

Gathering of Memories of Revere Beach

Wednesdays: September 16th & October 21st, 11am-1pm

Share your memories of the oldest public beach in America, which harkens back to the days of amusement rides, wartime blackouts, and rented bathing suits. Bring any items which have personal and/or historical meaning.

Co-sponsored by the Revere Society for Cultural & Historic Preservation. **Meet at:** Museum of the Revere Society for Cultural and Historical Preservation at 108 Beach St, Revere, MA.

For info, contact Matthew Nash at Matthew.Nash@state.ma.us, or 781-485-2804, ext. 105.

Express Spanish for English Speakers

Saturdays: Oct 31, Nov 14, Nov 28, & Dec 12, 11am-1pm

Es posible conversar rápidamente en este programa de Español extraordinario. Un programa especial para unas personas que comprende Inglés.

It is possible to converse rapidly in this extraordinary Spanish program. A special program for persons who comprehend English.

Pre-registration required.

Para más información utiliza este número de teléfono 781-485-2804 o email Matthew.Nash@state.ma.us.

The Habitats of Camp Nihan

September through December, by appointment

Attention Youth Leaders! Sign up for on-site environmental program trainings. For more info, contact Lynn Hildenbrand at 781-231-1203.

Revere Beach Weekly Walks

Every Saturday, 10:30am-11:30am

Join us every week for a healthy walk along Revere Beach. Regulars and newcomers welcome. We cover 3 miles at a manageable pace. Wheelchair and stroller accessible. **Meet at:** Clock Tower across from the State Police barracks, Revere Beach Blvd, Revere.

Breakheart-Fells Weekly Hikes

All hikes begin at 1pm. The last hike of every month will explore the Middlesex Fells Reservation, and meet at the DCR Botume House Visitor Center at 4 Woodland Rd, Stoneham. All other hikes will meet at the Christopher P. Dunne Visitor Center, 177 Forest St (off Lynn Fells Pkwy), Saugus. **For info**, call 781-233-9328. Hikes may be too strenuous for children under 10... No dogs, please.

September

Sun, Sept. 6th: Saugus River, Camp Nihan, Fox Run
Sat, Sept. 12th: Break♥ Hill, Ash Path, Lakes, Fox Run
POTLUCK LUNCH TO FOLLOW!
Sun, Sept. 20th: Ridge, Castle Rock, Fern Trail, Flume
Sat, Sept 26th: **FELLS... (3-HOURS, DIFFICULT)**
Meet at Botume House, 4 Woodland Rd, Stoneham

October

Sun, Oct. 4th: Ridge, Crow Hill, Fern, Jeep, Saug. Riv.
Sun, Oct 11th: Lodge Trl., Fox Run, Eagle Rock, Lakes
Sat, Oct. 17th: Break♥ Hill, Saugus Riv., Camp Nihan
POTLUCK LUNCH TO FOLLOW!
Sun, Oct. 25th: **FELLS... (3-HOURS, DIFFICULT)**
Meet at Botume House, 4 Woodland Rd, Stoneham

November

Sun, Nov. 1st: Ash Path, Lakes, Saugus River Trail
Sat, Nov. 7th: Breakheart Hill, Ash, Lakes, Eagle Rock
Sun, Nov. 15th: Saugus River, Camp Nihan, Fox Run
Sat, Nov. 21st: Lakes, Fern-Spruce, Crow Hill, Ridge
POTLUCK LUNCH TO FOLLOW!
Sun, Nov. 29th: **FELLS... (3-HOURS, DIFFICULT)**
Meet at Botume House, 4 Woodland Rd, Stoneham

Breakheart Concert Series

Beale Street Blues, Sunday, Sept 20, 3pm-5pm

Southern Rail (bluegrass), Sat, Oct 10, 12pm-2pm
(Southern Rail concert will conclude the Breakheart Fall Festival. See description on reverse side.)

Meet at: Christopher P. Dunne Visitors Center, 177 Forest St (off Lynn Fells Pkwy), Saugus.

DCR Coastal Awareness

Environmental Education Programs

on DCR Coastal properties from Winthrop, Revere, Chelsea & East Boston to Saugus, Lynn & Nahant. We can accommodate groups of 27 or less, and require 1 chaperone per 6 students. **All programs are free of charge.** Programs follow aspects of the Massachusetts Science, Technology and Engineering Framework, Life Sciences (Biology) for grades K-5.

