

# Some of My Friends Have Asthma



# ACKNOWLEDGEMENTS

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Deborah Scannell, the author of the scripted stories, is the Early Childhood Health Specialist, under this agreement.



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**Look at my friends run.**



**We like to chase each other and play tag.**

**Sometimes some of my friends have trouble breathing. They have asthma.**



**They say it's like an elephant standing on their chest.**



**When my friends have trouble breathing, I can help.**

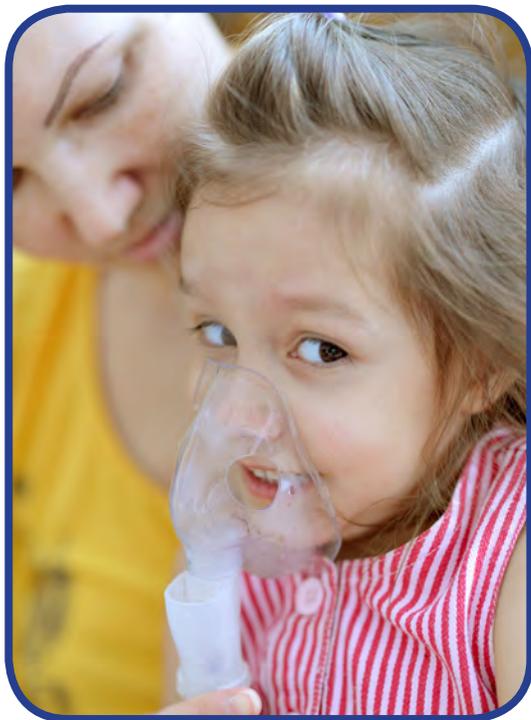
**I can go get an adult.**





**My friends have medicine to help them breathe.  
The doctor showed my friends and their parents  
how to use the medicine.**





**When my friends are at school,  
a teacher or school nurse  
will help my friends use their  
medicine to help them breathe.**



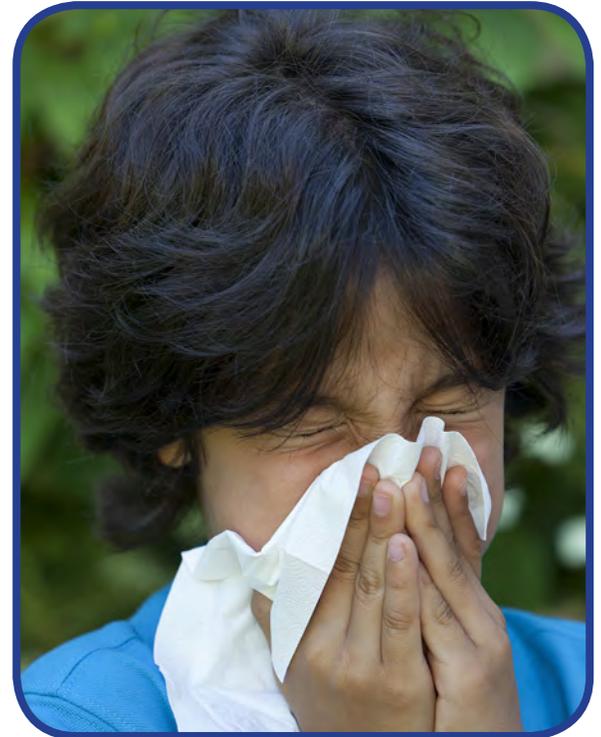


**In a short time, the medicine will work and then we can continue to play.**



**Sometimes I have trouble breathing when I have a cold. My nose is stuffy and I have to blow it often.**

**A cold is different from asthma.**





**My friends say I can't catch asthma from them.  
We have fun playing together.**