

COMMONWEALTH OF MASSACHUSETTS – PLYMOUTH DISTRICT
OFFICE OF THE DISTRICT ATTORNEY



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PRESS RELEASE

**For Immediate Release:
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Superior Court- Commonwealth vs. Mark Benoit

BROCKTON, MA- Plymouth County District Attorney Timothy J. Cruz today announced that Mark Benoit, (DOB: 2-11-65) was convicted on 2 counts of First Degree Murder for the March 22, 2007, homicide of his wife Cindy Benoit and their daughter Sarah Benoit. The defendant pleaded guilty to both indictments in Brockton Superior Court.

The Commonwealth presented evidence that on March 22, 2007, the Brockton Police Department received a 911 call from someone later identified as the defendant. Benoit stated that he had killed his wife and daughter and that he also attempted to kill himself. He continued to say that “something bad happened here” and “his wife and daughter were dead.” When the Brockton Police arrived at the family home at 112 Nilsson Street, they found the defendant in the home. Forty-one year old Cindy Benoit was lying near the door and nine year old Sarah Benoit was in the bedroom. Both were dead.

The defendant had multiple lacerations to his right neck area, wrists, his left foot and left ankle. After being transported to the Brockton Hospital for treatment to his injuries, the defendant stated that he had just had it and was feeling depressed. He later told police that he had “choked them with his hands.” He first strangled his wife as she was lying in bed and then strangled his daughter who was also in bed. He stated he killed his daughter because he intended to kill himself and did not want to leave his daughter alone with people because they can’t be trusted. He left a four page note on the body of his wife blaming drugs, society, his wife Cindy, and the prior loss of two babies. A later autopsy revealed that the cause of death of both Cindy and Sarah was manual strangulation.

The case was investigated by the Brockton Police Department and the State Police Detectives assigned to the Plymouth County District Attorney’s Office.

The case was heard by Superior Court Judge Charles J. Hely. Following the guilty plea, the defendant was sentenced to two consecutive sentences of life in prison without the possibility of parole.

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The case was prosecuted by Assistant District Attorneys Tom Flanagan and Courtney Cahill.

At the time of their deaths, Cindy Benoit was 41 years old and Sarah Benoit was 9 years old. Sarah was a student at the Plouffe School in Brockton. Cindy and Mark Benoit also had a son Joey Benoit who turned 18 the day of the murders and was senior at Norwell High.

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