

HMOs Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2013 - December 31, 2013
(includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
BCBSMA HMO Blue, Inc.					
Major Depression	1,128	1.86	9,552	15.75	8.47
Attention Deficit Hyperactivity Disorder	9	0.01	100	0.16	11.11
Eating Disorders	127	0.21	2,063	3.40	16.24
Chemical Dependency	2,666	4.40	12,778	21.07	4.79
Other Mental Health	1,634	2.69	16,027	26.43	9.81
Total Inpatient Behavioral Health Utilization	5,564	9.18	40,520	66.82	7.28
Boston Medical Center Health Plan, Inc.					
Major Depression	1,225	4.41	8,819	31.73	7.20
Attention Deficit Hyperactivity Disorder	45	0.16	433	1.56	9.62
Eating Disorders	9	0.03	77	0.28	8.56
Chemical Dependency	216	0.78	1,185	4.26	5.49
Other Mental Health	2,625	9.44	22,451	80.77	8.55
Total Inpatient Behavioral Health Utilization	4,120	14.82	32,965	118.60	8.00
Fallon Community Health Plan, Inc.					
Major Depression	261	1.71	2,236	14.67	8.57
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	12	0.08	136	0.89	11.33
Chemical Dependency	41	0.27	241	1.58	5.88
Other Mental Health	566	3.71	6,123	40.18	10.82
Total Inpatient Behavioral Health Utilization	880	5.78	8,736	57.33	9.93
Harvard Pilgrim Health Care, Inc.					
Major Depression	451	1.61	3,628	12.93	8.04
Attention Deficit Hyperactivity Disorder	11	0.04	141	0.50	12.82
Eating Disorders	8	0.03	74	0.26	9.25
Chemical Dependency	472	1.68	2,354	8.39	4.99
Other Mental Health	662	2.36	7,075	25.21	10.69
Total Inpatient Behavioral Health Utilization	1,604	5.72	13,272	47.30	8.27
Neighborhood Health Plan, Inc.					
Major Depression	1,016	3.90	7,371	28.32	7.25
Attention Deficit Hyperactivity Disorder	14	0.05	131	0.50	9.36
Eating Disorders	26	0.10	358	1.38	13.77
Chemical Dependency	138	0.53	901	3.46	6.53
Other Mental Health	2,064	7.93	18,716	71.91	9.07
Total Inpatient Behavioral Health Utilization	3,258	12.52	27,477	105.56	8.43
Network Health, LLC					
Major Depression	1,224	5.58	8,306	37.86	6.79
Attention Deficit Hyperactivity Disorder	37	0.17	114	0.52	3.08
Eating Disorders	19	0.09	88	0.40	4.63
Chemical Dependency	762	3.47	2,749	12.53	3.61
Other Mental Health	3,042	13.67	22,485	102.48	7.39
Total Inpatient Behavioral Health Utilization	5,084	23.17	33,742	153.79	6.64
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	584	1.83	4,562	14.28	7.81
Attention Deficit Hyperactivity Disorder	5	0.02	51	0.16	10.20
Eating Disorders	21	0.07	292	0.91	13.90
Chemical Dependency	850	2.66	3,741	11.71	4.40
Other Mental Health	1,137	3.56	11,264	35.26	9.91
Total Inpatient Behavioral Health Utilization	2,597	8.13	19,910	62.32	7.67

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	9	10.88	175	211.54	19.44
Attention Deficit Hyperactivity Disorder	1	1.21	11	13.30	11.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	20	24.18	116	140.22	5.80
Other Mental Health	9	10.88	84	101.54	9.33
Total Inpatient Behavioral Health Utilization	39	47.14	386	466.61	9.90
CeliCare Health Plan of Massachusetts, Inc.					
Major Depression	58	4.09	270	19.04	4.66
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	66	4.65	274	19.32	4.15
Other Mental Health	77	5.43	589	41.53	7.65
Total Inpatient Behavioral Health Utilization	201	14.17	1,133	79.90	5.64
ConnectiCare of Massachusetts, Inc.					
Major Depression	5	1.73	44	15.24	8.80
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	0	0.00	0	0.00	0.00
Other Mental Health	26	9.00	85	29.44	3.27
Total Inpatient Behavioral Health Utilization	31	10.74	129	44.68	4.16
Health New England, Inc.					
Major Depression	251	2.39	1,787	16.98	7.12
Attention Deficit Hyperactivity Disorder	2	0.02	20	0.19	10.00
Eating Disorders	7	0.07	80	0.76	11.43
Chemical Dependency	304	2.89	1,512	14.37	4.97
Other Mental Health	172	1.63	1,857	17.65	10.80
Total Inpatient Behavioral Health Utilization	736	6.99	5,256	49.95	7.14

Total Discharge Days: 183,526