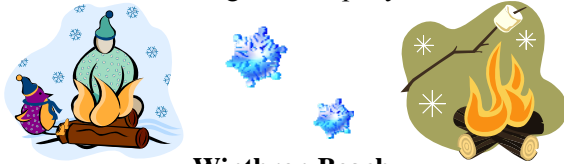


## Beach Campfire Series

Shake off the cabin fever and join us for fresh air, a warm fire, toasted marshmallows, hot chocolate, and good company.



### Winthrop Beach

Friday, December 4<sup>th</sup>, 5pm-7pm

**Meet at:** Winthrop Shore Dr. at Ocean Ave.

### Nahant Beach

Friday, January 8<sup>th</sup>, 5pm-7pm

**Meet at:** Parking lot near Tides Restaurant.

### Constitution Beach, E. Boston

Friday, February 5<sup>th</sup>, 6pm-8pm

**Meet at:** Constitution Beach parking lot.

### Revere Beach

Friday, February 19<sup>th</sup>, 6pm-8pm

**Meet at:** 410 Revere Beach Blvd., across from Kelly's Roast Beef.

## A Gathering of Memories of Revere Beach

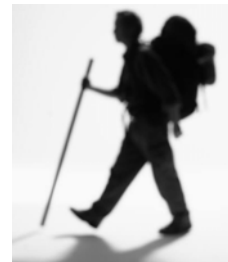
Locations and Times TBD (check [www.mass.gov/dcr](http://www.mass.gov/dcr))

Share your memories of the oldest public beach in America, which harkens back to the days of amusement rides, wartime blackouts, and rented bathing suits. Bring any items which have personal and/or historical meaning. *Cosponsored by the Revere Society for Cultural & Historic Preservation.*

## The Habitats of Camp Nihan

December through February, by appointment

Educators and Youth Leaders are welcome to call and book field trips to this hidden gem. **For more info,** call **Lynn Hildenbrand** at **781-231-1203**.



## Breakheart/Camp Nihan Weekly Hikes

All hikes begin at 2pm. Sunday hikes meet at Breakheart's Christopher P. Dunne Visitor Center, 177 Forest St (off Lynn Fells Pkwy), Saugus. Saturday hikes start from the Sprague Lodge at Camp Nihan, 131 Walnut St, Saugus. (Entrance is 100 yds. northwest of Bed, Bath & Beyond.)

Please arrive 10 minutes early to the Saturday Camp Nihan hikes to allow time to park at the Ranger Cabin and walk up to the Sprague Lodge. (Staff and/or signage will direct you.)

**For info,** call **781-233-0834**.

*Hikes cover several miles and may be too strenuous for children under 10. No dogs, please.*

### December

Sat, Dec. 5: B♥ Tr., Fox Run Link, B♥ Hill, Saug. Riv.  
Sun, Dec. 13: Ridge, Lakes, Fern-Spruce, Ridge Link, Lakes  
**POTLUCK LUNCH TO FOLLOW!**  
Sat, Dec. 19: Frog Pond, Saug. R., Lakes, Fox Run  
Sun, Dec. 27: Fox Run, West of Power Lines, Lakes

### January

Sat, Jan. 2: B♥ Hill & back, Marsh, Rgr Tr, Frog Pond  
Sun, Jan. 10: Lakes, Ridge Link, Crow Hill, Saugus River  
**POTLUCK LUNCH TO FOLLOW!**  
Sun, Jan. 17: Ash Hill, Silver, Fox-Saug. R., C. Nihan  
Sun, Jan. 24: Saug R., Fox, Silver L, Ash, Ridge, B♥ Hill  
Sat, Jan 30: B♥ Tr., Saug. R., Eagle Rock, Fox to Link

### February

Sun, Feb. 7: B♥ Hill, Lakes, Eagle Rock, Fox Run  
Sat, Feb. 13: Frog Pond, Ranger, Marsh, Saug. R.-Fox  
Sun, Feb. 21: Fox Run, Eagle Rock/Lakes, B♥ Hill  
**POTLUCK LUNCH TO FOLLOW!**  
Sat, Feb. 27: B♥ Tr., Saug-Fox, Pearce/Eagle, Fox-Saug

## February Vacation at Revere Beach

The following programs are suitable for children ages 5 through 11 with adult chaperones.

