

The DDS Northeast Region
Occupational Therapy Department



hosts

**The Whole Person:
The S.A.N.E. System
of
Assessment and Treatment for
Children & Adults**

Debra Dickson, RPT

April 15 & 16, 2010

**at Hogan Regional Center
450 Maple Street
Hathorne , MA 01937**

Course Fee:

- Early registration (received by 1/15/10).....\$149.00
- Registration (received after 1/15/10).....\$169.00

12 Contact Hours

April 15 & 16, 2010

THE WHOLE PERSON:

THE S.A.N.E. SYSTEM OF ASSESSMENT AND TREATMENT FOR CHILDREN & ADULTS

Course Description

What's the difference between success and frustration in treatment? S.A.N.E.

Successful treatment strategies using the S.A.N.E. approach (Sleep, Activities, Nutrition and Environment). This course combines understanding of the sensory motor and biochemical connections that impact developmental disorders, behavior from a neurological perspective, provides tools necessary to prioritize treatment and measure outcomes. It will address the person throughout the life span who is demonstrating delays including PDD, Autism, LD, failure to thrive, depression, hyperactivity, sensory processing and language disorders. You will receive a comprehensive companion manual and reference to the clinical presentation and video case studies.

“These have been termed SANE strategies because they WORK. When all four aspects of a child's functioning are considered in relation to each other and combined with our clinical assessments, we have the tools for a truly successful plan. Our goal is to help each person to function and to feel his/her very best.” Anne Buckley-Reen, Debra Dickson

Instructor

Debra Dickson, RPT is a renowned clinician and is the owner of TherapyWorks Pediatrics, LLC in Old Lyme, CT. She is NDT certified in pediatrics, has been a pediatric therapist for 28 years and has a strong background in sensory processing, nutrition and immune function. Debra Dickson and Anne Buckley-Reen, OTR developed this program for therapists and are currently co-authoring a companion manual for parents by the same title. She works closely with behavioral optometrists in treating the Visual/Vestibular system and teaches a two day course for therapists entitled “Visual-Vestibular Assessment & Treatment to Improve Sensory Processing, Motor Skills, Learning & Behavior.” She lectures both locally and nationally on these topics and sits on the professional advisory committees of several nonprofit agencies.

Registration & Breakfast: 8:00-8:45
Conference: 8:45-5:00

Audience

This course is designed for families, direct supporters, behaviorists, case managers, nurses, occupational therapists, physical therapists, physicians, psychologists, speech-language pathologists, social workers, teachers, and other interested team members to aid in analyzing their treatment/support approaches and developing effective strategies.

Overnight Accommodations:

A block of rooms is reserved for this conference at a reduced rate at the Comfort Inn, Danvers (1 mile to course) for April 14th through April 16th., 2010. The room rate is \$65.00 plus tax for reservations booked through March 15, 2010. Please call the Comfort Inn for details: Comfort Inn, 50 Dayton Street, Danvers, MA 01923, 978-777-1700.

Questions prior to April 15th?
Contact Susan Weiner, at
(978) 774-5000 ext. 389 or susan.weiner@state.ma.us

THURSDAY 4/15/10 SCHEDULE

8:00-8:45 Registration/Continental Breakfast

8:45-9:00 Introduction

9:00-12:00 **The Big Picture:**

- The hierarchy of development
- Why we must look at the whole person

Sleep:

- Stages of sleep
- Impact on immune function
- Behavior and memory
- Physiological importance
- Sleep disturbances
- Sleep strategies

Stress:

- Types of stress
- Physiological significance
- Physical and emotional sources
- Influence on GI, immune function, language and arousal

Nutrition:

- Metabolism
- Nutritional deficiencies that impact motor planning, attention and language
- Relationship between nutrition and function of immune, endocrine and neurological systems
- Biochemistry of the cerebellum and lower brain centers that support development
- Nutritional guideline to enhance brain function

12:00-1:15 Lunch on Your Lap (included)

1:15-5:00 **Common Biochemical Disorders:**

- Neurotoxins – Research on the role of environmental toxins that impact processing
- Relationship between allergies, self-regulation and sensory processing disorders

A Biochemical Understanding of:

- Attention and arousal problems
- Behavior issues
- Learning disabilities
- Motor delays
- Language and auditory processing disorders

FRIDAY 4/16/10 SCHEDULE

8:00-8:45 Registration/Continental Breakfast

8:45-9:00 Introduction

9:00-12:00 **Activities:**

- The physiologic impact of therapeutic sound and touch – on development, self regulation, learning, communication and health.
- The power of movement: Physical, Physiological, Neurochemical
- The relationship between the visual vestibular system and development
- Relationship between tactile and visual maturity, impact on autism, language malfunction and sensory seeking behaviors
- The power of environment - Implementing programs in school and at home

12:00-1:15 Lunch on Your Lap (included)

1:15-5:00 **Assessment:**

- Gathering information and data
- Assessment tools
- Nutrition inventory
- The Developmental Profile
- Clinical observation
- Parent/Teacher interview
- Interpreting the data

Intervention:

- Prioritizing treatment
- Sharing the information
- Gaining compliance
- Celebrate success!

**THE WHOLE PERSON:
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CHILDREN AND ADULTS
APRIL 15 & 16, 2010**

COURSE REGISTRATION:

**NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME/CELL or WORK # _____

E-MAIL ADDRESS _____

**WORKPLACE _____

**PROFESSION _____

*****At the course you will receive a list containing the asterisked ** information of each participant.
Check this box if you **DO NOT** wish to be included on the participant list.***

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 Registration (received after 1/15/10).....\$169.00

Please indicate sandwich wrap choice for lunch each day:

Thursday: chicken caesar OR vegetarian

Friday: walnut/chicken/cranberry OR vegetarian

Enclosed is my check payable to: **Friends of Hathorne**

Please mail check and registration to: **Susan Weiner, Hogan Regional Center,
P.O. Box A - 450 Maple Street, Hathorne, MA 01937**

PLEASE NOTE: Refunds will be given prior to 3/15/10 with written notification minus a \$25 administration fee. No refunds after that date. We reserve the right to cancel due to inclement weather, illness of the speaker, or circumstances beyond our control.