct classroom 90 minute workshops at Newton public elementary schools three mornings a month for the 2015 - 2016 school year. Training provided starting 10/12. Call Gail 617-969-5906, x143 or email <a href="mailto:gsommer@ncscweb.org">gsommer@ncscweb.org</a> .
Metro West	Natick	Ovations for the Cure of Ovarian Cancer	any	weekdays	flexible	Office volunteers needed. Call 508-655-5412.
Metro West	Watertown	Parents Helping Parents	any	weekdays	9am-5pm	Public outreach volunteers needed to call and follow-up with agencies to recruit members for parent support groups. The agency's mission is to promote healthy parent/child relationships and break the cycle of abuse by supporting distressed parents. Email: <a href="mailto:info@parentshelpingparents.org">info@parentshelpingparents.org</a>
Metro West	Watertown	Perkins School for the Blind	choose the date that works for you	weekdays	Between 7am-5pm	Rewinding books on tape for the visually impaired and people who are unable to hold a book. Labels are in regular print and Braille so visually impaired volunteers are welcome to join too! Email <a href="mailto:serv@massmail.state.ma.us">serv@massmail.state.ma.us</a> with the date and time you'd like to volunteer.
Metro West	Newton	SOAR (55yrs+ volunteers) for Newton Middle School project	ONGOING	weekdays	school hours	SOAR specializes in placing volunteers age 55 and older. Volunteer needed to serve as Model United Nations Advisor for students age 12-15. Call Jan Laborer-Stiller at 617-969-5906 ext. 120.
Metro West	Several towns near Framingham	South Middlesex Opportunity Council	any	weekdays	daytime	Volunteers needed for Meals on Wheels program in Marlboro and Framingham and for administrative tasks in fuel assistance or weatherization programs. Visit <a href="http://www.smoc.org">www.smoc.org</a> or call (508) 879-2248.
Metro West	Watertown	Spring well Elder Services	ONGOING	weekdays	1-2 hours per week	<b>This is not a one-time opportunity.</b> Help as a friendly visitor to the elderly. Call 617-926-4100 or e-mail <a href="mailto:wadlerstein@springwell.com">wadlerstein@springwell.com</a>
Metro West	Waltham	The Arc of Massachusetts	any	weekdays	9am-5pm	State headquarters of non-profit enhancing the lives of individuals with intellectual and developmental disabilities and their families needs volunteers to assist us with a variety of roles, including outreach and education, development, technology, and office support. Call 781-891-6270.
Metro West	many towns	VNA Care Network and Hospice	ONGOING	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to help as a hospice volunteer. Contact Nancy Barcelo at <a href="mailto:nbarcelo@vnacarenetwork.org">nbarcelo@vnacarenetwork.org</a> or 888-663-3688, ext. 4271.
<b>North</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
North	Salem Lynn	Big Brother/Big Sister of Massachusetts Bay School-based mentoring programs	Fall 2016 to Spring 2017	weekdays	a few meetings/ month	Volunteers needed to be a positive adult role model in school-based mentoring programs during lunch or after school. "Bigs" and "Littles" play on the playground, swap stories, work on homework, or simply sit and talk, among other activities. For more information please visit <a href="http://www.bbbsmb.org">www.bbbsmb.org</a> or call 617-956-0281
North	Hamilton	Acord Family Pantry	ONGOING	Wednesdays	morning	Needs volunteers who will commit to one Wednesday morning shift per month. Email: <a href="mailto:acord@acordfoodpantry.org">acord@acordfoodpantry.org</a>
North	Statewide	American Cancer Society	ONGOING	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients of programs, services, and resources available to them through the ACS Cancer Resource Network. ACS cancer resource volunteers are needed at hospitals and cancer centers across the state. For more information or to volunteer, please call 1-800-ACS-2345 or visit <a href="http://www.cancer.org">www.cancer.org</a>

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North	Haverhill	American Red Cross	twice/month	weekdays	a few hours	Do basic data entry for disaster volunteer program on a bi-weekly basis for inputting new volunteers into the Disaster Services Human Resources system. All training is provided; no experience or DSHR knowledge. E-mail Kelly Bachand, at BachandK@usa.redcross.org.
North	Beverly or Newburyport	American Red Cross of Northeastern Mass	ONGOING	weekdays	flexible	Health and Safety Instructors needed to teach CPR and First Aid at a Red Cross facility or community site. For Beverly call 978-922-2224; for Newburyport call 978-462-8243.
North	Beverly	Beverly Bootstraps Community Services	any	weekdays	flexible	Make and deliver lunches to a variety of sites in Beverly to low-income children at risk of missing a meal. Volunteers also needed for food pantry and administrative work. Call Meghan at 978-927-1561.
North	Amesbury	Community in Action	ONGOING	Tuesdays	flexible	Volunteers needed Tuesdays to travel between Amesbury and Merrimack Valley Food Bank in Lowell (transportation provided) to load truck for food pantry. Email Elaine: emiller@communityactioninc.org
North	Billerica Chelsea Everett Somerville	Read to a Child (Everybody Wins! Metro Boston)	Fall 2016 to Spring 2017	2-4 week days per month for 45 minutes mid-day	mid-day	Read aloud 1-1 for 30-45 minutes with a public elementary school student 2-4 times/month from October to May as part of the "Power Lunch" reading mentoring program. Brief training is provided. For more information email serv@massmail.state.ma.us
North	Lynn	Girl's Inc. (Mentoring)	one-time or ongoing	weekdays	afterschool	Female mentors needed for afternoon and evening middle school and high school programs on college application process, bullying prevention, science, technology & math careers. One-time and shorter term openings for career speakers (women in science or engineering) or workshop leaders (i.e. photography, arts & crafts, etc.). Email Marsha at mbillias@girlsinlynn.org
North	Lowell	Girl's Inc. (Mentoring)	ONGOING or one-time	weekdays	flexible	Present a one-time educational workshop to young girls (age 5-18) afterschool or be a longer term mentor. Call 978- 458-6529 or send an email to: information@girlsinlowell.org.
