
Massachusetts Births 2001

Mitt Romney, Governor
Ronald Preston, Secretary of Health and Human Services
Christine C. Ferguson, Commissioner, Department of Public Health
Deborah Klein Walker, Associate Commissioner for Programs and Prevention

Massachusetts Department of Public Health

April 2003

Acknowledgments

This report was prepared by Christine Judge, Jayne West, Bruce B. Cohen, Malena Orejuela, Susan Keyes, and Phyllis Brawarsky of the Division of Research and Epidemiology, Bureau of Health Statistics, Research and Evaluation.

Special thanks go to: Daniel J. Friedman, Assistant Commissioner, Bureau of Health Statistics, Research and Evaluation; Stanley Nyberg, Registrar, Vital Records and Statistics; Zi Zhang, Director, Health Survey Program, Bureau of Health Statistics, Research and Evaluation; Charlene Zion, Jane Purtill, Paul Budrow, Pauline McNulty, and Karin Barrett, Registry of Vital Records and Statistics; Marlene Anderka, Saul Franklin, and Jamie Wilkins, MassCHIP; and Angela Nannini, Bureau of Family and Community Health, Division of Primary Care and Health Access. Additional review was provided by Saul Franklin, Jan Mermin, Nancy Wilber, and Stan Nyberg. Support was also provided by Paulette DiMartino, Howard Wong, Joao DaCosta, Ben Jackson, and Genesis Tan. This booklet was produced by David Thompson and Ken Lameires of the Copy Center, Central Services Division.

Data in this report have been collected through the efforts of the Registry of Vital Records and Statistics staff, including: Robert Coffin, June Deloney, Haile Gebreegziabher, Alan Goldin, Annie B. Hobbs, Charles Lascaibar, Judy Y. Lim, Maureen McKean, Robert McMahan, Felicia Mohammed, Venita Morabito, AnnMarie Neault, Denise O'Gara, Waleska Ortiz, Mary Risser, Phyllis Rotman, Mary Lou Rossetti, and Ian Skolnik. Thanks also go to the members of the Division of Data Processing who helped prepare computer files.

To obtain additional copies of this report, contact:

Massachusetts Department of Public Health
Bureau of Health Statistics, Research and Evaluation
250 Washington Street
Boston, MA 02108
(617) 624-5600

This and other Department of Public Health publications and materials can be downloaded from the Internet at:

<http://www.state.ma.us/dph/pubstats.htm>

To obtain more information on births in Massachusetts and other Department of Public Health data, register for:

the Department's free, Internet-based public health information service, MassCHIP, via the website at:

<http://masschip.state.ma.us>

or call 1-888-MASCHIP (MA only) or (617) 624-5541.

Table of Contents

Massachusetts Births 2001

Page

Executive Summary

Chapter 1: Birth Characteristics

18	Table 1.	Trends in Birth Characteristics, 1980, 1985, 1990-2001
19	Table 2A.	Birth Characteristics by Maternal Race and Hispanic Ethnicity, 2001
20	Table 2B.	Birth Characteristics by Maternal Ancestry, 2001
21	Table 3A.	Resident Birth Characteristics, 30 Largest Municipalities, 2001
23	Table 3B.	Resident Birth Characteristics, Community Health Network Areas, 2001
25	Table 4.	Age-Specific and Crude Birth Rates, 1990 and 2001
26	Figure 1.	Trends in the Number of Births by Mother's Age Group, 1980-2001
27	Figure 2.	Percent of Mothers Breastfeeding or Intending to Breastfeed by Age Group, 2001
28	Figure 3.	Smoking Prevalence During Pregnancy by Mother's Education and Race/ Hispanic Ethnicity, 2001
29	Figure 4.	The Distribution of Smoking Status During Pregnancy by Smoking Status Prior to Pregnancy, 2001
30	Table 5.	Parity by Age of Mother, 2001
31	Table 6.	Trends in Number and Percentage Distribution of Births by Plurality and Age, 1990-2001
32	Table 7.	Selected Birth Characteristics by Maternal Education, 2001
33	Table 8.	Comparison of Massachusetts Perinatal Health Indicators to Healthy People 2010 Objectives

Chapter 2: Teen Birth Characteristics ***** NEW *****

40	Table 9.	Summary of Selected Teen Birth Characteristics, 2001
41	Figure 5.	Comparison of Teen vs. Adult Births, Selected Characteristics, 2001
42	Figure 6.	Trend in Birth Rates among Women Ages 15-19, Massachusetts and the United States: 1985-2001
43	Figure 7.	Birth Rates among Women Ages 15-19 by Race/Hispanic Ethnicity, 1990 and 2001
44	Table 10.	Resident Teen Birth Characteristics, 30 Largest Municipalities, 2001
46	Table 11.	Trends in Teen Birth Rates for Selected Communities, 2001, 2000, and 1991

Chapter 3: Infant and Maternal Mortality

51	Table 12A.	Trends in Infant, Neonatal, and Post Neonatal Mortality by Race, 1980-2001
54	Table 12B.	Trends in Infant, Neonatal, and Post Neonatal Mortality by Race and Hispanic Ethnicity, 1990-2001
56	Figure 8.	Infant Mortality Rates and 95% Confidence Intervals by Race, 1980-2001
57	Figure 9.	Infant Mortality Rates, 1842-2001
58	Figure 10.	Trends in the Timing of Infant Deaths, 1990-2001
59	Figure 11.	Trends in Pregnancy-Associated and Maternal Mortality, 1990-2001

Chapter 4: Birthweight and Gestational Age

65	Table 13.	Births by Birthweight, Race and Hispanic Ethnicity, 2001
66	Figure 12.	Low Birthweight among Smoking and Nonsmoking Mothers by Race and Hispanic Ethnicity, 2001
67	Table 14.	Low Birthweight by Maternal Age, Race and Hispanic Ethnicity, 2001
68	Table 15.	Low Birthweight by Plurality, Massachusetts: 1990-2001
69	Table 16.	Births by Gestational Age, Race and Hispanic Ethnicity, 2001

Chapter 5: Adequacy of Prenatal Care

76	Figure 13.	Trends in Adequacy of Prenatal Care by Race and Hispanic Ethnicity, 1996-2001
77	Table 17.	Low Birthweight by Level of Prenatal Care, Race and Hispanic Ethnicity, 2001
78	Figure 14.	Adequacy of Prenatal Care for Selected Population Characteristics, 2001
79	Table 18.	Adequacy of Prenatal Care by Selected Maternal and Infant Characteristics, 2001
80	Table 19.	Adequacy of Prenatal Care <u>Initiation</u> by Selected Maternal and Infant Characteristics, 2001
81	Table 20.	Adequacy of Prenatal Care <u>Visits</u> by Selected Maternal and Infant Characteristics, 2001

Chapter 6: Prenatal Care Source of Payment

86	Figure 15.	Distribution of Prenatal Care Payment Source, 2001
87	Table 21.	Birth Characteristics by Prenatal Care Payment Source, Race, and Hispanic Ethnicity, 2001

Chapter 7: Cesarean Section Deliveries by Hospital

93	Table 22.	Cesarean Section Deliveries and Vaginal Births after Cesarean Section (VBACs) by Licensed Maternity Facility, All Births, 2001
95	Table 23.	Cesarean Section Deliveries for Singleton Births by Licensed Maternity Facility and Number of Previous Births, 2001

Chapter 8: Births by Hospital and Community

100	Table 24.	Birth Characteristics by Licensed Maternity Facility, 2001
102	Table 25A.	Birth Characteristics by Massachusetts Municipalities, 2001
110	Table 25B.	Birth Characteristics by County, 2001
111	Table 25C.	Birth Characteristics by Community Health Network Areas, 2001

Appendix

115	Technical Notes
119	Confidence Intervals and Infant Mortality Rates
121	Definition of Rates
124	2000 Population Estimates for Cities, Towns, Counties, and Community Health Network Areas
128	Glossary
133	Massachusetts Sample Birth Certificate
135	<i>Massachusetts Births 2001</i> Evaluation Form

EXECUTIVE SUMMARY

2001 Highlights: Trends

- **The teen birth rate continues its steady decline of the last ten years.** In 2001, the teen birth rate was 24.3 births per 1,000 females ages 15-19, compared to 25.8 in 2000. The teen birth rate has declined 31% since 1990.
- **The infant mortality rate increased from 2000 to 2001, from an all-time low of 4.6 infant deaths per 1,000 live births in 2000 to 5.0 in 2001.** This increase was not statistically significant. Despite the increase between 2000 and 2001, the overall trend of decreasing infant mortality remains stable in Massachusetts. The infant mortality rate has decreased by 29% since 1990.
- **Cesarean section delivery rates continue to increase in Massachusetts.** In 2001, 25.6% of all births to Massachusetts residents were delivered by c-section. This is an 8% increase from the 2000 c-section rate. Since 1997, c-section rates have increased by an average of 7% per year.
- **The percentage of women smoking during pregnancy decreased** from 9.7% in 2000 to 9.1% in 2001. The rate of smoking during pregnancy has decreased 53% since 1990 (19.3%).
- **The ten-year trend of increasing numbers of multiple births continues.** The percentage of multiple births increased slightly from 4.3% of births in 2000 to 4.4% in 2001. The percentage of multiple births in Massachusetts has increased 69% since 1990 (2.6%).

Number and Rate of Births

The number of births to Massachusetts residents declined by about 1% between 2000 and 2001, from 81,582 to 81,014. Since 1990, the number of births in Massachusetts has declined by 12%, and the birth rate among women of reproductive age has declined by 9% (from 62.1 to 56.8 births per 1,000 females ages 15-44).

Infant Mortality

The infant mortality rate (IMR) in 2001 was 5.0 infant deaths per 1,000 births, compared with 4.6 in 2000. The infant mortality rate has decreased 29% since 1990. There were a total of 407 infant deaths in 2001, compared with 377 in 2000.

The IMR decreased among black non-Hispanics (12.8 to 12.1), but increased for Hispanics (5.2 to 7.3) and white non-Hispanics (3.8 to 4.1) from 2000 to 2001. The IMR for Asians decreased from 4.1 to 3.1. Note: the IMR for Asians should be interpreted with caution due to the small number of infant deaths involved.

Pregnancy-Associated Mortality

In 2001, 21 pregnancy-associated deaths, including 4 maternal deaths, occurred in Massachusetts. The pregnancy-associated mortality ratio (PAMR) was 25.5 pregnancy-associated deaths per 100,000 live births occurring in Massachusetts, and the maternal mortality ratio (MMR) was 4.9 maternal deaths per 100,000 live births occurring in Massachusetts. Although there was some fluctuation in the PAMR and the MMR between 1990 and 2001, the differences are not statistically significant due to the small number of occurrences.

(Note: A "Pregnancy-associated death" is the death of a woman while pregnant or within one year of termination of pregnancy, irrespective of the cause of death. A "maternal death" is the death of a woman while pregnant or within 42 days of pregnancy, the cause of which is related to the pregnancy or its management. See Glossary for detailed definitions.)

Teen Births

Teen births decreased between 2000 and 2001, from a total of 5,305 births to females ages 15-19 to 4,979 births. The rate in 2001 was 24.3 births per 1,000 females ages 15-19, a 6% decrease from the 2000 rate of 25.8. The teen birth rate in Massachusetts has declined by 31% since 1990.

The low birthweight percentage among births to teen mothers (ages 15-19) was 9.8% in 2001, compared with 7.0% among births to mothers ages 20 and older in 2001.

Among Massachusetts municipalities in 2001, **teen birth rates were highest in Lawrence (95.2 per 1,000 females ages 15-19)**, Holyoke (87.9), Chelsea (80.8), Southbridge (77.3), and Springfield (71.4).

Low Birthweight

The percentage of low birthweight infants (LBW; weighing less than 5.5 pounds) increased to 7.2% in 2001 (from 7.1% in 1999 and 2000). Since 1990, the percentage of low birthweight infants has increased by 24%, from 5.8% in 1990 to 7.2% in 2001.

Between 2000 and 2001, the percentage of low birthweight infants increased slightly for white non-Hispanics (6.4% to 6.6%), decreased by 7% for black non-Hispanics (12.0% to 11.2%), and remained the same for Hispanics (8.2%) and Asians (7.3%).

Between 2000 and 2001, the percentage of low birthweight births remained the same (5.1%) among singletons, decreased slightly among twins (50.0% to 49.2%), and increased slightly among triplet and higher order births (92.5% to 93.3%). For the second year in a row, LBW decreased slightly among all multiple births (53.0% to 52.0%), after a four-year trend in increasing rate of LBW among multiples. Very low birthweight (VLBW; infants weighing less than 3.3 pounds) remained stable between 2000 and 2001 (1.4%). For the second year in a row, Black non-Hispanic infants, who have the highest percentage of VLBW, experienced a small decrease in VLBW, from 3.6% in 1999 to 3.4% in 2000 to 3.2% in 2001.

Preterm Deliveries

The percentage of preterm infants (delivered before the 37th week of gestation) decreased from 8.3% in 2000 to 8.0% in 2001. Preterm rates decreased for all race and Hispanic ethnicity groups, but decreases were greatest for Asians (a 15% decrease; from 7.4% to 6.3%) and black non-Hispanics (a 5% decrease; from 12.7% to 12.1%).

The percentage of infants delivered very early (before the 28th week of gestation) remained the same in 2001 as in 2000 (0.6%). As in 2000, the percentage of infants delivered before 28 weeks of gestation among black non-Hispanics in 2001 (2.0%) was more than double that of any other group.

Births by Race, Hispanic Ethnicity, and Mother's Birthplace

Continuing the trend of the past 20 years, the percentage of births to white mothers decreased slightly, while the **percentage of births to other race/ethnicity groups increased.** In 2001, 73.0% of births were white non-Hispanic, 11.6% Hispanic, 7.2% black non-Hispanic, 5.9% Asian, 2.1% were other races, and 0.2% were of unknown race.

The percentage of births to non-U.S.-born mothers increased 6% between 2000 and 2001 – from 20.9% to 22.1%. **In 2001, more than 1 of every 5 births to Massachusetts residents was to a mother born outside the continental U.S., Puerto Rico, and the U.S. Territories.**

Smoking

The percentage of women who smoked during pregnancy decreased from 9.7% in 2000 to 9.1% in 2001. Decreases in smoking during pregnancy occurred among all race and Hispanic ethnicity groups.

Prenatal Care

Adequacy of prenatal care increased from 83.3% in 2000 to 85.2% in 2001. Adequacy of prenatal care is a measure of the timing and number of prenatal care visits, not an assessment of the quality of prenatal care. [Please note: these data are not comparable to data published in previous reports. Beginning with this year's report, the APNCU Index is used to measure adequacy of prenatal care, replacing the Kessner Index. Please see Chapter 5 for more detail.]

Cesarean Sections

The cesarean section delivery rates are increasing. The cesarean section rate among births to Massachusetts residents was 25.6% in 2001, an increase of 8% from 2000 (23.8%). Increases were among both primary and repeat c-sections. The primary c-section rate increased by 6%, from 17.7% to 18.7%, and the repeat c-section rate increased by 7%, from 75.2% to 80.6%. Accordingly, the rate of vaginal births after cesarean section (VBAC) deliveries decreased substantially, from 24.8% in 2000 to 19.4% in 2001, a decrease of 22%.

Breastfeeding

The rate of mothers breastfeeding or intending to breastfeed increased from 73.8% in 2000 to 75.3% in 2001. The breastfeeding rate increased for all major race/Hispanic ethnicity groups, but the largest increase between 2000 and 2001 was among Asians (5% increase; from 76.4% to 79.8%), followed by Hispanics (4% increase; from 75.4% to 78.1%), black non-Hispanics (3% increase; from 73.3% to 75.8%) and white non-Hispanics (1% increase; from 73.3% to 74.3%).

Public Source of Prenatal Care Payment

The percentage of mothers paying for prenatal care through a public source **increased** between 2000 and 2001, **from 27.5% to 27.8%.**

Multiple Births

The percentage of multiple births (twins, triplets, and higher order) continues to increase; 4.4% of births in 2001 were multiples, compared with 4.3% in 2000. This percentage has risen steadily since 1990 (2.6%). The increase between 2000 and 2001 is mostly attributable to mothers ages 35 and over, but there was also a small increase among mothers under age 35. The percentage of multiples among births to mothers ages 35+ (7.0%) is almost double the percentage for mothers under age 35 (3.7%).

Comparison of Massachusetts and U.S. Indicators

Massachusetts perinatal health indicators in 2001 were generally better than those for the U.S. in 2001.

According to final U.S. birth statistics for 2001 and preliminary U.S. death statistics for 2001, comparisons were as follows:

- The **birth rate** for women ages 15-44 in Massachusetts (56.8) was **15% lower** than the U.S. birth rate (66.9).
- The **infant mortality rate (IMR)** in Massachusetts (5.0) was **28% lower** than the U.S. IMR (6.9).
- The **teen birth rate** in Massachusetts (24.3) was **47% lower** than the U.S. teen birth rate (45.8).
- The **low birthweight** rate in Massachusetts (7.2%) was **7% lower** than the U.S. low birthweight rate (7.7%).
- The **percentage of women receiving prenatal care in the first trimester** in Massachusetts (84.3%) **was slightly higher** than the U.S. percentage (83.4%).

Comparison of Massachusetts and U.S. Indicators (cont.)

- The **cesarean section delivery rate** in Massachusetts (25.6%) was **5% higher** than the U.S. c-section rate (24.4%).

Special Notes on this Year's Publication

Additions: This year's publication adds a focus on adequacy of prenatal care. Three new tables (18-20) and a revised Figure 13 in Chapter 5 provide detailed data on adequacy of prenatal care in Massachusetts using the newly implemented Adequacy of Prenatal Care Utilization Index. In addition, this year's publication includes a new chapter (Chap. 2) on teen births in Massachusetts, in place of the annual supplement published in previous years.

Birth Data Availability

Detailed information on 2001 births in Massachusetts is also available on the Department's free, Internet-based public health information service, **MassCHIP**. To register as a user, visit the MassCHIP website at <http://masschip.state.ma.us> or call 1-888-MASCHIP (within MA only) or (617) 624-5541. This report is available on the DPH website at: <http://www.state.ma.us/dph/pubstats.htm>.

CHAPTER 1
BIRTH CHARACTERISTICS

Birth Numbers and Rates

In 2001, 81,014 births occurred to Massachusetts residents (Table 1). The number of resident live births in Massachusetts has decreased by 12% since 1990 (92,461 births).

In 2001, the birth rate was 56.8 births per 1,000 women ages 15-44 years. In the past decade, this rate decreased by 12% from 1990 to 1996, increased by 5% from 1996 to 2000, and decreased by less than 1% from 2000 to 2001 (Table 1).

The Massachusetts birth rate in 2001 was 15% below the U.S. birth rate of 66.9 per 1,000 women ages 15-44 (National Vital Statistics Reports, Vol. 51, No. 2, December 18, 2002, p.5).

Distribution of Births by Race and Hispanic Ethnicity, and Mother's Birthplace

In 2001, of all live births to Massachusetts residents, 73.0% (59,115) were to White non-Hispanic mothers; 11.6% (9,410) were to Hispanic mothers; 7.2% (5,862) were to Black non-Hispanic mothers; and 5.9% (4,784) were to Asian mothers (Table 2A).

The racial diversity of mothers in Massachusetts has increased. From 1990 to 2001, the percentage of births to white women decreased from 87.4 to 84.8, while the percentage of births to mothers of Asian or other races increased from 4.0 to 6.5. The percentage of births to black mothers fluctuated during the 1990s, decreasing from 8.3 in 1990 to 7.4 in 1996, and increasing back to 8.1 by 2001 (Table 1).

In 2001, 25% of births in Massachusetts were to women born outside of the continental United States. The percentage of non-U.S.-born (born outside of the U.S. states, Puerto Rico, and U.S. territories) mothers varied by race: 91% of Asian births were to non-U.S.-born women; 45% of Hispanic births were to non-U.S.-born women, and another 23% were to women born in Puerto Rico or other U.S. Territories; and 45% of Black non-Hispanic births were to women who were non-U.S.-born.

Teen Births

In 2001, there were 4,979 births to women ages 15-19, compared with 5,305 births for this age group in 2000 (Table 1). The number of teen births has steadily decreased since 1990, with an overall decrease of 31% (7,258 teen births in 1990).

The teen birth rate (births per 1,000 women ages 15-19) was 24.3 in 2001, a decrease of 6% from 2000 (25.8) (Table 1). In contrast, the 2001 U.S. teen birth rate was 45.8 (National Vital Statistics Report Vol. 51, No. 2, Dec. 18, 2002, p. 3). The Massachusetts 2001 teen birth rate was 47% below the U.S. teen birth rate.

Teen birth rates in Massachusetts have been steadily decreasing since 1990. The teen birth rate in Massachusetts decreased by 31% from 1990 to 2001 (Table 1).

Statewide, in 2001, 2.1% of births were to women under age 18, and 6.2% were to women under the age of 20 (Table 2A). The percentage of births to teenagers varied by race and ethnicity, partially reflecting differences in the percentage of teenage women within each racial/ethnic population group. The highest percentage of births to women under 18 was for

Hispanics (7.1%), followed by non-Hispanic blacks (4.1%), Asians (1.8%), and non-Hispanic whites (1.1%) (Table 2A).

In maternal ancestry categories, Puerto Ricans and Cambodians had the highest teen birth percentages in 2001. For Puerto Rican women, 25% of births were to women under age 20, and 11% to women under age 18 (Table 2B). For Cambodians, these percentages were 21% and 8%, respectively.

