



Hampden County Sheriff's Department

*Special Commission on Substance Abuse Addiction Treatment
in the Criminal Justice System*

March 20, 2015



Who are these offenders?

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In Hampden County...

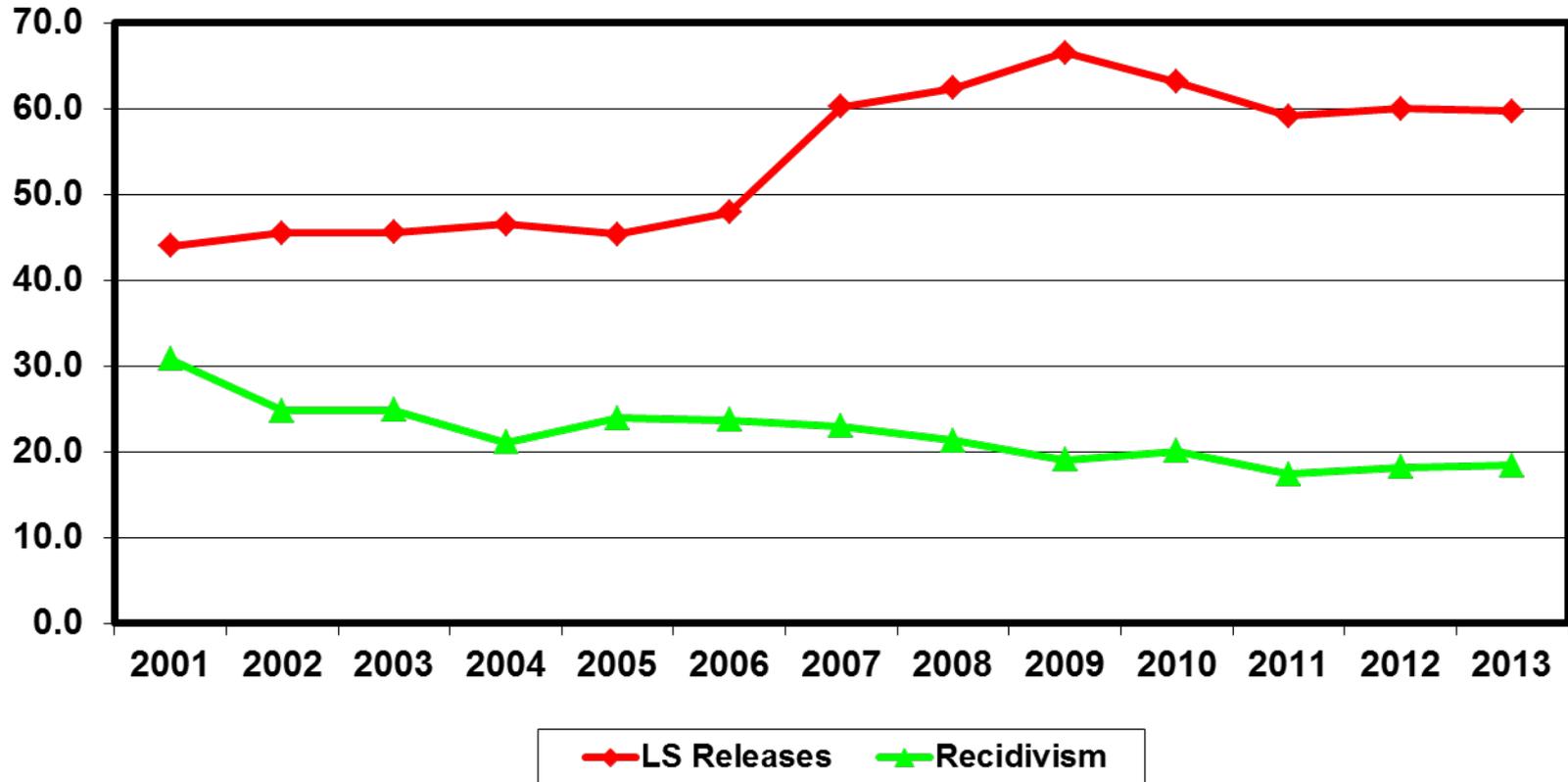
- 87% are male
- 40% are under age 30
- 57% are minorities
- 73% were unemployed at arrest
- 48% have no HS diploma or GED
- 90% abuse drugs or alcohol
- 40% have mental health problems
- 55% have no positive family support
- 40-45% have no stable home plan
- 5% are DOC step downs

Classification

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Our goal is to place offenders at the lowest level of security appropriate to the safety of the public, staff and the offender.

