

OSHA 10 Hour Outreach Training

Presented by:

The Massachusetts Division of Occupational Safety
On-Site Consultation Program

Two-Day 10-hour Training Course in Construction Safety and Health
Complete Attendance Mandatory for OSHA Card

Tuesday May 5, 2009 12:30 pm– 6:00 pm.

Tuesday May 19, 2009 12:30 pm– 6:00 pm.

(no refreshments served - feel free to bring your own)

Porter & Chester Institute
129 Flanders Road
Westborough, MA 01581



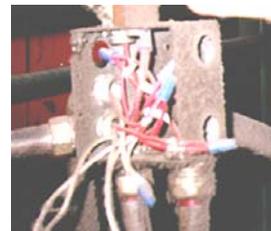
Directions: From the Mass Pike, Rt 495 North to Rt 9 West to first exit Computer Dr/Research Dr. At end of ramp take a left. This road goes back over route 9. Go straight thru traffic light (next to Piccadilly Pub). Institute is 1.5 miles on right.

The Massachusetts Division of Occupational Safety – Consultation Program is offering a *free* training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.

Registration: Please complete a **LEGIBLE** registration form below for each registrant and *email to Jean Manoli at jean.manoli@state.ma.us or fax form to 617-244-2705. Lastly, if no other alternative, via phone at 617-969-7177 x336:*

Please leave name, address and phone number.

Space is limited to 50. Unless informed otherwise, your registration will be honored. You **cannot** register at the training site. First come first served. Registration ends May 1, 2009.



Topics will include:

Introduction to OSHA with Four High Hazards
Electrical Safety **Trench and Excavation Safety**
Fall Protection **Personnel Protective Equipment (PPE)**
Scaffolds **Health Hazards in Construction**
Ladders and Stairways **Hand and Power Tools**
Fire Safety

Questions?

Call Jean Manoli or Kathy Flannery at 617-969-7177

May 2009 Westboro OSHA 10-Hour Training Course

Name _____ Street Address _____

Company Name _____ City _____ State, _____ Zip Code _____

Phone _____ Fax _____

Return this registration form to: Attention: Jean Manoli, MA DOS
jean.manoli@state.ma.us 1001 Watertown Street, West Newton, MA 02465
or fax your registration form to 617-244-2705