



October 11-13, 2016

**Course Number:**

200-000-680-2016-FA-A

**Location:**

Sturbridge Host Hotel &  
Conference Center 366  
Main St  
Sturbridge, MA 01566

**Time:**

0800-1800

**Notes:**

This is a "Priority Selection"  
course which is not first  
come-first serve.

**Priority Selection Date:**

September 27, 2016

## INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT & GROUP CRISIS INTERVENTION (GRIN)

- Psychological Crisis and Psychological Crisis Intervention
- Resistance, Resiliency, Recover Continuum
- Critical Incident Stress Management
- Evidence-Based Practice
- Basic Crisis Communication Techniques
- Common Psychological and Behavioral Crisis Reactions
- Putative and Empirically-Derived Mechanisms
- SAFER-Revised Model
- Suicide Intervention
- Risk of Iatrogenic Harm
- Relevant Research Findings
- Relevant Recommendations for Practice
- Incident Assessment
- Strategic Intervention Planning
- Large Group Crisis Intervention
- Small Group Crisis Intervention
- Adverse Outcome Associated with Crisis Intervention
- Reducing Risks
- Critical Incident Stress Debriefing (CISD)

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid." This first part of the program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.



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### **Registration**

Register **online** at [List of Current MFA Courses](#). To register by mail or fax, please complete a standard [DFS/MFA Student Application](#) and mail to: Registrar, Massachusetts Firefighting Academy, P.O. Box 1025, State Road, Stow, MA 01775 or fax it to: (978) 567-3229. To register by email, please scan and email applications to [mfa.registration@state.ma.us](mailto:mfa.registration@state.ma.us).