Lower Security Releases & One-Year Reincarceration Rates



Addictions Treatment

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- 90% of inmates abuse drugs and/or alcohol
- Continuum of treatment across all security levels and into the community
- Partner with community providers including Providence Behavioral Health, Phoenix House, Clean Slate, Center For Human Development, and Behavioral Health Network to provide treatment and intermediate sanctions for relapse rather than return to jail

Addictions Treatment

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- **Screening tools**
 - Level of Service Inventory
 - Texas Christian University Drug Screen
 - CAGE Assessment
 - Clinical Institute Withdrawal Assessment Alcohol Scale (CIWA-AR)
 - Clinical Opiate Withdrawal Scale (COWS)

Addictions Treatment

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- **Withdrawal Protocols**
 - **Alcohol**
 - ✦ Clinical Institute Withdrawal Assessment Alcohol Scale (CIWA-AR)
 - **Benzodiazepines**
 - ✦ Most doses managed with the Librium protocol with adjustments as needed.
 - **Barbiturates and other sedatives**
 - ✦ Managed on an individual basis
 - **Opioids**
 - ✦ Clinical Opiate Withdrawal Scale (COWS)
 - ✦ Managed per Provider orders with specific provisions for pregnant patients and established patients of methadone treatment programs or currently on prescribed buprenorphine maintenance

Addictions Treatment

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- **Treatment services are provided at all levels of security.**
 - ✦ **Orientation**
 - ✦ **Substance Abuse Unit**
 - ✦ **Western Massachusetts Regional Women's Correctional Center**
 - ✦ **Pre- Release Center**
 - ✦ **Community Safety Center**
 - ✦ **After Incarceration Support Services**
 - ✦ **Western Massachusetts Correctional Alcohol Center**

Substance Abuse Treatment Unit

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- Multi-phase program located in the main institution
- 2 pods with 77 offenders in each
 - ✦ 1 pod pre-trial - 1 pod sentenced offenders
- Staff includes licensed/certified substance abuse counselors
 - Provide substance abuse education to offenders house in the segregation unit as well the other housing units on the main compound
- 12 Step meetings provided by community volunteers
- Partner with community agencies to facilitate re-entry planning

Western Massachusetts Regional Women's Correctional Center



- Est. 2007
- Serving Berkshire, Franklin, Hampden, Hampshire and Worcester counties
- Houses medium and minimum security inmates
- Accepts DOC “step down” from MCI Framingham
- 48% self report heroin addiction including >90% of the Worcester county inmates reporting heroin as their drug of choice

Western Massachusetts Regional Women's Correctional Center



- **Substance Abuse Services**
 - Managing detox and withdrawal
 - Mandatory 3 week post detox program
 - ✦ Introduction to substance abuse
 - ✦ Mental health
 - ✦ Trauma
 - ✦ Domestic Violence
 - ✦ Anger Management etc.
 - Individual Service Plan addressing primary needs
 - Referral to
 - ✦ WMCAC residential, WMCAC Day Stay , Providence I.O.P.

Specific Substance Abuse Treatment Facility

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Western Massachusetts Correctional Alcohol Center **“WMCAC”**

- Est. 1985
- Regional facility serving Berkshire, Franklin, Hampden, Hampshire and Worcester counties
- Co-ed facility serving 18 women and 164 men
- In spite of the name about 65% of offenders in WMCAC have opiate use histories

Specific Substance Abuse Treatment Facility

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- **W M C A C (continued)**
 - **Phases of treatment**
 - ✦ **Orientation**
 - ✦ **Phase 1**
 - **7 week intensive inpatient educational and clinical care with case management**

1. Physiology and Pharmacology

2. Denial

3. Drugs other than Alcohol/Victim Impact

4. Anger and the Addictive Personality

5. Family and Addiction

6. Recovery

7. Relapse

Specific Substance Abuse Treatment Facility

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- **W M C A C (continued)**
 - **Phases of treatment**
 - ✦ **Phase 2**
 - **Work Therapy**
 - **Community Restitution**
 - **Re-entry**

Specific Substance Abuse Treatment Facility

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- **W M C A C (continued)**
 - **Escort and Caravan programs**
 - ✦ **The Backbone!**
 - ✦ **More than 100 community volunteers**
 - ✦ **Connecting residents to the 12 Step recovery community**
 - **Local**
 - **Out of county**

Specific Substance Abuse Treatment Facility

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- **W M C A C (continued)**
 - **Opiate dependency prevalent in 65% of WMCAC population**
 - **Two prong approach**
 1. **Validated screening tool and protocol**
 2. **“Hope Fiends”**
 - **7 week Psycho-educational class/7 week process group**
 - **Topics include dealing with depression, harm reduction, medication assisted treatment (i.e. Vivitrol), dealing with cravings and urges etc.**

Other Interventions

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- **Vivitrol**

- Began as WMCAC specific pilot program
- Expanded to Pre-release
- Partnership with Clean Slate and other community providers
- First injection given 7 days prior to release. Ongoing treatment through outside provider

- **Narcan**

- Partnership with Tapestry Health
- Tapestry Health staff train inmates how Narcan is used
- Kits issued to inmates with opioid history upon release
- Kits are provided by Tapestry Health via DPH funding, **when available**
- Learn 2 Cope provides Narcan training to family members at Family Day meetings

After Incarceration Support Systems (AISS)

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- **Connects** former offenders to supportive services
- **Supports** them along reentry process
- **Challenges** them to change their behaviors
- **Monitors** their participation
- **Advocates** for them as needed

*A Back End program that becomes
Front End Prevention*

17,500+ Have Utilized since 1996

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- Some are on Parole
- Some are on Probation

**Majority are participating
*Voluntarily***

AISS One-Stop Reentry Center

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- Located in Mason Square
- AISS Case Managers
- Comprehensive wrap-around services provided on site by Community Partner Agencies

AISS RE-ENTRY CENTER at a GLANCE

COMMUNITY PROVIDER OFFERINGS

ACCESS TO RECOVERY

Clients receive time-limited early recovery support; per federal criteria. Referrals through AISS Case Manager.