Low Birthweight

In 2001, 7.2% of infants born to Massachusetts women were low birthweight – weighing less than 2,500 grams or 5.5 pounds (Table 1). This percentage increased slightly, from 7.1% in 2000.

In 2001, the low birthweight rate in Massachusetts was 8% below the national figure of 7.7%. The percentage of low birthweight births increased nationwide from 2000 to 2001, from 7.6% to 7.7% (National Vital Statistics Reports, Vol. 51, No. 2, December 18, 2002, p. 18).

The percentage of low birthweight infants varied by mother's race and ethnicity. Non-Hispanic black mothers had the highest proportion of low birthweight infants: 11.2%; followed by Hispanic mothers: 8.2%; Asian mothers: 7.3%; and non-Hispanic white mothers: 6.6% (Table 2A). The low birthweight percentage for non-Hispanic black mothers decreased by 7% from 12.0% in 2000 to 11.2% in 2001, while percentages remained constant for other race groups.

In maternal ancestry categories, the highest percentages of low birthweight in 2001 occurred among mothers who identified their ancestries as Cambodian (11.5%), African-American (11.3%), West Indian/Caribbean (11.2%), and Puerto Rican (10.1%). The highest percentages of very low birthweight (less than 1,500 grams or 3.3 pounds), occurred among mothers who identified their ancestry as: West Indian/Caribbean (4.2%), Haitian (3.4%), African (2.7%), and African-American (2.6%) (Table 2B).

Prenatal Care

SPECIAL NOTE ON MEASURING ADEQUACY OF PRENATAL CARE: Beginning with *Massachusetts Births 2001*, adequacy of prenatal care is being measured by the Adequacy of Prenatal Care Utilization (APNCU) Index instead of the Kessner Index, which has been used in past reports. It improves upon the Kessner Index in various ways, the most important being the ability to distinguish between inadequate prenatal care due to the timing of initiation and inadequate care due to insufficient prenatal care visits.

Table 1 provides a comparison of values based on the two indices between 1996 and 2001. The values for the APNCU Index are consistently higher than those calculated with the Kessner Index. (Table 1). Please see the Technical Appendix for more information on the change from the Kessner Index to the APNCU Index. Please note: adequacy of prenatal care is a measure of the timing and number of prenatal care visits, and does not reflect the quality of care.

In 2001, out of all Massachusetts resident live births, 85.2% of mothers received adequate prenatal care, increasing from 83.3% in 2000 (Table 1).

In 2001, 84.3% of women received prenatal care during the first trimester of pregnancy.

The percentage of adequate prenatal care varied by mother's race and Hispanic ethnicity, ranging from 74.0% for non-Hispanic black mothers to 88.2% for non-Hispanic white mothers. The rates for Hispanic and Asian mothers were 77.0% and 81.4%, respectively (Table 2A).

Adequacy of prenatal care also varied by maternal ancestry category. Mothers reporting their ancestries as Chinese and European were the groups most likely to receive adequate prenatal care – 88.0% and 87.9%, respectively, while Cambodian and Cape Verdean mothers were least likely to receive adequate prenatal care -- 60.9% and 66.5%, respectively (Table 2B).

Cesarean Section Deliveries

In 2001, 25.6% of births to resident Massachusetts women were delivered by Cesarean section (Table 2A). The Cesarean section rate increased by 8% from 2000 (23.8%) to 2001 (25.6%), and increased 6% from 1999 (22.4%) to 2000. The C-section rate in Massachusetts in 2001 was higher than the nationwide rate of 24.4% (National Vital Statistics Reports, Vol. 51, No. 2, December 18, 2002, p.3).

Non-Hispanic black women had the highest percentage of Cesarean section deliveries, at 27.5%, and Hispanic women had the lowest percentage, at 21.9% (Table 2A). With regard to maternal ancestry, the highest percentage of Cesarean section deliveries occurred among Brazilian women (37.8%) and the lowest percentage among Cambodian women (13.3%) (Table 2B).

Breastfeeding

In 2001, 75.3% of Massachusetts mothers reported that they were breastfeeding or intending to breastfeed their infants (Table 2A). This represents a 33% increase since 1990 (56.6%, data not shown).

The percentage of mothers breastfeeding differed slightly by maternal race and Hispanic ethnicity, with the highest percentage reported among Asians (79.8%) and the lowest among non-Hispanic whites (74.3%) (Table 2A). There was more variation among mothers of different self-identified ancestry groups. The highest rates of breastfeeding were among Asian Indians (96.5%), Brazilians (94.0%), and Salvadorans (93.6%) (Table 2B). In contrast, only 50.9% of Cambodians and 51.3% of women identifying themselves as "Other Portuguese" reported that they were breastfeeding or intending to breastfeed their infants.

The percentage of mothers breastfeeding or intending to breastfeed increased as mother's age increased. For teens 15-19, the percentage was 61.8%, while for women ages 45 and above the percentage was highest, at 84.4% (Figure 2).

Birth Characteristics in the 30 Largest Massachusetts Cities and Towns

In 2001, among live births to residents of the 30 largest municipalities in the Commonwealth:

Crude birth rates (number of births per 1,000 population) were highest in Lawrence (20.9), Lowell (16.5), Brockton (16.5), and Lynn (16.1). Crude birth rates were lowest in Cambridge (9.8) and Newton (9.9) (Table 3A).

Four communities (Waltham, Springfield, New Bedford, and Peabody) recorded low birthweight percentages that were at least 25% higher than the statewide average of 7.2% (Table 3A).

Over 90% of mothers living in Arlington, Brookline, Framingham, Newton and Weymouth received adequate prenatal care. In contrast, fewer than 70% of mothers living in Pittsfield (53.6%) and Lowell (66.8%) received adequate prenatal care (Table 3A).

The birth rate for teens was highest in Lawrence (95.2 births per 1,000 females ages 15 to 19 years) and in Springfield (71.4). These two communities had rates approximately three times the statewide rate of 24.3. (Table 3A).

Three communities had 2001 infant mortality rates in excess of 10 deaths per 1,000 live births: Lawrence (11.3), Taunton (11.2), and Pittsfield (10.2). Infant mortality rates should be interpreted with caution in these communities since they are based on a small number of infant deaths (Lawrence: 17; Taunton: 9; Pittsfield: 5) (Table 3A).

Based on a three-year infant mortality rate from 1999-2001, the communities with the highest IMRs were: Fall River (8.8), Worcester (8.7), Peabody (8.4), and Lawrence (8.1) (Table 3A).

Birth Characteristics in Community Health Network Areas

In 2001, among live resident births in the 27 Massachusetts Community Health Network Areas (CHNAs):

Two CHNAs had crude birth rates of 15 births or more per 1,000 residents: Greater Lawrence Community Health Network, 15.5, and Community Partners for Health (Milford), 15.2 (Table 3B).

More than 8.0% (about 15% higher than the statewide average of 7.2%) of resident births were low birthweight in four CHNAs -- Alliance for Community Health (Boston/Chelsea/Revere/Winthrop), The Community Health Connection (Springfield), Greater Brockton Community Health Network, and Greater New Bedford Health & Human Services Coalition (Table 3B).

Less than 70% of mothers received adequate prenatal care in the Community Health Network of Berkshire County (67%), while over 93% of mothers living within the Community Partners for Health (Milford) and Community Health Network of Greater Metro West (Framingham) received adequate prenatal care (Table 3B).

Teen birth rates among Greater Lawrence Community Health Network, and The Community Health Connection (Springfield) were the highest in the state, approximately double the statewide teen birth rate, while rates were four times lower than the statewide average for West

Suburban Health Network (Newton/Waltham) and Greater Woburn/Concord/Littleton Community Health Network (Table 3B).

Partners for a Healthier Community (Fall River) had the highest infant mortality rate in 2001: 7.9 deaths per 1,000 live births. Because of the relatively small number of infant deaths, mortality rates in individual CHNAs should be interpreted with caution (Table 3B).

Tobacco Use

In 2001, 9.1% of births were to mothers who reported smoking cigarettes during their pregnancies (Fig. 3). This represents a 53% decline from 1990 (19.3%, data not shown), and a decline of 6% from the previous year, 2000 (9.7%, data not shown).

Smoking prevalence during pregnancy differed by mother's race and Hispanic ethnicity. Non-Hispanic white women had the highest prevalence of smoking during pregnancy (10.1%), followed by non-Hispanic black women (8.3%), Hispanic women (7.4%), and, finally, Asian women (1.5%) (Fig. 3).

The prevalence of smoking during pregnancy decreased with increasing education level of the mother; over 20% of mothers with less than a high school education smoked during pregnancy, compared with less than 1% of women with post-college education (Fig. 3). This was true for all race groups; however, there were larger differences in smoking prevalence between education levels for White non-Hispanics than for other groups.

The majority (84.0%) of women who gave birth in 2001 were non-smokers prior to pregnancy, and 99.9% of them continued to abstain from smoking during pregnancy (Fig. 4). (Sixty-eight women started smoking during pregnancy.) Out of the 16% of women who smoked prior to pregnancy, about half of them were "light" smokers (1-10 cigarettes daily); 43% were "moderate" smokers (11-20 cigarettes daily); and 6% were "heavy" smokers (21 or more cigarettes daily). Almost half (44%) of pre-pregnancy smokers quit smoking during pregnancy (data not shown).

Patterns in Number and Rate of Births by Age Group

There has been a marked change in the age distribution of Massachusetts resident mothers since 1980. Approximately 25% of women giving birth were ages 30 years and older in 1980 as compared to 55% in 2001. Beginning in 1996, the number of births to mothers ages 30 years and older exceeded the number of births to mothers under age 30. This trend has continued through 2001 (Fig. 1).

In Massachusetts, the birth rate (births to women ages 15-44 years per 1,000 women ages 15-44) decreased 9% from 1990 (62.2) to 2001 (56.8) (Table 4). In 2001, the age-specific birth rates were highest for 30-34 year old (107.6 per 1,000) and 25-29 year old mothers (86.2 per 1,000). The birth rates for women ages 30 years and older have increased steadily throughout the 1990s (data not shown).

Since 1990, birth rates have increased for every age group of women ages 30 and above and decreased for every age group of women under 30 (Table 4). The largest birth rate increases

have been for mothers in the oldest age groups, while the largest decreases have been among the youngest age groups (Table 4).

In 2001, there were 78 births to mothers ages 12-14 years and there were 144 births to women 45 years of age or older (Table 4).

Plurality

Plurality represents the number of births in one delivery. In 2001, 95.6% of all births were singletons, 4.2% were twins and 0.3% were triplets or higher order multiple births. The total percentage of multiple births (twins, triplets or more) was 4.4% in 2001 (Table 6).

The percentage of multiple births out of all live births has increased by 69% since 1990 (2.6%). The increase since 1990 in the percentage of multiple births varies by age. For women under age 35 years, the percentage of multiple births increased from 2.5% in 1990 to 3.7% in 2001, an increase of 48%. The percentage of multiple births for women ages 35 years and older has increased at double that rate (100%), from 3.5% in 1990 to 7.0% in 2001 (Table 6).

Education

In 2001, 10.1% of women who gave birth had less than a high school education; 26.3% had a high school diploma or GED; 23.1% had some college education; and 40.5% had at least a college degree (Table 7).

Maternal educational attainment varied by race; 51% of Asian women and 48% of non-Hispanic white women had at least a college degree, compared with 16% of non-Hispanic black women and 10% of Hispanic women (Table 7).

Women with more education were more likely to receive adequate prenatal care; more likely to breastfeed; more likely to have multiple births; and more likely to be married. They were less likely to smoke during pregnancy and less likely to receive publicly financed prenatal care (Table 7).

Healthy People 2010 Objectives

Healthy People 2010 (HP2010) sets targets for each measurable objective. Table 8 presents the most recent Massachusetts data for HP2010 Maternal, Infant, and Child Health objectives, and measures the state's progress toward meeting the targets set for 2010.

Out of 16 objectives presented, Massachusetts has already met the 2010 target for two indicators: the postneonatal mortality rate and breastfeeding. For eight objectives, the 2001 Massachusetts indicators are within 25% of the target goals: infant mortality rate, fetal mortality rate, perinatal mortality rate, preterm, early and adequate prenatal care, prenatal care beginning in the first trimester, very low birthweight infants born at Level III hospitals, and smoking during pregnancy. For six objectives, Massachusetts is still over 25% away from achieving the targets: neonatal mortality rate, maternal mortality ratio, low birthweight, very low birthweight, and Cesarean sections (both low-risk women giving birth for the first time and for low-risk women with prior Cesarean section).

Table 1. Trends in Birth Characteristics, Massachusetts: 1980, 1985, 1990-2001

Characteristic		1980	1985	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001
Births¹	n²	72,591	81,781	92,461	88,176	87,202	84,627	83,758	81,562	80,164	80,321	81,406	80,866	81,582	81,014
	Rate³	53.4	57.5	62.1	59.4	59.1	57.6	57.0	55.5	54.6	54.7	55.6	55.9	57.2	56.8
Race of Mother															
White⁴	n	66,220	71,854	80,775	76,983	76,052	73,704	72,980	71,083	69,485	69,503	70,452	69,305	69,371	68,728
	%⁵	91.2	87.9	87.4	87.3	87.2	87.1	87.1	87.2	86.7	86.5	86.5	85.7	85.0	84.8
Black	n	4,626	5,099	7,729	7,352	7,203	6,916	6,713	6,299	5,946	6,182	6,337	6,524	6,445	6,555
	%⁵	6.4	6.2	8.3	8.3	8.3	8.2	8.0	7.7	7.4	7.7	7.8	8.1	7.9	8.1
Asian/Other⁶	n	1,069	1,741	3,688	3,566	3,582	3,664	3,790	3,817	3,950	4,217	4,248	4,615	5,205	5,279
	%⁵	1.5	2.1	4.0	4.0	4.1	4.3	4.5	4.7	4.9	5.3	5.2	5.7	6.4	6.5
Unknown	n	676	3,087	269	275	365	343	275	363	783	419	369	422	561	452
	%⁵	0.9	3.8	0.3	0.3	0.4	0.4	0.3	0.4	1.0	0.5	0.5	0.5	0.7	0.6
Teen Births (Ages 15-19)	n	7,694	6,859	7,258	6,892	6,555	6,469	6,412	5,990	5,758	5,801	5,823	5,515	5,305	4,979
	Rate³	28.1	28.7	35.4	35.4	34.5	34.0	33.2	30.3	28.5	28.5	28.1	26.7	25.8	24.3
Births to Unmarried Mothers	n	11,356	15,044	22,837	22,852	22,612	22,345	22,302	20,857	20,253	20,640	21,191	21,448	21,621	21,620
	%	15.6	18.4	24.7	25.9	25.9	26.4	26.6	25.6	25.3	25.7	26.0	26.5	26.5	26.7
Low Birthweight	n	4,413	4,751	5,388	5,199	5,137	5,202	5,335	5,174	5,105	5,617	5,655	5,708	5,711	5,795
	%	6.1	5.8	5.8	5.9	5.9	6.2	6.4	6.4	6.4	7.0	7.0	7.1	7.1	7.2
Preterm	n			6,732	6,009	6,313	6,201	6,492	6,438	5,705	5,831	6,117	6,136	6,582	6,412
	%			7.4	6.8	7.3	7.4	7.8	7.9	7.2	7.3	7.6	7.6	8.3	8.0
Adequate Prenatal Care															
Kessner Index⁷	%	82.0	79.4	80.1	81.6	82.9	83.8	84.3	84.2	79.9	80.0	79.8	79.4	79.1	80.4
	APNCU Index⁸	%								83.3	82.9	82.9	82.9	83.3	85.2

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Births presented in all tables are resident live births unless otherwise specified. 2. Differences in numbers of births from previous publications are the result of updated files. 3. Birth rates represent the total number of births to women ages 15-44 years per 1,000 females ages 15-44; teen birth rates refer to number of births per 1,000 women age 15-19. 2000 and 2001 birth rates are calculated using DPH 2000 population estimates, based on U.S. Census 2000 population counts. 1999 rates are calculated using the 1999 DPH Massachusetts population estimates (see Technical Notes in Appendix). PLEASE NOTE: DIFFERENCES BETWEEN THESE RATES AND PREVIOUSLY PUBLISHED DATA REFLECT UPDATES IN POPULATION ESTIMATES. 4. On tables and graphs that include data prior to June 1986, the race classifications do not include an ethnicity component; most Hispanics are included in the race category of white. 5. Percentages are calculated based on all births, including those to mothers of unknown race. 6. Other races include American Indian and others not specified. 7. Adequacy of prenatal care in Massachusetts has historically been measured with the Kessner Index, based on the timing of care and number of visits. This measure is calculated based on only those births with known adequacy of prenatal care. Changes in the calculation of the Kessner Index in 1996, as well as computational adjustments made for 1996-2000 data, make data prior to 1996 non-comparable to data from 1996 onward. 8. Beginning with this year's publication, the APNCU Index has replaced the Kessner Index as the standard measurement of adequacy of prenatal care (see Technical Notes for more information).

Table 2A. Birth Characteristics by Maternal Race/Hispanic Ethnicity and Birthplace, Massachusetts: 2001

Race and Hispanic Ethnicity (by mother's birthplace)	Births ¹		Teen Births				Birthweight				Prenatal Care				Cesarean Section		Breastfeeding ⁵	
	n	%	<18 Years		<20 Years		Very Low ²		Low ³		Adequate ⁴		First Trimester		n	%	n	%
			n	%	n	%	n	%	n	%	n	%	n	%				
State Total	81,014	100.0	1,705	2.1	5,057	6.2	1,114	1.4	5,795	7.2	68,481	85.2	67,821	84.3	20,639	25.6	59,911	75.3
U.S. States / D.C.	60,746	75.0	1,255	2.1	3,760	6.2	816	1.3	4,302	7.1	52,531	87.1	52,338	86.8	15,657	25.9	42,812	72.0
Puerto Rico/U.S. Terr. ⁷	2,258	2.8	205	9.1	490	21.7	53	2.4	219	9.7	1,736	77.4	1,677	74.8	507	22.5	1,576	70.1
Non-U.S.-Born ⁸	17,916	22.1	244	1.4	804	4.5	234	1.3	1,251	7.0	14,139	79.6	13,730	77.1	4,454	24.9	15,519	87.0
Non-Hispanic White	59,115	73.0	634	1.1	2,335	4.0	690	1.2	3,883	6.6	51,810	88.2	51,723	88.0	15,456	26.2	42,978	74.3
U.S. States / D.C.	53,345	90.2	606	1.1	2,189	4.1	637	1.2	3,527	6.6	46,965	88.6	46,967	88.5	13,971	26.3	37,972	72.8
Puerto Rico/U.S. Terr. ⁷	47	0.1	2	-- ⁶	4	-- ⁶	1	-- ⁶	6	12.8	36	76.6	40	85.1	8	17.0	35	81.4
Non-U.S.-Born ⁸	5,661	9.6	26	0.5	141	2.5	45	0.8	335	5.9	4,757	84.6	4,666	82.9	1,463	25.9	4,967	88.3
Non-Hispanic Black	5,862	7.2	240	4.1	636	10.8	188	3.2	654	11.2	4,276	74.0	4,136	71.2	1,607	27.5	4,416	75.8
U.S. States / D.C.	3,217	54.9	210	6.5	550	17.1	96	3.0	393	12.3	2,365	74.5	2,269	71.2	815	25.4	2,069	64.8
Puerto Rico/U.S. Terr. ⁷	19	0.3	1	-- ⁶	1	-- ⁶	4	-- ⁶	6	31.6	16	84.2	15	78.9	5	26.3	14	77.8
Non-U.S.-Born ⁸	2,618	44.7	29	1.1	84	3.2	87	3.3	252	9.6	1,889	73.2	1,845	71.2	784	30.0	2,333	89.2
Hispanic	9,410	11.6	671	7.1	1,653	17.6	161	1.7	775	8.2	7,203	77.0	6,939	74.1	2,063	21.9	7,336	78.1
U.S. States / D.C.	2,989	31.8	341	11.4	786	26.3	63	2.1	296	9.9	2,297	77.2	2,220	74.6	608	20.4	1,947	65.4
Puerto Rico/U.S. Terr. ⁷	2,184	23.2	202	9.2	483	22.1	48	2.2	207	9.5	1,680	77.4	1,619	74.5	492	22.5	1,524	69.9
Non-U.S.-Born ⁸	4,237	45.0	128	3.0	384	9.1	50	1.2	272	6.4	3,226	76.7	3,100	73.4	963	22.8	3,865	91.3
Asian	4,784	5.9	85	1.8	221	4.6	52	1.1	348	7.3	3,879	81.4	3,716	77.9	1,055	22.1	3,794	79.8
U.S. States / D.C.	432	9.0	40	9.3	88	20.4	8	1.9	30	6.9	346	80.1	329	76.2	95	22.0	355	82.6
Puerto Rico/U.S. Terr. ⁷	1	-- ⁶	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	-- ⁶
Non-U.S.-Born ⁸	4,333	90.6	44	1.0	132	3.0	42	1.0	314	7.3	3,517	81.5	3,370	78.1	958	22.2	3,438	79.5
Other⁹	1,698	2.1	71	4.2	201	11.8	18	1.1	127	7.5	1,256	75.3	1,254	74.9	435	25.7	1,341	80.1
U.S. States / D.C.	648	38.2	55	8.5	139	21.5	9	1.4	50	7.7	512	80.3	510	79.8	153	23.7	432	67.2
Puerto Rico/U.S. Terr. ⁷	4	-- ⁶	0	0.0	0	0.0	0	0.0	0	0.0	4	-- ⁶	3	-- ⁶	2	-- ⁶	2	-- ⁶
Non-U.S.-Born ⁸	1,044	61.5	16	1.5	62	5.9	9	0.9	77	7.4	739	72.1	740	71.8	280	26.9	907	88.2
Unknown¹⁰	145	0.2	4	--⁶	11	7.6	5	7.2	8	11.6	57	90.5	53	82.8	23	33.8	46	83.6

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. In the first category, "Births", percentages of race/Hispanic ethnicity are based on state total of births (including births of unknown race/ethnicity), percentages of mother's birthplace categories are based on subtotals of each race/Hispanic ethnicity category. For all other categories, percentages are based on row totals. 2. Very low birthweight: less than 1,500 grams or 3.3 pounds. 3. Low birthweight: less than 2,500 grams or 5.5 pounds. 4. Beginning with this year's publication, the Adequacy of Prenatal Care Utilization Index has replaced the Kessner Index as the measure of adequate prenatal care. 5. Mother was breastfeeding or was intending to breastfeed at the time the birth certificate was completed. 6. Calculations based on fewer than five events are excluded. 7. The category "Puerto Rico/U.S. Territories" includes women born in Puerto Rico, the U.S. Virgin Islands, and Guam. Approximately 95% of the births in this category were to women born in Puerto Rico. 8. The category "Non-U.S.-Born" includes women born outside of the 50 U.S. states, District of Columbia, and Puerto Rico/U.S. territories. 9. Other: Mothers who designated themselves as American Indian or Other race. 10. Unknown: Mothers who did not indicate a race/ethnicity.