North	Haverhill	Haverhill Council on Aging	flexible	weekdays	flexible	Volunteers needed to do elder outreach, teach classes, make calls to reassure homebound seniors, etc. Call 978-374-2390.
North	Danvers area	Hospice of the North Shore	ONGOING	weekdays	flexible	Volunteers needed for data entry, filing, and mailings; visiting hospice patients; offering friendship and respite to caregivers; or running errands and shopping for groceries. Call 978-774-7566.
North	Ipswich	Ipswich Council on Aging	flexible	weekdays	flexible	Volunteers needed in many areas: nurses for blood pressure readings from 10:30am to 12pm every 4 to 6 weeks on Friday, computer trainers, drivers for medical appointments and shopping trips, friendly visitors, telephone reassurance providers, grocery shoppers, and office assistants. Call 978-356-6650.
North	Newburyport	Jeanne Geiger Crisis Center	any	weekdays	flexible	Non-profit providing support to victims of domestic violence needs administrative volunteers to assist with phones, copying, faxing, filing and word processing. Call 978-465-0999.
North	Lowell	Lowell Senior Center & UMASS Lowell 276 Broadway  grant funded project	flexible weekdays one-time or longer-term	weekdays	flexible	Volunteers (either one-time or ongoing over the next year) need for <b>Lowell Seniors Count project to</b> interviewing and conduct needs assessment of health and well-being of residents age 60 and older. Interviews are conducted by a pair of volunteers in large apartment buildings or the police station. Must attend training. Please call (978) 970-4131
North	Lowell	Lowell Wish Project	You choose	Tuesday, Wednesday, or Friday	9am-12pm	Sorting donated clothing and household items or walk around with families and caseworkers and help them pick out basic items on their wish lists such as kids clothes or adult winter coats.

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North	Lynn	Lynn Community Health Center	one-time or ongoing	weekdays	flexible	Volunteers needed to read stories to children in waiting rooms. Volunteer weekly or on an as-needed basis on bulk mailings, data entry, answering phones, photocopying, and filing. Email: <a href="mailto:humanresources@lhcnet.org">humanresources@lhcnet.org</a>
North	Lynn	Massachusetts Coalition for the Homeless	flexible	weekdays	flexible	Furniture bank periodically seeks volunteers to assist in a variety of tasks that include moving and arranging household furnishings, sorting and inventorying donations, and other projects to keep warehouse organized and efficient. Call 781-595-7570 x19.
North	Lawrence	Massachusetts Society for Prevention of Cruelty to Children	ONGOING	flexible	flexible	A volunteer is needed to help connect teen clients in the Lawrence office to community resources and help with job and college applications. This volunteer would also be responsible for putting together a resource directory of all local programs and services available in the Lawrence area. Please call 978-682-9222
North	Melrose	Melrose Alliance Against Violence	Fall 2016 to Spring 2017	flexible	mid-late afternoon	Volunteer mentors (male or female) needed for to work 1-1 with assigned middle school student starting in the fall. This group works in partnership with the Melrose Public Schools to provide a range of educational and prevention programs for youth. At the middle school level, programs address bullying and teen dating violence. Call 781-662-2010 or email: <a href="mailto:info@maav.org">info@maav.org</a> . There is an acute shortage of male volunteers.
North	Lawrence and 23 cities and towns	Merrimack Valley Elder Services	any	Mon-Fri	Daytime	<b>Ongoing volunteers:</b> Provide computer instruction for adults age 55 and older in a computer training center, drive seniors to medical appointments, or be a friendly visitor. Visit <a href="http://esmv.org">esmv.org</a>
North	Haverhill	Merrimack Valley Red Cross	ONGOING	weekdays	daytime	Please note these are <b>not one-time</b> shifts; need is for longer-term volunteers. Volunteers needed to help in a wide variety of roles. For more information, please call Debbie Duxbury at 978-372-6871 or email <a href="mailto:duxburyd@usa.redcross.org">duxburyd@usa.redcross.org</a> .
North	Woburn	Minuteman Senior Services	ONGOING	weekdays - at least one hour per month	mid-day	<b>This is not a one-time opportunity.</b> Meals on Wheels drivers needed to deliver lunches to the elderly. Call Rosemary McLaughlin at (781)-272-7177 or (978)-263-8720 or send an email to: <a href="mailto:r.mclaughlin@minutemansenior.org">r.mclaughlin@minutemansenior.org</a>
North	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. For more information call Karen 781-685-4730.
North	Lowell	National Park Service (Lowell National Historical Park)	ONGOING	weekdays	daytime	To learn more about volunteer opportunities, call 978-275-1740.
