

Welcome

The Southeast Massachusetts Adult Walking Club meets each weekend on either a Saturday or Sunday at various times for recreational walks. This club is open to people of 16 years of age and older and there is no fee to join. Walks average 2 to 5 miles. New walkers are encouraged to participate.

The terrain can vary:

- ▲ EASY: mostly level terrain, short length
- ▲▲ MODERATE: hilly, varied terrain
- ▲▲▲ DIFFICULT: strenuous or lengthy

Walks will be led by DCR staff or a Walking Club volunteer leader.

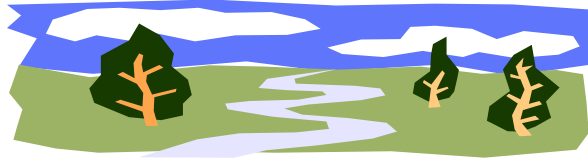
The Walking Club meets at DCR sites across Southeastern Massachusetts. Some DCR sites charge a parking fee.

For more info, visit:

<http://www.mass.gov/eea/agencies/dcr/massparks/passes-and-fees/parking-fees.html>

DCR recommends wearing hiking boots and bringing drinking water on all hikes. Bug spray and sunscreen also suggested.

Share the trails!



June

Saturday, June 3 9 am- 11 am Nickerson State Park ▲▲

Moderate walk, about 3.5 miles, 2 hours. Walk the Cape woodlands around Flax Pond, a kettle pond that boasts the most glacial erratic boulders of any pond on Cape Cod. Meet at the Nickerson State Park Nature Center. The entrance to Nickerson State Park is located at 3488 Main Street (Route 6A) in Brewster. No parking fee at the Nature Center lot. Call (508) 896-3491 for more info.

Saturday, June 10 1 pm- 3 pm Blue Hills Reservation ▲▲

Moderate walk, hilly terrain, 3.5+ miles, 2 hours. Wolcott Path to Breakneck Ledge to Chestnut Run and Border Path, return via Wolcott Path. Meet at the Trailside Museum NORTH parking lot on route 138 in Milton.

Saturday, June 17 9 am- 11:00 am Quashnet River- Waquoit Bay Reserve ▲▲

Moderate walk, some hilly terrain, 3 miles, 2 hours. Walk sandy fire roads following the course of a restored trout river from the kiosk at Martin Road. The return trip takes us on a narrower trail along the other side of the river. Park at lot on Martin Road, off Rt. 28 in Falmouth.

Saturday, June 24 9 am- 12 pm Myles Standish State Forest ▲▲▲

Moderately difficult, 5.5 mile hike. Walk the Cherry Pond area including pine barrens woodlands and a kettle pond. Meet at Upper College Pond Road Parking Lot (Lot #2) at Myles Standish State Forest. Park Headquarters address is 194 Cranberry Road, South Carver. Directions are posted at the headquarters –allow an extra 15 minutes to drive to Lot #2 from headquarters. Call (508) 866-2526 for more info.

July

Sunday, July 2 9 am- 12 pm Borderland State Park ▲▲▲

Difficult due to distance, moderate terrain with some rocky terrain, 5 mile hike, 3 hours. Walk the less traveled trails at Borderland, pass Pudds Pond to the Quarry loop. Meet at visitor center at 259 Massapoag Avenue in North Easton. \$5 per car parking fee. Call Paul at (508) 238-6566 for more info.

Saturday, July 8 11 am- 12:30 pm Blue Hills Reservation ▲▲

Moderate walk, some hilly terrain, 3 miles, 1.5 hours. Walk from the Donovan School to Ponkapoag and return via Madden Road. Meet at the Donovan School on 123 Reed St. in Randolph.

Saturday, July 15 9 am- 12 pm Massasoit State Park ▲▲▲

Difficult due to distance, moderate terrain, 5 + miles, 3 hours. Bring a snack and we will take a break at a secluded picnic spot overlooking Lake Rico. Meet at the main parking lot at 1361 Middleboro Avenue in East Taunton. Call Paul at (508) 238-6566 for more info.

Sunday, July 23 9 am- 12 pm Myles Standish State Forest ▲▲▲

Difficult due to distance, moderate terrain, 5 miles. Walk Charge Pond loop. Parking at lot 5. Follow signs for Charge Pond Road. Parking lot on the right before the Charge Pond Campground loop.

Sunday, July 30 9 am- 10:30 am Abigail Brook at Jehu Pond Conservation Area ▲

Easy walk, 1.5 miles, few hills in wooded terrain. Discover abandoned cranberry bogs, fresh and salt water wetlands while traversing fire roads, woodland trails and bridges with views of the brook and open water along the way. Park at Jehu Conservation area on Great Oak Road in Mashpee.

August

Sunday, August 6 10 am- 11 am Fall River Heritage State Park ▲

Easy 2 mile urban walk along the Taunton River boardwalk to Bicentennial Park and back. Meet at the Visitor Center at 200 Davol Street. Park in the Battleship Cove lot at 5 Water Street in Fall River.

Sunday, August 13 1 pm- 3 pm Blue Hills Reservation ▲▲

Moderate walk, some hilly terrain, 3.5 miles. Walk from St. Moritz Pond to Sawcut Notch, return on Indian Camp Path. Meet at the Shea Rink parking lot at 651 Willard St. in Quincy.

Sunday, August 20 9 am- 12 pm Myles Standish State Forest ▲▲

Moderate hike to Lost Horse Bog. Enjoy a 5 mile hike to this abandoned bog. Meet at Parking lot #6 at the fire tower on Bare Hill Road on your way to Curlew Pond from Headquarters. Call Dan at (508) 866-2526 for more information.

Saturday, August 26 11 am- 1 pm Blue Hills Reservation ▲▲

Moderate walk, some hills, 4 miles. Loop around Ponkapoag Pond on the green dot trail. Meet at the Ponkapoag Golf Course parking lot on Rte. 138 in Canton.

Saturday, Sept. 2 1 pm- 2:30 pm Blue Hills Reservation ▲▲

Moderate walk, rugged and rocky terrain, 2.5 miles. Walk the summit road to the top of Great Blue Hill. Return via green dot and Wolcott Path. Meet at the Trailside Museum NORTH parking lot at 1904 Canton Avenue in Milton.



Things to know

- Wear sturdy footwear
- Carry drinking water
- Sunscreen and bug spray recommended
- We will hike unless the weather creates unsafe conditions
- If weather conditions are questionable, please call 508.866.2580 ext. 165.



If you would like to receive this brochure via e-mail, please send an e-mail request to: Tom.Bender@state.ma.us

Blue Hills Reservation
695 Hillside St. Milton, MA 02186
617-698-1802

www.mass.gov/eea/agencies/dcr



dcr Summer Massachusetts 2017



Southeastern Massachusetts Adult Walking Club