Table 2B. Birth Characteristics by Maternal Ancestry, Massachusetts: 2001

Maternal Ancestry	Births ¹		Teen Births				Birthweight				Prenatal Care				Cesarean Section		Breastfeeding ⁵	
	n	% ⁵	<18 Years		<20 Years		Very Low ²		Low ³		Adequate ⁴		1st Trimester		n	%	n	%
			n	%	n	%	n	%	n	%	n	%	n	%				
State Total	81,014	100.0	1,705	2.1	5,057	6.2	1,114	1.4	5,795	7.2	68,481	85.2	67,821	84.3	20,639	25.6	59,911	75.3
Puerto Rican	4,532	5.6	478	10.5	1,125	24.8	99	2.2	456	10.1	3,459	76.7	3,315	73.5	984	21.7	2,979	65.8
Dominican	1,619	2.0	79	4.9	217	13.4	31	1.9	122	7.5	1,243	77.1	1,228	76.1	414	25.6	1,424	88.1
Salvadoran	799	1.0	28	3.5	88	11.0	11	1.4	52	6.5	580	73.7	548	68.8	117	14.6	748	93.6
Other Central American	849	1.0	32	3.8	85	10.0	6	0.7	48	5.7	636	75.4	608	71.9	157	18.5	768	90.7
Other Hispanic⁷	1,611	2.0	54	3.4	138	8.6	14	0.9	97	6.0	1,285	80.3	1,240	77.5	391	24.3	1,417	88.4
Chinese	1,254	1.5	7	0.6	14	1.1	8	0.6	71	5.7	1,100	88.0	1,045	83.6	283	22.6	1,039	83.2
Vietnamese	764	0.9	10	1.3	34	4.5	5	0.7	50	6.5	638	83.8	608	79.8	153	20.0	479	62.7
Cambodian	593	0.7	50	8.4	125	21.1	13	2.2	68	11.5	358	60.9	320	54.2	79	13.3	302	50.9
Asian Indian	948	1.2	0	0.0	1	-- ⁶	11	1.2	83	8.8	785	83.2	783	83.0	288	30.5	910	96.5
Other Asian/PI⁸	1,293	1.6	18	1.4	49	3.8	14	1.1	81	6.3	1,053	81.6	1,014	78.6	280	21.7	1,127	87.4
Cape Verdean	814	1.0	42	5.2	111	13.6	9	1.1	69	8.5	532	66.5	517	64.1	215	26.5	600	73.9
Brazilian	1,282	1.6	19	1.5	86	6.7	16	1.2	87	6.8	1,046	81.9	1,036	81.1	484	37.8	1,205	94.0
Other Portuguese	1,394	1.7	30	2.2	112	8.0	8	0.6	80	5.8	1,198	86.4	1,162	83.7	326	23.5	712	51.3
Haitian	1,026	1.3	10	1.0	25	2.4	35	3.4	96	9.4	691	68.6	680	66.9	329	32.2	895	87.2
W. Indian /Carib.⁹	689	0.9	14	2.0	38	5.5	29	4.2	77	11.2	535	78.6	512	75.1	181	26.3	607	88.1
African-American	2,775	3.4	179	6.5	479	17.3	71	2.6	312	11.3	2,029	74.1	1,955	71.0	678	24.5	1,803	65.1
African¹⁰	950	1.2	8	0.8	28	2.9	26	2.7	86	9.1	715	75.9	692	73.5	284	29.9	857	90.2
Middle Easterner¹¹	952	1.2	3	-- ⁶	21	2.2	8	0.8	71	7.5	784	82.6	787	82.9	230	24.3	839	88.2
Native American	260	0.3	10	3.8	35	13.5	4	-- ⁶	14	5.4	199	78.0	198	77.3	65	25.2	177	68.9
European	15,013	18.5	68	0.5	295	2.0	113	0.8	792	5.3	13,115	87.9	13,026	87.3	3,900	26.1	12,116	81.8

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. In the first category, "Births", percentages are based on column total (state total of births, including births for which maternal ancestry is unknown). For all other categories, percentages are based on row totals. 2. Very low birthweight: less than 1,500 grams or 3.3 pounds. 3. Low birthweight: less than 2,500 grams or 5.5 pounds. 4. Beginning with this year's publication, the Adequacy of Prenatal Care Utilization Index has replaced the Kessner Index as the measure of adequate prenatal care. 5. Mother was breastfeeding or was intending to breastfeed at the time the birth certificate was completed. 6. Calculations based on fewer than five events are excluded. 7. Other Hispanic includes Mexican, Cuban, Colombian, and Other South American. 8. Other Asian and Pacific Islander includes Korean, Filipino, Japanese, Laotian, Thai, Pakistani and Hawaiian. 9. West Indian and Caribbean include Jamaican and Barbadian. 10. African includes Nigerian and other African. 11. Middle Easterner includes Lebanese, Iranian, and Israeli.

Table 3A. Resident Birth Characteristics, 30 Largest Municipalities¹, Massachusetts: 2001

Municipality	Rank (by pop. size)	Population	Crude Birth Rate ²	Mother's Race and Ethnicity				Very Low Birthweight (<1500 g) %	Low Birthweight (<2500 g) %
				Non- Hispanic White	Non- Hispanic Black	Hispanic	Asian or Other ⁴		
				% ³	% ³	% ³	% ³		
STATE TOTAL		6,349,097	12.8	73.0	7.2	11.6	8.0	1.4	7.2
Arlington	29	42,389	13.7	85.9	1.2	2.2	10.5	2.1	8.3
Attleboro	30	42,068	14.9	85.1	1.9	4.8	7.8	2.6	8.8
Barnstable	25	47,821	10.3	84.2	3.6	4.5	7.5	1.6	6.3
Boston	1	589,141	14.0	36.0	30.5	21.7	11.5	2.0	8.6
Brockton	6	94,304	16.5	44.0	29.5	9.0	17.5	1.9	8.8
Brookline	17	57,107	10.5	74.5	2.8	3.5	19.0	-- ⁵	6.4
Cambridge	5	101,355	9.8	57.6	15.1	9.2	17.9	0.6	6.7
Chicopee	21	54,653	10.6	78.2	2.6	17.0	2.2	-- ⁵	8.5
Fall River	8	91,938	13.3	83.3	5.9	6.2	4.3	1.4	8.1
Framingham	14	66,910	15.1	69.1	6.2	14.9	9.8	1.8	8.0
Haverhill	16	58,969	15.3	82.4	2.1	11.5	3.4	1.2	6.0
Lawrence	13	72,043	20.9	19.8	2.2	73.8	4.1	2.7	8.2
Lowell	4	105,167	16.5	47.2	5.7	17.6	29.2	1.8	8.7
Lynn	9	89,050	16.1	42.2	12.9	31.6	13.3	1.4	7.0
Malden	18	56,340	14.1	54.6	13.0	8.4	23.8	1.6	6.5
Medford	20	55,765	11.2	76.8	9.4	3.4	10.4	1.1	6.4
Methuen	28	43,789	12.6	75.1	1.5	18.5	4.9	2.2	6.8
New Bedford	7	93,768	13.8	65.8	7.4	16.7	9.8	1.7	9.4
Newton	11	83,829	9.9	82.9	1.7	3.0	12.2	0.6	5.3
Peabody	24	48,129	12.0	85.2	1.0	6.8	6.8	1.2	9.1
Pittsfield	27	45,793	10.7	85.7	6.1	5.1	3.1	3.1	8.8
Plymouth	23	51,701	13.2	94.9	1.0	1.2	2.8	1.0	5.1
Quincy	10	88,025	12.9	66.8	4.6	2.6	25.6	1.1	6.1
Revere	26	47,283	14.2	62.4	5.1	18.4	14.2	1.9	8.2
Somerville	12	77,478	11.3	64.7	9.5	15.3	10.6	0.8	6.9
Springfield	3	152,082	15.8	31.2	21.3	43.2	4.2	1.5	9.4
Taunton	19	55,976	14.3	85.8	4.6	5.5	4.0	2.4	8.2
Waltham	15	59,226	11.6	60.8	6.6	18.7	13.7	1.2	10.0
Weymouth	22	53,988	13.0	90.1	1.6	2.4	5.9	1.6	7.3
Worcester	2	172,648	14.9	58.2	10.5	22.3	8.8	1.9	8.6

Table 3A.(cont'd) Resident Birth Characteristics, 30 Largest Municipalities¹, Massachusetts: 2001

Municipality	Birth					Deaths			
	Adequate Prenatal Care ⁶	Public Payment ⁷ for Prenatal Care	Unmarried	Teen Mothers 15 to 19 years		Infant Mortality Rate ⁸		Neonatal Mortality Rate ⁸	
	%	%	%	n	Rate ²	2001	1999-2001	2001	1999-2001
STATE TOTAL	85.2	27.8	26.7	4,979	24.3	5.0	4.9	3.8	3.8
Arlington	91.6	5.4	6.9	5	6.5	-- ⁵	-- ⁵	0.0	-- ⁵
Attleboro	83.7	23.1	19.4	39	33.9	-- ⁵	3.9	-- ⁵	3.9
Barnstable	88.9	33.8	26.3	36	28.0	-- ⁵	6.2	-- ⁵	4.1
Boston	82.9	47.2	42.7	702	31.6	7.4	7.2	5.5	5.7
Brockton	75.0	52.7	53.0	170	51.5	5.2	5.0	3.9	3.7
Brookline	93.1	5.9	6.3	4	-- ⁵	0.0	-- ⁵	0.0	-- ⁵
Cambridge	87.8	17.3	16.5	16	4.3	-- ⁵	3.8	0.0	1.9
Chicopee	81.3	44.2	41.7	73	40.4	-- ⁵	5.1	-- ⁵	4.5
Fall River	82.2	54.4	47.8	155	53.2	7.3	8.8	7.3	7.1
Framingham	91.2	28.6	19.9	46	23.9	8.9	6.7	8.9	6.3
Haverhill	85.3	28.9	28.6	62	34.6	-- ⁵	3.0	-- ⁵	2.6
Lawrence	73.8	67.9	63.5	271	95.2	11.3	8.1	8.0	6.2
Lowell	66.8	46.3	46.9	215	54.9	5.2	6.4	4.6	5.0
Lynn	71.7	58.4	48.8	158	52.8	5.6	6.6	4.2	4.9
Malden	85.7	30.6	22.3	28	20.1	-- ⁵	3.7	0.0	2.1
Medford	89.0	14.6	16.3	7	4.0	-- ⁵	4.3	-- ⁵	3.7
Methuen	82.9	25.6	28.4	49	38.8	0.0	6.0	0.0	6.0
New Bedford	78.1	59.4	50.5	185	62.1	7.7	6.2	3.9	3.4
Newton	94.1	4.3	4.2	7	2.1	-- ⁵	3.1	-- ⁵	1.9
Peabody	78.3	21.4	19.3	22	16.9	-- ⁵	8.4	-- ⁵	6.6
Pittsfield	53.6	50.3	47.5	49	36.0	10.2	4.8	-- ⁵	-- ⁵
Plymouth	84.4	16.3	16.6	20	12.7	-- ⁵	5.3	-- ⁵	2.9
Quincy	88.2	25.6	17.7	30	15.4	-- ⁵	3.9	-- ⁵	3.3
Revere	82.9	39.5	32.5	50	41.2	9.0	5.7	7.5	5.2
Somerville	82.9	33.3	28.0	42	20.1	-- ⁵	4.7	-- ⁵	4.0
Springfield	70.5	62.6	66.1	431	71.4	6.2	7.0	3.3	4.0
Taunton	83.2	30.5	32.1	63	38.1	11.2	7.2	8.7	4.6
Waltham	88.9	22.7	21.7	23	10.2	-- ⁵	4.4	-- ⁵	2.4
Weymouth	91.1	15.5	16.7	22	16.5	-- ⁵	3.2	-- ⁵	3.2
Worcester	89.8	45.4	41.7	269	38.9	8.2	8.7	6.6	6.7

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. The 30 largest municipalities are the cities and towns in Massachusetts with the largest populations according to DPH 2000 population estimates, based on U.S. Census 2000 population counts (see Technical Notes in Appendix). 2. Crude birth rates represent the number of births per 1,000 residents; teen birth rates refer to the number of births per 1,000 females ages 15-19. 2001 birth rates are calculated using the DPH 2000 population estimates. 3. For the category of Mother's Race and Ethnicity, percentages are calculated based on the state total of resident births, including births for which mother's race/Hispanic ethnicity is unknown. 4. Mothers who designated themselves as Asian, American Indian or Other. 5. Calculations based on fewer than 5 events are excluded. 6. Based on the Adequacy of Prenatal Care Utilization (APNCU) Index. Please see Glossary for definition. 7. Public payment sources include Commonhealth, Healthy Start, Medicaid/MassHealth, and Medicare (may be HMO or managed care), or free care. 8. Deaths per 1,000 live births. See Definitions of Rates section in Appendix for definitions of infant and neonatal mortality rates.

Table 3B: Resident Birth Characteristics, Community Health Network Areas (CHNAs), Massachusetts: 2001

CHNA	Population	Crude Birth Rate ¹	Mother's Race and Ethnicity				Very Low Birthweight (<1500 g) %	Low Birthweight (<2500 g) %
			Non-Hispanic White % ³	Non-Hispanic Black % ³	Hispanic % ³	Asian or Other ² % ³		
STATE TOTAL	6,349,097	12.8	73.0	7.2	11.6	8.0	1.4	7.2
Community Health Network of Berkshire County	134,953	9.2	90.6	2.9	3.6	2.5	1.9	7.6
Upper Valley Health Web (Franklin County)	86,889	10.5	90.5	0.9	4.4	3.0	1.0	6.6
Partnership for Health in Hampshire County (Northampton)	150,077	8.5	87.4	1.6	5.2	5.4	1.0	5.9
The Community Health Connection (Springfield)	291,665	13.1	53.8	13.7	28.4	3.9	1.2	8.4
Community Health Network of Southern Worcester County	113,702	12.4	87.7	1.1	8.8	2.4	1.0	5.8
Community Partners for Health (Milford)	152,117	15.2	94.0	0.6	2.4	2.9	1.4	6.2
Community Health Network of Greater Metro West (Framingham)	374,478	14.0	85.0	1.8	5.6	7.6	1.5	6.9
Community Wellness Coalition (Worcester)	289,834	13.9	69.8	7.0	14.9	8.1	1.8	7.8
Fitchburg/Gardner Community Health Network	250,362	13.1	82.5	2.4	10.2	4.7	1.3	6.2
Greater Lowell Community Health Network	270,083	14.5	70.7	2.9	8.9	17.3	1.3	7.7
Greater Lawrence Community Health Network	182,025	15.5	49.7	1.6	43.6	5.0	1.9	7.2
Greater Haverhill Community Health Network	144,275	13.9	89.3	1.2	6.1	2.9	1.0	5.4
Community Health Network North (Beverly/Gloucester)	118,280	10.4	93.4	0.8	2.0	3.5	1.9	7.0
North Shore Community Health Network	278,839	12.9	69.0	6.2	17.2	7.5	1.0	7.0
Greater Woburn/Concord/Littleton Community Health Network	208,406	12.1	83.1	1.7	1.7	13.2	1.1	6.5
North Suburban Health Alliance (Medford/Malden/Melrose)	261,844	13.2	76.3	6.7	6.6	10.4	1.3	6.8
Greater Cambridge/Somerville Community Health Network	278,402	11.0	70.7	8.0	8.4	12.7	1.1	6.7
West Suburban Health Network (Newton/Waltham)	253,187	11.4	82.1	2.5	6.4	8.8	0.6	6.5
Alliance for Community Health (Boston/Chelsea/Revere/Winthrop)	746,914	13.9	39.7	25.3	23.2	11.5	1.8	8.3
Blue Hills Community Health Alliance (Greater Quincy)	365,457	12.6	78.0	6.2	2.4	13.1	1.1	6.6
Four (For) Communities (Holyoke, Chicopee, Ludlow, Westfield)	159,254	11.6	66.7	1.9	29.5	1.8	1.0	7.8
Greater Brockton Community Health Network	232,260	13.8	68.8	15.9	4.9	10.3	2.0	8.3
South Shore Community Partners in Prevention (Plymouth)	180,609	13.7	96.2	0.7	1.0	1.9	1.0	6.0
Greater Attleboro-Taunton Health & Education Response	242,659	13.5	90.8	2.1	3.1	3.7	1.8	7.5
Partners for a Healthier Community (Fall River)	140,256	11.7	86.9	4.5	4.7	3.7	1.2	7.5
Greater New Bedford Health & Human Services Coalition	195,533	11.5	77.4	5.0	10.0	7.5	1.6	8.4
Cape and Islands Community Health Network	246,737	9.4	88.7	2.5	2.7	5.6	1.1	6.1

Table 3B.(cont'd) Resident Birth Characteristics, Community Health Network Areas (CHNAs), Massachusetts: 2001

CHNA	Births					Deaths			
	Adequate Prenatal Care ⁶ %	Public Payment ⁷ for Prenatal Care %	Unmarried %	Teen Mothers 15 to 19 years		Infant Mortality Rate ⁸		Neonatal Mortality Rate ⁸	
				n	Rate ⁴	2001	1999-2001	2001	1999-2001
STATE TOTAL	85.2	27.8	26.7	4,979	24.3	5.0	4.9	3.8	3.8
Community Health Network of Berkshire County	67.0	40.3	36.0	105	22.2	4.0	2.4	-- ⁵	-- ⁵
Upper Valley Health Web (Franklin County)	85.7	31.2	31.9	73	25.5	5.5	3.8	5.5	3.0
Partnership for Health in Hampshire County (Northampton)	88.8	21.2	25.1	61	6.7	3.9	4.0	-- ⁵	2.9
The Community Health Connection (Springfield)	76.2	47.5	48.9	506	48.1	4.7	5.4	2.9	3.3
Community Health Network of Southern Worcester County	91.1	26.0	31.7	122	33.3	4.2	5.1	-- ⁵	4.1
Community Partners for Health (Milford)	93.7	11.3	13.4	79	17.5	7.3	5.6	6.1	4.5
Community Health Network of Greater Metro West (Framingham)	93.1	12.5	10.5	101	10.2	5.7	4.3	5.3	3.7
Community Wellness Coalition (Worcester)	91.6	32.1	31.1	308	29.7	6.4	6.9	5.4	5.4
Fitchburg/Gardner Community Health Network	85.4	24.6	28.2	239	29.2	4.3	4.0	2.7	2.8
Greater Lowell Community Health Network	75.1	25.2	27.4	260	30.3	3.8	5.2	3.3	4.1
Greater Lawrence Community Health Network	80.0	42.6	41.1	327	52.3	6.4	6.1	4.6	5.1
Greater Haverhill Community Health Network	87.0	19.9	21.5	97	23.0	3.0	3.6	-- ⁵	2.9
Community Health Network North (Beverly/Gloucester)	90.2	14.7	13.8	37	9.9	6.5	3.6	5.7	3.1
North Shore Community Health Network	76.3	33.5	30.1	245	29.6	3.9	5.3	3.3	4.1
Greater Woburn/Concord/Littleton Community Health Network	88.0	5.9	7.7	26	4.8	-- ⁵	2.6	-- ⁵	2.1
North Suburban Health Alliance (Medford/Malden/Melrose)	88.1	18.8	16.1	79	11.4	3.5	3.4	2.3	2.8
Greater Cambridge/Somerville Community Health Network	88.1	18.0	16.2	71	9.0	4.9	4.5	2.6	3.3
West Suburban Health Network (Newton/Waltham)	93.0	8.2	7.9	41	4.2	2.4	2.9	-- ⁵	2.0
Alliance for Community Health (Boston/Chelsea/Revere/Winthrop)	83.2	44.8	40.3	847	32.1	6.8	6.3	5.0	5.0
Blue Hills Community Health Alliance (Greater Quincy)	91.4	15.4	13.3	113	11.7	2.6	2.9	2.0	2.5
Four (For) Communities (Holyoke, Chicopee, Ludlow, Westfield)	80.0	45.9	44.5	259	44.0	7.1	5.3	4.9	3.9
Greater Brockton Community Health Network	82.2	32.4	34.2	211	25.5	4.7	5.3	3.7	4.6
South Shore Community Partners in Prevention (Plymouth)	88.8	12.9	13.8	65	11.5	3.2	4.9	2.4	3.7
Greater Attleboro-Taunton Health & Education Response	85.9	20.1	20.0	166	21.8	6.7	5.3	5.5	4.1
Partners for a Healthier Community (Fall River)	84.8	47.3	42.3	188	42.3	7.9	8.7	7.3	7.2
Greater New Bedford Health & Human Services Coalition	76.7	44.7	39.4	239	36.6	7.1	5.8	3.6	3.1
Cape and Islands Community Health Network	86.2	29.8	23.7	114	18.5	6.0	6.0	4.3	4.4

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Births per 1,000 residents (male and female). 2001 birth rates are calculated using DPH 2000 population estimates, based on U.S. Census 2000 population counts (see Technical Notes in Appendix). 2. Mothers who designated themselves as Asian, American Indian or Other. 3. For the category of Mother's Race and Ethnicity, percentages are calculated based on the state total of resident births, including births for which mother's race/Hispanic ethnicity is unknown. 4. Births per 1,000 female residents ages 15-19. 5. Calculations based on fewer than 5 events are excluded. 6. Based on the Adequacy of Prenatal Care Utilization (APNCU) Index. Please see Glossary for definition. 7. Public payment sources include Commonwealth, Healthy Start, Medicaid/MassHealth, and Medicare (may be HMO or managed care), or free care. 8. Deaths per 1,000 live births. See Definitions of Rates section in Appendix for definitions of infant and neonatal mortality rates.