North	Salem	North Shore Community Action Program (Salem Cyberspace)	ONGOING	Tuesday, Wednesday, or Thursday	3pm-6pm	Please note this an <b>ongoing opportunity</b> , not a one-time event. Homework tutors in all subjects needs for 9th+10th grade students. Call Linda at 978-740-6667 or email <a href="mailto:lsaris@salemcyberspace.org">lsaris@salemcyberspace.org</a>
North	Gloucester	Open Door Food Pantry	ONGOING	weekdays	flexible	Volunteers needed to work a regular schedule at food pantry serving Gloucester, Manchester, Ipswich, Rockport, and Essex. Call 978-283-6776 or email <a href="mailto:volunteer@foodpantry.org">volunteer@foodpantry.org</a>
North	Lynn	Raw Art Works, Inc.	flexible	weekdays	flexible	This group offers 20 arts programs serving over 600 kids each year. Volunteers needed for data entry and mailing projects or to serve as a one-on-one mentor to high school juniors and seniors in the college application and financial aid process through Project Launch! Call 781-593-5515.
North	Saugus	Saugus River Watershed Council	Fall 2016 to Spring 2017	weekdays	Between 9am and 5pm	Assist with river cleanup projects, field research such as fish monitoring programs, and other efforts to protect and restore the natural resources of the watershed. Email: <a href="mailto:srw@shore.net">srw@shore.net</a>

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
North	Somerville	Somerville-Cambridge Elder Services	Varies	weekdays	8:15am-6pm	<b>One-time opportunities</b> 3rd Wednesday of the month 8:15am-12:30pm to unload truck from food pantry and fill grocery bags for seniors. <b>Ongoing volunteers</b> needed to help welcome seniors, set up and serve at Community Café lunch site (10am-12:30pm) and/or supper site (3:30pm-6pm). Call 617-628-2601, x3051 or send an e-mail to vol@eldercare.org.
North	Tewksbury	Tewksbury Food Pantry	ONGOING	weekdays	any	<b>This is not a one-time opportunity.</b> To inquire about volunteer openings call (978) 858-2273
North	many towns	VNA Care Network and Hospice	ONGOING	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to help as a hospice volunteer. Contact Nancy Barcelo at nbarcelo@vnacarenetwork.org or 888-663-3688, ext. 4271.
North	Somerville	Walnut Street Center, Inc.	flexible	weekdays	flexible	Provide support services to adults with developmental disabilities. Develop a 1:1 friendship with an adult who has a developmental disability. Socialize once a month or once a week! Teach a cooking or arts crafts class. Minimum one hr./month. Training provided. CORI check required. Email mccarthyk@wscinc.org or call 617-776-1448.
North	Winchester	Winchester Public Library	Fall 2016 to Spring 2017	minimum 3 months	weekdays	Fling, book mending, adopting a shelf, preparing for children's craft programs, processing materials, or delivering books to shut-in patrons; or leading book discussions at senior facilities on Friday mornings or Tuesday afternoons. Call Janet 781-721-7171 x 20 or email: jnelson@minlib.net.
<b>South</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
South	Norwood	ALS Association Massachusetts Chapter	flexible	weekdays	flexible	Volunteers needed for office work (mailings, filing, data entry) or patient assistance (home visits, assist with paperwork, companion). Email Jen.Natoli@als-ma.org, or call 781-255-8884.
South	Statewide	American Cancer Society	ONGOING	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients of programs, services, and resources available to them through the ACS Cancer Resource Network. ACS cancer resource volunteers are needed at hospitals and cancer centers across the state. For more information or to volunteer please call 1-800-ACS-2345 or visit www.cancer.org
South	New Bedford	American Red Cross	twice/month	weekdays	a few hours	Do basic data entry for disaster volunteer program on a bi-weekly basis for inputting new volunteers into the Disaster Services Human Resources system. All training is provided; no experience or DSHR knowledge. E-mail Kelly Bachand, at BachandK@usa.redcross.org.
South	Wareham	Brain Injury Association of MA	ONGOING	weekdays	flexible	Assist with administrative and office tasks. Help staff with conferences or workshops or work on Think A-Head, a school-based program that teaches students to avoid risk-taking behavior and develop healthy living habits. Call Patty at 508-475-0032 or email pcarlson@biama.org.
South	Taunton, New Bedford, Fall River	Bristol County Medical Reserve Corps Collaborative	ONGOING	weekdays	flexible	Medical and non-medical volunteers needed for Southeastern MA towns. See www.bristolcountymrc.org/
South	Attleboro	Bristol Elder Services	ONGOING	weekdays	any	<b>This is not a one-time opportunity.</b> Help with meal centers or Meals on Wheels for the elderly. Call the nutrition dept. at (508) 324-4619 or e-mail Nutrition@bristolelder.org

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
South	Taunton or Fall River	<b>Bristol Elder Services</b> <b>Fall River @</b> Armory on Bank Street. <b>Taunton @</b> Columbia Cultural Center in Myles Standish Industrial Park	flexible	Fall River 2nd Tuesday of the month or Taunton 4th Wednesday of the month	10am-1pm	Brown Bag Volunteers needed to unload delivery truck, fill grocery bags, carry bags to cars of the recipients or deliver bags to homebound clients. Call 508-324-4619 or e-mail HR@bristolelder.org .
