

Commonwealth of Massachusetts

Executive Office of Health and
Human Services



Chapter 257 of the Acts of 2008

DMH Day Services

Provider Information & Dialogue Session

June 7, 2016

Provider Session Agenda

- **Introductions**
- **Goals**
- **Chapter 257 Overview**
- **Progress to Date**
- **Possible Rate Structures**
- **Provider Discussion**
 - **Staffing Assumptions**
- **Model Rate Structure**
- **Survey**
- **Next Steps/Questions**

Goals for Provider Session

- Provide overview of Chapter 257 rate development process
- Understand the challenges to providing effective therapeutic day services
- Discuss costs considerations for rate development

Chapter 257 Overview

Chapter 257 of the Acts of 2008 Overview

- Regulates pricing for the Purchase of Service (POS) system.
- Places authority for determination of POS reimbursement rates with the Executive Office of Health and Human Services under MGL 118E.
- Public Consulting Group (PCG) provides consulting and staffing support for the development of Chapter 257 pricing.

Chapter 257 of the Acts of 2008 Requirements

- Reasonable costs incurred by efficiently and economically operated providers
- Reasonable costs to providers of any existing or new governmental mandates
- Changes in costs associated with the delivery of services (e.g. inflation)
- Substantial geographical differences in the costs of service delivery

Progress to Date

- Reviewed Provider UFR submissions
- Reviewed Provider budgets and contracts
- Researched possible rate structures
- Discussed desired core services
- Explored potential therapeutic day services program models

Possible Rate Structure

Accommodation Rate

Enrollee Rate

Hourly Rate

Add on Rate

Proposed Core Services

The following are the proposed core services for Therapeutic Day Services:

- Community-based recreational activities that provide varying levels of clinical support and structure, depending on the needs/goals of youth
- Milieu-based recreational activities that provide varying levels of clinical support and structure, depending on the needs/goals of youth
- Activities that promote and support peer leadership
- Interventions that provide youth with the opportunity to develop one-on-one and group interpersonal skills with peers and adults in community settings
- Interventions that assist in bridging between acute, educational and other out of home care settings.
- Interventions that promote youth independence, self-efficacy, and confidence
- Peer support, both youth and parent peers (depending on model/service)
- Promote youth linkages with supports, services, and extracurricular activities in their community
- Clinical support and consultation
- Care coordination (in certain Models)
- Assessment of youth's needs and preferences
- Transportation

Staffing Assumptions

The following are 4 staffing ratios for model budgets providing varying levels of intensity of services

Staffing Ratio - <u>Least Intensive (24 Youth)</u>	
Staff Category	FTEs
Management	1.10
Clinician	0.25
Direct Care	3.00
Support	0.25
4.60	

Staffing Ratio - <u>Second Intensive (12 Youth)</u>	
Staff Category	FTEs
Management	1.10
Clinician	0.50
Direct Care	3.00
Support	0.25
4.85	

Staffing Ratio - <u>Third Intensive (12 Youth)</u>	
Staff Category	FTEs
Management	1.10
Clinician	2.00
Direct Care	3.00
Support	0.25
6.35	

Staffing Ratio - <u>Most Intensive (8 Youth)</u>	
Staff Category	FTEs
Management	1.10
Clinician	1.00
Direct Care	1.50
Support	0.25
3.85	

Model 1 : Therapeutic Recreational Program

- A model designed for youth who can be successful in community activities with minimal clinical support and structure
- Ages served: 6 – 19 years old
- Location: Community-based
- Program Capacity: 24
- Service Specs: Structured recreational activities that include therapeutic supports and provide opportunities for developing interpersonal and leadership skills, independence, self-efficacy, and confidence

Model 1 - Therapeutic Recreation Program (24 Capacity)			
	Salary	FTE	Expense
Management		1.10	\$ -
Clinical		0.25	\$ -
Direct		3.00	\$ -
Support		0.25	\$ -
<i>Sub-Total Staff</i>		4.60	\$ -
Sub-Total Staff		4.60	\$ -
<i>Taxes and Fringe</i>			\$ -
Total Staffing Costs			\$ -
<i>Occupancy</i>			\$ -
<i>Program Supplies and Materials</i>			\$ -
<i>Client Personal Allowance</i>			\$ -
<i>Training</i>			\$ -
<i>Meals</i>			\$ -
<i>Staff Mileage</i>			\$ -
Total Reimbursable Exp. Excl. Admin.			\$ -
<i>Admin. Alloc. (M&G)</i>			\$ -
Annual Amount			\$ -
CAF			
Rate Per Month			\$ -

