

SENATE NO. 328

AN ACT TO ESTABLISH SCHOOL NUTRITION EDUCATION CLASSES.

*Be it enacted by the Senate and House of Representatives in General Court assembled,
And by the authority of the same, as follows:*

1 SECTION 1. Chapter 71 of the General Laws is hereby added by inserting after section 2B
2 the following section:-

3 Section 2C. All students attending public schools shall be required from grades 1 to 9,
4 inclusive, attend a weekly class dedicated to nutrition education and physical fitness guidelines. The
5 class shall include, but not be limited to, instruction on: fat content awareness, cholesterol count,
6 carbohydrate measurements, healthy eating guidelines, organic foods awareness, kosher food benefits,
7 the health benefits of balanced nutrition, 3 meals a day, dietary fiber and general nutritional health
8 guidelines, as well as the dangers of cigarettes and alcohol and fast food fat establishments. Nutrition
9 classes shall meet for not less than 45 minutes per week in the school calendar year.

10 SECTION 2. This Act shall take effect upon its passage.