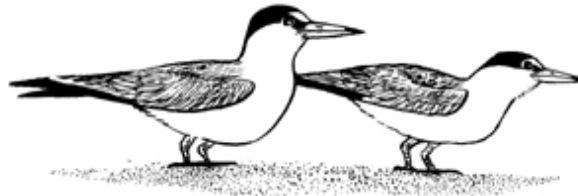




**DCR North Region
Coastal District**

Free Fall Programs 2009



Belle Isle Marsh

Constitution Beach

Lynn Heritage State Park

Lynn\Nahant Beach

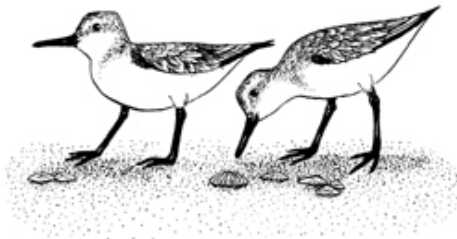
Marshview Park

Mary O' Malley Park

Revere Beach

Rumney Marsh Reservation

Winthrop Shore Reservation



**DCR Coastal Awareness
Environmental Education
Program**

For Schools and Non-Profit Groups:

Beach Discovery (1 hour in duration)

Sept., Oct. and Nov.

Tuesday through Friday, by appointment

Children will explore signs of life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people.

Meet at: Winthrop Beach

Shore Bird Discovery (1 hour in duration)

Sept., Oct. and Nov.

Tuesday through Friday, by appointment

Children will learn about the different kinds of birds that visit our beaches and what the DCR is doing to protect rare shorebirds. **Meet at:** Winthrop Beach.

We can accommodate groups of 27 or less children, and require 1 chaperone per 6 children.

All programs are free of charge.

Programs follow aspects of the Massachusetts Science, Technology and Engineering Framework, Life Sciences (Biology) for grades K-5.

For info and registration, contact DCR Visitor Services Supervisor, **Matthew Nash** by email at Matthew.Nash@state.ma.us, or by phone at **781-485-2804, ext. 105.**

**A Gathering of Memories of
Revere Beach**

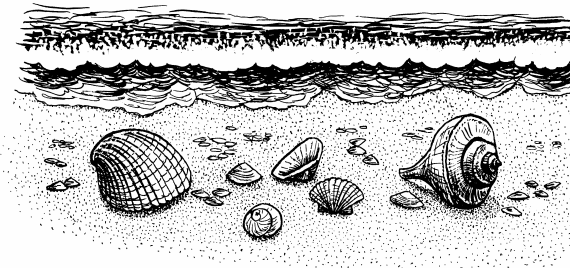
Wednesday, Sept. 16th, 11am-1pm

Wednesday, Oct. 21st, 11am-1pm

Come share your memories of the oldest public beach in America which harkens back to the days of amusement rides, wartime blackouts, and rented bathing suits. If you have them, bring items which have personal and/or historic meaning.

For info, contact Matthew Nash at Matthew.Nash@state.ma.us, or 781-485-2804, ext. 105. *Co-sponsored by the Revere Society for Cultural & Historic Preservation.*

Meet at: Museum of the Revere Society for Cultural and Historic Preservation at 108 Beach Street, Revere, MA



Revere Beach Weekly Walks

Every Saturday, 10:30am-11:30am

Join us every week for a healthy walk along Revere Beach. Regulars and newcomers welcome. We cover 3 miles at a manageable pace. Wheelchair and stroller accessible.

Meet at: Clock Tower across from the State Police barracks, Revere Beach Blvd, Revere.

**DCR Park
Passport Program**



Visitors to DCR state parks can obtain a free Passport book and get it stamped with a design unique to each location. Stamps can be found in a box at each park with its combination listed in the passport book. For more information, visit www.mass.gov/dcr/passport. Box locations in the DCR North Region, Coastal District include: Revere Beach at the Shirley Ave Bathrooms and Lynn-Nahant Beach at the Halfway House.

**Additional Program
Information:**

www.massparks.org

- www.bostonnatural.org
Boston Natural Area Network
- www.friendsofbelleislemarsh.org
Friends of Belle Isle Marsh
- www.lynn-nahantbeach.org
Friends of Lynn & Nahant Beach
- www.reverebeachpartnership.com
Revere Beach Partnership
- www.reverehistory.org
Revere Society for Cultural and Historic Preservation
- www.saugusriver.org
Saugus River Watershed Council
- www.savetheharbor.org
Save the Harbor/Save the Bay



September

Canoeing at Constitution Beach Sunday, Sept. 20th, 1pm-2:30pm

Take a leisurely paddle in the cove between the beach, the airport, and Belle Isle Inlet. Airplane enthusiasts welcome. Canoe experience required. Must be able to swim and be at least 10 years old. Pre-registration required: Call DCR Park Ranger Justin Dawkins at 781-286-2439. **Meet at:** Constitution Beach bathhouse, Zero Barnes Ave, East Boston.