**Meet at:** Reinstein Bandstand, Revere Beach Blvd. Cross streets are Shirley Ave and Beach St.

**For more info,** contact

**Matthew Nash** at [Matthew.Nash@state.ma.us](mailto:Matthew.Nash@state.ma.us) or **781-485-2804, ext. 105**.

### Beach Discovery

Wednesday, February 17<sup>th</sup>, 11:00am-12:00pm

Children will explore signs of life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people.

### Bird Discovery

Thursday, February 18<sup>th</sup>, 11:00am-12:00pm

Children will learn about the different kinds of birds that visit our beaches and how the DCR protects the rare Piping Plover.

### A few of DCR's Friends and Partners:

[www.friendsofalewifereservation.org](http://www.friendsofalewifereservation.org): Friends of Alewife

[www.friendsofbelleislemarsh.org](http://www.friendsofbelleislemarsh.org): Friends of Belle Isle

[www.saugus.org/FOBR](http://www.saugus.org/FOBR): Friends of Breakheart Reserv.

[www.charlesriverconservancy.org](http://www.charlesriverconservancy.org): Charles Riv. Conservancy

[www.esplanadeassociation.org](http://www.esplanadeassociation.org): The Esplanade Assoc.

[www.fells.org](http://www.fells.org): Friends of the Middlesex Fells Reservation

[www.lynn-nahantbeach.org](http://www.lynn-nahantbeach.org): Friends - Lynn/Nahant Beach

[www.mysticriver.org](http://www.mysticriver.org): Mystic River Watershed Assoc.

[www.reverebeachpartnership.com](http://www.reverebeachpartnership.com): Rev. Beach Partnership

[www.saugusriver.org](http://www.saugusriver.org): Saugus River Watershed Assoc.

### DCR North Region Headquarters

4 Woodland Road, Stoneham, MA 02180  
Tel: (617) 727-1199 Fax: (617) 727-8228  
[www.mass.gov/dcr](http://www.mass.gov/dcr)



North Region  
Winter  
'09-'10



**Alewife Brook Reservation**

**Beaver Brook Reservation**

**Belle Isle Marsh**

**Breakheart Reservation**

**Charles River Reservation**

**Constitution Beach**

**Lynn Heritage State Park**

**Lynn / Nahant Beach**

**Mary O'Malley Park**

**Middlesex Fells Reservation**

**Mystic River Reservation**

**Revere Beach**

**Rumney Marsh Reservation**

**Winthrop Beach**

## December

### Full Moon Hike to Wright's Tower

Wednesday, December 2<sup>nd</sup>, 4:00pm-6:00pm

We'll start our hike just before the sun sets in the west and the full moon rises in the east. Please arrive a few minutes early as parking is limited and the hike will start promptly at 4pm.

**Meet at:** Bellevue Pond parking area, South Border Rd., Medford.



### Night Hike at Belle Isle Marsh

Sunday, December 6<sup>th</sup>, 7:00pm-8:30pm

Join a Park Ranger for this nighttime experience and see Belle Isle Marsh in a whole new light. Feel free to bring a flashlight, though we will resist using it unless we need it. **Meet at:** Belle Isle parking lot, off Bennington St., East Boston.

### Night Hike at Rumney Marsh

Sunday, December 20<sup>th</sup>, 7:00pm-8:30pm

Join a Park Ranger for this nocturnal journey through the seldom-visited 600+ acre Rumney Marsh. Feel free to bring a flashlight, though we will resist using it unless we need it. **Meet at:** Fire Gate on southbound side of Salem Turnpike (Rte. 107), Saugus.

## January

### Breakheart 1<sup>st</sup> Day Hike

Friday, January 1<sup>st</sup>, 12:00pm

A tradition continues with our Annual 1<sup>st</sup> Day Hike. What better way to start the year than with a brisk hike at Breakheart Reservation? Free Kelly's clam chowder and hot drinks will be served after the hike. **For more information,** call 781-233-0834. *Cosponsored by Kelly's Roast Beef and the Friends of Breakheart.*

**Meet at:** Breakheart Visitors Center, 177 Forest St (off Lynn Fells Pkwy), Saugus.

# DCR North Region '09-'10 Winter Programs



### A Winter Wander at Revere Beach

Friday, January 1<sup>st</sup>, 1pm-2pm

Celebrate the incoming New Year on this leisurely 2-mile walk along one of DCR's Healthy Heart Trails. The hike will start at 1pm and be over by 2pm. Refreshments will be provided at the end of the walk. **Meet at:** Beachside at Eliot Circle in Revere. (Cross street is Winthrop Pkwy.)

