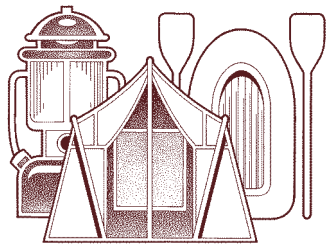
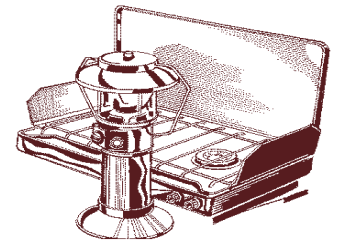




Becoming an Outdoors Family Camping Weekend



August 13 - 14, 2011
Myles Standish State Forest
Carver, MA



Bringing Families and the Great Outdoors Together!

Offered by:

**The Division of Fisheries & Wildlife's Becoming an Outdoors-Woman Program (DFW)
and the Department of Conservation & Recreation (DCR)**

Special Thanks to REI, Inc.

**Thank you to the following organizations which co-sponsor
Becoming an Outdoors-Woman in Massachusetts!**

Massachusetts Sponsors: Berkshire County League of Sportsmen's Clubs • Cape Cod Salties • Massachusetts Department of Conservation & Recreation • Massachusetts Division of Fisheries & Wildlife • Kittery Trading Post • League of Essex County Sportsmen's Clubs • National Wild Turkey Federation, Massachusetts State Chapter • Massachusetts' Sportsmen's Council • Massachusetts Waterfowlers' Inc. • Massachusetts Wildlife Federation • North Brookfield Sportsmen's Club • Plymouth County League of Sportsmen • Shirley Rod & Gun Club • Worcester County League of Sportsmen's Clubs

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Visit Us at... http://www.mass.gov/dfwele/dfw/education/bow/bow_home.htm
or Call: (508) 389-6300

Becoming an Outdoors Family Camping Weekend

August 13 - 14
2011




Myles Standish
State Forest

Carver, MA

Becoming an Outdoors Family Camping Weekend is an experiential weekend focused on learning a variety of skills for a lifetime of outdoor recreation. Designed primarily for families of all kinds, (bring your grandchild, niece or nephew!) it is a great opportunity if:



DCR Image

-  You are a beginning camping family who wants to learn about camping or improve your skills
-  You would like to try some new family activities
-  You enjoy the company of like-minded families.

No prior outdoor experience is necessary, this weekend is especially designed for families new to camping. We will focus on learning basic camping and recreation skills to help you and your family to enjoy the outdoors. Skills taught are related to a variety of outdoor recreational activities. Another goal is to provide families an opportunity to reconnect with each other and the great outdoors in a comfortable, safe and relaxed setting.

Knowledgeable and friendly instructors will include staff from the Department of Conservation and Recreation and the Division of Fisheries and Wildlife, as well as volunteer instructors from the DFW Angler Education Program and the Becoming an Outdoorswoman Program.

Workshop Details

Saturday, August 13

10 AM — Check-In, Registration, Campsite Set Up, Lunch (You will need to bring lunch.)
Welcome and Introductions

Saturday Session I – Fishing, Canoeing, Hiking

Saturday Session II – Fishing, Canoeing, Hiking

Dinner

Evening Activities (optional)

Campfire/Night Hike

Sunday, August 14

Early Morning Bird Walk (optional)

Breakfast

Sunday Session III – Fishing, Canoeing, Hiking

Wrap Up and Evaluations

NOON – Depart

(Though you must vacate the campsite, you are welcome to stay and picnic and explore the park further during the day! Lunch is on your own.)

Registration

Registration for classes is on a first-come, first-served basis. Class sizes will be kept small for a quality learning experience.

Supervision

Session activities are designed for adults and children ages 6 and older. Younger children are welcome during the weekend but cannot join the skill session classes. One adult must be present with up to two children under age 16 in each session. Parents/guardians are responsible for the supervision of their children at all times. Animal track stamp making, skulls, furs and other nature based activities will be available throughout the weekend for young children.

Registration Fee

\$30 per person fee includes 2 meals (Saturday dinner and Sunday morning breakfast—vegetarian option available), all materials, equipment and instruction. No campsite fees or fishing licenses are needed for this workshop. **Deadline: August 5.**

Confirmation

A confirmation letter will be sent to you (usually by email) with directions, packing list and other necessary details once your registration materials have been received.

Skill Session Descriptions

Fishing—Learn the basics of fishing and how to plan a successful fishing trip with your family in the future. Equipment and bait will be available, but if you have your own equipment, feel free to bring it to this session.

Canoeing—Here's an opportunity to learn some basic paddling strokes on quiet waters. Certified canoe instructors will be your guides to gaining confidence in this popular water based activity. Lifejackets for adults are available, a limited number of youth sizes are also available. If you can borrow a correct size youth lifejacket from your area, bring it along.

