



# Lowell-Dracut-Tyngsboro State Forest

## Welcome to DCR's Lowell-Dracut-Tyngsboro State Forest

Sometimes called simply Lowell Dracut, the Lowell-Dracut-Tyngsboro State Forest offers over 1,000 acres of park land primarily used for hiking and mountain biking.

It is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs.

DCR oversees 450,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state's natural, cultural, and recreational resources. To learn about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit [www.mass.gov/dcr](http://www.mass.gov/dcr). For Lowell Dracut, visit [www.mass.gov/dcr/parks/northeast/ldtf.htm](http://www.mass.gov/dcr/parks/northeast/ldtf.htm)

Designated by a heart symbol, Healthy Heart Trails are pathways or trails used for hiking or walking that are easy to moderate in activity level and intended for routine use to help build a healthy heart.

### TRAIL USE GUIDELINES AT LOWELL DRACUT

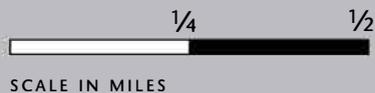
- Stay on designated trails and roads.
- Observe all posted rules and regulations.
- Be alert for other trail users:
  - Hikers:** Allow bicyclists and equestrians to pass.
  - Bicyclists:** Control your bike—do not skid. Avoid startling horses and hikers—announce yourself.
- Be aware of hunting seasons, and wear blaze orange when appropriate.



### LEGEND

- Lowell-Dracut-Tyngsboro State Forest
- No Hunting Area
- Paved Road
- Unpaved Road
- Trail
- Family Loop Trail
- Healthy Heart Trail
- Parking
- Closed Gate\*
- Public Safety Marker
- Town Boundary
- Wetland
- Brook, River
- Pond
- Contour Line (20' Interval)

\*Gates are in place to discourage both off-highway and motor vehicle use. All other trail users, including snowmobiles, are welcome to travel beyond gate.



TRAIL MAP