

Sunday, December 6<sup>th</sup> 1 pm  
*Shawme-Crowell State Forest*

### Animal Adaptations

Meet at Park Headquarters at 42 Main Street (Route 130) in Sandwich, MA.

The temperature is getting colder, the wind is getting bitter and the days are getting shorter – winter is here! The animals that live here need to adapt to the changes of the seasons. Come along on a walk through the woods to find out what animals do to survive the cold Northeast winters. For all ages. 1 hour.



Saturday, December 19<sup>th</sup> 9 am  
*South Cape Beach State Park*

### Winter Beach Walk

Meet at Bayberry Lot off Great Oak Road, on right before Mashpee Town Beach.

Join Waquoit Bay Reserve staff and District Ranger for a 1½ to 2 mile hike along this magnificent stretch of coastline to observe seasonal changes including the shape of the barrier beach, winter wildlife and plants that endure extreme conditions with their special adaptations. 2 hours.

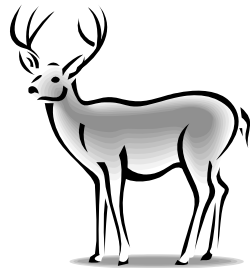


Saturday, December 12<sup>th</sup> 1 pm  
*Borderland State Park*

### Winter Deer Discovery

Meet at the Visitor Center at 259 Massapoag Ave in N. Easton, MA.

Have you ever seen deer in the park? Join us for a chance to learn about this amazing animal and then go on a brief walk to search for signs of their presence. We will spend some time indoors, and then venture outside so be sure to dress appropriately. \$2 per car parking fee. For ages 6 and up. 1 hour.



Sunday, December 27<sup>th</sup> 10 am  
*Myles Standish State Forest*

### Fire & Ice Hike

Meet at the Amphitheater behind headquarters at 194 Cranberry Road in South Carver.

This is a place born of fire and ice, shaped by the human hand. Explore the area's landscape shaped by glaciers and forest fires. We'll see the natural forest community that is found throughout much of the forest, the pitch pine/scrub oak association that is uniquely adapted to the sandy soil of this area. As we hike this 3 mile trail, we'll explore the complex history that has shaped this landscape. For adults and older children. 1.5 hours.

### Things to know before you go

- Wear sturdy footwear.
- If appropriate, dress in layers, wear a hat and gloves or mittens, wear winter footwear.
- Carry drinking water on all hikes.
- We will hike unless the weather is severe or the trails are extremely icy.
- All programs are FREE; some parks may have a parking fee.
- All children must be accompanied by an adult.
- Reasonable accommodations available upon request. Please call (508) 272-9376 for more info.

Visit [www.mass.gov/dcr](http://www.mass.gov/dcr) for more winter events and info about:



and



If you would like to receive this brochure via e-mail, please send an e-mail request to: [Amy.Wilmot@state.ma.us](mailto:Amy.Wilmot@state.ma.us)

### SOUTHEAST REGION HEADQUARTERS

department of Conservation and Recreation  
PO Box 66, South Carver, MA 02366  
(508) 866-2580

[www.mass.gov/dcr](http://www.mass.gov/dcr)



**Southeastern  
Massachusetts**

## Winter Hikes & Events

October, November, & December 2009



- Borderland State Park
- Ellenville Harbor State Park
- F. Gilbert Hills State Forest
- Massasoit State Park
- Myles Standish Monument S.R
- Myles Standish State Forest
- Shawme-Crowell State Forest
- South Cape Beach State Park
- Waquoit Bay National Estuarine Research Reserve
- Wompatuck State Park

Saturday, October 3<sup>rd</sup> 6:30 pm  
*Borderland State Park*

### Astronomy Night Hike

Meet at the Visitor Center at 259 Massapoag Ave in N. Easton, MA.

Join a local amateur astronomer for a one-mile Night Hike focused on the night sky. Dress for the weather and bring binoculars if you have them. \$2 per car parking fee. Rainy or cloudy sky cancels. 1 hour.



Saturday, October 10<sup>th</sup> 10:30 am  
*Waquoit Bay Research Reserve*

### Wild Harvest: Abandoned Bogs and Preserved Wetlands

Meet at the Jehu Pond trail head on Great Neck Road in Mashpee (on the way to South Cape Beach). Join a Naturalist from Waquoit Bay Research Reserve to explore the cultural history of cranberry cultivation on the Cape and experience the autumnal beauty and bounty of the Reserve's Jehu/Abigail Brook Trail. 1.5 hours.