Hiking—This will be a leisurely excursion with stops to observe both natural and cultural landmarks in the park. Learn some techniques that will help you plan a hiking outing that will be enjoyable for all family members!

Registration Form

*****Only 1 family may register per below form. Signed Medical Questionnaires and Liability Photo Release Forms must be filled out for EACH participant. Please photocopy for additional forms.**

Name _____
 Phone (daytime) _____ Phone (evening) _____
 Street Address _____ City State Zip _____
 Email Address _____

List the name of each family member coming to the event:

	Session 1	Session 2	Session 3
Example _____ <i>Joanne Camper</i> _____	_____ <i>Fishing</i> _____	_____ <i>Canoeing</i> _____	_____ <i>Hiking</i> _____
Adult #1 _____	_____	_____	_____
Adult #2 _____	_____	_____	_____
Child #1 _____ Age _____	_____	_____	_____
Child #2 _____ Age _____	_____	_____	_____
Child #3 _____ Age _____	_____	_____	_____
Child #4 _____ Age _____	_____	_____	_____

Saturday Session I – Fishing, Canoeing, Hiking
 Saturday Session II – Fishing, Canoeing, Hiking
 Sunday Session III – Fishing, Canoeing, Hiking

Registration Fee: \$ 30 per person *Registration Deadline is August 5*

Total # of family members _____ Total fee \$30 x _____ family members = \$ _____

Scholarships: Financial assistance (up to 50%) is available. Please send a letter stating your reason for wishing to attend this workshop, and reason for needing financial assistance.

**Mail to: Outdoor Family Camping, *MassWildlife*, 1 Rabbit Hill Road, Westborough, MA 01581.
 You will be notified of the scholarship decision by August 8, 2011.**

Got lifejackets, sleeping mats and/or sleeping bags? Bring them along! If not, a **limited** number of children's life jackets, (adult life jackets are all available) loaner tents (4-person), sleeping mats and sleeping bags will be available. Consider borrowing a mat or bag from a friend or family. Let us know below what you need if you don't have access to these items.

of (4-person) tents _____ # sleeping bags _____ # of sleeping mats _____

Life jackets # child (30-50 lbs) _____ # youth (50-90 lbs) _____



Special Needs: *If you have a disability, medical condition or special diet requirements, please indicate them with your registration. We will do our best to accomodate your needs. For more information, call (508) 389-6300.*

Please make checks payable to:
Becoming an Outdoorswoman / MSC

Mail completed form and check to:
 Becoming an Outdoors Family, **MassWildlife**, DFW Field Headquarters, 1 Rabbit Hill Road,
 Westborough, MA 01581



MEDICAL HISTORY QUESTIONNAIRE

ALL INFORMATION WILL BE HELD CONFIDENTIAL

Name _____

Date of Birth _____ Sex _____

Address _____

City/State/Zip: _____

Medical Ins. Co.: _____ Policy#: _____

Emergency Contact: _____ Phone: _____

Physician: _____ Phone: _____

NOTE: Please check "yes" or "no" and provide additional details where required.

1. Are you allergic to any medications? No__ Yes__ List : _____

2. Any other allergies (foods, insects, seasonal) No__ Yes__ List: _____

3. Are you currently taking any medication?
(include any OTC medication) No__ Yes__ List Medication: _____

4. Do you have, or have you ever had the following:

Hay Fever: No__ Yes__

Fainting Spells: No__ Yes__

High Blood Pressure: No__ Yes__

Diabetes: No__ Yes__

Asthma: No__ Yes__ List Medication: _____

Seizures: No__ Yes__

Heart disease: No__ Yes__

Lung disease (emphysema, etc.): No__ Yes__

Liver disease (mononucleosis, etc.): No__ Yes__

Hepatitis: No__ Yes__

Urinary infection: No__ Yes__

5. Have you ever had a hernia or rupture? No__ Yes__

6. Have you ever had a concussion or head injury? No__ Yes__ List Medication: _____

7. Date of last tetanus inoculation _____ exact date needed (must be within 10 years)

(This is required and must be filled in)

**THIS MEDICAL HISTORY QUESTIONNAIRE IS CORRECT AND
COMPLETE TO THE BEST OF MY KNOWLEDGE**

Signature of Participant _____ Date _____

EMERGENCY MEDICAL AUTHORIZATION

The attached health history is correct to the best of my knowledge, and I am able to engage in all activities, except as specifically noted by me and a physician. In the event of an emergency, I hereby give permission to a physician to hospitalize, secure proper anesthesia, or to order injection or surgery, or other medical procedures required in an emergency situation.

I give consent for the Massachusetts Division of Fisheries & Wildlife (hereinafter MDFW), to provide medical attention, transportation and emergency medical services as warranted by the circumstances.

I am in good physical condition, and am not aware of any disease or injury that would be aggravated or result in my being incapacitated or injured during any program participation except as signed herein.

Signature of Participant _____ Date _____