

THE ORIGIN OF THE "FILE OF LIFE ®"

The "File of Life ®" was first created over twenty years ago as the life-saving program, the "Vial of Life". The "Vial of Life" was located inside one's refrigerator.

The "Vial of Life" encountered two major problems. The small vial was hard to locate in an emergency, and condensation often accumulated inside the vial. This ruined the valuable information contained inside.

These two problems caused the "Vial of Life" program to become ineffective, thus creating the "File of Life ®".

The "File of Life ®" contains the same valuable information as the "Vial of Life" but it is easier to find by Emergency Medical Responders. Because it is placed on the outside of the refrigerator, the information stays dry and intact.

Emergency personnel have found that the information contained in the "File of Life ®" is helpful, and potentially life-saving.

The refrigerator magnet was created by the "File of Life ®" Foundation, Inc. Springfield, Massachusetts.

The File of Life Program



A proud supporter of the TRIAD initiative

Office of Plymouth County
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THE
SENIOR
PROTECTION
UNIT

THE
FILE OF LIFE ®

FILE OF LIFE

	Name: _____
	Address: _____
Doctor: _____	Phone#: _____
EMERGENCY CONTACTS	
Name: _____	Phone#: _____
Address: _____	
Name: _____	Phone#: _____
Address: _____	

A Lifesaving Program provided by:

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A MESSAGE FROM
DISTRICT ATTORNEY
TIM CRUZ



Our public safety officials have taken the initiative to provide our communities with life saving devices such as enhanced 9-1-1.

Through my office, a lifesaving program, the "File of Life ®", is available to all households in Plymouth County . The "File of Life ®" compliments the enhanced 9-1-1 system. It is a miniature medical history file, that is posted on the outside of your refrigerator, and a smaller version which is placed either in your wallet or the glove compartment of your vehicle. In the event of an emergency, E.M.T's, Firefighters and Police Officers who are dispatched to your home or vehicle will know where to find it.

I recommend that all members of your family fill out a "File of Life ®", and place it on your refrigerator, and in the glove compartment of your car.

It could save your life!

My best wishes to you and your family.

Sincerely,

A handwritten signature in black ink, appearing to read "Tim J. Cruz".

Timothy J. Cruz
District Attorney
Plymouth County

What is the "File of Life ®" ?

The "File of Life®" is a miniature medical history that is kept in a red plastic sleeve with a magnetic strip. Once the history card is filled out, it is placed back in the sleeve. The magnetic sleeve is then placed on the outside of the refrigerator in a visible place.

A smaller version is also filled out and placed either in your wallet, purse or the glove compartment of your vehicle. A specially designed decal is then placed on the inside left corner of the rear windshield to indicate the "File of Life®" is available in the glove compartment.

The "File of Life®" details a person's name, emergency medical contacts and insurance policy information. It details current health problems, current medications and dosages. It lists allergies, recent surgeries, your doctor's name and phone number, your health care proxy information and your religious affiliation.

Who will utilize the "File of Life ®"?

In the event of an emergency the "File of Life ®" will be utilized by:

- ◆ Police Officers
- ◆ Emergency Medical Technicians
- ◆ Fire Fighters
- ◆ Hospital Emergency Staff

The benefits of the "File of Life ®"

The "File of Life ®" enables emergency personnel to obtain a quick medical history when a patient is unable to give one. The complete "File of Life ®" sleeve, is taken off the refrigerator, out of the wallet or vehicle and will accompany the patient to the hospital. Emergency room staff will have a quick medical history at their fingertips. This valuable information enables a quicker medical response time.

Where can I get a "File of Life ®"?

The "File of Life ®" is available by contacting the Plymouth County District Attorney's Senior Protection Unit at: **508-584-8120**.

Senior Statistics

- ◆ Senior Citizens comprise the most rapidly growing segment of our society.
- ◆ By the end of 1999, 13.6% of the residents of Massachusetts were 65 years and older.
- ◆ Massachusetts ranks 15th in the nation for the highest population percentage of residents 65 and older.

(U.S. Census Bureau, Population Projection, Jan. 2000)