For Schools and Non-Profit Groups:

Beach Discovery (1 hour in duration)

Tuesday through Friday, by appointment

Children will explore signs of life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people. **Meet at:** Winthrop Beach.

Shore Bird Discovery (1 hour in duration)

Tuesday through Friday, by appointment

Children will learn about the different kinds of birds that visit our beaches and how the DCR protects the rare Piping Plover. **Meet at:** Winthrop Beach.

For info and registration, contact Matthew Nash at Matthew.Nash@state.ma.us, or 781-485-2804, ext. 105.

Middlesex Fells' Wright's Tower Season Extended

Wright's Tower will remain open to the public 7 days/week through the months of September and October, and *weekends only* in November. Hours are 9am-5pm. The tower can be most easily accessed from Bellevue Pond parking area on South Border Rd, Medford. It offers great views of the Boston skyline and the surrounding Middlesex Fells Reservation, and is a favorite destination during peak foliage season.

Note: The tower may remain locked in adverse weather conditions.

DCR North Region Headquarters

4 Woodland Road, Stoneham, MA 02180
Tel: (617) 727-1199 Fax: (617) 727-8228
www.mass.gov/dcr



North Region Programs Fall 2009



Alewife Brook Reservation

Beaver Brook Reservation

Belle Isle Marsh

Breakheart Reservation

Charles River Reservation

Constitution Beach

Lynn Heritage State Park

Lynn / Nahant Beach

Mary O'Malley Park

Middlesex Fells Reservation

Mystic River Reservation

Revere Beach

Rumney Marsh Reservation

Winthrop Beach

September

Charles River Free Fishing Clinic

Saturday, September 19th, 2pm-4pm

Come test your luck and skill at catching fish in the Charles River. All equipment will be provided. Children must be accompanied by an adult.

Meet at: Dock behind the Hatch Shell, Storrow Dr, Boston.

Canoeing at Constitution Beach

Sunday, September 20th, 1pm-2:30pm

Take a leisurely paddle in the cove between the beach, the airport, and Belle Isle Inlet. Airplane enthusiasts welcome. *Canoe experience required. Must be able to swim and be at least 10 years old.*

Pre-registration required: Call Ranger Justin Dawkins at 781-286-2439. Meet at: Constitution Beach bathhouse, Zero Barnes Ave, East Boston.

Explore Rumney Marsh by Canoe

Wednesday, September 23rd, 3pm-5pm

Discover this protected, rarely visited area in a canoe. You could get wet or muddy, so dress appropriately. *Must have canoe experience, be able to swim, and be at least 12 years of age.* **Pre-registration required: Call Ranger Justin Dawkins at 781-286-2439. Meet at:** Fire Gate on southbound side of Salem Turnpike (Rte. 107), Saugus.

Middlesex Fells Fall Cleanup

Saturday, September 26th, 9am-12pm

Join Ranger Mike Bruce and other volunteers for this early fall cleanup. Get fresh air and exercise while doing your part to keep the Fells beautiful. *Co-sponsored by the Friends of the Middlesex Fells and Spot Pond Boating.* **Meet at:** Botume House, 4 Woodland Rd., Stoneham.

Tour the Charles River Dam

Saturday, September 26th, 2pm-4pm

Join Ranger Russ Geer for a tour of the structure that protects Boston from the tides and maintains the level of the Charles. Tour is handicapped accessible and takes place rain or shine. **Meet at:** Flagpoles in Paul Revere Park, Charlestown (just below the City Square and next to the Tudor Wharf Marriott.)

“Go Fly a Kite” at Nahant Beach

Sunday, September 27th, 3pm-6pm

Catch a breeze and let out the line as your kite joins a kite gathering in the sky above Nahant Beach. Be sure to bring your camera! **Meet at:** The Nahant Beach “1/2 way” bathhouse, Nahant.

October

Belle Isle Fall Festival

Sunday, October 4th, 1pm-3pm

Bring your family to the park to enjoy live music, hayrides, pumpkin decorating, and live animal exhibits. Refreshments will be provided.

Co-sponsored by the Friends of Belle Isle Marsh.

Meet at: Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

Fells Sunset & Harvest Moonrise Hike

Sunday, October 4th, 6pm-8pm

Join Ranger Mike Bruce on a hike to Pinnacle Rock while the sun sets and the harvest moon takes its position in the October night sky. **Meet at:** The parking pull-off on Fellsway East, about ½ mile north of East Border Rd, and immediately north of Gates 52 & 53 in Melrose.