Table 4. Age-Specific and Crude Birth Rates, Massachusetts: 1990 and 2001

Mother's Age	1990		2001		Percent Change in Rate
	Births ¹	Rate	Births	Rate ²	
12-14	124	1.3	78	0.6	-53.8
15-19	7,258	35.8	4,979	24.3	-32.1
20-24	18,115	70.5	12,029	58.5	-17.0
25-29	29,913	107.5	19,015	86.2	-19.8
30-34	25,687	92.1	26,948	107.6	16.8
35-39	9,795	40.1	14,750	53.8	34.2
40-44	1,522	6.9	3,069	11.5	66.7
45+ ³	46	0.3	144	0.6	100.0
Birth rate, ages 15-44⁴	92,290	62.2	80,790	56.8	-8.7
Crude Birth Rate⁵	92,461	15.4	81,014	12.8	-16.9

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Differences in the number of births from previous publications are the result of updating of the birth files. The number of births for all age groups does not always add to the total number of births as mother's age is sometimes not recorded on the birth certificate. 2. 2001 birth rates are calculated using DPH 2000 population estimates, based on U.S. Census 2000 population counts (see Technical Notes in Appendix). 3. Denominator is female population ages 45-49. 4. Rate represents the total number of births to women age 15-44 per 1,000 women age 15 to 44. 5. Births per 1,000 residents (females and males). Includes births to mothers of all age groups and mothers for whom age is unknown.

Figure 1. Trends in the Number of Births by Mother's Age Group, Massachusetts: 1980-2001

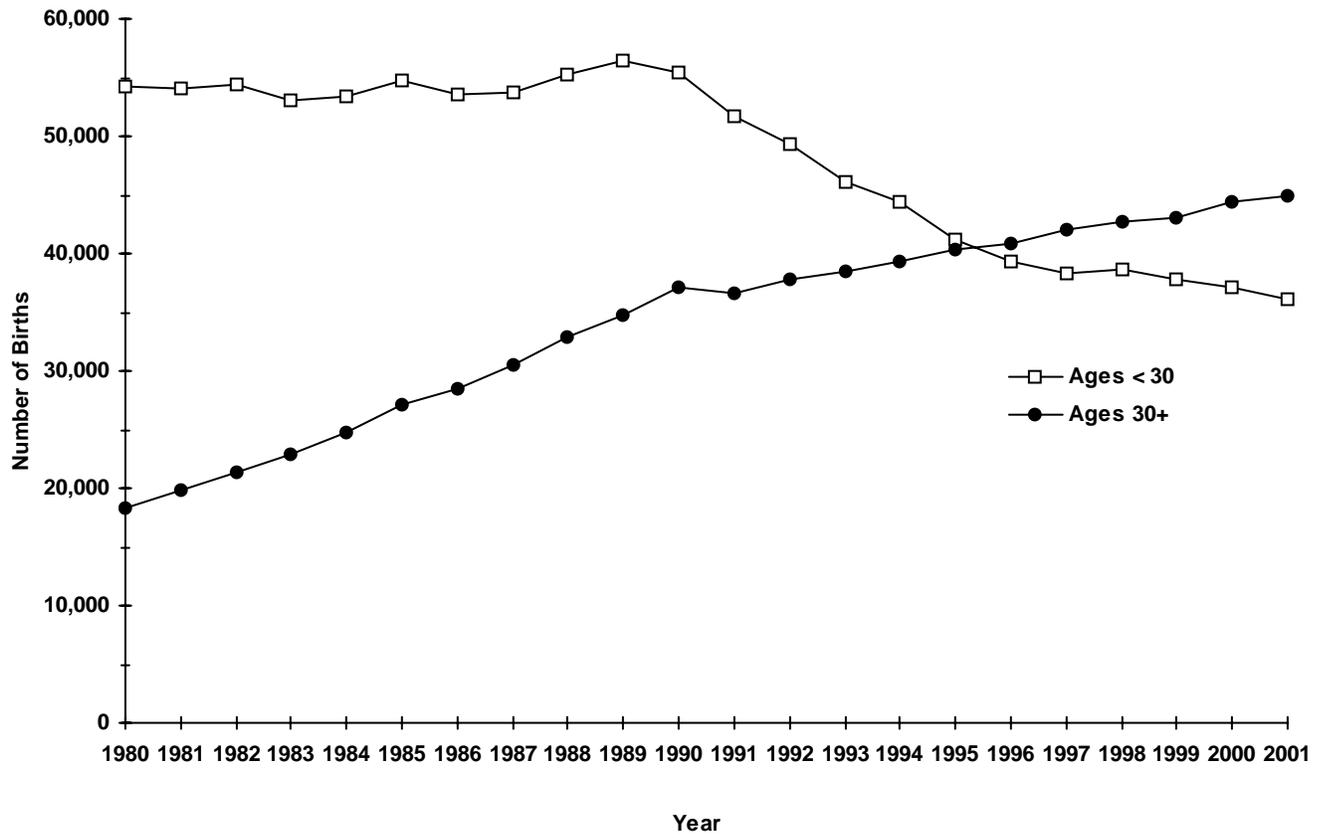
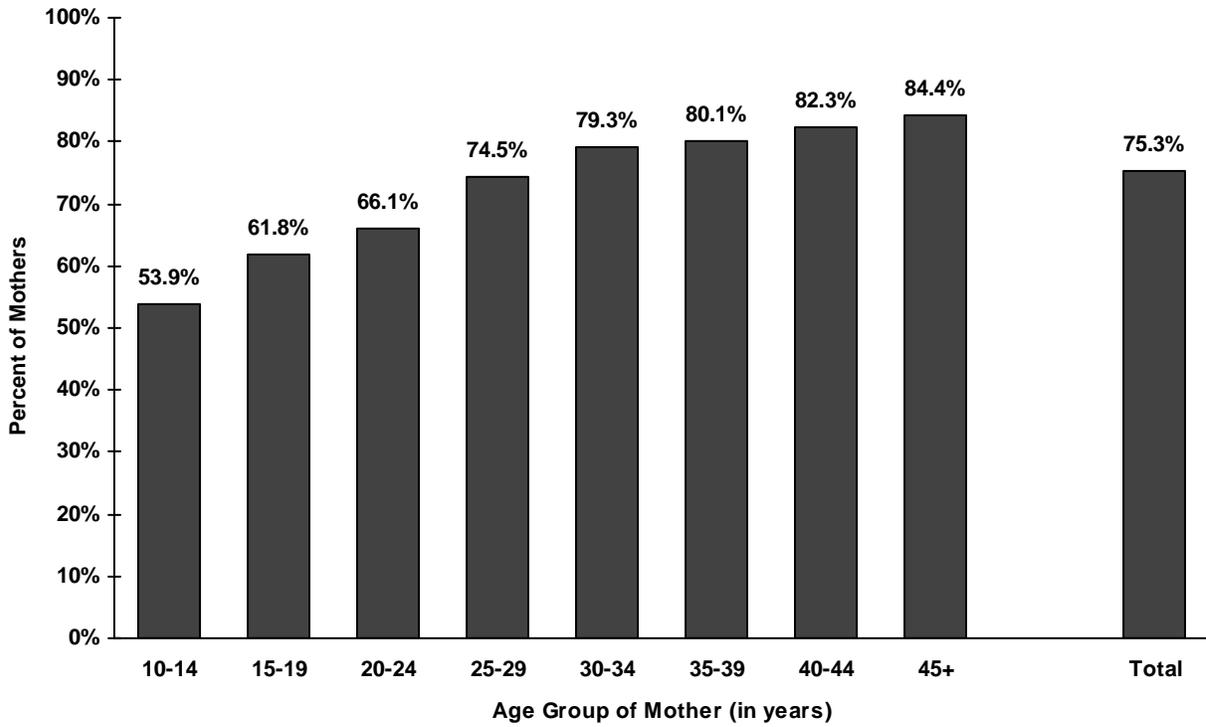


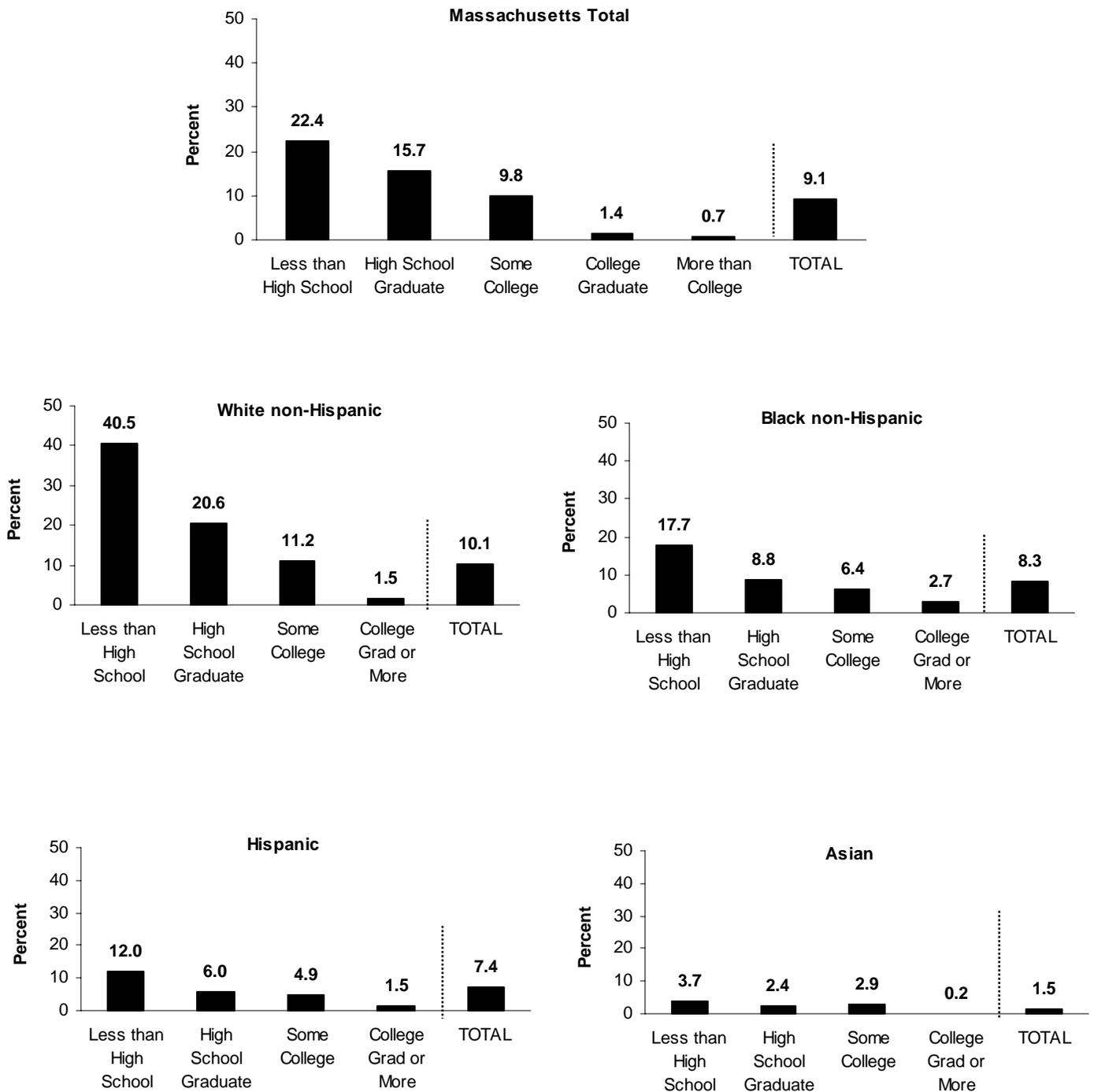
Figure 2. Percent of Mothers Breastfeeding or Intending to Breastfeed¹ by Age Group, Massachusetts²: 2001



NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Information about breastfeeding was reported by the mother at the time the birth certificate was completed.
2. For race-specific breastfeeding rates see Table 2A.

Figure 3. Percent of Mothers who Smoked During Pregnancy, by Mother's Race/Hispanic Ethnicity and Educational Attainment, Massachusetts: 2001



NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Based on information provided on the birth certificate as reported by the mother. Due to self-reported nature, data on smoking prevalence should be interpreted cautiously. Mothers with more than one delivery are counted for each birth.

Figure 4. Distribution of Smoking Status¹ during Pregnancy by Smoking Status Prior to Pregnancy, Massachusetts: 2001

Smoking Status¹ Prior to Pregnancy:

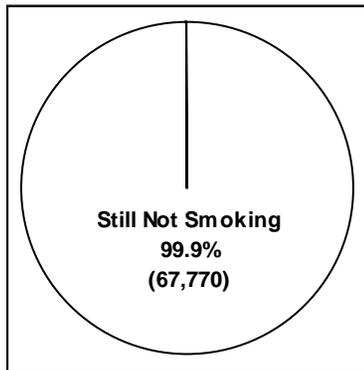
Non-Smokers
84.0%
(67,838)

Light Smokers
8.2%
(6,625)

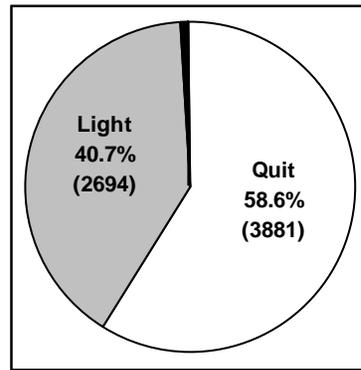
Moderate Smokers
6.8%
(5,525)

Heavy Smokers
1.0%
(817)

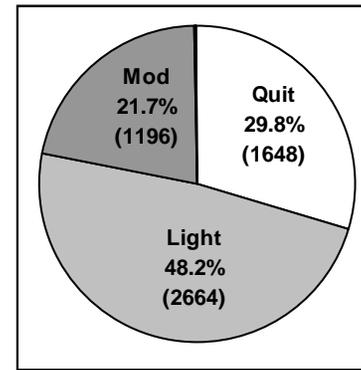
Smoking Status¹ During Pregnancy:



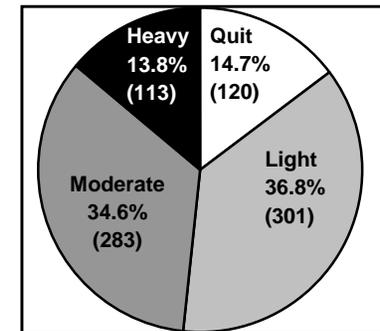
99.9% of Non-Smokers continued not smoking (0.1% started smoking)



58.6% of Light Smokers quit smoking (0.8% increased)



78.0% of Moderate Smokers decreased the number of cigarettes smoked daily or quit (0.3% increased)



86.2% of Heavy Smokers decreased the number of cigarettes smoked daily or quit

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Light Smokers=1-10 cigarettes daily; Moderate Smokers=11-20 cigarettes daily; Heavy Smokers=21 cigarettes or more daily.

Table 5. Parity¹ by Age of Mother, Massachusetts: 2001

Age of Mother (years)		Total Births	1st	2nd	3rd	4th	5th+
STATE TOTAL	n²	81,014	35,032	27,971	11,927	3,873	1,945
	%³	100.0	43.4	34.6	14.8	4.8	2.4
10-14	n	78	77	1	0	0	0
	%	100.0	98.7	-- ⁴	0.0	0.0	0.0
15-19	n	4,979	4,182	666	102	13	5
	%	100.0	84.2	13.4	2.1	0.3	0.1
20-24	n	12,029	6,462	3,840	1,278	316	90
	%	100.0	53.9	32.0	10.7	2.6	0.8
25-29	n	19,015	9,003	6,301	2,450	821	370
	%	100.0	47.5	33.3	12.9	4.3	2.0
30-34	n	26,948	10,395	10,416	4,222	1,255	582
	%	100.0	38.7	38.8	15.7	4.7	2.2
35-39	n	14,750	4,038	5,615	3,239	1,165	640
	%	100.0	27.5	38.2	22.0	7.9	4.4
40-44	n	3,069	833	1,074	615	296	240
	%	100.0	27.2	35.1	20.1	9.7	7.8
45+	n	144	41	58	21	6	18
	%	100.0	28.5	40.3	14.6	4.2	12.5

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. The number of live births including this birth. 2. State totals include births of unknown parity and unknown mother's age. 3. Percents may not sum to 100.0 due to rounding. 4. Calculations based on fewer than 5 events are excluded.

Table 6. Trends in Number and Percent Distribution of Births¹ by Plurality and Age, Massachusetts: 1990-2001

Age Group	Year	Singletons		Multiples ²						Total births	
		n	%	Twins n	%	Triplets or more n	%	Total Multiples n	%	n	%
All Ages											
	1990	90,049	97.4	2,312	2.5	99	0.1	2,411	2.6	92,460	100.0
	1991	85,802	97.3	2,285	2.6	89	0.1	2,374	2.7	88,176	100.0
	1992	84,722	97.2	2,347	2.7	133	0.2	2,480	2.8	87,202	100.0
	1993	82,055	97.0	2,367	2.8	205	0.2	2,572	3.0	84,627	100.0
	1994	81,187	96.9	2,357	2.8	214	0.3	2,571	3.1	83,758	100.0
	1995	78,935	96.8	2,429	3.0	198	0.2	2,627	3.2	81,562	100.0
	1996	77,355	96.5	2,621	3.3	194	0.2	2,815	3.5	80,164	100.0
	1997	77,203	96.1	2,856	3.6	262	0.3	3,118	3.9	80,321	100.0
	1998	78,004	95.8	3,114	3.8	288	0.4	3,402	4.2	81,406	100.0
	1999	77,473	95.8	3,147	3.9	246	0.3	3,393	4.2	80,866	100.0
	2000	78,075	95.7	3,263	4.0	244	0.3	3,507	4.3	81,582	100.0
	2001	77,409	95.6	3,371	4.2	234	0.3	3,605	4.4	81,014	100.0
Ages <35											
	1990	79,081	97.5	1,946	2.4	70	0.1	2,016	2.5	81,097	100.0
	1991	74,810	97.5	1,863	2.4	76	0.1	1,939	2.5	76,749	100.0
	1992	73,043	97.3	1,914	2.6	103	0.1	2,017	2.7	75,060	100.0
	1993	70,042	97.2	1,849	2.6	158	0.2	2,007	2.8	72,049	100.0
	1994	68,644	97.2	1,844	2.6	164	0.2	2,008	2.8	70,652	100.0
	1995	65,669	97.2	1,787	2.6	141	0.2	1,928	2.9	67,597	100.0
	1996	63,560	96.9	1,935	2.9	126	0.2	2,061	3.1	65,621	100.0
	1997	62,598	96.7	1,949	3.0	170	0.3	2,119	3.3	64,717	100.0
	1998	62,719	96.4	2,193	3.4	170	0.3	2,363	3.6	65,082	100.0
	1999	61,816	96.4	2,147	3.3	150	0.2	2,297	3.6	64,113	100.0
	2000	61,659	96.4	2,205	3.4	130	0.2	2,335	3.6	63,994	100.0
	2001	60,704	96.3	2,211	3.5	134	0.2	2,345	3.7	63,049	100.0
Ages 35+											
	1990	10,968	96.5	366	3.2	29	0.3	395	3.5	11,363	100.0
	1991	10,987	96.2	422	3.7	13	0.1	435	3.8	11,422	100.0
	1992	11,675	96.2	433	3.6	30	0.3	463	3.8	12,138	100.0
	1993	12,007	95.5	518	4.1	47	0.4	565	4.5	12,572	100.0
	1994	12,543	95.7	513	3.9	50	0.4	563	4.3	13,106	100.0
	1995	13,264	95.0	642	4.6	57	0.4	699	5.0	13,963	100.0
	1996	13,793	94.8	686	4.7	68	0.5	754	5.2	14,547	100.0
	1997	14,602	93.6	907	5.8	92	0.6	999	6.4	15,601	100.0
	1998	15,282	93.6	921	5.6	118	0.7	1,039	6.4	16,321	100.0
	1999	15,657	93.5	1,000	6.0	96	0.6	1,096	6.5	16,753	100.0
	2000	16,412	93.3	1,058	6.0	114	0.6	1,172	6.7	17,584	100.0
	2001	16,703	93.0	1,160	6.5	100	0.6	1,260	7.0	17,963	100.0

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Differences in the number of births from previous publications are the result of updating of files. 2. Numbers of multiples (n) represent individual infants rather than sets of infants.