South	Several areas including Millis and Milford	<b>Charles River Watershed Association</b>	<b>ONGOING</b>	Third Tuesday of each month	6am-7am	<b>This is only SERV time if you regularly work at 6am.</b> Volunteers are needed to take water quality samples on a monthly basis along the Charles River for water quality monitoring program. There are more than 30 sampling locations from Milford to Boston. Volunteers will be fully trained by and equipment will be provided and are asked to commit to at least 12 months of sampling. Please contact Rebecca at charles@crwa.org, 781-788-0007 x200, or go to <a href="http://www.crwa.org/water_quality/monthly/monthly.html">http://www.crwa.org/water_quality/monthly/monthly.html</a>
South	Easton	<b>Children's Museum of Easton</b>	Fall	weekdays	10am-4pm	<b>Partial shifts available.</b> Help with educational drop-in events. Please call (508) 230-3789
South	New Bedford	<b>Coalition for Buzzards Bay</b>	<b>ONGOING</b>	weekdays	2pm-5pm	Staff reception desk at this environmental non-profit Email Lynn Coish: <a href="mailto:Coish@savebuzzardsbay.org">Coish@savebuzzardsbay.org</a>
South	New Bedford	<b>Coalition for Buzzards Bay</b>	flexible	weekdays	daytime	Outreach Docents needed for free exhibit for public and school groups; one year commitment required. One time shifts also available for other roles. Email Robert: <a href="mailto:Hancock@savebuzzardsbay.org">Hancock@savebuzzardsbay.org</a> or call 508-999-6363 ext. 222.
South	New Bedford	<b>Coastline Elderly Services</b>	<b>ONGOING</b>	weekdays	mid-day	<b>This is not a one-time opportunity.</b> Interested volunteers for the Meals on Wheels program should call: (508)999-6400 for more information.
South	Swansea	<b>Community Autism Resources</b>	flexible; short-term project	weekdays	Between 9am & 5pm	Short-term project converting ACCESS files from Office 2000 to Office 2007. Email if interested: <a href="mailto:barbaradomingue@community-autism-resources.com">barbaradomingue@community-autism-resources.com</a>
South	Swansea	<b>Community Autism Resources</b>	Any	weekdays	9am-5pm	Volunteers needed to do office or library work one day/month. Call Jan: 508-379-0371, x10 or email: <a href="mailto:janrandall@community-autism-resource.com">janrandall@community-autism-resource.com</a>
South	Dartmouth	<b>Dartmouth Public Library</b>	<b>ONGOING</b>	weekdays	flexible	Call patrons when requested books arrive, be a shifty shelves (adopt areas of the stacks to keep tidy), be a library orderly (Shelf-read books to keep in order by call number), or photocopy welcome packets and other materials as needed. Call Joan-Marie 508-999-0726.
South	Dedham	<b>Dedham Food Pantry</b>	<b>ONGOING</b>	weekdays	flexible	Interested volunteers should email Lindsay: <a href="mailto:lindsayb@uwinc.com">lindsayb@uwinc.com</a>
South	Easton	<b>Easton Food Pantry</b>	<b>ONGOING</b>	weekdays	flexible	Volunteers needed for Tuesday coverage; pantry hours expanded from 1 day/wk. to 2 days/wk. due to growing demand for services. Call 508-230-0670.
South	Franklin	<b>Franklin Senior Center</b>	<b>ONGOING</b>	weekdays	flexible	Volunteer Sewing Instructor, Kitchen Helpers, and Friendly Visitors to meet the needs of local older adults. Call Sue at 508-520-4945.
South	New Bedford	<b>Gifts to Give</b> <b>21 Cove Street Mill</b>	Any weekday	weekdays	min 3 hours	Help sort donated items at warehouse which provides basic needs to low-income children. Call 508-717-8715 to sign-up as an individual or group. Go online: <a href="http://giftstogive.org/newbedford_workorder.html">http://giftstogive.org/newbedford_workorder.html</a>
South	Taunton	<b>Homes for Our Troops</b> <b>6 Main Street</b>	Any weekday	weekdays	9am-5pm	<b>One-time or ongoing opportunity.</b> Assist in general office support including filing, faxing, copying, Internet research, data entry, distributing information packet/folders, screening materials, and preparing mass mailings. Contact Dorothy, 508-823-3300 or email: <a href="mailto:dwhiffen@homesforourtroops.org">dwhiffen@homesforourtroops.org</a>
South	Attleboro	<b>Mass Audubon Society</b>	Fall 2016 to Spring 2017	weekdays	Between 9am & 5pm	Trail Stewards needed for Oak Knoll and Attleboro Springs to help be the "eyes and ears" on sanctuaries. Volunteers would train with property staff and commit to monitoring trails, light trail maintenance, and reporting back on condition of trails on a weekly, biweekly, or monthly basis. Interested volunteers should enjoy working with visitors and working outdoors. Call Kathi 508-223-3060

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
South	New Bedford	Massachusetts Society for Prevention of Cruelty to Children	<b>ONGOING</b>	Tuesdays	1-2pm	A volunteer is needed to care for children while their parents attend MSPCC support groups at a homeless shelter in New Bedford. Tuesdays from 1-2 p.m. Call 508-586-2660 or email estrawn@mspcc.org
South	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. For more information call Karen 781-685-4730.