### Healthy Heart Walk at Mary O'Malley

Sunday, January 3<sup>rd</sup>, 3:00pm-4:00pm

Fresh air and exercise are a gateway to better health. Join this 1-mile Ranger-led walk along the DCR "Healthy Heart Trail" at Mary O'Malley Park. **Meet at:** Mary O'Malley bathhouse on Commandants Way, Chelsea.



### Wildlife Tracking at Camp Nihan

Saturday, January 16<sup>th</sup>, 1:00pm-3:00pm

Join expert tracker-naturalist David Brown in search of wildlife tracks and signs. Two miles or less will be covered at a slow pace. Wear warm clothes and sturdy footwear. **For info,** call 781-231-1203. **Meet at:** Camp Nihan Sprague Lodge, 131 Walnut St, Saugus. *Please arrive 10 minutes early to allow time to park at the Ranger Cabin and walk up to the Sprague Lodge. (Staff and/or signage will direct you.)*

### Tour of the Charles River Dam

Saturday, January 16<sup>th</sup>, 1:00pm-2:00pm

Ranger-led tour of the facility that prevents tides from flooding the urban Charles River basin. **Meet at:** Flagpoles in Paul Revere Park in Charlestown (below the Charlestown Bridge).

### Cleanup at the Willis Fishing Pier

Sunday, January 17<sup>th</sup>, 2:00pm-4:00pm

The Saugus River meets Broad Sound at the site of this DCR Fishing Pier, making it a great fishing spot. Help polish this local gem by joining us for a winter cleanup. Dress for the weather and be prepared to get a little dirty.

We'll provide the cleaning supplies and water.

**Meet at:** Parking pulloff next to the 'jug-handle' turn-around, northbound side of the Lynnway, just north of the General Edwards Bridge, Lynn. (GPS address: 810 Lynnway, Lynn.)



### Winter Exploration at Belle Isle Marsh

Monday, January 18<sup>th</sup>, 3:30pm-5:00pm

Explore the winter landscape, keep an eye out for tracks and sign, and learn about the surprising diversity of animals that utilize the resources of Belle Isle Marsh. **Meet at:** Belle Isle parking lot, off Bennington St., East Boston.



### Charles River Bridge to Bridge Walk

Saturday, January 30<sup>th</sup>, 1:00pm-3:00pm

Join a Ranger for a brisk 5-mile walk past the two oldest bridges spanning the lower Charles River: the Longfellow Bridge and the Harvard Bridge (Mass. Ave). Dress appropriately; cancelled for inclement weather. **Meet at:** Esplanade path, under the Longfellow Bridge, Boston/Storrow Drive side of the river.

## February

### Maple Sugarin' Pre-registration

Monday thru Friday, starting Mon, Feb. 1<sup>st</sup>, 10am-4pm

School and non-profit groups can call to sign up for Breakheart's Annual Maple Sugarin' event in mid-March. **Preregistration is required:** Call **Rita** at 781-233-9328.

### Wildlife Tracking at Breakheart Reservation

Saturday, February 6<sup>th</sup>, 10am-12pm

Join expert tracker-naturalist David Brown in search of wildlife tracks and signs. Two miles or less will be covered at a slow pace. Wear warm clothes and sturdy footwear. **For info,** call 781-233-0834. **Meet at:** Breakheart Visitors Center, 177 Forest St (off Lynn Fells Pkwy), Saugus.



### Upper Charles River Reservation Hike

Saturday, February 20<sup>th</sup>, 1:00pm-3:00pm

Come along on a rigorous walk up the river path from Galen St to Bridge St and back. We'll have cocoa to start off warmly while we wait for all walkers to congregate. Dress appropriately. Cancelled for inclement weather. **Meet at:** Galen St. Bridge, Watertown.

### Tour of the Charles River Dam

Saturday, February 27<sup>th</sup>, 1:00pm-2:00pm

Ranger-led tour of the facility that prevents tides from flooding the urban Charles River basin.

**Meet at:** Flagpoles in Paul Revere Park, Charlestown (below the Charlestown Bridge).



### Cleanup at the Willis Fishing Pier

Sunday, February 28<sup>th</sup>, 2:00pm-4:00pm

See description from January 17<sup>th</sup> program above.