Clinical Support / BEHAVIORAL HEALTH NETWORK

clinician sees clients by appointment Monday through Thursday, often bridging periods of insurance non-coverage. She provides crisis assessment, medication continuity, ongoing therapy, and linkages to other agencies. Trauma-informed and dual-diagnosis approach.

Parenting Groups for women/ SQUARE ONE

Parenting Groups for men/ CHILDREN'S STUDY HOME

Parenting Groups specifically for men and women are facilitated by Holistic curricula emphasize communication skills and family empowerment. Entry points every other week. (Fathers' Group Spring 2013)

Men Against Violence: A Leadership Model / GANDARA CENTER

Certified Batterer's Intervention Program spans medium security incarceration through and after release into the community. Entry points every other week, either as a new start or a continuation of program efforts started "behind the wall." 80 hours total. (Spring 2013)

Healthcare for the Homeless / MERCY HOSPITAL

Nurse provides triage on site for psychiatric and medical issues weekly.

Afternoon IOP/ PROVIDENCE HOSPITAL

Evening IOP/ PHOENIX HOUSE

Intensive Outpatient Programs provide small group psycho-education and support to those in early addiction recovery. Open to all community members, whether involved in criminal justice or not. Separate evening and afternoon formats.

Job Club / REGIONAL EMPLOYMENT BOARD

The provides weekly support and consultation for job searchers.

RECOVERY LEARNING CENTER

Peer-led Support Group helps individuals recovering from addiction.

Spanish Relapse Prevention / VALLEY PSYCHIATRIC SERVICE

Weekly culturally-responsive group supports recovering addicts to prevent relapse. In Spanish

SNAP / Food Bank

Weekly sessions help clients to complete application and gain access to food for individuals and family needs.

VALLEY PSYCHIATRIC SERVICE

Clinical services offered daily by appointment.

Women's Writing Group: VOICES FROM INSIDE

Empowering workshops are based on the Amherst Writers and Artists Institute. As women find their voice, they find their way.

IN-HOUSE / HCSD OFFERINGS

Anger & Beyond

Specific groups for women and for men, this 4-session open-cycle psycho-education group assists members to apply what they learned during incarceration about anger to their community re-entry efforts. Led by MSW graduate student(s).

Case Management

Intensive support assists client to anticipate challenges and navigate their unique re-entry pathway, as supported by Correctional Counselors and guided by individual Service Plans. Assistance with ID's, housing, clothing, family matters, relapse prevention, lifestyle change, navigating DCF, and other activities.

CHESS: Community Housing that is Earned, Safe, and Supportive

This highly structured program offers a real pathway to residential stability through clearly identified benchmarks, support, and individual accountability.

Education

Full range of services in a well-equipped "smart classroom" with educators particularly suited and trained for working with previously incarcerated students.

Academic Advising, ABE, Computer Skills, ESOL, GED, Pre-GED

Transition to College

Employment Phase II & III

Building on the foundation laid while incarcerated, participants strengthen skills in interviewing, resumes, applications. Weekday mornings. In Phase III, clients conducting Job Search activities receive actual leads, as well as continued coaching and consultation on comportment, presentation, and strategy, from Job Developers and Employment staff.

Employment Retention

Weekly support and information helps members adjust and succeed in order to maintain employment. Group members support each other through transitions as they build greater stability for longer than they have in the past.

Mentorship

The program offers weekly community support in the form of 1:1 and small group mentorship

Resource & Support Group

This program provides a forum for support and information exchange around the unique re-entry barriers faced by those with sex offense in their histories.

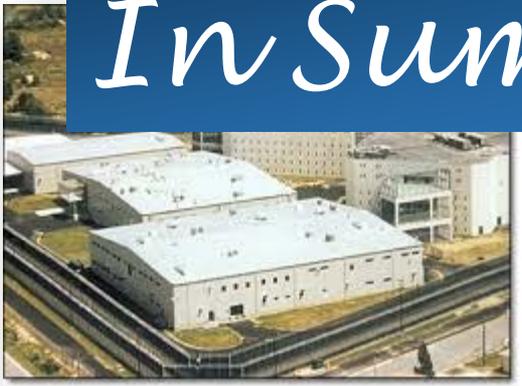
Spanish Men's Support Group / IN HOLYOKE

Participants seeking strategies and information about how to avoid repeat incarceration are able to express thoughts, feelings, goals, and strengths in their own language.

Women's Support Group

Weekly meeting gives opportunities for networking, fellowship, guidance, and cultivating a community of recovery.

In Summary...





For the Good of the Commonwealth

***EFFECTIVE SUBSTANCE ABUSE
TREATMENT***

WITH

***FISCAL RESPONSIBILITY
IN THE INTEREST OF PUBLIC SAFETY***