South	Brockton	Old Colony Elderly Services	<b>ONGOING</b>	weekdays	any	<b>This is not a one-time opportunity.</b> Help with meal centers or Meals on Wheels for the elderly. Call the nutrition dept. at (508) 584-1561
South	Kingston	Plymouth Area Coalition for the Homeless	Any Winter weekday	Monday, Tuesday, Wednesday, or Friday	9am-5pm	<b>Partial shifts available</b> . Sorting donated clothing and household items for needy families and children. Stocking summer items. Please call (781) 582-2010
South	Braintree	South Shore Elder Services	<b>ONGOING</b>	weekdays, 1-2 hours mid-mornings	any	<b>This is not a one-time opportunity.</b> Help with meal centers or Meals on Wheels for the elderly. Call 781-848-3910 ext. 430 or e-mail jhodgdon@sselder.org
South	Attleboro	Sturdy Memorial Hospital	flexible	weekdays	flexible	Volunteers needed (some involving patient contact) in areas such as the book cart, patient transport, office work, etc. Call 508-236-8800 or email: voffice@sturdymemorial.org
South	Marshfield	Talking Information Service	flexible	weekdays	daytime	Ongoing volunteers needed for group helping in a variety of roles including readers for live broadcasts of newspapers or periodicals, writing and editing brochures, and general office help. Call 781-834-4400 to learn more.
South	Attleboro	The Literacy Center	flexible	weekdays	flexible	Volunteers needed to help with reception and clerical assistance. Call 508-226-3603.
South	Sharon	Trustees of Reservations	Any weekday except Friday	M, T, W, or R	Bet. 9:30am & 2:30pm	Book cataloger needed. Look up books online. Enter book information into Past Perfect. Mark call numbers on book tags. Call Miriam: 781-784-8200.
South	Fall River	Trustees of Reservations@ Copicut Woods	Any weekday except Friday	M, T, W, or R	Bet. 9:30am & 2:30pm	Volunteers needed for painting and renovating historic buildings; perform historical research or GPS mapping. Email Will: eza@ttor.org .
South	Brockton	VA Center (US Veterans Administration)	flexible	weekdays	flexible	Volunteers needed to read to veterans, do computer training, teach arts crafts, or transport patients to medical appointments. call 508-583-4500 ext. 61957.
South	Weymouth	Weymouth Food Pantry	flexible	Wednesday or Thursday	mornings	Volunteers needed to make home deliveries on Thursday mornings and assist in stocking shelves on Wednesday mornings. Call 781-331-7682. Also see:www.weymouthfoodpantry.org/
<b>West</b>						
Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
West	Easthampton	Tree house Foundation	Fall 2016 to Spring 2017	weekdays	Between 9am and 5pm	Group services both youth and families involved in the foster care/adoption system, as well as adults 55+. Individual and group tutors needed for Community Center: ASL (American Sign Language), Algebra 1 & 2, Reading / Writing Support, Spanish, or French. Email Chris clangelier.treehouse@hotmail.com.
West	Amherst, Greenfield, Northampton, Orange, Ware, Warren	Literacy Project	Fall 2016 to Spring 2017	weekdays	Between 9am and 5pm	<b>Adult Tutors</b> needed 1-2 hrs./wk. for six months for free beginning literacy and GED preparation courses. Most volunteer training is completed online. <b>Emergency Services Application Assistants</b> needed to work in Ware to assist residents in applying for services such as food stamps, fuel assistance, and other non-profit programs. Call Margaret 413-774-3934, ext. 15 or email:margaret@literacyproject.org.

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
West	Statewide	American Cancer Society	<i>ONGOING</i>	weekdays	flexible	The American Cancer Society (ACS) provides many ways for patients and caregivers to connect with survivors and other volunteers – to share experiences, learn about cancer, and gain encouragement. Volunteers are needed to educate and inform local cancer patients of programs, services, and resources available to them through the ACS Cancer Resource Network. ACS cancer resource volunteers are needed at hospitals and cancer centers across the state. For more information or to volunteer please call 1-800-ACS-2345 or visit <a href="http://www.cancer.org">www.cancer.org</a>
West	Springfield	American Lung Association	<i>ONGOING</i>	weekdays	flexible	Volunteers needed to assist with paperwork, organize community events, and public health promotions. Call 413-737-3506.
West	Pittsfield + Berkshire County	American Red Cross of Berkshire County	<i>ONGOING</i>	weekdays	daytime	Please note these are <b>not one-time</b> shifts; need is for longer-term volunteers. Volunteers needed to help with medical transportation in the area and for longer trips to Boston. Vehicle provided by the Red Cross. Contact Millie Mazur-Blum at 413-442-1506 or email <a href="mailto:blummi@usa.redcross.org">blummi@usa.redcross.org</a>
West	Westfield	American Red Cross of Greater Westfield	<i>ONGOING</i>	weekdays	daytime	Please note these are <b>not one-time</b> shifts; need is for longer-term volunteers. Volunteers needed to help in a wide variety of roles. For more information, please call 413-562-9684 ext. 103.
West	Amherst/Hadley areas	American Red Cross of Hampshire-Franklin County, Northampton	<i>ONGOING</i>	weekdays	daytime	Please note these are <b>not one-time</b> shifts; need is for longer-term volunteers. Volunteers needed to help with blood drives in the area (work at least three hours per shift). Contact Mary Snyders at 413-584-8887 or email <a href="mailto:syndersm@usa.redcross.org">syndersm@usa.redcross.org</a>
West	Springfield area	American Red Cross Pioneer Valley Chapter, Springfield	<i>ONGOING</i>	weekdays	daytime	Please note these are <b>not one-time</b> shifts; need is for longer-term volunteers. Volunteers needed to provide support to military families, sort donated clothing, assist with office work, and other duties. Contact Laura Birks (413) 737-4306 x952 or by email: <a href="mailto:birksl@usa.redcross.org">birksl@usa.redcross.org</a> .
