

Sunday, Nov. 15 9:30 - 11:30 a.m.

Bradley Palmer State Park

North Shore Retreat

Experience a distinguished home and stroll the grounds of an exceptional property – Bradley Palmer State Park – surrounding Willowdale Estate while recounting past events and conjuring images of days gone by. We will end with a tour of Willowdale Estate



a treasured North Shore gem nestled in the woods of the park! Built in 1901 by US attorney and industrialist, Bradley Palmer, Willowdale is a

stunning example of arts and crafts style architecture. Enjoy light refreshments! Experience will begin and end at the Willowdale Estate parking lot. Sponsored by DCR and the Essex National Heritage Commission.



Saturday, November 21st

12:00 – 1:00 p.m.

Halibut Point State Park

Babson Quarry Ranger

Walkabout

Healthy Heart walk for all ages - kids come and stamp your Passport; get a Healthy Heart Sticker and Activity map! Meet at the parking lot and take this walk which loops around the Babson Farm quarry – take a step back in time to the days of the quarrying industry. 617-694-9190 for more information.

Sunday, November 29th

12:00 – 1:00 p.m.

Walden Pond State Reservation

Meet the SAR Dog!

Demonstration and short



hike by our regional ranger with her amazing dog, Emmitt. They will be demonstrating how the dogs are trained to search and rescue lost recreationers. Meet at the main parking lot near the headquarters. There are no other dogs allowed at Walden.

Wednesday, Dec. 2 7:00 - 8:30

p.m.

Halibut Point State Park

**Follow the Full Moon –
December Cold Moon**

The full moon has been a vital and revered part of many cultures for centuries. During this month the winter cold fastens its grip, and nights are at their longest and darkest.

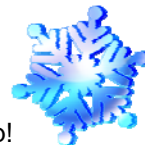


The program begins ½ hour before moon rise. Program includes explanation of moon phases and moon cycle, viewing of the Full Moon with telescope, as well as night time activities. Meet at the visitors center. Call 978-546-2997 for more information.

Saturday, Dec. 19 12:00 – 1:00 p.m.

Harold Parker State Forest

Healthy Heart Walk along our new Healthy Heart Trail - kids come and stamp your Passport – receive a Healthy Heart Sticker and activity map! Meet at headquarters parking lot (305 Middleton Rd.), walk down to Sterns Pond and back. All ages. Paved surface - suitable for strollers weather permitting. 617-694-9190 for more information.



Things to know before you go

- Wear sturdy winter footwear.
- Dress in layers; wear a hat and gloves or mittens.
- Carry drinking water on all hikes.
- We will hike unless the weather is severe or the trails are extremely icy.
- All programs are FREE - some parks may have a parking fee.
- All children must be accompanied by an adult.
- Reasonable accommodations available upon request. Please call (617) 828-1728 for more info.

Visit www.mass.gov/dcr for more winter news and:



and



**NORTHEAST REGION
HEADQUARTERS**

department of Conservation and Recreation
P.O. Box 829, Carlisle, MA 01741
978-369-3350
www.mass.gov/dcr



Northeast Region

**October, November, and
December 2009**

**Fall/Winter
Hikes &
Programs**



- Halibut Point State Park
- Great Brook Farm State Park
- Maudslay State Park
- Harold Parker State Forest
- Bradley Palmer State Park
- Lawrence Heritage State Park
- Upton State Forest
- Walden Pond State Reservation

Saturday, October 3

5:30 – 7:00 p.m.

Great Brook Farm State Park

**Follow the Full Moon –
October Harvest Moon**

Native American cultures revered the full moon as a cultural timepiece.

Join us for this program which includes explanation of moon phases, viewing of the Full Moon with telescope, and

drumming, poetry and display by Onkwe Tase of the Turtle People. All children must be accompanied by an adult. Meet at the Hart Barn, 1018 Lowell St., Carlisle, MA Call 978-369-6312 for more information.



Sunday, October 11

Saturday, October 17

10:00 – 11:30 a.m.

