



Mosquito bites can make you sick.

Apply an EPA-approved repellent on your skin anytime you go outside.

Wear long sleeves and pants when you can.

Put repellent on your hands first, then rub it on your arms, legs, neck and face.

## Parents should help younger kids.



## For more information visit: www.mass.gov/MosquitoesAndTicks



Massachusetts Department of Public Health Bureau of Infectious Disease, Division of Epidemiology and Immunization