A Gathering of Memories of Revere Beach*

Wednesday, Sept. 16th and October 21st,
11am – 1pm

Come share your memories of the oldest public beach in America which harkens back to the days of amusement rides, wartime blackouts, and rented bathing suits. If you have them, bring items which have personal and/or historical meaning.

For info, contact DCR Visitor Services Supervisor, Matthew Nash by email at Matthew.Nash@state.ma.us, or by phone at 781-485-2804, ext. 105.

Meet at: Museum of the Revere Society for Cultural and Historic Preservation at 108 Beach Street, Revere, MA.

* Co-sponsored by the Revere Society for Cultural and Historic Preservation (RSCHP)

Explore Rumney Marsh by Canoe Wednesday, Sept. 23rd, 3pm-5pm

Discover this protected, rarely visited area in a canoe. You could get wet or muddy, so dress appropriately. Must have canoe experience, be able to swim, and be at least 12 years of age. Pre-registration required: Call DCR Park Ranger Justin Dawkins at 781-286-2439.

Meet at: Fire Gate on southbound side of Salem Turnpike (Rte. 107), Saugus.

“Go Fly a Kite” at Nahant Beach Sunday, Sept. 27th, 3pm-6pm

Catch a breeze and let out the line as your kite joins a kite gathering in the sky above Nahant Beach. Be sure to bring your kite and camera!

Meet at: The Nahant Beach “1/2 way” bathhouse, Nahant.

October

Belle Isle Fall Festival* Sunday, Oct. 4th, 1pm-3pm

Bring your family to the park to enjoy live music, hayrides, pumpkin decorating, and live animal exhibits. Refreshments will be provided.

Meet at: Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

*Co-sponsored by the Friends of Belle Isle Marsh.

Healthy Heart Walk at , Mary O’Malley Park Monday, Oct. 5th, 5pm-6pm

Fresh air and exercise are a gateway to better health. Join this 1-mile Ranger-led walk along the DCR “Healthy Heart Trail” at Mary O’Malley. **Meet at:** Mary O’Malley bathhouse on Commandants Way, Chelsea.

Healthy Heart Walk at Belle Isle Marsh Wednesday, October 14th, 5pm-6pm

Fresh air and exercise are a gateway to better health. Join this .6-mile Ranger-led walk along the DCR “Healthy Heart Trail” at Belle Isle Marsh. **Meet at:** Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

Arts & Crafts on Revere Beach Sunday, Oct. 18th, 2pm-3pm

Bring the kids down to Revere Beach for a Ranger-led arts & crafts activity.

Meet at: The Shirley Ave. bathhouse, Revere Beach Blvd., at Shirley Ave., Revere.

A Gathering of Memories of Revere Beach*

Wednesday, Oct. 21st, 11am – 1pm
(See Description for Sept. 16th)

“Go Fly a Kite” at Revere Beach Sunday, Oct. 25th, 2pm-5pm

Catch a breeze and let out the line as your kite joins a kite gathering in the sky above Revere Beach. Be sure to bring your kite and camera!

Meet at: The Shirley Ave. bathhouse, Revere Beach Blvd., at Shirley Ave., Revere.

Express Spanish for English Speakers (Español Expreso)

Saturdays Oct 31st, Nov. 14th, and Nov. 28th,
11am to 1pm

Es posible conversar rápidamente en este programa de español extraordinario. Un programa especial para unas personas que comprende ingles. It is possible to converse rapidly in this extraordinary Spanish program. A special program for persons who comprehend English. Para más información utiliza este número de telefono: 781-485-2804 ext. 105 o email Matthew.Nash@state.ma.us . pre-registration is required.

November

Basic Outdoor Skills Series at Belle Isle Marsh

Sundays, November 1st, 8th, 15th and 22nd
3pm-4pm

Need some help with your compass skills? Would you be able to build a temporary shelter if necessary? Are you able to tie a knot that you would trust to hold your body weight? Learn these skills and more during this 4-week Basic Outdoor Skills series. Participants are welcome to attend any or all lessons. Suitable for all ages. For more info, contact DCR Park Ranger Justin Dawkins at 781-286-2439. **Meet at:** Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston.

Express Spanish for English Speakers (Español Expreso)

Saturdays November 14th and November
28th, 11am to 1pm

(See description for Oct 31st)

Governor, Deval L. Patrick

Lt. Governor, Timothy P. Murray

EOEEA Secretary, Ian A. Bowles

DCR Commissioner, Rick Sullivan