



Commonwealth of Massachusetts
Executive Office of Energy and Environmental Affairs
DEPARTMENT OF CONSERVATION AND RECREATION

Governor Deval L. Patrick
Lieutenant Governor Timothy P. Murray
EEA Secretary Richard K. Sullivan, Jr.
DCR Commissioner Edward M. Lambert, Jr.

Press Release Contact: S.J. Port — (617) 626-1453 or sj.port@state.ma.us

For Immediate Release: January 5, 2012

Recreation Advisory: DCR to Offer Accessible Winter Recreation at D.A.R. State Forest

WHAT: The Department of Conservation and Recreation's (DCR) Universal Access Program will offer cross-country skiing, kick sledding and snowshoeing for individuals with disabilities at D.A.R. State Forest in January and March. In the event of no snow or ice, hiking, nature walks and other activities will occur.

The Universal Access Program (UAP) provides recreational accessibility to state parks for individuals with disabilities, their families, and friends. Free use of accessible equipment and staff assistance is available.

UAP strives to increase the participation among persons with disabilities in indoor and outdoor recreational activities in integrated settings. In January, February, and March, UAP will offer ice skating, sit-skating, cross-country skiing, sit cross-country skiing, snow shoeing, kick sledding, snowmobiling, and other winter activities at Massachusetts state parks. The program also offers accessible cycling, boating, hiking, bird watching and horseback riding in summer and fall.

Pre-registration is required. Call Starves Outdoor Access at 413 259-0009. Also, ask about volunteer opportunities.

WHEN: Thursdays, January 12, 19th from 11 a.m. to 3 p.m.
Tuesdays, March 6 and 13th from 11 a.m. to 3 p.m.

WHERE: D.A.R. State Forest
Located on Rt. 112 in Goshen
Directions: Mass Pike (I-90) to exit 4, I-91N to exit 19, Northampton. Rte. 9 west to Goshen. Rte. 112 north. The Park entrance is 1 mile on right. 413 268-7098

For more information on DCR's Universal Access Program and a schedule of activities, and to confirm program status, call 617-626-1294 (voice) or 413-577-2200 (TTY) or visit www.mass.gov/dcr and click on "universal access program."

###

The Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs, oversees 450,000 acres of parks and forests, beaches, bike trails, watersheds, dams, and parkways. Led by Commissioner Edward M. Lambert Jr., the agency's mission is to protect, promote, and enhance our common wealth of natural, cultural, and recreational resources. To learn more about DCR, our facilities, and our programs, please visit www.mass.gov/dcr. Contact us at mass.parks@state.ma.us.

Follow Secretary Sullivan on Twittertwitter.com/massEEA
View videos on You Tube.....www.youtube.com/MassEEA
View downloadable photographs on Flickr.....www.flickr.com/photos/masseea/sets/
Visit the Energy Smarts blog.....www.mass.gov/blog/energy
Visit The Great Outdoors blog www.mass.gov/blog/environment
Visit our websitewww.mass.gov/dcr

251 Causeway Street, Suite 600, Boston, MA 02114 — (617) 626-1250 office / (617) 626-1351 (fax)