



Department of Fire Services
Massachusetts Firefighting Academy

INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT & GROUP CRISIS INTERVENTION (GRIN)

March 14-16, 2016

Course Number:
200-000-680-2016-SP-A

Location:
Hopkinton Police Dept.
74 Main Street
Hopkinton, MA 01748

Time:
08:00-18:00

Notes:
This is a "Priority Selection"
course which is not first
come-first serve.

Priority Selection Date:
February 16, 2016

- Psychological Crisis and Psychological Crisis Intervention
- Resistance, Resiliency, Recover Continuum
- Critical Incident Stress Management
- Evidence-Based Practice
- Basic Crisis Communication Techniques
- Common Psychological and Behavioral Crisis Reactions
- Putative and Empirically-Derived Mechanisms
- SAFER-Revised Model
- Suicide Intervention
- Risk of Iatrogenic Harm
- Relevant Research Findings
- Relevant Recommendations for Practice
- Incident Assessment
- Strategic Intervention Planning
- Large Group Crisis Intervention
- Small Group Crisis Intervention
- Adverse Outcome Associated with Crisis Intervention
- Reducing Risks
- Critical Incident Stress Debriefing (CISD)

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid." This first part of the program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.



Registration –

Register **online** at [List of Current MFA Courses](#) To register by mail or fax, please complete a standard [DFS/MFA student application](#) and mail to: Registrar, Massachusetts Firefighting Academy, P.O. Box 1025, State Road, Stow, MA 01775 or fax it to: (978) 567-3229.