

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2008 - June 30, 2008
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Fallon Community Health Plan, Inc.					
Major Depression	132	1.61	1,055	12.83	7.99
Attention Deficit Hyperactivity Disorder	4	0.05	45	0.55	11.25
Eating Disorders	4	0.05	39	0.47	9.75
Chemical Dependency	57	0.69	258	3.14	4.53
Other Mental Health	356	4.33	5,602	68.13	15.74
Total Inpatient Behavioral Health Utilization	553	6.73	6,999	85.11	12.66
Harvard Pilgrim Health Care, Inc.					
Major Depression	250	1.37	2,150	11.78	8.60
Attention Deficit Hyperactivity Disorder	8	0.04	97	0.53	12.13
Eating Disorders	17	0.09	394	2.16	23.18
Chemical Dependency	356	1.95	1,597	8.75	4.49
Other Mental Health	576	3.16	5,694	31.19	9.89
Total Inpatient Behavioral Health Utilization	1,207	6.61	9,932	54.41	8.23
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	518	1.20	4,636	10.70	8.95
Attention Deficit Hyperactivity Disorder	18	0.04	167	0.39	9.28
Eating Disorders	56	0.13	920	2.12	16.43
Chemical Dependency	1,285	2.96	6,709	15.48	5.22
Other Mental Health	1,256	2.90	12,481	28.80	9.94
Total Inpatient Behavioral Health Utilization	3,133	7.23	24,913	57.48	7.95
Neighborhood Health Plan, Inc.					
Major Depression	215	2.41	1,713	19.18	7.97
Attention Deficit Hyperactivity Disorder	19	0.21	191	2.14	10.05
Eating Disorders	6	0.07	27	0.30	4.50
Chemical Dependency	48	0.54	263	2.94	5.48
Other Mental Health	654	7.32	5,341	59.80	8.17
Total Inpatient Behavioral Health Utilization	942	10.55	7,535	84.37	8.00
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	236	1.39	2,330	13.77	9.87
Attention Deficit Hyperactivity Disorder	3	0.02	42	0.25	14.00
Eating Disorders	15	0.09	152	0.90	10.13
Chemical Dependency	407	2.41	1,585	9.37	3.89
Other Mental Health	542	3.20	5,255	31.06	9.70
Total Inpatient Behavioral Health Utilization	1,203	7.11	9,364	55.35	7.78

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	5	1.80	33	11.91	6.60
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	1	0.36	17	6.13	17.00
Chemical Dependency	8	2.89	42	15.15	5.25
Other Mental Health	6	2.16	74	26.70	12.33
Total Inpatient Behavioral Health Utilization	20	7.22	166	59.90	8.30
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	11	7.49	26	17.70	2.36
Other Mental Health	4	2.72	15	10.21	3.75
Total Inpatient Behavioral Health Utilization	15	10.21	41	27.91	2.73
ConnectiCare of Massachusetts, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	1	0.28	1	0.28	1.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	4	1.13	6	1.70	1.50
Other Mental Health	3	0.85	3	0.85	1.00
Total Inpatient Behavioral Health Utilization	8	2.27	10	2.83	1.25
Health New England, Inc.					
Major Depression	51	1.50	443	13.00	8.69
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	4	0.12	28	0.82	7.00
Chemical Dependency	91	2.67	529	15.52	5.81
Other Mental Health	95	2.79	946	27.76	9.96
Total Inpatient Behavioral Health Utilization	241	7.07	1,946	57.10	8.07
UnitedHealthcare of New England, Inc.					
Major Depression	2	0.34	21	3.58	10.50
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	0	0.00	0	0.00	0.00
Other Mental Health	9	1.53	36	6.14	4.00
Total Inpatient Behavioral Health Utilization	11	1.88	57	9.72	5.18