

Evaluation at the Recovery Centers

Last Updated July 10, 2013

How do you identify:

1. I consider myself (please check all that apply):

- a person with a history of alcohol or drug abuse/addiction
- a person with a history of problem or compulsive gambling
- a person with a history of mental illness
- a family member of someone with a history of substance abuse, gambling, or mental illness

2a. Do you consider yourself to be transgender?

- Yes
- No
- Refused

2b. If you answered Yes to Q. 2a, please specify:

- Male to Female
- Female to Male
- Other, specify _____

3. Do you consider yourself to be:

- Heterosexual /Straight
- Gay/Lesbian
- Bisexual
- Other, specify _____
- Refused

Economic & Housing Stability:

One sign people are moving toward a more grounded and stable place in their recovery relates to whether they have a way to support themselves financially and a safe place to live. This can look different for everyone depending on where they are in their recovery and what their personal goals are. Getting information about how you support yourself financially and your current housing status can help centers better understand and develop information, activities and supports that meet needs of the community.

4. What does your current employment or educational situation look like? (Please check all that apply to you.)

- Working full-time
 - Working part-time
 - Looking for work
 - Unemployed
 - Enrolled in GED program
 - Enrolled in a skills or certificate training program
 - Taking classes in a part-time or full-time college program
 - Other: _____
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5. Are you accessing any of the following supports? (Please check all that apply)

- Unemployment Benefits
 - Welfare / cash assistance
 - Food stamps
 - WIC – Women, Infants, and Children
 - TAFDC – Temporary Aid to Families with Dependent Children
 - Fuel Assistance Programs (to help pay utility bills)
 - Retirement/Pension
 - Child Support
 - Alimony
 - Social Security Insurance / Social Security Disability Insurance
 - Housing Assistance (for example: Section 8, rental assistance, housing voucher programs, etc.)
 - Veteran’s Benefits
 - Worker’s Compensation
 - Food pantry
 - Other (for example clothing pantry): _____
-
-

6. Do you have health insurance? (For example self-pay, through your work, or public options like MassHealth)

- Yes
- No

7. Which category best describes your current living situation? (Please check all that apply to you)

- Public Housing
- Sober Housing
- Residential Treatment/Halfway House
- Own a condo/house
- Veteran’s Shelter
- Safe House for Domestic Violence
- Living with Family/Friends
- Group Home
- Renting: Room/Apartment
- Short or Long-Term Housing Program
- Homeless Shelter
- Other: _____

8. Do you consider your current living situation to be safe?

- Yes
- No

9. Do you consider your current living situation to be supportive of your recovery?

- Yes
- No

Criminal Justice Involvement:

For many of us when we were using alcohol and/or drugs our actions and choices often led to criminal behavior and our involvement in the legal system. Part of recovery is trying to take responsibility for our past choices and change old behaviors, which includes learning to make safer and healthier choices for ourselves, others around us, and our local community. Knowing about this area helps the center plan for things like education about sealing a CORI, having a CORI and looking for jobs, looking for housing with a CORI, etc.

10. Have you ever been arrested?

- Yes
- No (If you checked “no” skip to question 12 below)

11. How long has it been since you were last arrested:

- 0 to 30 days ago
- 31 to 60 days ago
- 61 to 90 days ago
- more than 90 days ago

12. Have you ever been in jail/prison (for example a House of Correction, State Prison, etc.)?

- Yes
- No (If you checked “no” skip to question 12 below)

13. How long since you were released?

- 0 to 30 days ago
- 31 to 60 days ago
- 61 to 90 days ago
- more than 90 days ago

Use, Abstinence & Recovery Status:

For many people learning to live a life free of alcohol, drugs and tobacco, or free from gambling if you are recovering from problem gambling, is a central to their recovery. Having a desire to use alcohol or drugs less, or gamble less, can be a sign someone is making progress toward a healthier lifestyle. The questions below are designed to provide information on where people are at in their recovery process.

14. Do you have a history of substance abuse/addiction?

- Yes
- No (If you checked “no” please skip to question 16 below.)

15. Which best describes your current situation:

- I am using and do not currently plan to stop or cut down on my alcohol or drug use
- I am using but I’m thinking about cutting down or stopping my alcohol or drug use
- I am using less frequently or less in amount when I do use alcohol or drugs
- I am using but I’m seeking help for my problem with alcohol or drugs
- I am not using and I’m in recovery from my alcohol or drug use

16. How long has it been since you last used alcohol or drugs?

- Earlier today
- 1 to 30 days.
- 31 to 60 days.
- 61 to 90 days.
- 91 days to 6 months.
- 7 months to 1 year.
- 1 to 2 years.
- 3 to 5 years.
- more than 5 years.