West	Pittsfield	Brain Injury Association of MA	<i>ONGOING</i>	weekdays	flexible	Assist with administrative and office tasks. Help staff with conferences or workshops or work on Think A-Head, a school-based program that teaches students to avoid risk-taking behavior and develop healthy living habits. Call Patty at 508-475-0032 or email <a href="mailto:pcarlson@biama.org">pcarlson@biama.org</a> .
West	Northampton	Cancer Connection	<i>ONGOING</i>	weekdays	flexible	Volunteers needed to help in the office, work with participants, or staff outreach tables. Call 413-586-1642 to set up interview and training dates.
West	Springfield or Westfield	Cancer House of Hope	any	weekdays	3 hr. shifts every other week	Answer phones, assist people looking for information about services, greet program participants and run simple errands when necessary. Volunteers usually have a personal connection to cancer in some capacity. They are looking for people who will be comfortable talking and interacting with people facing a challenging time in their life. Call Cheryl at 413-782-5500
West	Holyoke	Children's Museum of Holyoke	<i>ONGOING</i>	weekdays	daytime	<b>This is not a one-time shift.</b> Volunteers needed as visitor guides and receptionists. Contact Marianne Holden at: 413-536-7048.
West	Hatfield	Food Bank of Western MA	<i>one-time shifts or ongoing</i>	weekdays	daytime	Sorting food and non-food items. Please call (413) 247-9738 or Email: <a href="mailto:foodbank@foodbankwma.org">foodbank@foodbankwma.org</a>
West	Turner Falls	Franklin Area Survival Center	<i>one-time shifts or ongoing</i>	Monday-Friday	10am to 1:30pm	Food pantry volunteers needed. Call Del Parsons at 413-863-9549.
West	Holyoke	Girl's Inc.	<i>one-time shifts or ongoing</i>	weekdays	daytime	Periodic one-time shifts available for administrative help. Longer term volunteers needed to be mentors for young girls age 5-18. Please call Sarah Dunton at 413-533-0796 ext. 201.

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
West	Springfield	HAP, Inc. 322 Main Street	any	weekdays	flexible	Move, lift, or inventory donated furniture in warehouse for <b>displaced tornado survivors</b> . Call Jennifer Kinsman @ 413-233-1623.
West	Holyoke	Holyoke Tutor/Mentor Program	ONGOING	weekdays	daytime	Tutors needed for adults who are studying basic reading, writing and math or English for Speakers of Other Languages (over 500 students are on the waiting list). No previous teaching skills are required but you must attend free day or evening volunteer training. Please email holyoketutor@gmail.com
West	Lenox and Williamstown	Learning Ally, formerly known as Recording for the Blind and Dyslexic	ONGOING	weekdays	daytime	<b>This is not a one-time shift.</b> To volunteer send an email to Jennifer: jgolin@LearningAlly.org or call 413-637-0889. Readers and monitors with backgrounds in math, science, or computer science are especially needed.
West	All towns	MAB Community Services	ONGOING	weekdays	daytime	Please note these are <b>not one-time openings</b> ; the need is for longer-term volunteers to help with medical transportation and leisure activities such as shopping, reading mail, etc. for clients who are blind. There are over 100 clients on a waitlist needing volunteer help. Call 413-734-7343 or send an email to VolunteerS@mabcommunity.org for more information.
West	Easthampton	Mass Audubon Society @ Connecticut River Valley Sanctuaries	ONGOING	Thursdays	9am-12pm	One-time or ongoing volunteers needed Thursdays from 9am to 12pm to maintain native landscaping, post boundaries, maintain trails, repair buildings and equipment, ensure safety and comfort of visitors and program participants, build bird houses, prepare the sanctuaries for special events. Some activities are indoors in our workshop and occur even on rainy days. Email Mary at mshanley@massaudubon.org
West	Easthampton	Mass Audubon Society Connecticut River Valley Sanctuaries 127 Combs Rd	one-time shifts or ongoing	any Thursday	9:00am-12:00pm	Maintain native landscaping, post boundaries, maintain trails, repair buildings and equipment, ensure safety and comfort of visitors. RSVP to Mary: mshanley@massaudubon.org
West	many	Mothers Against Drunk Driving (MADD)	flexible	weekdays	daytime	Male and female volunteers needed across the state to represent MADD at local health fairs in the community (high school, colleges, etc.). They provide resources for you to distribute including brochures and handouts. For more information call Karen 781-685-4730.
West	North Adams	North Adams Regional Hospital/ Northern Berkshire Healthcare	ONGOING	weekdays	morning	Volunteer as a Patient Representative on an ongoing basis to visit new patients and complete brief survey. Tues, Thurs. or Fri 8:30-9:30am. Volunteers also needed to transport patients to and from therapy department. Wed, Thurs, or Fri, 9-11am. Call Deborah 413-664-5261 or email dnicholas@nbhealth.org
West	Northampton	Northampton Survival Center	one-time shifts or ongoing	Monday, Wednesday, or Thursday	9:00am-11:00am	Sorting food donations (checking expiration dates, unloading food trucks, etc.) for a food pantry. Please contact Marie Muir at 413-586-6564 or via email Marie@NorthamptonSurvival.org to schedule your own shift. Other shifts are open for different duties.