Mock Model Budget – Using Arbitrary Figures

This is for illustration purposes only

<i>Model I - Therapeutic Recreation Program (24 Capacity)</i>			
	Annual Salary	FTE	Expense
Management	\$ 200	1.10	\$ 220
Clinical	\$ 150	0.25	\$ 38
Direct	\$ 125	3.00	\$ 375
Support	\$ 75	0.25	\$ 19
Sub-Total Staff		4.60	\$ 651
Sub-Total Staff		4.60	\$ 651
Taxes and Fringe		10.00%	\$ 65
Total Staffing Costs			\$ 716
		<u>Per FTE</u>	
Occupancy		\$ 5.00	\$ 23
Program Supplies and Materials		\$ 2.75	\$ 13
Client Personal Allowance		\$ 1.00	\$ 5
Training		\$ 2.00	\$ 9
Meals		\$ 0.50	\$ 2
Staff Mileage		\$ 50.00	\$ 230
Total Reimbursable Exp. Excl. Admin.			\$ 998
Admin. Alloc. (M&G)		500.00%	\$ 4,991
Annual Amount			\$ 5,989
CAF		3.11%	\$ 6,175
Rate Per Month			\$ 514.58

Model 2 : Intensive Therapeutic Recreational Program

- A model designed for youth who can be successful in community activities with clinical support and structure
- Ages served: 6 – 19 years old
- Location: On-site and Community-based
- Program Capacity: 12
- Service Specs: Structured recreational activities that include therapeutic supports and provide opportunities for developing interpersonal and leadership skills, independence, self-efficacy, and confidence

<i>Model II - Intensive Therapeutic Recreation Program (12 Capacity)</i>			
	Salary	FTE	Expense
Management		1.10	\$ -
Clinical		0.50	\$ -
Direct		3.00	\$ -
Support		0.25	\$ -
Sub-Total Staff		4.85	\$ -
Sub-Total Staff		4.85	\$ -
Taxes and Fringe			\$ -
Total Staffing Costs			\$ -
Occupancy			\$ -
Program Supplies and Materials			\$ -
Client Personal Allowance			\$ -
Training			\$ -
Meals			\$ -
Staff Mileage			\$ -
Total Reimbursable Exp. Excl. Admin.			\$ -
Admin. Alloc. (M&G)			\$ -
Annual Amount			\$ -
CAF			
Rate Per Month			\$ -

Model 3 : Intensive Therapeutic After-School Program

- Clinically intensive, site-based service for youth who need structured therapeutic after-school activities
- Ages served: 6 – 19 years old
- Location: Site-based
- Program Capacity: 12
- Service Specs:
Structured recreational activities primarily on-site that include therapeutic supports and care coordination; provide opportunities to develop interpersonal and leadership skills, independence, self-efficacy, and confidence; and activities in the community as possible

<i>Model III - Intensive Therapeutic After-School Program (12 Capacity)</i>			
	Salary	FTE	Expense
Management		1.10	\$ -
Clinical		2.00	\$ -
Direct		3.00	\$ -
Support		0.25	\$ -
Sub-Total Staff		6.35	\$ -
Sub-Total Staff		6.35	\$ -
Taxes and Fringe			\$ -
Total Staffing Costs			\$ -
Occupancy			\$ -
Program Supplies and Materials			\$ -
Client Personal Allowance			\$ -
Training			\$ -
Meals			\$ -
Staff Mileage			\$ -
Total Reimbursable Exp. Excl. Admin.			\$ -
Admin. Alloc. (M&G)			\$ -
Annual Amount			\$ -
CAF			
Rate Per Month			\$ -

Model 4 : Intensive Therapeutic Day Services

- A highly clinically intensive therapeutic service that supports transition to school or diversion from a higher level of care
- Ages served: adolescent – 19 years old
- Location: Site-based
- Program Capacity: 8
- Service Specs: Intensive group work, 1:1 clinical interventions and family work

<i>Model IV - Intensive Therapeutic Day Service (8 Capacity)</i>			
	Salary	FTE	Expense
Management		1.10	\$ -
Clinical		1.00	\$ -
Direct		1.50	\$ -
Support		0.25	\$ -
Sub-Total Staff		3.85	\$ -
Sub-Total Staff		3.85	\$ -
Taxes and Fringe			\$ -
Total Staffing Costs			\$ -
Occupancy			\$ -
Program Supplies and Materials			\$ -
Client Personal Allowance			\$ -
Training			\$ -
Meals			\$ -
Staff Mileage			\$ -
Total Reimbursable Exp. Excl. Admin.			\$ -
Admin. Alloc. (M&G)			\$ -
Annual Amount			\$ -
CAF			
Rate Per Month			\$ -

Provider Engagement Survey

- Occupancy
 - Understanding the variations in occupancy costs (i.e. Square footage of program space, location, facility type – co-located or stand-alone, other differentiating factors.
- Client Personal Allowances
 - To gain a sense of the different types of client expenses incurred by programs and how these expenses are funded.
- Peer Support (Youth or Parent with “lived” experience)
 - The goal is to build Peer Support into the models. Feedback from providers on peer support is desired. May or may not be a survey question.
- **Transportation**

Next Steps

- Disseminate Survey – Target Date for provider receipt: June 17, 2016

Target date for return to PCG/EHS: June 27, 2016

- Discuss provider feedback internally
- Propose rates via a draft regulation
- Conduct public hearing
- Review testimony, revise rates as needed, and finalize rates

The meeting presentation will be posted on Chapter 257 website:
www.mass.gov/eohhs/provider/contracting/chap257/meetings-and-events

Comments and questions regarding Chapter 257 process can be sent to: EOHHSprovidersurvey@pcgus.com