Healthy Heart Walk, Mary O’Malley Park

Monday, October 5th, 5pm-6pm

Fresh air and exercise are a gateway to better health. Join this 1-mile Ranger-led walk along the DCR “Healthy Heart Trail” at Mary O’Malley.

Meet at: Mary O’Malley bathhouse on Commandants Way, Chelsea.

Breakheart Fall Festival

Saturday, October 10th, 10am-2pm

Fun and games for the whole family will run from 10am-12pm, including pumpkin decorating, stuff a scarecrow, arts & crafts, candy in the hay, an appearance by the DCR Park Ranger Mounted Unit, and more. Great local bluegrass band *Southern Rail* will provide a free concert from 12pm-2pm. **Meet at:** Visitors Center, 177 Forest St (off Lynn Fells Pkwy), Saugus.

Birds of the Charles River

Saturday, October 10th, 2pm-4pm

Come walk with the DCR’s Charles River Ranger and learn about the numerous species of birds along the river. **Meet at:** Plaza in front of the Museum of Science Entrance, 1 Science Park, Boston.

Healthy Heart Walk at Belle Isle Marsh

Wednesday, October 14th, 5pm-6pm

Fresh air and exercise are a gateway to better health. Join this .6-mile Ranger-led walk along the DCR “Healthy Heart Trail” at Belle Isle Marsh.

Meet at: Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

Autumn Trees of the City

Saturday, October 17th, 2pm-4pm

Stroll the banks of the Charles River as we discuss the habits of our precious arboreal neighbors.

Meet at: Plaza in front of the Museum of Science entrance, 1 Science Park, Boston.

Arts & Crafts on Revere Beach

Sunday, October 18th, 2pm-3pm

Bring the kids down to Revere Beach for a Ranger-led arts & crafts activity. **Meet at:** The Shirley Ave. bathhouse, Revere Beach Blvd., Revere.

Breakheart Foliage Canoe Ride

Saturday, October 24th, 10am-11:30am

Enjoy the end of foliage season from a unique perspective, floating atop the water of Pearce Lake. Please arrive early, leaving time to walk to the beach from the parking lot; Pearce Lake beach is approx. a 10-minute walk from the Wakefield entrance or a 25-minute walk from the Saugus (main) entrance. **Pre-registration required: Call Ranger Mike Bruce at 781-233-9328. Meet at:** Pearce Lake Beach, intersection of Elm Rd. and Pine Tops Rd. inside Breakheart, Saugus.

“Go Fly a Kite” at Revere Beach

Sunday, October 25th, 2pm-5pm

Catch a breeze and let out the line as your kite joins a kite gathering in the sky above Revere Beach. Be sure to bring your camera! **Meet at:** The Shirley Ave. bathhouse, Revere Beach Blvd., Revere.

November

Basic Outdoor Skills Series at Belle Isle

Sunday, November 1st, 3pm-4pm

Need some help with your compass skills? Would you be able to build a temporary shelter if necessary? Are you able to tie a knot that you would trust to hold your body weight? Learn these skills and more during this 4-week Basic Outdoor Skills series. Participants are welcome to attend any or all lessons. Suitable for all ages. **For more info, contact Ranger Justin Dawkins at 781-286-2439. Meet at:** Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

New Basin Walk

Saturday, November 7th, 1pm-3pm

Meet and walk with a DCR Park Ranger to tour our newest urban parks and discuss future plans along the Charles. **Meet at:** Plaza in front of the Museum of Science entrance, 1 Science Park, Boston.

Basic Outdoor Skills Series at Belle Isle

Sunday, November 8th, 3pm-4pm

See description from November 1st (above).

Tour of the Charles River Dam

Saturday, November 14th, 1pm-3pm

Join a Ranger for a tour of the structure that protects Boston from the tides and maintains the level of the Charles. Tour is handicapped accessible and takes place rain or shine. **Meet at:** Flagpoles in Paul Revere Park, Charlestown (just below the City Square and next to the Tudor Wharf Marriott.)

Basic Outdoor Skills Series at Belle Isle

Sunday, November 15th, 3pm-4pm

See description from November 1st (above).

Basic Outdoor Skills Series at Belle Isle

Sunday, November 22nd, 3pm-4pm

See description from November 1st (above).