Table 7. Selected Birth Characteristics by Maternal Education, Massachusetts: 2001

	<u>Less than High School</u>		<u>High School Graduate</u>		<u>Some College</u>		<u>College Graduate</u>		<u>More than College</u>	
	n	% ¹	n	% ¹	n	% ¹	n	% ¹	n	% ¹
State Total	8,138	10.1	21,261	26.3	18,668	23.1	21,771	26.9	10,955	13.6
Race										
Non-Hispanic White	3,000	5.1	13,741	23.3	14,250	24.1	18,791	31.8	9,256	15.7
Non-Hispanic Black	863	14.7	2,199	37.6	1,846	31.5	707	12.1	240	4.1
Hispanic	3,250	34.6	3,664	39.0	1,599	17.0	618	6.6	273	2.9
Asian	675	14.1	1,006	21.1	661	13.8	1,372	28.7	1,060	22.2
Age										
20-29	3,784	12.2	11,159	36.0	8,549	27.6	5,634	18.2	1,856	6.0
30-39	1,395	3.4	7,667	18.4	9,170	22.1	15,053	36.2	8,290	19.9
40+	119	3.7	543	17.0	650	20.4	1,074	33.6	806	25.3
Non-U.S.-born²	2,900	35.7	5,739	27.0	3,302	17.7	3,638	16.7	2,291	20.9
Unmarried	5,912	72.7	9,363	44.0	4,753	25.5	1,182	5.4	358	3.3
Publicly-financed prenatal care	6,267	78.1	10,050	48.2	4,345	23.7	1,065	5.1	257	2.4
Very low birthweight³	129	1.6	382	1.8	246	1.3	243	1.1	108	1.0
Low birthweight⁴	775	9.5	1,737	8.2	1,248	6.7	1,351	6.2	664	6.1
Adequate prenatal care⁵	5,687	70.7	17,141	81.2	15,949	86.0	19,575	90.4	10,018	91.9
Cesarean section delivery	1,591	19.6	5,269	24.8	5,058	27.2	5,775	26.6	2,913	26.7
Breastfeeding⁶	4,812	59.6	13,771	65.7	13,293	72.3	18,078	85.7	9,860	90.7
Multiple births	174	2.1	788	3.7	817	4.4	1,193	5.5	629	5.7
Smoking during pregnancy	1,825	22.4	3,339	15.7	1,834	9.8	309	1.4	77	0.7

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. For state total, race and age categories, percentages are based on row totals. For all other categories, percentages are based on column totals. 2. Includes women born outside of the 50 U.S. States, Washington D.C., and Puerto Rico/U.S. territories (the U.S. Virgin Islands, and Guam). 3. Very low birthweight: less than 1,500 grams or 3.3 pounds. 4. Low birthweight: less than 2,500 grams or 5.5 pounds. 5. Beginning with this year's publication, the Adequacy of Prenatal Care Utilization Index has replaced the Kessner Index as the measure of adequate prenatal care. 6. Mother was breastfeeding or was intending to breastfeed at the time the birth certificate was completed.

Table 8. Comparison of Massachusetts Perinatal Health Indicators to Healthy People 2010 Objectives¹

Healthy People 2010 Objectives (Focus Area 16: Maternal, Infant and Child Health ²)	HP2010 Target	Massachusetts				Has Massachusetts achieved HP2010 target? ✓ = YES ○ = NO, but within 25% of target ● = NO, > 25% from target
		1998	1999	2000	2001	
Fetal, Infant, and Maternal Deaths						
16-1a. Fetal Mortality Rate ³	4.1	5.4	5.2	5.3	4.7	○
16-1b. Perinatal Mortality Rate ⁴	4.5	5.9	6.0	5.4	5.6	○
16-1c. Infant Mortality Rate ⁵	4.5	5.1	5.2	4.6	5.0	○
16-1d. Neonatal Mortality Rate ⁶	2.9	3.9	4.1	3.5	3.8	●
16-1e. Postneonatal Mortality Rate ⁷	1.2	1.2	1.1	1.1	1.2	✓
16-4. Maternal Mortality Ratio ⁸	3.3	3.7	0.0	1.2	4.9	●
Risk Factors						
16-10a. Low Birthweight ⁹ (%)	5.0	7.0	7.1	7.1	7.2	●
16-10b. Very Low Birthweight ¹⁰ (%)	0.9	1.3	1.4	1.4	1.4	●
16-11a. Preterm ¹¹ (%)	7.6	7.6	7.6	8.3	8.0	○
Prenatal Care						
16-6a. Care beginning in first trimester (%)	90	84.3	84.3	83.8	84.3	○
16-6b. Early and adequate care ¹² (%)	90	82.9	82.9	83.3	85.2	○
Obstetrical Care						
16-8. Very Low Birthweight ¹⁰ Infants born at Level III Hospitals ¹³ (%)	90	80.3	82.5	83.4	79.1	○
16-9a. Cesarean Sections: Low-Risk ¹⁴ Women Giving Birth for the First Time (%)	15	17.6	18.8	20.5	22.0	●
16-9b. Cesarean Sections: Low-Risk ¹⁴ Women with Prior Cesarean Section (%)	63	63.8	68.8	72.7	79.2	●
Breastfeeding						
16-19a. Breastfeeding ¹⁵ (%)	75	70.9	72.4	73.8	75.3	✓
Prenatal Substance Exposure						
16-17c. Abstinence from Smoking (%)	99	88.5	89.3	90.3	90.9	○

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. National health promotion and disease prevention agenda established by the U.S. Dept. of Health and Human Services. 2. Goal: to improve the health and well-being of women, infants, children, and families. 3. Number of fetal deaths per 1,000 fetal deaths plus livebirths. 4. Number of fetal and infant deaths in perinatal period (from 28 weeks gestation (inclusive) to 6 days (inclusive) after birth per 1,000 fetal deaths plus livebirths. 5. Number of infant deaths (under one year of age) per 1,000 live births. 6. Number of deaths to infants less than 28 days of age per 1,000 live births. 7. Number of deaths to infants 28-364 days of age per 1,000 live births. 8. See Definition of Rates section in Appendix. 9. Less than 2,500 grams, or 5.5 pounds. 10. Less than 1,500 grams, or 3.3 pounds. 11. Born before completion of 37th week of gestation. 12. Based on Adequacy of Prenatal Care Utilization Index (see glossary). 13. Facilities for high-risk deliveries and neonates that can provide care to very small infants, including mechanical ventilation and neonatal surgery and special care for transferred patients and for which a full-time neonatologist serves as the director. 14. "Low-risk"= full term birth, singleton, vertex presentation. 15. HP2010 specifies objective as mother breastfeeding in "early postpartum period." Massachusetts data is based on mother's self-report of current breastfeeding or intention to breastfeed at the time the birth certificate is completed.

CHAPTER 2

TEEN BIRTH CHARACTERISTICS

Introduction

Massachusetts Births 2001 has been expanded this year to include a chapter that focuses on births to women ages 15-19, the “teen births”. In 2001, in addition to the births to 15-19 year olds, there were 78 births to younger mothers ages 12 to 14, which represents a 7.8% decline in births in this age group from 2000 (data not shown).

Birth Numbers and Rates

In 2001, 4,979 births occurred to Massachusetts resident women ages 15-19, compared with 5,305 births for this age group in 2000 (Table 9). The number of resident live teen births in Massachusetts has decreased by 28% since 1991 (6,892 births) (Table 11).

About one-third of the teen births were to women ages 15-17 (1,627 births), and two-thirds were to women ages 18-19 (3,352 births) (Table 9).

In 2001, the teen birth rate was 24.3 births per 1,000 women ages 15-19 years, a decrease of 6% from 2000 (25.8) (Table 1). The Massachusetts teen birth rate has decreased steadily from 35.4 births per 1000 women ages 15-19 in 1990 to 24.3 in 2001 (Figure 6).

The Massachusetts teen birth rate in 2001 was 47% below the U.S. teen birth rate of 45.8 births per 1,000 women ages 15-19 (National Vital Statistics Reports, Vol. 51, No. 2, December 18, 2002, p.3) (Figure 6).

Distribution of Births by Race and Hispanic Ethnicity, and Mother’s Birthplace

In 2001, of all live births to Massachusetts resident teens ages 15-19, 46.7% (2,319) were to White non-Hispanic mothers; 32.3% (1,607) were to Hispanic mothers; 12.6% (624) were to Black non-Hispanic mothers; 4.4% (219) were to Asian mothers; and 4.0% (199) were to mothers of other races (Table 9).

In 2001, the birth rates among resident teen women were in the same relative order by race and Hispanic ethnicity as they were in 1990, and they have decreased for all groups. However, Black non-Hispanics have had the greatest decrease, 48% from 1990 (89.2) to 2001 (46.0); the White non-Hispanic birth rate has decreased by 40% (from 24.0 to 14.4); the Asian teen birth rate has decreased by 39% (from 32.7 to 20.1). The Hispanic teen birth rate has declined the least at 33% (from 120.7 to 81.2) (Figure 7).

Seventy-five percent of teen births were to mothers who were born in the 50 U.S. states or D.C. Almost 10% of teen births were to mothers born in Puerto Rico or U.S. Territories. The percentage of births to non-U.S.-born teen mothers was 16% (Table 9).

Low Birthweight

In 2001, 9.8% of the infants born to women under age 20 were low birthweight – weighing less than 2,500 grams or 5.5 pounds (Figure 5) as compared to 7.0% of infants born to Massachusetts women ages 20 and older. The percentage of low birthweight infants born to teen mothers increased slightly from 2000 (9.3%) to 2001 (9.8%).

The percentage of low birthweight infants was 9% greater for teen mothers ages 18-19 (10.0%) than for mothers ages 15-17 (9.2%) (Table 9).

Prenatal Care

In 2001, of the births to women under age 20, 70.2% of the mothers received adequate prenatal care, compared with 86.2% of births to women ages 20 and over (Figure 5). (Adequacy of prenatal care is a measure of the timing and number of prenatal care visits.)

The percentage of women ages 15-17 who received inadequate prenatal care (23.3%) was 23% greater than that of women ages 18-19 (18.9%) (Table 9).

Over 75% of women under 20 years of age had their prenatal care funded by public sources, compared with 25% of women ages 20 and over (Figure 5).

Teen Birth Characteristics in the 30 Largest Massachusetts Cities and Towns

In 2001, among live births to women ages 15-19 who were residents of the 30 largest cities and towns in the Commonwealth:

Teen birth rates (number of births per 1,000 females 15-19) were highest in Lawrence (95.2), Springfield (71.4), New Bedford (62.1), Lowell (55.0), and Fall River (53.2). These communities had rates two to three times the statewide rate of 24.3.

Teen birth rates were lowest in Newton (2.1) and Medford (4.0) (Table 10). (Note: a teen birth rate was not calculated for Brookline, due to the small number of teen births. Brookline had the fewest teen births (4) of the 30 largest cities and towns in 2001.)

Eight communities (Waltham, Malden, Peabody, New Bedford, Boston, Cambridge, Methuen, and Pittsfield) recorded low birthweight percentages that were at least 25% higher than the statewide average of 9.8% (Table 10).

Over 80% of mothers ages 15-19 living in Waltham, Weymouth, Medford, Worcester, Plymouth, Cambridge, and Somerville received adequate prenatal care. In contrast, fewer than 60% of teen mothers living in Pittsfield, Attleboro, and Lowell, received adequate prenatal care (Table 10).

Tobacco Use

In 2001, over 18% of teen births were to mothers who reported smoking cigarettes during their pregnancies (Table 9).

For teen mothers ages 18-19, 20% smoked cigarettes during their pregnancies compared to 14% of mothers ages 15-17. In comparison, 9% of mothers ages 20 and over reported smoking during pregnancy.

Parity

In 2001, 84.2% of all live births to teen mothers were the mother's first live-born infant. The percentage of births that were the teen mother's second live-born infant was 13.4, and only 2.4% were the mother's third or greater live-born infants (Table 9).

As expected, mothers ages 18-19 had the greatest percentage of previous live births, almost three times more (20% v. 7%).

Plurality

Plurality represents the number of births to a woman in one delivery. In 2001, 99% of all births to mothers ages 15-19 were singletons, and 1% were twins or higher order multiple births (Table 9).

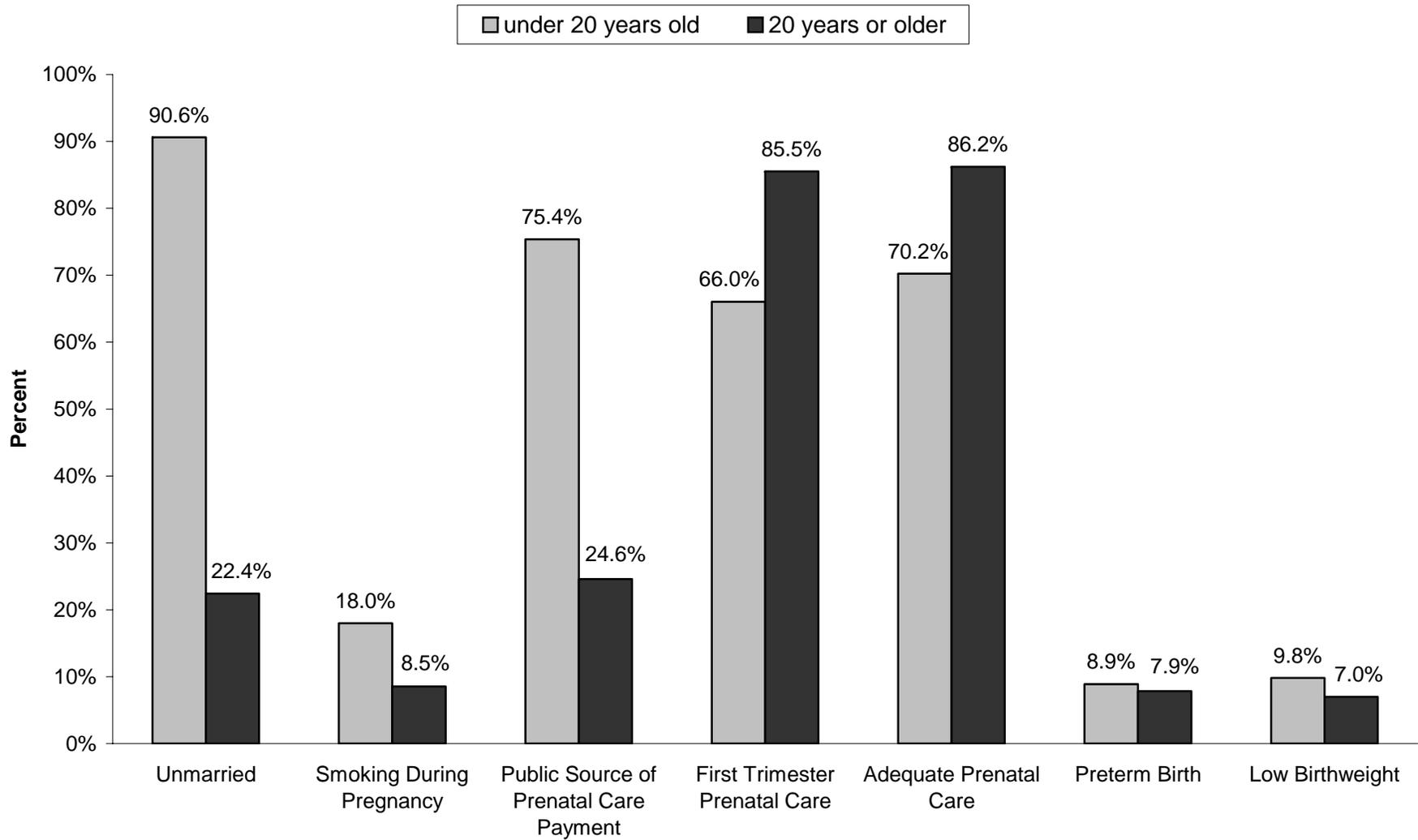
While the percentage of twins or higher order multiples was small overall, the percentage of multiple births to mothers 18-19 was almost twice that of mothers 15-17 (1.6% v. 0.9%) (Table 9).

Table 9. Summary of Selected Teen Birth Characteristics, Massachusetts: 2001

	Age 15-17		Age 18-19		Age 15-19	
	N	% ¹	N	% ¹	N	% ¹
State total	1,627	32.7%	3,352	67.3%	4,979	100.0%
Maternal Demographics						
Race/Hispanic Ethnicity						
White non-Hispanic	618	38.1%	1,701	50.9%	2,319	46.7%
Black non-Hispanic	228	14.0%	396	11.8%	624	12.6%
Asian	83	5.1%	136	4.1%	219	4.4%
Hispanic	625	38.5%	982	29.4%	1,607	32.3%
Other	69	4.3%	130	3.9%	199	4.0%
Birthplace						
U.S. States / D.C.	1,200	73.8%	2,505	74.8%	3,705	74.5%
Puerto Rico / US Terr.	191	11.7%	285	8.5%	476	9.6%
Non-U.S.-born	235	14.5%	560	16.7%	795	16.0%
Prenatal care funding²						
Public	1,205	75.5%	2,482	75.2%	3,687	74.3%
Private, other	390	24.5%	819	24.8%	1,209	24.7%
Pregnancy related factors						
Adequacy of Prenatal Care³						
Adequate Total ⁴	1,097	68.2%	2,380	71.7%	3,477	70.6%
Adequate Intensive	545	33.9%	1,105	33.3%	1,650	33.5%
Adequate Basic	552	34.3%	1,275	38.4%	1,827	37.1%
Intermediate	137	8.5%	310	9.3%	447	9.1%
Inadequate/None	375	23.3%	628	18.9%	1,003	20.4%
Unknown	18	1.1%	34	1.0%	52	1.0%
Parity⁶						
1	1,503	92.7%	2,679	80.1%	4,182	84.2%
2	106	6.5%	560	16.7%	666	13.4%
3+	13	0.8%	107	3.2%	120	2.4%
Smoking during Pregnancy						
Yes	234	14.4%	670	20.0%	904	18.2%
No	1,389	85.6%	2,674	80.0%	4,063	81.8%
Birth outcomes						
Birthweight						
< 500 gms	3	-- ⁵	7	0.2%	10	0.2%
500-1,499 gms	28	1.7%	57	1.7%	85	1.7%
1,500-2,499 gms	119	7.3%	272	8.1%	391	7.9%
LBW (0-2,499 gms)	150	9.2%	336	10.0%	486	9.8%
2,500-3,999 gms	1,392	85.8%	2,811	84.0%	4,203	84.6%
4000+ gms	80	4.9%	198	5.9%	278	5.6%
Gestational age						
< 28 weeks	14	0.9%	38	1.1%	52	1.1%
< 37 weeks	128	7.9%	261	7.9%	389	7.9%
37-42 weeks	1,469	91.2%	3,018	90.9%	4,487	91.1%
43+ weeks	0	0.0%	2	-- ⁵	2	-- ⁵
Plurality						
Singleton	1,613	99.1%	3,299	98.4%	4,912	98.7%
Multiple birth	14	0.9%	53	1.6%	67	1.3%

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.
 1. For state total row, percentages are based on total births to women ages 15-19. For the rest of the table, percentages are based on all births for a given age group and characteristic. 2. See Glossary for definitions of categories. 3. Based on Adequacy of Prenatal Care Utilization (APNCU) Index. 4. Adequate Total = Adequate Basic + Adeq. Intensive. 5. Calculations based on fewer than five events are excluded. 6. Number of live births including the current birth.