Walden Pond State Reservation

Fall Foliage Walk

Discover the beautiful fall foliage as we explore one of the many trails at Walden Pond State Reservation. Please meet at the Thoreau house replica.

This program is for visitors of all ages. We will be hiking approximately 1 mile (round trip) over moderate terrain.



Thoreau Ramble

Sunday, Oct. 11 3:00-4:00 p.m.

Monday, Oct. 12 10:00-11:00 a.m.

Sunday, Oct. 18 9:00-10:00 a.m.

Join Park staff at the Thoreau house replica for a program about Henry David Thoreau and his stay at Walden Pond. This program is for visitors of all ages. During the program we will hike ½ mile out to the original location of Thoreau's house site.

Saturday, Oct. 17 1:30 – 2:30 pm

Lawrence Heritage State Park

Lawrence Riverwalk

Healthy Heart walk along the canal - kids can stamp their Passport and receive a Healthy Heart Sticker and activity map at this beautiful heritage park that tells the story of the mills in Lawrence. Walk from the Visitor Center to the end of Pemberton Park. Suitable for all ages and for strollers weather permitting. Meet at Lawrence Heritage State Park Visitor Center.

Saturday, Oct. 10 1:00 – 2:00 pm

Saturday, Oct. 17 1:30 – 2:30 pm

Walden Pond State Reservation

Thoreau's Garret

A garret is an attic; perhaps a place to keep family heirlooms. Thoreau utilized a garret throughout his life.

What might you find in Thoreau's garret? Join a Park Interpreter at the Thoreau house replica as history is brought to life through hands-on artifact exploration. All ages are welcome to participate, especially youngsters ages 6-12.



Sunday, Oct. 25 11:00 a.m. –

12:30 p.m.

Nashua River Rail Trail

Leisurely Fall Bike Ride



Join the regional park ranger on the Nashua River Rail Trail in Ayer for a easy-paced bike ride along the rail trail to Pepperell and back – about 16 miles. You must supply your own bike and helmet.

Sunday, Oct. 18 1:00 – 3:00 p. m.

Walden Pond State Reservation

Busy Beavers

Join park staff at the Tsongas Gallery (located at park headquarters) for a fun program about beavers. We will watch a 30 minute video about the life of beavers. Following the video, we will hike to Heywood's Meadow to see a beaver dam.



Saturday, October 24

10:00 a.m. – 2:00 pm

Harold Parker State Forest

Field Pond Clean-up

Your stewardship is welcome at our state parks! Join the burgeoning Friends Group at Field Pond for our first park clean-up. Gloves, bags and pick sticks will be provided. Follow signs from Harold Parker road near the State Police Barracks on Rte. 125. 4 hours.

Sunday, Oct. 18 1:00 – 3:00 p. m.

Upton State Forest

Company 2105

Camp SP-25 CCC

Interpretive hike of CCC Camp, water holes, picnic areas and stone steps built by men of the Civilian Conservation Corps. We will discuss the history of the CCC in general and as it pertains to Upton State There will be a display inside the historic Administration building relative to CCC history. Sponsored by Friends of Upton State Forest Inc.

<http://www.friendsofuptonstateforest.org>

Saturday, October 24

Walden Pond State Reservation

Ghosts of Walden

10:00-11:30 a.m.

Join a costumed Park Interpreter for a morning of ghost stories about Walden Pond State Reservation.

Learn about the mysterious inhabitants of the 18th and 19th Century. Discover Thoreau's link to the haunted locations in Concord.

Please meet at the Thoreau house replica. We will hike approximately 1 mile round trip.

Visitors are encouraged to come in costume!



Monday, Nov. 2, 7:00 - 8:30 p.m.

Maudslay State Park

**Follow the Full Moon –
November Beaver Moon**

November was the time to set beaver traps before the swamps froze, to

ensure a supply of warm winter furs. Program includes

explanation of moon phases and moon cycle, viewing of the

Full Moon with telescope, as well as night time activities. All children must be accompanied by an adult. Meet at the headquarters, 74 Curzon Mill Rd. Call 978-465-7223 for more information.