West	Northampton	Northampton VA Medical Center	any	weekdays	flexible	Office volunteers needed to process Word/Excel documents, answer phones, file, assist business and clinical operations, and teach veteran patients how to use a computer. Interviewers needed to collect and record first-hand accounts of veterans for Veterans History Project. Call Anne 413-582-3042.
West	Springfield	Open Pantry Community Services	one-time shifts or ongoing	weekdays	TBD	Partial shifts available. Sorting food and non-food items. Please call (413) 737-5354 or email at opcs@openpantry.org to see what opportunities we have available
West	Springfield	Open Pantry Community Services @ 35 Chestnut Street, Quadrangle area	one-time shifts or ongoing	weekdays	11:30am-12:45pm	Serving lunches to homeless or needy clients. Please call (413) 737-5354 or email at opcs@openpantry.org to see what opportunities we have available.

## SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
West	Pittsfield	Red Cross of Central + Western MA	any	weekdays	flexible	The Berkshire Red Cross has been providing medical transportation for Berkshire County residents since WWII. Volunteer drivers needed to transport people from within Berkshire County to important medical appointments outside of Berkshire County such as Springfield, Worcester, or Boston. Call Dick 413-442-1506 ext.16.
West	Shelburne	Shelburne Senior Center	any	weekdays	flexible	Volunteer to visit a homebound senior in her/his home once a week to provide companionship, friendship, and support. Attend orientation provided by Neighbor to Neighbor Program Director. Call 413-625-2502 or email: sfsrctr@crocker.com.
West	Springfield	Shriners' Hospital	ONGOING	weekdays	daytime	Volunteers needed who speak French Creole to assist with Haitian patients to translate between staff and patients for at least six months. Other volunteer roles are needed too (non-bilingual). Call Kathy, Volunteer Coordinator, at 413-735-1292
West	Northampton	Soldier On (formerly United Veterans of America, Inc.)	ONGOING	varies	varies	Volunteer drivers with clean driving record to drive veterans in van owned by Soldier On. Sandi Lussier can provide more details: email slussier@wesoldieron.org or call (413) 584-4040 x2296
West	Stockbridge	Trustees of the Reservations @ Mission House, 19 Main Street Naumkeag, 5 Prospect Hill Rd. Stockbridge	ONGOING	any Tuesday	9:00am-12:00pm Mission House  1:00-3:00pm Naumkeag	Learn the skills of caring for the unique cultivated landscapes. Please call 978.840.4446 x4 or Email volunteer@ttor.org
West	Williamstown	Trustees of the Reservations @ Field Farm 554 Sloan Road	ONGOING	any Wednesday	10:30am-12:00pm	Pitch in on projects along the trails, orchards, and sculpture gardens. RSVP to 413-458-3135 or email westregion@ttor.org
West	Sheffield	Trustees of the Reservations @ Bartholomew's Cobble 105 Weatogue Road Ashley Falls	ONGOING	any Thursday	9:00am-12:00pm	Eco-Volunteers to monitor and care for Cobble trails and plant communities. To RSVP call 413-229-8600 or e-mail bcobble@ttor.org
West	Westfield	Volunteers in Public Schools of Westfield	academic year	weekdays	daytime	South Middle School needs tutors for math, reading, science, and writing. North Middle School needs musicians to demonstrate string instruments. Other schools need volunteer to arrange art work, serve as student greeters, etc. Contact Barbara Trant for more information via email: vips@schoolsofwestfield.org

SERV One-Time Opportunities

Region	Town	Non-profit	Date	Day of week	Hours	Volunteer Description
West	4 counties	<b>Western MA Regional Medical Reserves Corps</b>	<i>ONGOING</i>	<b>weekdays</b>	<b>flexible</b>	Medical and non-medical volunteers needed to help 101 municipalities in Berkshire, Franklin, Hampshire, and Hampden counties. This group is a coalition of Medical Reserve Corps (MRC). Please see: <a href="http://www.wmmrc.org/">www.wmmrc.org/</a> .
West	Westfield	<b>Westfield Council On Aging Westfield Senior Center 40 Main Street</b>	<i>ONGOING</i>	<b>weekdays</b>	<b>2 hours/week required</b>	Volunteers needed to assist homebound elders with grocery shopping, transportation to medical appointments, and/or friendly visiting. Contact Fran at 413-562-6435 or e-mail: <a href="mailto:f.aguda@cityofwestfield.org">f.aguda@cityofwestfield.org</a> . <b>This is not a one-time shift.</b>
West	Wilbraham	<b>Wilbraham Senior Center</b>	<i>ONGOING</i>	<b>weekdays</b>	<b>flexible</b>	Volunteers needed to provide friendly visits, transportation, assistance in running errands, shopping, keeping medical appointments, or conducting phone well-being checks. Call Mary Ellen 413-596-8379.