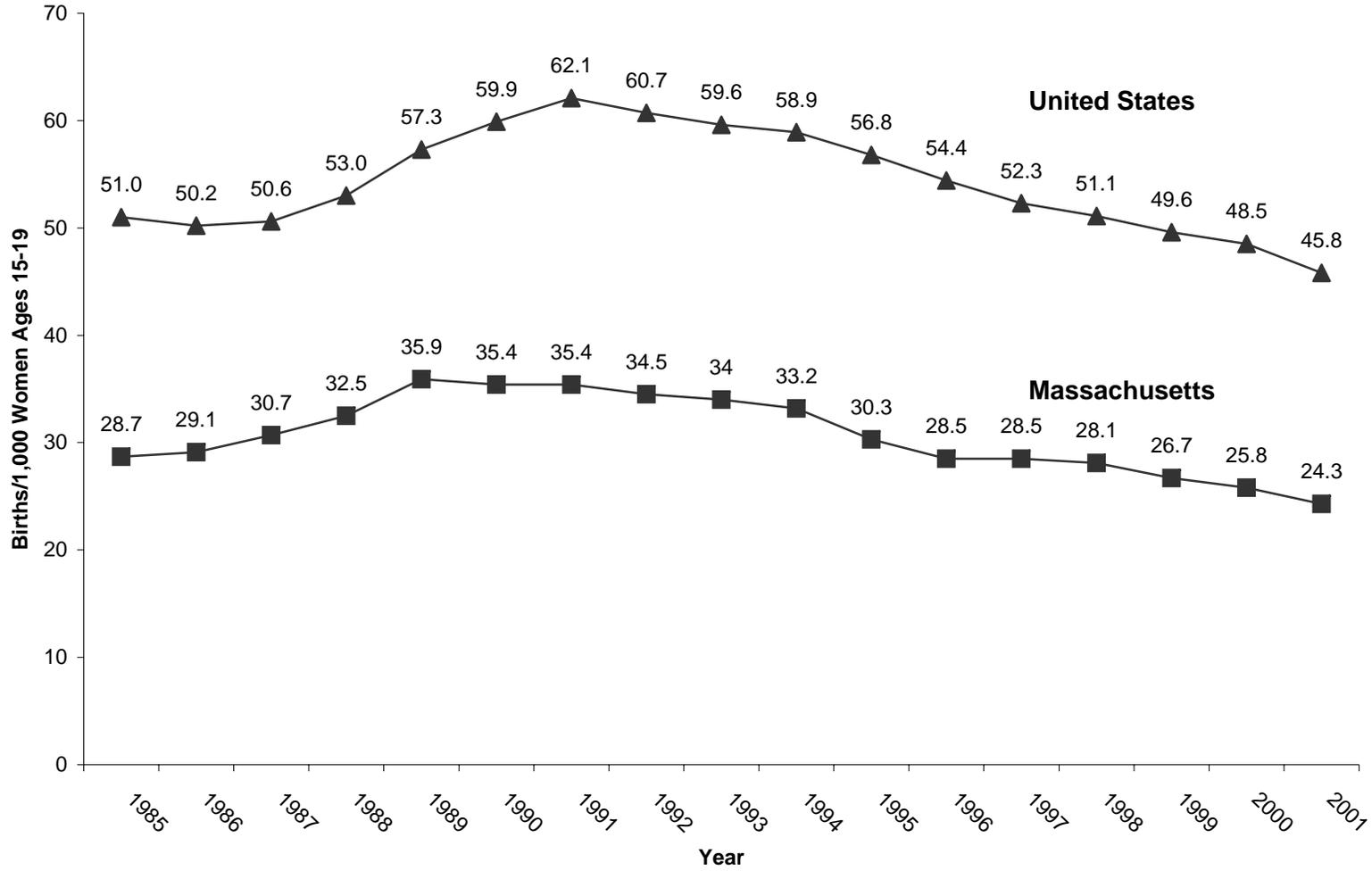
Figure 5. Comparison of Teen vs. Adult Births, Selected Characteristics, Massachusetts: 2001



NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

Definitions: Unmarried = marital status at time of birth. Adequate Prenatal Care = based on Adequacy of Prenatal Care Utilization (APNCU) Index. See Appendix (Glossary and Technical Notes) for more details on the APNCU Index. Preterm Birth = gestational age less than 37 weeks, based on clinical estimate of gestational age. Low Birthweight = less than 2,500 grams (5.5 lbs.).

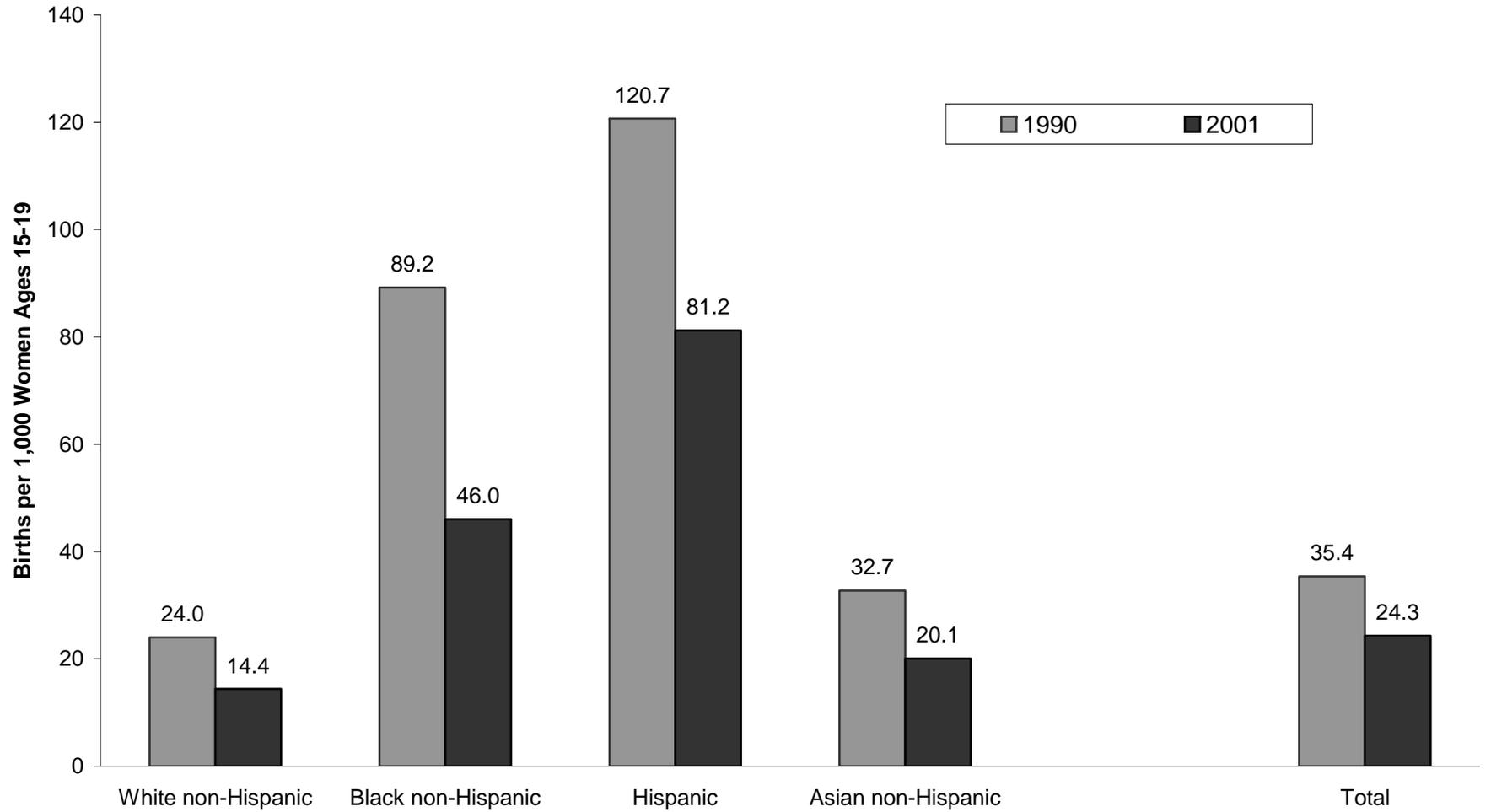
Figure 6. Trend in Birth Rates Among Women Ages 15-19, Massachusetts and the United States: 1985-2001



Teen birth rate is number of births to women ages 15-19 per 1,000 women ages 15-19

Data sources: 1) U.S. annual natality data (NCHS) and 1990 U.S. Census data (population data used in denominators); 2) Massachusetts: annual birth data files, decennial Census counts (1990, 2000) and intercensal population estimates based on MISER (Massachusetts Institute for Social and Economic Research) population estimates for 1991 through 1998 and DPH population estimates for 1999. 2000 and 2001 birth rates are calculated using DPH 2000 population estimates, based on U.S. Census 2000 population counts.

Figure 7. Birth Rates Among Women Ages 15-19 by Mother's Race/Hispanic Ethnicity, Massachusetts: 1990 and 2001



Teen birth rate is number of births to women ages 15-19 per 1,000 women ages 15-19

Population data sources: denominators for 1990 rates are based on the 1990 U.S. Census. 2001 birth rates are calculated using DPH 2000 population estimates, based on U.S. Census 2000 population counts.

Table 10. Resident Teen Birth Characteristics, 30 Largest Municipalities¹, Massachusetts: 2001

Municipality	Total Population Rank	Female Population, age 15-19	Number of Teen Births	Teen Birth Rate ²	Mother's Race and Hispanic Ethnicity (% of births)			
					White non-Hispanic	Black non-Hispanic	Hispanic	Asian or other ³
State Total		205,277	4,979	24.3	46.6	12.5	32.3	8.4
Arlington	29	767	5	6.5	60.0	20.0	20.0	0.0
Attleboro	30	1,151	39	33.9	66.7	5.1	10.3	15.4
Barnstable	25	1,287	36	28.0	75.0	8.3	11.1	5.6
Boston	1	22,240	702	31.6	13.1	42.7	33.9	10.3
Brockton	6	3,304	170	51.5	41.8	25.9	10.6	21.8
Brookline	17	1,382	4	-- ⁵	-- ⁵	-- ⁵	-- ⁵	-- ⁵
Cambridge	5	3,733	16	4.3	37.5	18.8	37.5	6.3
Chicopee	21	1,809	73	40.4	53.4	9.6	37.0	0.0
Fall River	8	2,915	155	53.2	71.0	9.0	11.0	8.4
Framingham	14	1,925	46	23.9	43.5	4.4	47.8	4.4
Haverhill	16	1,793	62	34.6	64.5	6.5	27.4	0.0
Lawrence	13	2,847	271	95.2	13.3	1.9	80.8	3.7
Lowell	4	3,913	215	55.0	30.7	2.8	27.9	37.7
Lynn	9	2,990	158	52.8	27.2	7.0	43.0	22.8
Malden	18	1,391	28	20.1	42.9	21.4	25.0	10.7
Medford	20	1,749	7	4.0	42.9	0.0	28.6	28.6
Methuen	28	1,264	49	38.8	59.2	4.1	36.7	0.0
New Bedford	7	2,978	185	62.1	53.0	8.7	28.1	10.3
Newton	11	3,411	7	2.1	28.6	28.6	42.9	0.0
Peabody	24	1,300	22	16.9	86.4	0.0	4.6	9.1
Pittsfield	27	1,361	49	36.0	73.5	10.2	12.2	4.1
Plymouth	23	1,577	20	12.7	80.0	10.0	5.0	5.0
Quincy	10	1,950	30	15.4	80.0	10.0	3.3	6.7
Revere	26	1,215	50	41.2	38.0	10.0	38.0	14.0
Somerville	12	2,087	42	20.1	54.8	16.7	26.2	2.4
Springfield	3	6,037	431	71.4	14.9	21.1	61.3	2.6
Taunton	19	1,652	63	38.1	66.7	4.8	15.9	12.7
Waltham	15	2,251	23	10.2	47.8	8.7	34.8	8.7
Weymouth	22	1,331	22	16.5	86.4	0.0	13.6	0.0
Worcester	2	6,918	269	38.9	47.2	7.4	40.2	5.2

**Table 10 (cont.). Resident Teen Birth Characteristics, 30 Largest Municipalities,
Massachusetts: 2001**

Municipality	Public payment for prenatal care ⁴ (%)	Unmarried (%)	Low Birthweight ⁶ (%)	Preterm ⁷ (%)	Adequacy of Prenatal Care ⁸			
					Adequate Intensive	Adequate Basic	Intermediate	Inadequate
State Total	75.3	90.5	9.8	8.9	33.5	37.1	9.1	20.4
Arlington	60.0	60.0	0.0	0.0	20.0	20.0	0.0	60.0
Attleboro	62.5	94.9	7.7	12.8	33.3	20.5	12.8	33.3
Barnstable	88.6	94.4	2.8	0.0	22.2	50.0	11.1	16.7
Boston	79.3	92.3	12.7	10.0	31.4	41.6	7.6	19.4
Brockton	75.3	95.9	9.4	8.2	33.5	35.3	11.2	20.0
Brookline	-- ⁵	75.0	0.0	0.0	-- ⁵	-- ⁵	0.0	0.0
Cambridge	50.0	93.8	12.5	18.8	25.0	56.3	6.3	12.5
Chicopee	79.2	90.4	8.2	11.0	36.6	36.6	5.6	21.1
Fall River	77.9	92.3	9.7	9.1	63.9	11.0	0.7	24.5
Framingham	69.6	80.4	8.7	8.7	34.1	43.2	0.0	22.7
Haverhill	70.0	83.9	4.8	3.2	33.9	40.3	9.7	16.1
Lawrence	86.2	91.5	10.7	8.5	27.0	40.4	8.9	23.7
Lowell	77.6	93.0	11.2	9.4	21.2	29.3	14.6	34.9
Lynn	86.5	93.0	7.0	8.9	38.2	29.3	11.5	21.0
Malden	78.6	78.6	21.4	10.7	39.3	28.6	7.1	25.0
Medford	57.1	57.1	0.0	0.0	57.1	28.6	0.0	14.3
Methuen	65.3	85.7	12.2	8.2	32.7	38.8	8.2	20.4
New Bedford	82.8	90.8	13.0	13.0	34.1	36.8	8.2	20.9
Newton	71.4	71.4	0.0	0.0	0.0	57.1	14.3	28.6
Peabody	63.6	81.8	18.2	9.1	36.4	27.3	18.2	18.2
Pittsfield	79.6	91.8	12.2	10.2	22.5	32.7	32.7	12.2
Plymouth	63.2	100.0	10.0	15.0	47.4	36.8	0.0	15.8
Quincy	83.3	90.0	6.7	10.0	33.3	43.3	10.0	13.3
Revere	80.0	90.0	6.0	4.0	46.0	24.0	4.0	26.0
Somerville	71.4	85.7	4.8	2.4	47.6	33.3	4.8	14.3
Springfield	83.3	96.1	10.9	11.4	28.6	35.1	10.5	25.8
Taunton	73.8	87.3	4.8	6.4	27.9	37.7	11.5	23.0
Waltham	65.2	91.3	21.7	21.7	26.1	60.9	0.0	13.0
Weymouth	59.1	81.8	9.1	13.6	50.0	36.4	4.6	9.1
Worcester	78.4	88.1	7.8	6.0	25.2	60.2	7.1	7.5

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. The 30 largest municipalities are the cities and towns in Massachusetts with the largest populations according to DPH 2000 population estimates, based on the U.S. Census 2000 population counts (see Technical Notes in Appendix). 2 Birth rates represent the number of births per 1,000 females age 15-19. 3 Mothers who designated themselves as Asian, American Indian, or Other. 4. See Glossary under "Prenatal Care Payment Source." 5. Calculations based on fewer than five events are excluded. 6. Less than 2,500 grams or 5.5 pounds. 7. Less than 37 weeks gestational age. 8. Based on Adequacy of Prenatal Care Utilization (APNCU) Index. Please see Glossary and Technical Notes in the Appendix for definitions of index and adequacy categories.

Table 11. Trends in Teen Birth Rates for Selected Communities¹, Ranked by 2001 Teen Birth Rate², Massachusetts: 2001, 2000, 1991

2001 Rank	Municipality	2001		2000		1991 ³	
		Number of Teen Births	Teen Birth Rate	Number of Teen Births	Teen Birth Rate	Number of Teen Births	Teen Birth Rate
	State Total	4,979	24.3	5,305	25.8	6,892	35.4
1	Lawrence	271	95.2	278	97.6	349	135.0
2	Holyoke	133	87.9	133	87.9	185	134.6
3	Chelsea	89	80.8	89	80.8	78	88.9
4	Southbridge	43	77.3	38	68.3	46	84.6
5	Springfield	431	71.4	466	77.2	561	99.6
6	New Bedford	185	62.1	195	65.5	275	84.8
7	Fitchburg	91	59.9	92	60.6	98	59.6
8	Lowell	215	55.0	248	63.4	276	76.5
9	Fall River	155	53.2	150	51.5	203	70.4
10	Lynn	158	52.8	189	63.2	178	76.8
11	Brockton	170	51.5	218	66.0	208	70.9
12	Revere	50	41.2	35	28.8	36	35.9
13	Chicopee	73	40.4	56	31.0	69	40.0
14	Salem	48	39.4	34	27.9	42	34.7
15	Worcester	269	38.9	290	41.9	388	60.9
16	Methuen	49	38.8	35	27.7	53	43.3
17	Taunton	63	38.1	62	37.5	96	63.9
18	Pittsfield	49	36.0	58	42.6	69	48.7
19	Haverhill	62	34.6	68	37.9	109	73.3
20	Attleboro	39	33.9	47	40.8	42	39.0
21	Boston	702	31.6	785	35.3	1082	53.7
22	Leominster	37	30.3	63	51.6	47	43.4
23	Framingham	46	23.9	45	23.4	50	24.2
24	Westfield	39	21.7	30	16.7	47	29.2
25	Somerville	42	20.1	47	22.5	64	31.4

1. Selected communities include the 25 Massachusetts cities and towns with the greatest number of teen births. Ranking is by 2001 teen birth rate. 2. Rates are per 1,000 females ages 15-19 per city/town. 3. Source for 1991 births and rates: Massachusetts Community Health Information Profile (MassCHIP), MDPH, v2.8 r270, January 2003; natality dataset and MISER 1991 population estimate.

CHAPTER 3

INFANT AND MATERNAL MORTALITY

Overall Changes in Infant Mortality Rate

In 2001, there were 407 infant deaths (deaths of children less than one year of age) among Massachusetts residents, 30 more infant deaths than in 2000 (Table 12A).

The infant mortality rate (IMR) in 2001 was 5.0 deaths per 1,000 live births. Although the 2001 Massachusetts IMR is 9% greater than the 2000 rate of 4.6 (the lowest number of annual infant deaths in Massachusetts history), it is the second lowest rate since 1980 and is a 29% decrease since 1990 (Table 12A).

The 2001 Massachusetts IMR is 24% below the 2001 U.S. preliminary rate of 6.6 (National Vital Statistics Report, Vol. 50, No. 11, June 26, 2002, p. 1).

Race and Ethnicity Patterns in Infant Mortality Rates

The 2001 IMR for whites was 4.5 deaths per 1,000 live births in 2001, a 13% increase from the 2000 rate (Table 12A). The IMR for black infants was 11.7 deaths per 1,000 live births, which is the same as the rate in 2000.

Since 1980, there has been a substantial decline in IMRs among black and white infants. From 1980 to 2001, the IMR decreased by 54% for whites and 37% for blacks. However, the IMR for black infants was consistently more than twice as high as the IMR for white infants during this time period. This year the disparity in IMR between white and black infants has decreased, after increasing for two years (Figure 8).

The Massachusetts death certificate was revised in 1989 to include an Hispanic identifier. This revision enables the calculation of non-Hispanic white, non-Hispanic black, and Hispanic infant mortality rates (Table 12B). Infants born to non-Hispanic black mothers continue to have the highest IMR (12.1 per 1,000 live births), although this rate represents a 5% decrease from the 2000 rate (12.8).

The IMR for Hispanics rose 40% from 5.2 deaths per 1,000 live births in 2000 to 7.3 deaths per 1,000 live births in 2001 (Table 12B). The 2001 IMR for Hispanic infants is 44% higher than the non-Hispanic white rate (4.1) and 40% below the non-Hispanic black rate (12.1).

The IMR for white non-Hispanics increased 8% from 2000 (3.8) to 2001 (4.1) (Table 12B).

Asian infants had the lowest mortality rate of all groups in 2001 with an IMR of 3.1 deaths per 1,000 live births (Table 12B). However, caution should be used when interpreting this rate since it is based on a small number of deaths.

Neonatal and Post Neonatal Mortality Rates

The overall neonatal mortality rate (deaths among infants less than 28 days old) was 3.8 per 1,000 live births in 2001, which is an increase of 9% over the 2000 neonatal mortality rate of 3.5, the lowest neonatal mortality rate in Massachusetts history (Table 12B).

As was true for infant mortality, the direction of change differed by race/ethnicity groups. Decreases occurred for non-Hispanic blacks and Asians, while the rate for non-Hispanic whites and Hispanics increased (Table 12B).

The overall post neonatal mortality rate (deaths among infants between 28 and 364 days old), was 1.2 in 2001, which was a slight increase over the 2000 rate (1.1) (Table 12B). The post neonatal mortality rate for non-Hispanic black infants decreased from 2.9 in 2000 to 2.6 in 2001, although it is still almost three times that of white non-Hispanics. The post neonatal mortality rate for Hispanic infants increased 75% in 2001, from 1.2 per 1,000 live births to 2.1 in 2001.

Trends in the Time of Infant Deaths

From 1990 to 2001, the percentage of all infant deaths that occurred in the post neonatal period (28-364 days) declined from 31% to 26% (Figure 10). During the same time period, the percentage of infant deaths that occurred in the early neonatal period (within the first 24 hours after birth) rose from 44% to 57% of all infant deaths, and the percentage of infant deaths occurring later in the neonatal period (from 1-27 days) remained about the same (25%).

(Cause-specific infant death information will be available in the upcoming report, *Massachusetts Deaths 2001*.)

Pregnancy-Associated and Maternal Mortality Ratios

In 2001, there were 21 pregnancy-associated deaths, including 4 maternal deaths (Fig. 11). A pregnancy-associated death is the death of a woman while pregnant or within one year of termination of pregnancy, irrespective of cause. Women who die from a cause related to pregnancy or childbirth either during pregnancy or up to 42 days after pregnancy termination are called maternal deaths and are a subset of pregnancy-associated deaths. (See technical notes for further information).

The 2001 pregnancy-associated mortality ratio (PAMR) was 25.5 deaths per 100,000 live births and the maternal mortality ratio (MMR) was 4.9 per 100,000 live births (Figure 11). Since 1990, the annual PAMR fluctuated from a low of 18.0 in 1990 to a high of 31.8 in 1994. However, due to the small number of cases, the differences are not statistically significant.

