Welcome to DCR's Callahan State Park

With over 800 acres of parkland, Callahan is primarily used for hiking, horseback riding, and walking. It is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs.

DCR oversees 450,000 acres of parks, forests, beaches, bike trails, water bodies, and cliffs. Its mission is to protect, promote, and enhance the state’s natural, cultural, and recreational resources. To learn about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr. For Callahan, visit www.mass.gov/dfwp/par/central/call.htm

Designated by a heart symbol, Healthy Heart Trails are pathways or trails used for hiking or walking that are easy to moderate in activity level and intended for routine use to help build a healthy heart.

TRAIL USE GUIDELINES AT CALLAHAN

- Stay on designated trails and roads.
- Observe all posted rules and regulations.
- Motorized vehicles prohibited.
- Be respectful of other trail users.
- Tidbits: Allow bicyclists and equestrians to pass.
- Equestrians: Control your horse—do not step.
- Avoid startling horses and bikers—announce yourself.
- Equestrians: Control your horse.

Legend:

- Callahan State Park
- Paved Road
- Unpaved Road
- Healthy Heart Trail
- Bay Crest Trail
- Information Kiosk
- Parking
- Park Headquarters
- Power Line
- Town Boundary
- Wetland
- Back River
- Pond, Reservoir
- Contour Line (0.17 Internal)

David L. Patrick, Commissioner
Teddy E. Murray Jr., DCR Chairman
Richard K. Sullivan, DCR Secretary
Edward M. Lambert Jr., DCR Commissioner

Callahan State Park
219 Old Sudbury Rd., Framingham, MA 01702
HISTORY ADDRESS
Cochituate State Park
93 Commonwealth Rd., Rte. 30
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SOUTH ENTRANCE