



Department of Fire Services  
Massachusetts Firefighting Academy

## SUICIDE PREVENTION, INTERVENTION, AND POSTVENTION

June 29 & 30, 2016

Course Number:  
200-000-659-2016-SP-B

Location:  
AMR - Springfield  
595 Cottage Street  
Springfield, MA 01104

Time:  
0800-1700

**Notes:**  
This is a "Priority Selection"  
course which is not first  
come-first serve.

**Priority Selection Date:**  
June 15, 2016

- Common myths about suicide
- Risk factors for suicidal behavior
- Frequent motivations for suicide
- Problem solving methods
- Effective intervention strategies
- Elements of effective postvention
- Elements of survivor grief
- Community referral resources
- Feelings and reactions of suicide survivors

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many of crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention, and postvention. Small group role-plays will allow participants to apply the suggested techniques as they are learned.

This course is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of Emergency Services including Fire, Police, EMS, Search & Rescue, Business & Industry Crisis Intervention, Disaster Response, Education, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress may all benefit.

Completion of "*Suicide Prevention, Intervention, and Postvention*" and receipt of certificate indicating full attendance (14 contact hours) qualifies as a class in the ICISF's *Certificate of Specialized Training Program*.



### **Registration – JAL**

Register **online** at [List of Current MFA Courses](#) To register by mail or fax, please complete a standard [DFS/MFA student application](#) and mail to: Registrar, Massachusetts Firefighting Academy, P.O. Box 1025, State Road, Stow, MA 01775 or fax it to: (978) 567-3229.