Welcome to DCR's F. Gilbert Hills State Forest

Offering over 1,000 acres of park land, F. Gilbert Hills boasts 23 miles of trails primarily used for hiking, mountain biking and horsemanship as well as access to the Storrow- Warner Trail that leads to Storrow, Massachusetts. Additionally there are eight miles of multi use hiking trails.

F. Gilbert Hills is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs. DCR oversees 700,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state's natural, cultural, and recreational resources. To learn about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr. For F. Gilbert Hills, visit www.mass.gov/dcr/parks/southeast/fgil.htm

Designated by a heart symbol, Healthy Forest Trails are pathways or trails used for hiking or walking that are easy to maintain in activity level and intended for routine use to help build a healthy forest.

TRAIL USE GUIDELINES AT F. GILBERT HILLS

- Stay on designated trails and roads.
- Observe all posted rules and regulations.
- ORV Riding Season: May 1 through the end of November. Motorcycles only.
- Be respectful of other trail users.
- Hikers: Allow bicyclists and equestrians to pass.
- Bicyclists: Control your bike-as-use ski. Avoid startling horses and riders—announce yourself.
- Equestrians: Control your horse.
- Be aware of hunting seasons, and wear blaze orange when appropriate.

*Guests are in place to discourage motor vehicle use. All other trail users are welcome to travel beyond gate.