17. When was the last time you were treated at an alcohol or drug related detox program?

- I've never been to a detox
- 0 to 30 days ago
- 31 to 60 days ago
- 61 to 90 days ago
- more than 90 days ago

18. Do you have a history of problem gambling?

- Yes
- No (If you checked "no" please skip to question 19 below)

19. Which best describes your current situation:

- I am gambling and do not plan to stop or cut down my gambling
- I am gambling but I'm thinking about cutting down or stopping my gambling
- I am gambling less frequently or less in amount when I do gamble
- I am gambling but I'm seeking help for my problem
- I am not gambling and I'm in recovery from my gambling problem

20. How long has it been since you last gambled?

- Earlier today
- 1 to 30 days.
- 31 to 60 days.
- 61 to 90 days.
- 91 days to 6 months.
- 7 months to 1 year.
- 1 to 2 years.
- 3 to 5 years.
- more than 5 years

21. Do you currently use tobacco?

- Yes
- No (If you checked "no" please skip to question 23 below)

22. Which best describes your current situation?

- I am using tobacco and do not plan to stop or cut down
- I am using tobacco, but I'm thinking about cutting down or stopping
- I am using less tobacco (smoking less, using dip less, etc.)
- I am using tobacco, but I'm trying to stop

23. When was the last time you were treated at an emergency room?

- I've never been treated at an emergency room
- 0 to 30 days ago
- 31 to 60 days ago
- 61 to 90 days ago
- more than 90 days ago

24. When was the last time you were treated at an inpatient psychiatric hospital?

- I've never been treated at an inpatient psychiatric hospital
- 0 to 30 days ago
- 31 to 60 days ago
- 61 to 90 days ago
- more than 90 days ago

Social Connectedness:

Social connectedness means creating satisfying and trusting relationships in recovery and feeling part of a community that supports your recovery and whose recovery you can also support (includes: friends, family, 12 step communities, faith-based communities, etc.). Since most people are not able to recover in isolation, learning to develop trusting relationships with others is a sign of moving toward a lifestyle that is supportive of individual recovery.

25. Do you feel more connected to the recovery community as a result of participating in the center?

- Yes
- No

26. Are you able to develop safe relationships that support your recovery at the center?

- Yes
- No

27. Since coming to the center, I feel more connected with:

(Please check all that apply)

- Members or Staff at the Recovery Support Center
- Other friends/supports outside the center
- Family members (however you define family)
- Members of 12 Step Fellowship
- Members of other Support Groups
- Members of Faith Based Communities
- Members of Social/Recreational/Civic groups or organization in the community

Other, please describe below:

None of the above

Meaningful Things to Do:

Having a sense of purpose, either through giving back to others/the community, or through participation in activities that are enriching spiritually, emotionally, recreationally or educationally is an important part of feeling centered in one's recovery. These questions ask how much the center helps with this in your life.

28. Do you find opportunities at the center to share your lived-experience to support others in recovery (giving back, mentoring, etc...)?

Yes

No

29. Do you volunteer at the center?

Yes

No

30. Do you find opportunities at the center to develop new skills or further develop existing skills?

Yes

No

31. Do you find opportunities at the center to share your skills/talents with others or the community?

Yes

No

32. Do you attend meetings or groups at the center that support your recovery?

Yes

No

33. Does the center present you opportunities to get involved in fun activities that are alcohol and drug free?

Yes

No

Center Participation:

Below are two questions about how often you attend and how long you have been involved in the center. We are asking these questions because we'd like to see what the relationship is between someone's recovery status and quality of life and his/her frequency of attendance or length of time at the center.

34. How often do you come to the center?

- Daily
- 3 to 5 times a week
- 1 or 2 times a week
- 2 to 3 times a month
- once a month
- not very often, just when I feel like dropping in

35. How long have you been coming to the center?

- Less than one month
- 1 to 3 months
- 4 months to 6 months
- 7 months to 1 year
- 1 to 2 years
- More than two years

36. Is there anything else you would like us to know about your experience at the center, for example resources, activities or supports you wish were offered at this center?

On behalf of the Massachusetts Department of Public Health, Bureau of Substance Abuse Services and the Recovery Support Centers thank you for taking the time to answer the above questions and helping us to better understand the effectiveness of the centers.