

# OSHA 10 Hour Construction Outreach Training

*Presented by:*

The Massachusetts Department of Labor Standards  
On-Site Consultation Program

**Hosted by: Concord Lumber Corporation**

## **Two-Day 10-hour Training Course in Construction Safety and Health**

**Complete Attendance Mandatory for OSHA Card**

**Monday, November 14, 2011 8:30 a.m. – 2:30 p.m.**

**Tuesday November 15, 2011 8:30 a.m. – 2:30 p.m.**

(light refreshments and lunch provided courtesy of Concord Lumber)

Forester Millwork  
2 Omega Way  
Littleton, MA 01460



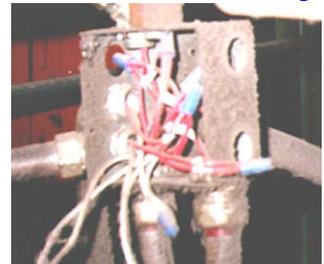
### **Directions:**

From Route 2 East – take Exit 41 and take a right off the exit. From Route 2 West – take Exit 41 and take a left off the exit. Travel about 2 miles. Omega Way will be on your right. Follow Omega Way to the end and Forester Millwork will be right in front of you. 978-486-0761

The Massachusetts Department of Labor Standards – Consultation Program is offering a *free* training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.

Registration: Please complete a **legible** registration form below for each registrant and mail, email or fax to Susan Humphreys.

Space is limited. **Unless informed otherwise, your registration will be honored.** You cannot register at the training site. First come first served. Registration ends November 11, 2011.



Topics will include:

**Introduction to OSHA**

**Electrical Safety**

**Fall Protection**

**Scaffolds**

**Trench/Excavation Safety**

**Fire Safety**

**Personnel Protective Equipment**

**Health Hazards in Construction**

**Hand and Power Tools**

**Ladders and Stairways**

**Questions?**

Call Jean Manoli or Kathy

Flannery at 617-969-7177

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### **November 2011 Littleton OSHA 10-Hour Training Course**

Name	
Home Address	Company Name
Phone	Company Address
Email	

**Return this registration form to:**

Susan Humphreys  
MA Department of Labor Standards  
1001 Watertown Street  
West Newton, MA 02465  
Email: susan.humphreys@state.ma.us  
Fax: (617) 244-2705 Phone: 617-969-7177 x300