

# OSHA 10 Hour Outreach Training

*Presented by:*

The Massachusetts Division of Occupational Safety  
On-Site Consultation Program  
Hosted by: Curry College

**Two-Day 10-hour Training Course in Construction Safety and Health**  
**Complete Attendance Mandatory for OSHA Card**

**Monday, January 11, 2010 9:00 a.m. – 2:45 p.m.**

**Wednesday, January 13, 2010 9:00 a.m. – 2:45 p.m.**

(no refreshments served - feel free to bring your own; cafeteria available)

Curry College  
1071 Blue Hill Avenue (Rt 138)  
Milton, MA 02186

College closings due to weather, etc: Please call **Emergency Closing Hotline: 617-333-2075** (snow day Jan 15)



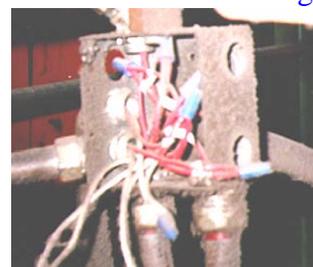
**From Route 93 (South of Boston):**

Take exit 2B onto Route 138 North (Blue Hill Avenue). Proceed north on Route 138 for 2 1/2 miles (through three traffic lights). The College entrance is on the left. The class will be held in **Room 120** in the **Academic and Performance Center (AAPC)**. Take 1<sup>st</sup> right upon entering campus. Proceed straight thru 1 major intersection. AAPC will be at end on right.

The Massachusetts Division of Occupational Safety – Consultation Program is offering a **free** training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.

Registration: Please complete a **legible** registration form below for each registrant and mail, email or fax to Susan Humphreys.

Space is limited. **Unless informed otherwise, your registration will be honored.** You cannot register at the training site. First come first served. Registration ends January 6, 2010.



Topics will include:

<b>Introduction to OSHA with Four High Hazards (2 hrs)</b>	<b>Personnel Protective Equipment</b>
<b>Electrical Safety</b>	<b>Health Hazards in Construction</b>
<b>Fall Protection</b>	<b>Hand and Power Tools</b>
<b>Scaffolds</b>	<b>Ladders and Stairways</b>
<b>Trench/Excavation Safety</b>	

**Questions?**

Call Jean Manoli or Kathy Flannery at 617-969-7177

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## January 2010 Milton OSHA 10-Hour Training Course

Name \_\_\_\_\_ Street Address \_\_\_\_\_

Company Name \_\_\_\_\_ City \_\_\_\_\_ State, \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ email address \_\_\_\_\_

**Return this registration form to:**

Susan Humphreys  
MA Division of Occupational Safety  
1001 Watertown Street, 2<sup>nd</sup> Floor  
West Newton, MA 02465  
Email: [susan.humphreys@state.ma.us](mailto:susan.humphreys@state.ma.us)  
Fax: 617-244-2705 Phone: 617-969-7177 x328