# COMMONWEALTH OF MASSACHUSETTS

. Middlesex, SS.

Board of Registration in Medicine

Adjudicatory Case No.

In the Matter of

SHANA N. COSHAL, M.D.

### CONSENT ORDER

Pursuant to G.L. c. 30A, § 10, Shana N. Coshal, M.D. (Respondent) and the Board of Registration in Medicine (Board) (hereinafter referred to jointly as the "Parties") agree that the Board may issue this Consent Order to resolve the above-captioned adjudicatory proceeding. The Parties further agree that this Consent Order will have all the force and effect of a Final Decision within the meaning of 801 CMR 1.01(11)(d). The Respondent admits to the findings of fact specified below and agrees that the Board may make the conclusions of law and impose the sanction set forth below in resolution of investigative Docket No. 19-378.

#### Findings of Fact

- 1. The Respondent is a 2018 graduate of Medical University of South Carolina College of Medicine. The Respondent was licensed to practice medicine in Massachusetts under certificate number 274274 from May 10, 2018, until October 3, 2019.
- 2. In 2019, the Respondent attended a one-year fellowship in public and community psychiatry at Massachusetts General Hospital (MGH).
- In 2019, the Respondent was a contract employee of the Suffolk County
   Department of Corrections (SCDC) as part of her fellowship at MGH.

- 4. While a contract employee at SCDC, the Respondent co-led a program designed to help inmates with psychosocial life skills.
- 5. In November 2018, the Respondent met Inmate A when he was a member of the group, she co-led.
- 6. In February 2019, the Respondent provided her business card to Inmate A, when he was released to another facility.
  - 7. Inmate A contacted the Respondent through a relative.
- 8. On March 15, 2019, the Respondent and Inmate A began communicating by telephone.
  - 9. On March 31, 2019, the Respondent visited Inmate A at SCSD.
- 10. From March 31, 2019, the Respondent visited Inmate A at SCSD twenty (20) times including four (4) contact visits.
- During the contact visits, the Respondent and Inmate A hugged, kissed and held hands.
- 12. On June 3, 2019, the Respondent's visitation privileges at SCSD facilities were revoked.
- 13. On October 2, 2019, the Respondent entered a Voluntary Agreement Not to Practice.

## Mitigation

- 14. On July 30, 2020, the Respondent began an assessment by Physician Health Services (PHS).
- 15. PHS recommended the Respondent be evaluated by Acumen Medical Assessments.

- 16. From September 28 to October 1, 2020, the Respondent was evaluated by Acumen Medical Assessments.
- 17. The Respondent completed two programs at Acumen: one for boundaries and another for prescribing controlled substances.
- 18. Acumen recommended one year of professional coaching with additional courses on boundaries, professional role maintenance, professional identity, self-esteem, and mirroring.
- 19. From November 30, 2020, to December 16, 2021, the Respondent completed one year of coaching and the additional courses recommended by Acumen.
- 20. On July 9, 2021, the Respondent entered into a Behavioral Health Contract with PHS with which she has been fully compliant.

# Conclusion of Law

A. The Respondent engaged in conduct that undermines the public confidence in the integrity of the medical profession. See Levy v. Board of Registration in Medicine, 378 Mass. 519 (1979); Raymond v. Board of Registration in Medicine, 387 Mass. 708 (1982).

### Sanction and Order

The Respondent's license is hereby INDEFINITELY SUSPENDED. Said suspension may be stayed upon entry into a Probation Agreement which shall include the following conditions: (1) compliance with and successful completion of the Respondent's contract with PHS; (2) practice at a board approved worksite monitored by a board approved physician; and (3) such other terms as the Board may require.

This sanction is imposed for the violations of law listed in the Conclusion section,

#### Execution of this Consent Order

Complaint Counsel and the Respondent agree that the approval of this Consent Order is left to the discretion of the Board. The signature of Complaint Counsel, the Respondent, and the Respondent's counsels are expressly conditioned on the Board accepting this Consent Order. If the Board rejects this Consent Order in whole or in part, then the entire document shall be null and void; thereafter, neither of the parties nor anyone else may rely on these stipulations in this proceeding.

As to any matter in this Consent Order left to the discretion of the Board, neither the Respondent, nor anyone acting on her behalf, has received any promises or representations regarding the same.

The Respondent waives any right of appeal that she may have resulting from the Board's acceptance of this Consent Order.

The Respondent shall provide a complete copy of this Consent Order with all exhibits and attachments within ten (10) days by certified mail, return receipt requested, or by hand delivery to the following designated entities: any in- or out-of-state hospital, nursing home, clinic, other licensed facility, or municipal, state, or federal facility at which the Respondent practices medicine; any in- or out-of-state health maintenance organization with whom the Respondent has privileges or any other kind of association; any state agency, in- or out-of-state, with which the Respondent has a provider contract; any in- or out-of-state medical employer, whether or not the Respondent practices medicine there; the state licensing boards of all states in which the Respondent has any kind of license to practice medicine; the Drug Enforcement Administration Boston Diversion Group; and the Massachusetts Department of Public Health Drug Control Program. The Respondent shall also provide this notification to any such

designated entities with which the Respondent becomes associated while the Probation

Agreement is in effect. The Respondent is further directed to certify to the Board within ten (10)

days that the Respondent has complied with this directive.

The Board expressly reserves the authority to independently notify, at any time, any of the entities designated above, or any other affected entity, of any action it has taken.

Shana N. Coshal, M.D. Licensee	6/27/2023 Date
Paul Circl Attorney for the Licensee	C S Date
Ju,	6/28/23
Complaint Counsel	Date  Registration in Medicine this & day of

Julian N. Robinson, M.D. Board Chair