Table 12A. Trends in Infant, Neonatal, and Post Neonatal Mortality, by Race¹, Massachusetts: 1980-2001

INFANT MORTALITY								
Year	State Total²		White		Black		Asian/Other³	
	n	Rate⁴	n	Rate⁴	n	Rate⁴	n	Rate
1980	748	10.3	655	9.8	87	18.6	5	4.6
1981	710	9.6	616	9.1	85	18.2	8	6.1
1982	764	10.1	656	9.4	102	21.3	5	3.3
1983	682	9.0	579	8.3	89	19.0	12	7.4
1984	699	8.9	601	8.4	82	16.4	13	7.5
1985	745	9.1	608	8.1	126	23.8	11	6.1
1986	695	8.4	560	7.5	123	22.0	11	4.6
1987	608	7.2	486	6.4	110	17.5	12	4.5
1988	693	7.9	546	7.0	133	19.5	13	3.8
1989	697	7.6	549	6.8	131	17.7	17	4.8
1990	649	7.0	519	6.4	106	13.7	24	6.5
1991	577	6.5	461	6.0	102	13.8	14	3.9
1992	569	6.5	438	5.7	114	15.8	17	4.7
1993	523	6.2	423	5.7	87	12.5	13	3.5
1994	499	6.0	407	5.6	81	12.0	11	2.9
1995	419	5.1	333	4.7	65	10.3	21	5.5
1996	403	5.0	329	4.7	65	10.8	8	2.0
1997	425	5.3	349	5.0	66	10.6	10	2.4
1998	414	5.1	345	4.9	59	9.3	10	2.3
1999	418	5.2	334	4.8	75	11.4	9	1.9
2000	377	4.6	280	4.0	76	11.7	19	3.6
2001	407	5.0	314	4.5	77	11.7	16	3.0

Table 12A (cont'd). Trends in Infant, Neonatal, and Post Neonatal Mortality, by Race¹, Massachusetts: 1980-2001

NEONATAL MORTALITY								
Year	State Total²		White		Black		Asian/Other³	
	n	Rate⁴	n	Rate⁴	n	Rate⁴	n	Rate⁴
1980	550	7.6	483	7.2	62	13.3	5	4.6
1981	510	6.9	442	6.5	59	12.4	5	3.8
1982	573	7.6	494	7.1	75	15.7	3	-- ⁵
1983	482	6.3	411	5.9	63	13.4	7	4.3
1984	472	6.0	411	5.8	49	9.8	8	4.6
1985	538	6.6	447	6.0	85	16.0	5	2.8
1986	478	5.8	383	5.2	89	15.9	5	2.1
1987	432	5.1	343	4.6	80	12.7	9	3.4
1988	477	5.4	383	4.9	87	12.8	6	1.8
1989	479	5.2	376	4.7	95	12.8	8	2.3
1990	446	4.8	347	4.3	80	10.3	9	5.1
1991	401	4.5	319	4.1	72	9.8	10	2.8
1992	415	4.8	325	4.3	79	10.9	11	3.1
1993	375	4.4	300	4.1	66	9.5	9	2.4
1994	349	4.2	280	3.8	60	8.9	9	2.4
1995	298	3.6	237	3.3	50	7.9	11	2.9
1996	290	3.6	249	3.5	35	5.8	5	1.2
1997	323	4.0	271	3.9	45	7.2	7	1.7
1998	315	3.9	261	3.7	47	7.4	7	1.6
1999	332	4.1	265	3.8	61	9.3	6	1.3
2000	288	3.5	214	3.1	58	8.9	14	2.7
2001	308	3.8	239	3.5	59	9.0	10	1.9

Table 12A (cont'd). Trends in Infant, Neonatal, and Post Neonatal Mortality, by Race¹, Massachusetts: 1980-2001

POST NEONATAL MORTALITY								
Year	State Total ²		White		Black		Asian/Other ³	
	n	Rate ⁴	n	Rate ⁴	n	Rate ⁴	n	Rate ⁴
1980	198	2.7	172	2.6	25	5.3	0	0.0
1981	200	2.7	174	2.6	26	5.8	3	-- ⁵
1982	191	2.5	162	2.3	27	5.6	2	-- ⁵
1983	200	2.7	168	2.4	26	5.6	5	3.1
1984	227	2.9	190	2.6	33	6.6	5	2.9
1985	207	2.5	161	2.1	41	7.8	6	3.3
1986	217	2.6	177	2.3	34	6.1	6	2.5
1987	176	2.1	143	1.8	30	4.8	3	-- ⁵
1988	216	2.5	163	2.1	46	6.7	7	2.0
1989	218	2.4	173	2.1	36	4.9	9	2.5
1990	203	2.2	172	2.1	26	3.4	5	1.4
1991	176	2.0	142	1.8	30	4.1	4	-- ⁵
1992	154	1.8	113	1.5	35	4.8	6	1.7
1993	148	1.7	123	1.7	21	3.0	4	-- ⁵
1994	150	1.8	127	1.7	21	3.1	2	-- ⁵
1995	121	1.5	96	1.3	15	2.4	10	2.6
1996	113	1.4	80	1.1	30	5.0	3	-- ⁵
1997	102	1.3	78	1.1	21	3.4	3	-- ⁵
1998	99	1.2	84	1.2	12	1.9	3	-- ⁵
1999	86	1.1	69	1.0	14	2.1	3	-- ⁵
2000	89	1.1	66	0.9	18	2.8	5	1.0
2001	99	1.2	75	1.1	18	2.7	6	1.1

1. Hispanic origin could not be identified from the Massachusetts death certificate before 1989; thus, Hispanic trend data are not available. Most Hispanics are included in the race category of white. Hispanic infant mortality data for the years 1990 through 1999 are presented in Table 9B. 2. Deaths of infants of unknown race are included in the total calculation. For rate computations, infants of unknown race are allocated into the race categories according to the distribution of births of known race. 3. Other: American Indian and Other races. 4. Rates are expressed per 1,000 live births. 5. Calculations based on fewer than five events are excluded.

Table 12B. Trends in Infant, Neonatal, and Post Neonatal Mortality, by Race and Hispanic Ethnicity, Massachusetts: 1990-2001

INFANT MORTALITY

Year	State Total ¹		Non-Hispanic White		Non-Hispanic Black		Hispanic		Asian		Other ²	
	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³
1990	649	7.0	442	6.1	98	13.7	77	9.1	24	7.0	8	9.5
1991	577	6.5	381	5.5	101	15.0	80	9.4	14	4.2	1	-- ⁴
1992	569	6.5	371	5.5	110	16.4	67	7.9	16	4.9	5	5.1
1993	523	6.2	346	5.3	84	13.1	77	9.3	13	3.9	3	-- ⁴
1994	499	6.0	343	5.3	79	12.6	64	7.6	8	2.4	5	5.3
1995	419	5.1	275	4.4	65	11.1	58	7.2	19	5.5	2	-- ⁴
1996	403	5.0	289	4.7	63	11.4	40	5.1	8	2.2	2	-- ⁴
1997	425	5.3	294	4.8	64	11.7	55	6.7	10	2.6	2	-- ⁴
1998	414	5.1	287	4.6	59	10.6	58	6.7	10	2.7	0	0.0
1999	418	5.2	285	4.7	72	12.3	49	5.5	8	1.9	4	-- ⁴
2000	377	4.6	232	3.8	74	12.8	48	5.2	19	4.1	4	-- ⁴
2001	407	5.0	245	4.1	71	12.1	69	7.3	15	3.1	7	4.1

NEONATAL MORTALITY

Year	State Total ¹		Non-Hispanic White		Non-Hispanic Black		Hispanic		Asian		Other ²	
	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³
1990	446	4.8	298	4.1	75	10.5	49	5.8	19	5.5	5	5.5
1991	401	4.5	266	3.9	72	10.7	53	6.2	10	3.0	0	0.0
1992	415	4.8	274	4.0	76	11.4	51	6.0	10	3.0	4	-- ⁴
1993	375	4.4	245	3.7	64	10.0	55	6.7	9	2.7	2	-- ⁴
1994	349	4.2	240	3.7	58	9.3	40	4.7	7	2.1	4	-- ⁴
1995	298	3.6	198	3.1	50	8.5	39	4.8	10	2.9	1	-- ⁴
1996	290	3.6	222	3.6	34	6.2	27	3.5	5	1.4	1	-- ⁴
1997	323	4.0	228	3.7	44	8.0	43	5.2	7	1.8	1	-- ⁴
1998	315	3.9	218	3.5	47	8.5	43	5.0	7	1.9	0	0.0
1999	332	4.1	226	3.7	58	9.9	39	4.4	5	1.2	4	-- ⁴
2000	288	3.5	177	2.9	57	9.9	37	4.0	14	3.0	3	-- ⁴
2001	308	3.8	190	3.2	56	9.5	49	5.2	10	2.1	3	-- ⁴

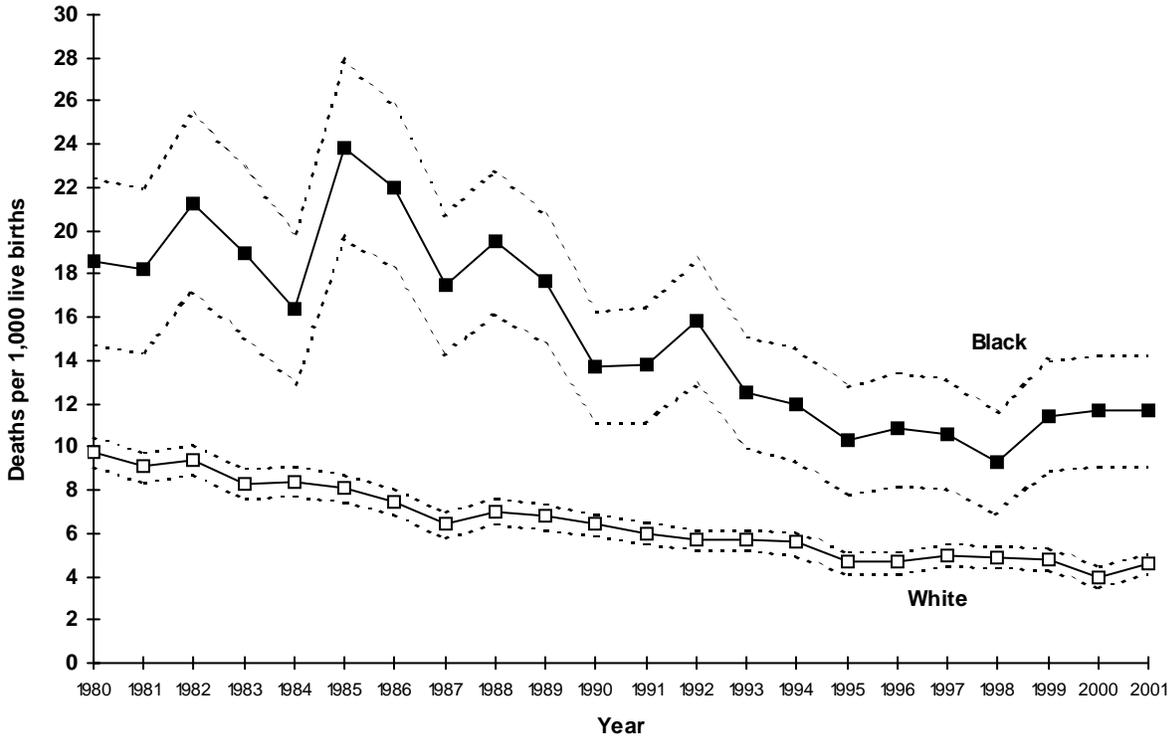
Table 12B (cont.). Trends in Infant, Neonatal, and Post Neonatal Mortality, by Race and Hispanic Ethnicity, Massachusetts: 1990-2001

POST NEONATAL MORTALITY

Year	State Total ¹		Non-Hispanic White		Non-Hispanic Black		Hispanic		Asian		Other ²	
	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³	n	Rate ³
1990	203	2.2	144	2.0	23	3.2	28	3.3	5	1.5	3	-- ⁴
1991	176	2.0	115	1.7	29	4.3	27	3.2	4	-- ⁴	1	-- ⁴
1992	154	1.8	97	1.4	34	5.1	16	1.9	6	1.8	1	-- ⁴
1993	148	1.7	101	1.5	20	3.1	22	2.7	4	-- ⁴	1	-- ⁴
1994	150	1.8	103	1.6	21	3.3	24	2.8	1	-- ⁴	1	-- ⁴
1995	121	1.5	77	1.2	15	2.6	19	2.3	9	2.6	1	-- ⁴
1996	113	1.4	67	1.1	29	5.3	13	1.7	3	-- ⁴	1	-- ⁴
1997	102	1.3	66	1.1	20	3.7	12	1.5	3	-- ⁴	1	-- ⁴
1998	99	1.2	69	1.1	12	2.2	15	1.7	3	-- ⁴	0	0.0
1999	86	1.1	59	1.0	14	2.4	10	1.1	3	-- ⁴	0	0.0
2000	89	1.1	55	0.9	17	2.9	11	1.2	5	1.1	1	-- ⁴
2001	99	1.2	55	0.9	15	2.6	20	2.1	5	1.0	4	-- ⁴

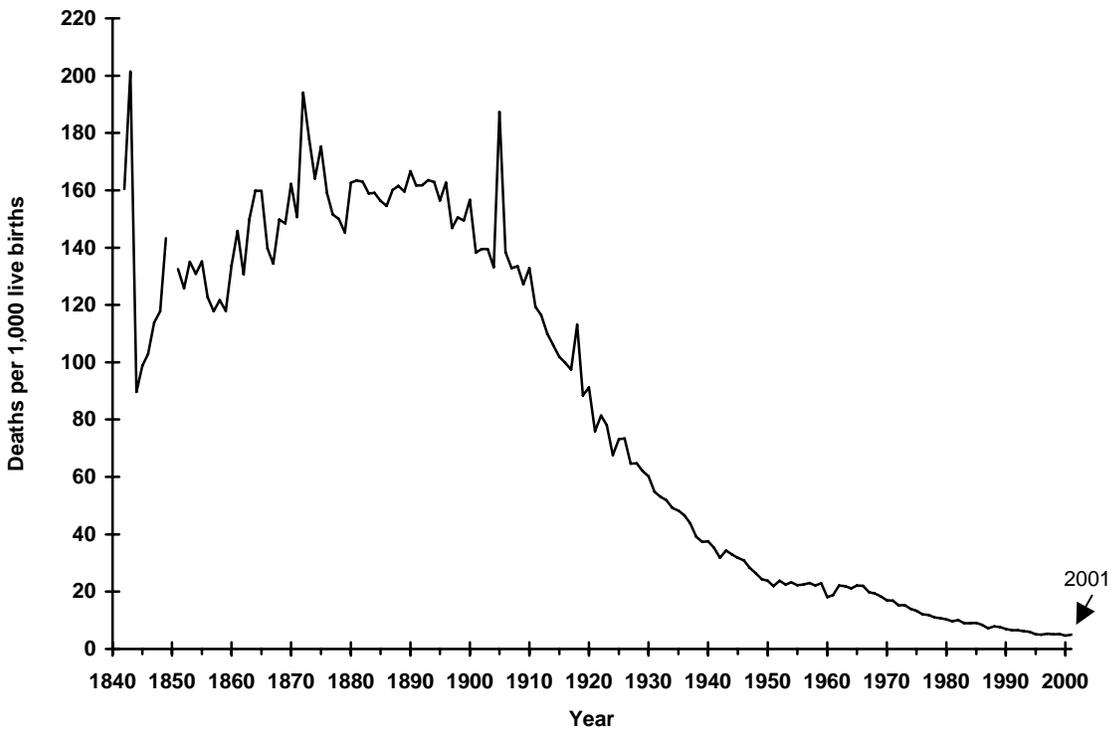
1. Deaths of infants of unknown race are included in the total calculation. For rate computations, births of infants of unknown race are allocated into the race categories according to the distribution of births of known race. 2. Other: American Indian and Other races. 3. Rates are expressed per 1,000 live births. 4. Calculations based on fewer than five events are excluded.

**Figure 8. Infant Mortality Rates and 95% Confidence Intervals¹
by Race², Massachusetts: 1980-2001**



1. See Appendix for explanation
 2. For rate computations, infant births of unknown race are allocated into race categories according to the distribution of the births of known race.
 3. On tables and graphs that include data prior to June 1986, the race classifications do not include ethnicity; most Hispanics are included in the race category of whites.

Figure 9. Infant Mortality Rates, Massachusetts: 1842-2001¹



1. Data not available for 1850.

Figure 10. Trends in the Timing of Infant Deaths, 1990-2001

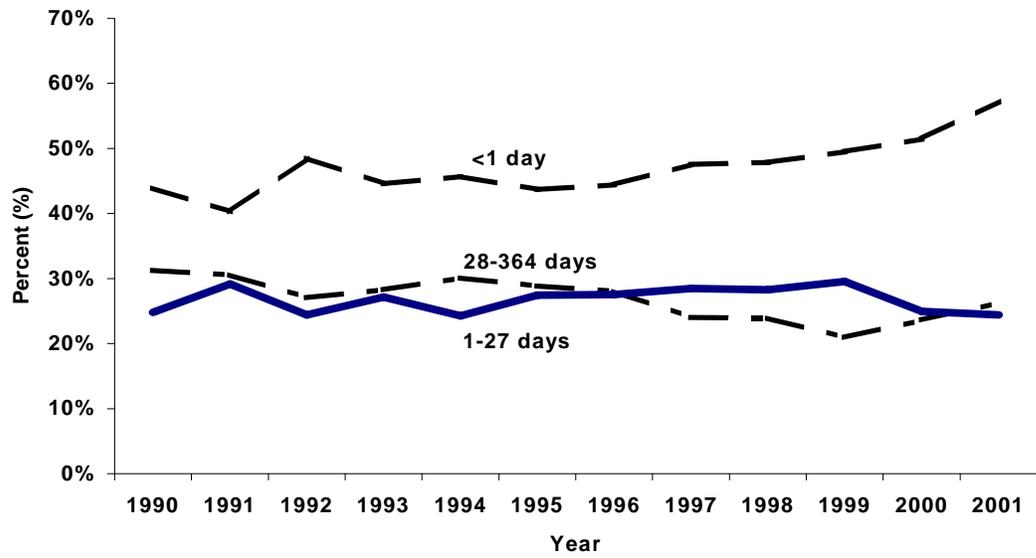
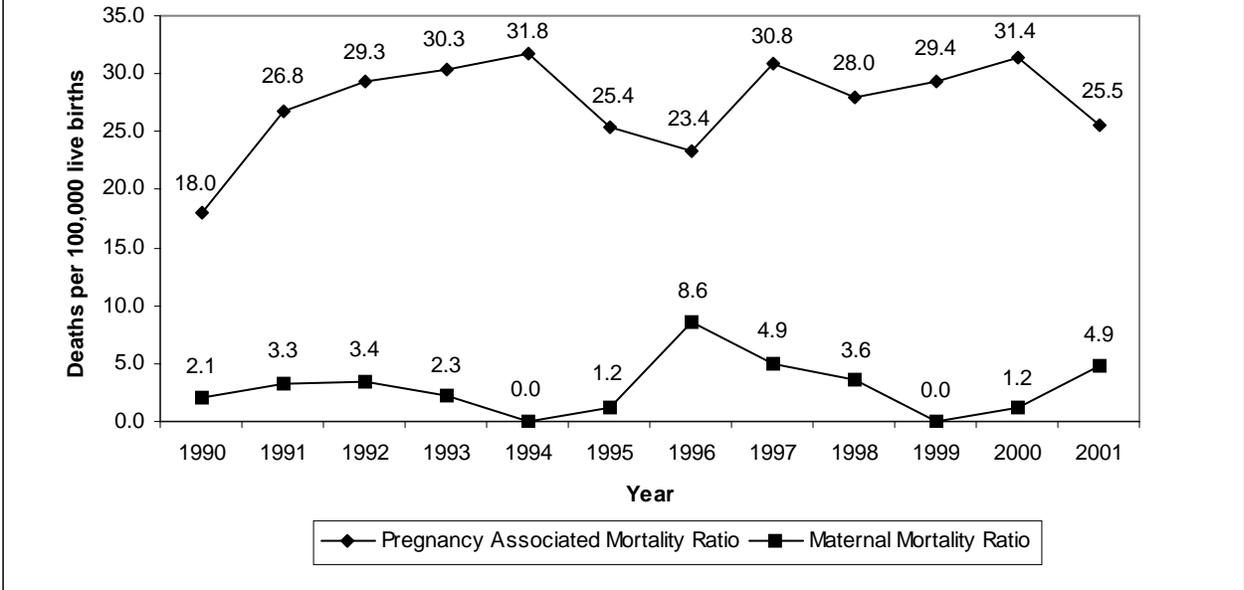


Figure 11. Trends in Pregnancy-Associated¹ and Maternal Mortality², Massachusetts: 1990-2001



Number of Pregnancy-Associated¹ and Maternal Deaths², 1990-2001

Year	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001
Pregnancy-Associated Deaths ¹	17	24	26	26	27	21	19	25	23	24	26	21
Maternal Deaths ²	2	3	3	2	0	1	7	4	3	0	1	4

NOTE: Ratios shown in graph are per 100,000 live births. Ratios are based on occurrence births, not resident births.

1. Pregnancy-associated death is defined as the death of a woman while pregnant or within one year of termination of pregnancy, irrespective of cause. The pregnancy-associated mortality ratio is the number of pregnancy-associated deaths per 100,000 live occurrence births (see Definition of Rates and Technical Notes in Appendix for further information). 2. Maternal death is defined as the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration or site of the pregnancy, from any cause related to or aggravated by pregnancy or its management, but not from accidental or incidental causes. Maternal mortality ratio is the number of maternal deaths per 100,000 live occurrence births (see Definition of Rates and Technical Notes in Appendix for more information.)