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## Approved SERV Tax Preparation Organizations

<p><b>What do Tax Volunteers do?</b></p> <p>From December to May every year a number of SERV approved organizations across the state need professional-level volunteers to assist low income individuals or the elderly in tax preparation, especially for the Earned Income Tax Credit (EITC).</p> <p>Recent data shows that approx. 50% of working adults who live in Boston who qualify for the EITC, aren't aware they should claim the credit, thereby forfeiting a few thousand dollars every year.</p> <p>You would work 1-1 with clients to assist them in completing their tax returns via user-friendly software that does the math for you.</p>	<p><b>What special skills are required?</b></p> <p>No special accounting or tax background is required.</p> <p>Volunteers receive free training (approx 8 hours) then pass an online certification test offered by the IRS.</p>	<p><b>Why should I volunteer?</b></p> <p>1) You'll help low-income working families.</p> <p>2) You'll be better prepared to do your own taxes</p> <p>3) There's always a shortage of weekday volunteers</p> <p>4) Commitment is only up to one work day a month for several months</p>	
<b>Approved Organizations for SERV that offer tax preparation</b>	<b>Town</b>	<b>Region</b>	<b>Website</b>
City of Boston Earned Income Tax Campaign <i>(over 20 sites throughout the city)</i>	Boston	Boston/Cambridge	<a href="http://www.bostontaxhelp.org">www.bostontaxhelp.org</a>
Cambridge Economic Opportunity Committee, Inc. <i>(being added to SERV approved list)</i>	Cambridge	Boston/Cambridge	<a href="http://www.ceoccambridge.org/">www.ceoccambridge.org/</a>
Community Action Committee of Cape Cod and the Islands, Inc.	Hyannis	Cape	<a href="http://www.cacci.cc">www.cacci.cc</a>
Montachusett Opportunity Council	Fitchburg	Central	<a href="http://www.mocinc.org">www.mocinc.org</a>
Community Action Program Inter-City Inc. (CAPIC)	Chelsea	North	<a href="http://www.capicinc.org">www.capicinc.org</a>
Action Inc.	Gloucester	North	<a href="http://www.actioninc.org">www.actioninc.org</a>
Community in Action	Haverhill	North	<a href="http://www.communityactioninc.org">www.communityactioninc.org</a>

Greater Lawrence Community Action Council	Lawrence	North	<a href="http://www.glcac.org">www.glcac.org</a>
Hispanic Office of Planning and Evaluation, Inc. (Lawrence) (being added to SERV approved list)	Lawrence	North	<a href="http://www.hopemass.org/index.htm">www.hopemass.org/index.htm</a>
<b>Approved Organizations for SERV that offer tax preparation</b>	<b>Town</b>	<b>Region</b>	<b>Website</b>
Lowell Council on Aging	Lowell	North	<a href="http://www.lowellma.gov/depts/coa/index.html#taxipreparation/">www.lowellma.gov/depts/coa/index.html#taxipreparation/</a>
Tri-City Community Action Program	Malden	North	<a href="http://www.tri-cap.org/">www.tri-cap.org/</a>
North Shore Community Action Program	Peabody	North	<a href="http://www.northshorecap.org/">www.northshorecap.org/</a>
Reading Public Library	Reading	North	<a href="http://www.readingpl.org">www.readingpl.org</a>
Self Help, Inc.	Avon	South	<a href="http://www.selfhelpinc.org">www.selfhelpinc.org</a>
Brockton Public Library	Brockton	South	<a href="http://www.brocktonpubliclibrary.org/">www.brocktonpubliclibrary.org/</a>
People Acting in Community Endeavors (PACE)	New Bedford	South	<a href="http://www.paceinfo.org">www.paceinfo.org</a>
South Shore Community Action Council	Plymouth	South	<a href="http://www.sscac.org">www.sscac.org</a>
Quincy Community Action Program	Quincy	South	<a href="http://www.qcap.org">www.qcap.org</a>
U-Mass Amherst	Amherst	West	<a href="http://www.umass.edu">www.umass.edu</a>

Valley Opportunity Council	Chicopee and Holyoke	West	<a href="http://www.valleyopp.com">www.valleyopp.com</a>
Springfield Partners in Community Action	Indian Orchard	West	<a href="http://www.springfieldpartnersinc.org">www.springfieldpartnersinc.org</a>
Berkshire Community Action Council*	North Adams	West	413-445-4503
<b>Approved Organizations for SERV that offer tax preparation</b>	<b>Town</b>	<b>Region</b>	<b>Website</b>
Berkshire Community Action Council*	Pittsfield	West	413-445-4503
Spanish American Union	Springfield	West	<a href="http://www.lacasaahispana.org">www.lacasaahispana.org</a>
Springfield Partners in Community Action	Springfield	West	<a href="http://www.springfieldpartnersinc.org">www.springfieldpartnersinc.org</a>
<b>AARP Tax Aide Program</b> (approved for SERV; being added to the SERV site) Operates February 1 to mid-April, 2009. Tax-Aide website updated in January to show MA volunteer sites	statewide	statewide	
This program helps nearly 1.9 million low- and middle-income individuals, with special attention to those 60 and older, with tax preparation. This program is administered through the AARP Foundation at nearly 8,600 sites across the country	<a href="https://locator.aarp.org/vmis/sites/tax_aide_locator.jsp">https://locator.aarp.org/vmis/sites/tax_aide_locator.jsp</a>	<a href="http://www.aarp.org/states/ma/">www.aarp.org/states/ma/</a>	
Volunteer application website	<a href="http://www.aarp.org/money/taxaide/volunteertaxaide/a2004-01-22-volappform.html">www.aarp.org/money/taxaide/volunteertaxaide/a2004-01-22-volappform.html</a>		