Commonwealth of Massachusetts
Department of Public Health

Helping People Lead Healthy Lives In Healthy Communities

Prevention and Wellness Advisory Board
June 27, 2013

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Commissioner
Massachusetts Department of Public Health

Introductions

Who is on the Board and why?

What are the goals?

Conducting Business

- Open Meeting Law
- Remote Participation
- Conflict of Interest

Objectives for Today's Meeting

- Understanding the responsibilities of the Board
- Agreeing on the approach and guiding principles for awarding Trust funds
- Understanding the outcome measures that will be used to evaluate the Trust
- Discussing assignments and preparing for the next meeting

Responsibilities of the Board

- Consultation regarding the administration and allocation of Prevention and Wellness Trust Fund
- Developing guidelines for an annual progress review by grantees
- Reporting annually to the legislature on its strategy for administration and allocation of the fund
- Avoiding any conflict of interest or any appearance of a conflict

All expenditures should serve the following purposes:

- reduce rates of the most prevalent and preventable health conditions, including substance abuse;
- increase healthy behaviors;
- increase the adoption of workplace-based wellness or health management programs;
- address health disparities;
- further develop the evidence-base

- Introducing David Seltz
  - Executive Director, Health Policy Commission
- Background of Chapter 224
  - An Act Improving the Quality of Health Care and Reducing Costs Through Increased Transparency, Efficiency and Innovation
- Legislative Intent

How the Prevention Trust funds are allocated:

- $60 million in trust for 4 years
- No requirement for spending equal amounts annually
- At least 75% must be spent on grantee awards
- No more than 10% on worksite wellness programs
- No more than 15% on administration through MDPH

MGL Chapter 224, Section 60

Reviewing Grantee Progress:

- The department of public health shall, in consultation with the **PWAB** develop guidelines for an annual review of the progress being made by each grantee.
- DPH under the advice and guidance from **PWAB** shall annually report on its strategy for administration and allocation of the fund, including evaluation criteria.
- The details of what must be included in the annual report are also outlined in Section 60.

MGL Chapter 224, Section 60

The *Commission on Prevention and Wellness* is charged with evaluating the effectiveness of the program:

- For Communities and Worksites, outcomes will focus on:
  - Impact on the prevalence of preventable health conditions
  - Reduction in health care costs or the growth in health care cost trends
  - Who benefitted from the reduction

- Recommendations for continued funding of the Prevention and Wellness Trust Fund beyond 2016

MGL Chapter 224, Section 276

The Timeline

2013 Meeting Schedule

Developing the RFR

2013 Schedule

- Board will meet monthly through September
  - RFR to be released in August
- No meetings scheduled in October or November
  - Bidders Conference
  - Review and score applications
- Bi-monthly meetings beginning in December 2013
- Achieving deadlines will require
  - work between meetings
  - collaboration on the review of grant applications

Reaching Initial Consensus

Guiding Principles

Overview and Proposed Approach

Guiding Principles

- Use evidence-based interventions
- Target
  - Areas with high disease incidence and/or high healthcare costs
  - Risk factors and diseases that lead to significant costs savings
- Promote strong linkages between clinical settings and community resources
- Maximize the Return on Investment
- Promote sustainable changes

Guiding Principles

Was anything missed?

"Proposed" Vision

All Massachusetts residents live in communities that promote health and have seamless access to all community and clinical services needed to prevent and control chronic diseases.

Overview and Proposed Approach:

Key Issues for Discussion:

- Number of funded communities / areas
- Readiness to implement to interventions
  - Capacity Building Phase?
- Short and long-term impacts?
- Type and scope of interventions
  - All risk factors or just some

Preparing for the July 29th Meeting

Briefing Materials for Board

Key Questions

Orientation to Briefing Materials

Your briefing materials include:

- The agenda for today's meeting
- The Board and Trust Fund Responsibilities
- The proposed timeline of activities
- Guiding Principles / Vision and Overview
- Background information for RFR Development
- Data Briefs on Most Prevalent and Preventable Health Conditions

Questions to help guide your decision on priorities:

- What is it about this condition that suggests it should be a priority?
  - consider prevalence, cost estimates, measurable return on investment in the next 2 years, geography, disparities, etc.
- How/why does this condition distinguish itself from others?
- How strong is the evidence base of interventions for this condition?
- To what extent do you expect applicants will be able to effectively address this condition?
- To what degree do you expect interventions for this condition can be properly and conclusively evaluated?

By July 15, 2013, send responses to Tom Land at the address below:

Thomas.Land@state.ma.us

Next meeting of the Board:

Monday, July 29th, 1:00pm - 4:00 p.m.

Agenda items include:

- Reaching consensus on priorities
- Reviewing responses to Key Questions (due by July 15)
- Reviewing draft sections of the RFR