CHAPTER 4

BIRTHWEIGHT AND GESTATIONAL AGE

Overall Birthweight Distribution

In 2001, 7.2% (5,795) of Massachusetts resident infants were low birthweight (less than 2,500 grams or 5.5 pounds), and 11.2% were 4,000 grams (8.8 pounds) or more (Table 13).

The low birthweight rate in 2001 was 7.2%, compared with 7.1% in 2000 (Table 15). In 2001, 1.4% (1,114) of infants born to Massachusetts resident women were very low birthweight (less than 1,500 grams or 3.3 pounds); this percentage has remained the same between 1999 and 2001.

The low birthweight rate in Massachusetts was 7% below the U.S. rate of 7.7% (National Vital Statistics Reports, Vol. 51, No. 2, December 2002, p.18).

Patterns of Birthweight by Race and Ethnicity

The proportion of low birthweight infants varied by mother's race and ethnicity (Table 13). Non-Hispanic black women had the highest proportion of low birthweight infants: 11.2%; Hispanic mothers delivered 8.2% low birthweight infants; Asian mothers, 7.3% low birthweight infants; and non-Hispanic white mothers delivered 6.6% low birthweight infants.

The proportion of low birthweight deliveries in 2001 remained the same as in 2000 for Hispanic and Asian mothers, while the rate for non-Hispanic blacks decreased from 12.0% to 11.2%, and the rate for non-Hispanic whites increased from 6.4% to 6.6% (data not shown).

The proportion of very low birthweight infants also varied by mother's race and ethnicity. Non-Hispanic black women had the highest proportion of very low birthweight infants: 3.2%; compared with 1.7% of Hispanics, 1.1% of Asians, and 1.2% of white non-Hispanics (Table 13).

Non-Hispanic white mothers delivered the highest proportion of high birthweight infants: 12.8% weighed 4,000 grams (8.8 pounds) or more (Table 13). This is a decrease from 2000, when the rate for non-Hispanic white mothers was 13.1% (data not shown).

The Massachusetts 2001 low birthweight rate for non-Hispanic black women, 11.2%, was lower than the U.S. rate for all black women, 13.1%. The rate of low birthweight for Massachusetts Hispanic women (8.2%) was higher than the corresponding 2001 U.S. rate of 6.5% (National Vital Statistics Report, Vol. 51, No. 2, December 2002, p. 79). This may be due to differences in the composition of the Hispanic population between Massachusetts and the nation as a whole. In Massachusetts, the Hispanic population is comprised mainly of Puerto Ricans, Dominicans, and Central Americans. The U.S. Hispanic population has a much greater percentage of Mexicans and Cubans who tend to have relatively low rates of low birthweight. The Massachusetts low birthweight rate for Puerto Ricans was 10.1% in 2001 (Table 2B), compared with 9.3% among Puerto Ricans nationwide in 2001 (National Vital Statistics Report, Vol. 51, No. 2, December 18, 2002, page 57).

Birthweight and Age of Mother

In general, the relation between mother's age and percentage low birthweight follows a "U-shaped" distribution: the percentage of low birthweight deliveries is highest among both the youngest mothers (under age 24 years) and the oldest mothers (over age 35 years), while it is lowest for mothers between 25 and 34 years of age (Table 14).

Birthweight and Smoking

Cigarette smoking during pregnancy increases the likelihood of delivering a low birthweight infant. During 2001 in Massachusetts, 10.4% of infants born to mothers who smoked during pregnancy were low birthweight, compared with 6.8% of infants born to non-smoking mothers (Figure 12). Approximately 1 out of 6 (17.5%) infants born to black women who smoked during their pregnancy were low birthweight.

Low Birthweight and Plurality

The increase in low birthweight in Massachusetts over the past decade can in part be attributed to the dramatic increase in multiple births in Massachusetts. The percentage of low birthweight (LBW) and very low birthweight (VLBW) rises dramatically for twins and higher order births. In 2001, 5.1% of singleton births were LBW, whereas 49.2% of twins, and 93.3% of higher order births were LBW (Table 15). Similarly, 0.9% of singletons, 9.2% of twins, and 32.9% of higher order births were VLBW. The percentage of VLBW singleton infants remained approximately the same from 1990 to 2001, while LBW increased slightly in this group: 4.7% in 1990 to 5.1% in 2001. The percentage of VLBW and LBW deliveries for twins decreased slightly from 1999 to 2000, but remained steady in 2001.

Preterm Deliveries

In 2001, 8% (6,412) of infants born to Massachusetts resident women were preterm (premature), born before the mother had completed the 37th week of pregnancy (Table 16).

The percentage of preterm infants increased slightly from 1999 (7.6%) to 2000 (8.3%) and decreased slightly from 2000 to 2001 (8.0%) (data not shown).

The proportion of preterm births varied by mother's race and ethnicity. Non-Hispanic black women had the highest proportion of preterm infants, 12.1%. Hispanic women had 8.3% preterm deliveries; non-Hispanic white women, 7.6%; and Asian women had the lowest, 6.3% (Table 16).

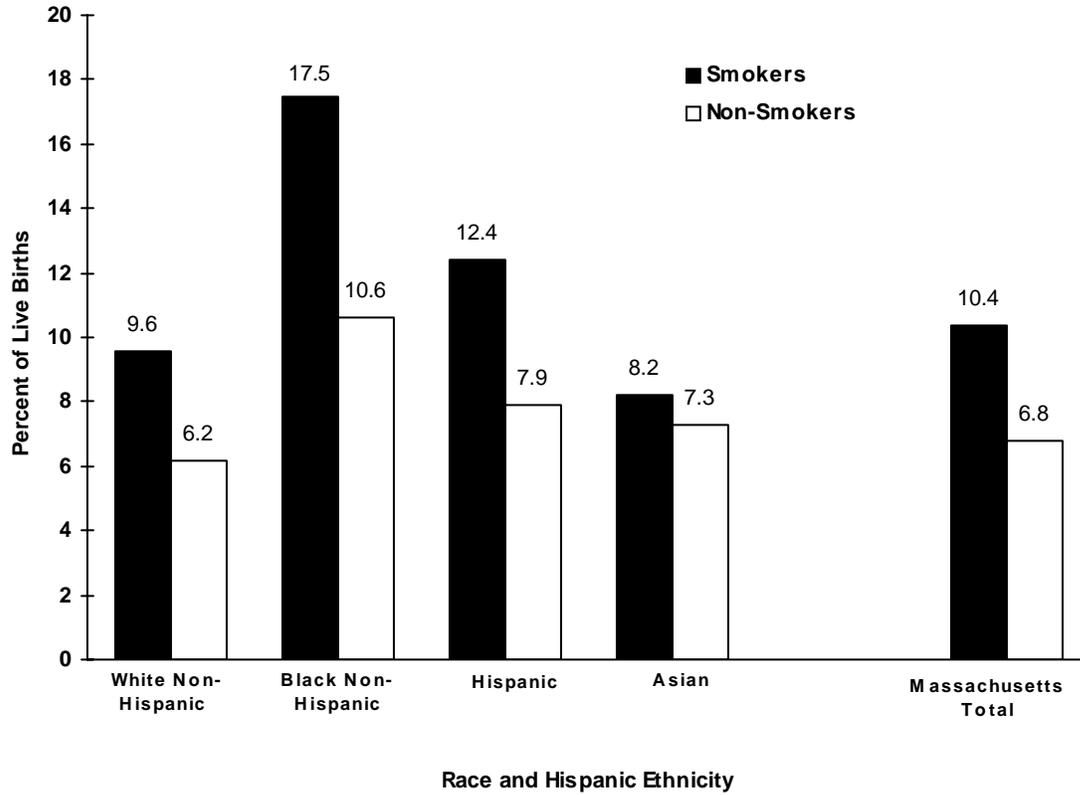
Table 13. Births by Birthweight, Race and Hispanic Ethnicity, Massachusetts: 2001

Birthweight (in grams)	Total		White non-Hispanic		Black non-Hispanic		Hispanic		Asian		Other		Unknown
	n	% ¹	n	% ¹	n	% ¹	n	% ¹	n	% ¹	n	% ¹	n
State Total	81,014	100.0	59,115	100.0	5,862	100.0	9,410	100.0	4,784	100.0	1,698	100.0	145
<500	107	0.1	70	0.1	23	0.4	12	0.1	1	-- ²	1	-- ²	0
500-999	440	0.5	265	0.4	82	1.4	59	0.6	24	0.5	8	0.5	2
1000-1499	567	0.7	355	0.6	83	1.4	90	1.0	27	0.6	9	0.5	3
1500-1999	1,185	1.5	805	1.4	122	2.1	148	1.6	78	1.6	30	1.8	2
2000-2499	3,496	4.3	2,388	4.0	344	5.9	466	5.0	218	4.6	79	4.7	1
2500-2999	11,951	14.8	7,755	13.1	1,138	19.4	1,681	17.9	1,058	22.1	311	18.3	8
3000-3499	29,088	35.9	20,428	34.6	2,234	38.1	3,726	39.6	2,026	42.3	653	38.5	21
3500-3999	24,769	30.6	19,317	32.7	1,379	23.5	2,481	26.4	1,091	22.8	477	28.1	24
4000-4499	7,708	9.5	6,374	10.8	374	6.4	636	6.8	216	4.5	101	5.9	7
4500-4999	1,316	1.6	1,106	1.9	62	1.1	91	1.0	32	0.7	24	1.4	1
>=5000	103	0.1	81	0.1	8	0.1	8	0.1	4	-- ²	2	-- ²	0
Unknown	284	0.4	171	0.3	13	0.2	12	0.1	9	0.2	3	-- ²	76
VLBW³ (0-1,499 g)	1,114	1.4	690	1.2	188	3.2	161	1.7	52	1.1	18	1.1	5
LBW⁴ (0-2,499 g)	5,795	7.2	3,883	6.6	654	11.2	775	8.2	348	7.3	127	7.5	8

NOTE: Percentages for detailed birthweight rows ("<500" through "Unknown") are calculated based on all births including those with unknown birthweight. Percentages for VLBW and LBW rows are calculated based on births with known birthweights only.

1. Percentages are based on column totals. 2. Calculations based on fewer than five events are excluded. 3. Very Low Birthweight (VLBW): less than 1,500 grams (3.3 lbs.).
4. Low Birthweight (LBW): less than 2,500 grams (5.5 lbs.).

Figure 12. Low Birthweight¹ Among Smoking and Nonsmoking² Mothers, by Race and Hispanic Ethnicity, Massachusetts: 2001



NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated. Maternal smoking is self-reported, usually following childbirth; these data should be interpreted cautiously.

1. Low birthweight: less than 2,500 grams or 5.5 pounds.
2. Based on information provided on the birth certificate by the mother.

Table 14. Low Birthweight (LBW)¹ by Maternal Age, Race and Hispanic Ethnicity, Massachusetts: 2001

Mother's Age (in years)	Total LBW Infants		White non-Hispanic		Black non-Hispanic		Hispanic		Asian		Other ⁴		Unknown
	n	% ³	n	% ³	n	% ³	n	% ³	n	% ³	n	% ³	n
State Total²	5,795	7.2	3,883	6.6	654	11.2	775	8.2	348	7.3	127	7.5	8
<18	158	9.3	46	7.3	26	10.8	65	9.7	12	14.1	7	9.9	2
18-19	336	10.0	155	9.1	56	14.1	97	9.9	19	14.0	9	6.9	0
20-24	973	8.1	501	7.5	135	10.0	248	8.3	51	8.9	38	9.6	0
25-29	1,205	6.4	769	5.8	156	10.6	165	7.2	88	6.0	27	5.9	0
30-34	1,751	6.5	1,344	6.1	160	11.6	111	7.1	107	6.6	27	6.8	2
35-39	1,069	7.3	820	6.7	94	12.0	82	10.8	59	7.9	12	6.0	2
40+	303	9.5	248	9.4	27	12.1	7	4.6	12	8.8	7	16.7	2

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Low Birthweight (LBW): less than 2,500 grams or 5.5 pounds at birth. 2. State totals include women of unknown age. 3. Percentages are based upon the number of low birthweight infants divided by the total births in each age and race/ethnicity category. 4. Other races include American Indian and others not specified.

Table 15. Low Birthweight by Plurality, Massachusetts: 1990-2001

Age Group	Year	Singleton				Multiples								Total Births							
		VLBW ¹		LBW ²		Twin				Triplets or more				Total Multiples				VLBW ¹		LBW ²	
		n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
All Ages	1990	752	0.8	4,224	4.7	189	8.2	1,075	46.8	28	28.3	88	88.9	217	9.1	1,163	48.5	969	1.1	5,387	5.8
	1991	752	0.9	4,045	4.7	223	9.8	1,079	47.3	26	29.2	75	84.3	249	10.5	1,154	48.7	1,001	1.1	5,199	5.9
	1992	656	0.8	3,959	4.7	192	8.3	1,062	45.7	39	29.8	116	88.5	231	9.4	1,178	48.0	887	1.0	5,137	5.9
	1993	673	0.8	3,919	4.8	216	9.2	1,105	47.1	73	36.0	178	87.7	289	11.3	1,283	50.4	962	1.1	5,202	6.2
	1994	687	0.8	4,015	5.0	223	9.5	1,122	47.9	66	30.8	198	92.5	289	11.3	1,320	51.6	976	1.2	5,335	6.4
	1995	674	0.9	3,867	4.9	227	9.4	1,128	46.6	63	31.8	179	90.4	290	11.1	1,307	49.9	964	1.2	5,174	6.4
	1996	657	0.9	3,674	4.8	227	8.8	1,264	49.1	45	24.5	167	90.8	272	9.9	1,431	51.9	929	1.2	5,105	6.4
	1997	731	0.9	3,938	5.1	292	10.3	1,439	50.5	75	28.6	240	91.6	367	11.8	1,679	54.0	1,098	1.4	5,617	7.0
	1998	690	0.9	3,819	4.9	298	9.6	1,570	50.7	82	28.5	266	92.4	380	11.2	1,836	54.2	1,070	1.3	5,655	7.0
	1999	731	0.9	3,869	5.0	324	10.3	1,617	51.6	65	26.5	222	90.6	389	11.5	1,839	54.5	1,120	1.4	5,708	7.1
	2000	722	0.9	3,886	5.1	284	8.9	1,603	50.0	84	35.0	222	92.5	368	10.7	1,825	53.0	1,090	1.4	5,711	7.1
2001	730	0.9	3,931	5.1	310	9.2	1,654	49.2	74	32.9	210	93.3	384	10.7	1,864	52.0	1,114	1.4	5,795	7.2	
Ages < 35	1990	646	0.8	3,666	4.6	164	8.5	915	47.3	21	30.0	62	88.6	185	9.2	977	48.8	831	1.0	4,643	5.7
	1991	647	0.9	3,499	4.7	189	10.2	898	48.3	25	32.9	65	85.5	214	11.1	963	49.8	861	1.1	4,462	5.8
	1992	551	0.8	3,378	4.6	166	8.8	870	46.0	29	28.7	92	91.1	195	9.8	962	48.3	746	1.0	4,340	5.8
	1993	561	0.8	3,307	4.7	168	9.2	881	48.2	56	35.9	136	87.2	224	11.3	1,017	51.2	785	1.1	4,324	6.0
	1994	567	0.8	3,397	5.0	181	9.9	891	48.5	47	28.7	150	91.5	228	11.4	1,041	52.0	795	1.1	4,438	6.3
	1995	543	0.8	3,187	4.9	196	11.0	852	47.9	52	36.9	135	95.7	248	12.9	987	51.4	791	1.2	4,174	6.2
	1996	501	0.8	2,937	4.7	194	10.2	944	49.9	32	27.1	111	94.1	226	11.2	1,055	52.5	727	1.1	3,992	6.1
	1997	566	0.9	3,179	5.1	214	11.0	1,030	53.0	46	27.1	153	90.0	260	12.3	1,183	55.9	826	1.3	4,362	6.8
	1998	540	0.9	3,086	4.9	248	11.4	1,148	52.5	60	35.3	153	90.0	308	13.1	1,301	55.2	848	1.3	4,387	6.8
	1999	569	0.9	3,082	5.0	231	10.8	1,124	52.6	49	32.9	138	92.6	280	12.3	1,262	55.2	849	1.3	4,344	6.8
	2000	555	0.9	3,096	5.1	204	9.4	1,097	50.7	49	38.0	125	96.9	253	11.0	1,222	53.3	808	1.3	4,318	6.9
2001	576	1.0	3,147	5.2	235	10.7	1,156	52.4	41	31.3	120	91.6	276	11.8	1,276	54.6	852	1.4	4,423	7.0	
Ages 35+	1990	106	1.0	558	5.1	25	6.8	160	43.8	7	24.1	26	89.7	32	8.1	186	47.2	138	1.2	744	6.6
	1991	105	1.0	545	5.0	34	8.1	181	42.9	1	-- ³	10	76.9	35	8.0	191	43.9	140	1.2	736	6.4
	1992	104	0.9	580	5.0	26	6.0	192	44.4	10	33.3	24	80.0	36	7.8	216	46.8	140	1.2	796	6.6
	1993	112	0.9	612	5.1	48	9.3	224	43.4	17	36.2	42	89.4	65	11.5	266	47.2	177	1.4	878	7.0
	1994	120	1.0	618	4.9	42	8.3	231	45.6	19	38.0	48	96.0	61	11.0	279	50.1	181	1.4	897	6.9
	1995	130	1.0	679	5.1	31	4.8	276	43.0	11	19.3	44	77.2	42	6.0	320	45.8	172	1.2	999	7.2
	1996	156	1.1	737	5.4	33	4.9	320	47.1	13	19.7	56	84.8	46	6.2	376	50.5	202	1.4	1,113	7.7
	1997	165	1.1	759	5.2	78	8.6	409	45.3	29	31.5	87	94.6	107	10.8	496	49.9	272	1.7	1,255	8.1
	1998	150	1.0	733	4.8	50	5.5	422	46.2	22	18.6	113	95.8	72	7.0	535	51.8	222	1.4	1,268	7.8
	1999	162	1.0	787	5.0	93	9.3	493	49.5	16	16.7	84	87.5	109	10.0	577	52.8	271	1.6	1,364	8.2
	2000	167	1.0	790	4.9	80	7.7	506	48.6	35	31.5	97	87.4	115	10.0	603	52.3	282	1.6	1,393	8.1
2001	154	0.9	784	4.7	75	6.5	498	43.2	33	35.1	90	95.7	108	8.7	588	47.2	262	1.5	1,372	7.7	

NOTE: All percentages are calculated based on only those births with known values for the characteristic(s) of interest, unless otherwise stated.

1. Very Low Birthweight (VLBW): less than 1,500 grams (3.3 lbs.). 2. Low Birthweight (LBW): less than 2,500 grams (5.5 lbs.). 3. Calculations based on fewer than five events are excluded.

Table 16. Births by Gestational Age¹, Race and Hispanic Ethnicity, Massachusetts: 2001

Gestational Age (weeks completed)	Total		Non-Hispanic White		Non-Hispanic Black		Hispanic		Asian		Other ³		Unknown
	n	% ²	n	% ²	n	% ²	n	% ²	n	% ²	n	% ²	n
State Total	81,014	100.0	59,115	100.0	5,862	100.0	9,410	100.0	4,784	100.0	1,698	100.0	145
<20	19	0.0	12	0.0	5	0.1	2	-- ⁷	0	0.0	0	0.0	0
20-23	147	0.2	94	0.2	31	0.5	15	0.2	6	0.1	1	-- ⁷	0
24-27	321	0.4	186	0.3	55	0.9	52	0.6	18	0.4	8	0.5	3
28-31	737	0.9	490	0.8	101	1.7	98	1.0	39	0.8	7	0.4	2
32-35	2,889	3.6	2,048	3.5	291	5.0	350	3.7	127	2.7	72	4.2	1
36	2,298	2.8	1,652	2.8	223	3.8	259	2.8	111	2.3	53	3.1	0
37-39⁴	34,874	43.0	25,004	42.3	2,612	44.6	4,264	45.3	2,244	46.9	724	42.6	26
40⁴	27,985	34.5	20,958	35.5	1,725	29.4	3,057	32.5	1,669	34.9	549	32.3	27
41⁴	9,865	12.2	7,377	12.5	662	11.3	1,085	11.5	508	10.6	225	13.3	8
42⁴	1,267	1.6	896	1.5	121	2.1	164	1.7	48	1.0	36	2.1	2
43	36	0.0	21	0.0	6	0.1	6	0.1	2	-- ⁷	1	-- ⁷	0
44+	28	0.0	19	0.0	5	0.1	3	-- ⁷	1	-- ⁷	0	0.0	0
Unknown⁵	548	0.7	358	0.6	25	0.4	55	0.6	11	0.2	22	1.3	76
Very early gestation, <28 weeks	488	0.6	292	0.5	91	1.6	69	0.7	24	0.5	9	0.5	3
Preterm, <37 weeks⁶	6,412	8.0	4,482	7.6	706	12.1	776	8.3	301	6.3	141	8.4	6

NOTE: Percentages for detailed gestational age category rows (“<20” through “Unknown”) are calculated based on all births including those with unknown gestational age. Percentages for “Very early gestation” and “Preterm” rows are calculated based on births with known gestational age only.

1. A clinical estimate of the number of weeks of pregnancy completed; as estimated by the attendant at birth or the postnatal physician. 2. Percentages are based on column total. 3. Other races include American Indian and others not specified. 4. Normal gestational age is defined as 37-42 weeks. 5. Estimate of gestational age not provided. 6. Also known as early gestational age, premature delivery, or preterm delivery. 7. Calculations based on fewer than five events are excluded.