Sunday, October 18<sup>th</sup> 10 am  
*Myles Standish Monument State Reservation*

### Mile-High Monument Climb

Meet at Myles Standish Monument. Parking Lot located off Crescent Street in Duxbury. High atop Captain's Hill stands the Myles Standish Monument, a 116-foot granite shaft crowned by a 14-foot statue of Captain Myles Standish. The Monument will be open for visitors to climb the 125 steps to the top and, if it's a clear day, enjoy a scenic vista and a stunning view of peak fall foliage. For all ages. Monument will be open from 10:00am to 2:00pm.

Sunday, October 25<sup>th</sup> 2 pm  
*Ellisville Harbor State Park*

### Animal Hide & Seek

Meet at the dirt parking lot off of Route 3A (between Davis Road and Ellisville Road) in Plymouth. Ellisville Harbor State Park is a unique coastal property, including an 18th century farmstead, beachfront, salt marsh, meadows, and forest. Let's explore these different habitats looking for the signs that animals leave behind. For all ages. 1 hour.

Thursday, October 29<sup>th</sup> 5:30 pm  
*Myles Standish State Forest*

### Halloween Night Hike

Meet at the Amphitheater behind headquarters at 194 Cranberry Road in South Carver. As Halloween approaches, creatures of the night become active. Join us for an evening walk through the woods to uncover the mystery and magic of the forest at night and learn how animals survive in a nocturnal world. No flashlights allowed! After the walk, we'll gather around a campfire to roast marshmallows. For ages 8 and up. 1.5 hours.

Saturday, October 31<sup>st</sup> 10 am  
*F. Gilbert Hills State Forest*

### Mystery of Dolmen Rock

Meet at High Rock which is off of Rte 1 about 1.5 miles north of Thurston Street on the right or 0.25 miles south of the State Police barracks on the left in Foxboro, MA. Take a hike to see our dolmen, a flat rock perched on three or more rocks, much like a table. We will also visit a number of the standing stones, alignment stones, and stone beehives in the area. There are theories to their origins, but they've never been proven for sure! Check it out and tell us your theory! For adults and older children. 2 hours.

Sunday, November 8<sup>th</sup> 11:30 am  
*Wompatuck State Park*

### On Heron Pond

Park entrance is off of Union Street in Hingham. Meet at the Transfer Station, on the left just before Mt. Blue Spring. Enjoy a relaxing walk through the woods of Wompatuck State Park and enjoy lunch from a granite bluff overlooking Heron Pond. The hike will also include a stop at the Burbank Boulder and other sites as time and weather permit. We will hike approximately 5 miles. Please wear good hiking shoes, bring plenty of water and a bag lunch. Program is for adults and older children. We kindly request no dogs on this program please. 3 hours.



Sunday, November 22<sup>nd</sup> 1 pm  
*Massasoit State Park*

### Get Fit with Fido!

Meet at the main parking lot at 1361 Middleboro Ave in East Taunton. Put the pooch on a leash and come along for a walk with park staff and their dogs! This program allows you to exercise your dog in an outdoors setting. Take advantage of this opportunity for safe socialization – for both dogs and owners! As always, all dogs must be on a leash at all times. Rain or shine; dress appropriately. For adults. 1 hour.

Friday, November 27<sup>th</sup> 2 pm  
*F. Gilbert Hills State Forest*

### Too Much Turkey! Fitness Hike

Meet at Park Headquarters at 45 Mill Street in Foxboro, MA.

Did you indulge in one too much mashed potatoes? Consume too many slices of pumpkin pie? Come out for a briskly paced hike to burn some of those turkey dinner calories! Please bring water and be prepared to cover about 3 miles of moderate trails. For adults and older children. 1.5 hours.

Friday, November 27<sup>th</sup> 1 pm  
*Waquoit Bay Research Reserve*

### Let's Talk Turkey

Meet at the Reserve's Visitor Center at 49 Waquoit Highway in Waquoit, MA.

Across the Cape people are reporting seeing and hearing wild turkeys. Learn interesting facts about these magnificent birds and efforts to restore their population in Massachusetts. Discover the differences between males and females and their wide range of calls. We'll trot around the estate looking for signs of turkey activity and identify wild food sources that may attract them. Children can make a colorful turkey craft to take home. 1.5 hours.

