# Community Health Care Investment and Consumer Involvement

Health Policy Commission

Committee Meeting August 6, 2014



- Approval of the minutes from June 4, 2014 meeting
- Discussion of Cost Trends Reports
- Update on CHART Investment Program
- Discussion of HPC's Community Hospital Study
- Schedule of next committee meeting

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**Motion**: That the Community Health Care Investment and Consumer Involvement Committee hereby approves the minutes of the Committee meeting held on June 4, 2014, as presented.

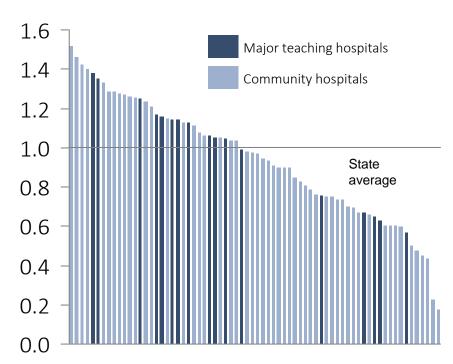
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#### **Recommendations from July Report and HPC's Plans to Address Them**

Rec	ommendations in July 2014 Cost Trends Supplement	HPC plans for remainder of 2014				
	<ul> <li>HPC will study impact of new insurance products and increased cost-sharing</li> </ul>	<ul> <li>HPC December cost trends report and October hearing</li> </ul>				
Value-based market	<ul> <li>If providers grow, they should pursue lower cost settings</li> </ul>	HPC cost and market impact reviews				
	HPC will examine flows to AMCs and identify policy solutions	<ul> <li>HPC community hospital study and October cost trends hearing</li> </ul>				
Efficient, high- quality, patient	<ul> <li>Hospitals should work to optimize PAC, including care coordination and transitions for BH patients</li> <li>Where applicable. HPC will support via CHART</li> </ul>	<ul> <li>CHART Phase 2</li> <li>HPC December cost trends report and October hearing</li> </ul>				
centered delivery system	<ul> <li>Payers and providers should continue to pursue BH integration</li> <li>HPC will support via its certification programs</li> </ul>	<ul> <li>CHART Phase 2</li> <li>HPC PCMH and ACO work</li> <li>HPC December cost trends report and October hearing</li> </ul>				
Advancing	<ul> <li>HPC will study APMs to evaluate effectiveness and identify opportunities for improvement</li> </ul>	<ul> <li>CHART Phase 2</li> <li>HPC December cost trends report and October hearing</li> </ul>				
APMs	<ul> <li>Payers should review, improve, and align attribution</li> <li>HPC will explore opportunities to accelerate progress</li> </ul>	<ul> <li>October cost trends hearing</li> <li>HPC working together with CHIA and market participants on this topic</li> </ul>				
Troporococci	CHIA should convene state agencies to strengthen transparency, data, and measurement for behavioral health	<ul> <li>HPC December cost trends report</li> <li>Registration of provider organizations (RPO) program</li> </ul>				
Transparency and data	<ul> <li>CHIA should extend TME measurement to PPO populations, using an agreed-upon method for attribution</li> <li>HPC will seek to work with CHIA to design measures of contribution to spending growth for additional provider types</li> </ul>	<ul> <li>HPC October cost trends hearing</li> <li>HPC working together with CHIA and market participants on this topic</li> </ul>				

#### Figure A.11: Relative likelihood of discharge to post-acute care by hospital

Adjusted rate of discharge to nursing facilities and home health\*, 2012

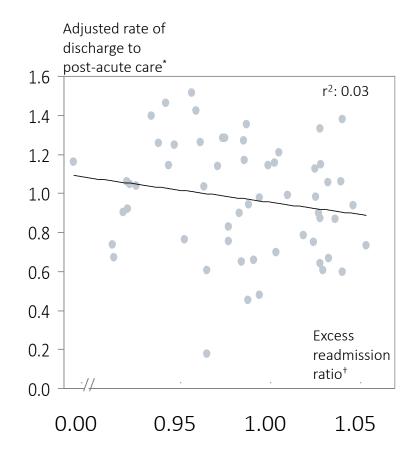


\* Rates for each hospital were estimated using a logistic regression model that adjusted for the following: age, sex, payer group, income, admit source of the patient,

length of stay, and DRG. Our sample included patients who were at least 18 years of age and had a routine discharge, a discharge to a skilled nursing facility, or a

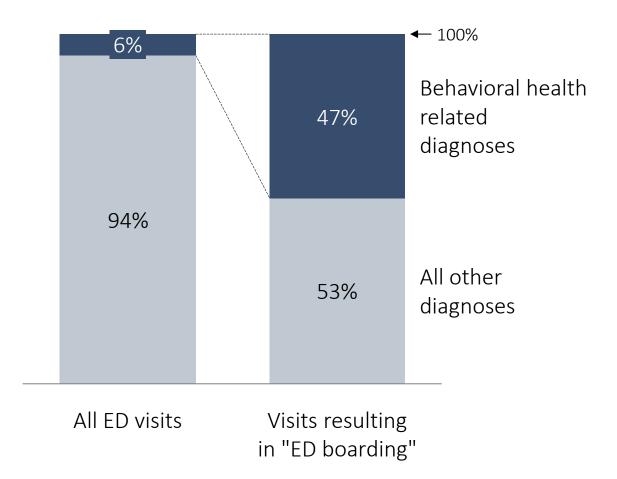
discharge to a home healthcare provider. Specialty hospitals are excluded from figure and from displayed state average. Rates are normalized with the statewide average equal to 1.0.

SOURCE: Center for Health Information and Analysis; HPC analysis



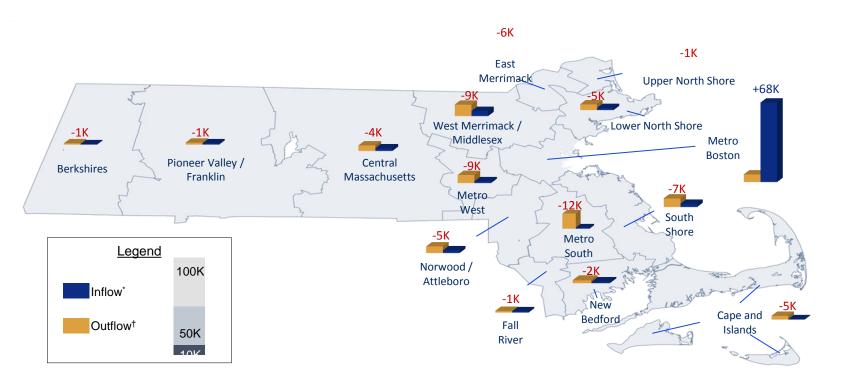
# Figure A.18: ED visits and boarding by diagnosis type

Percent of visits, 2012



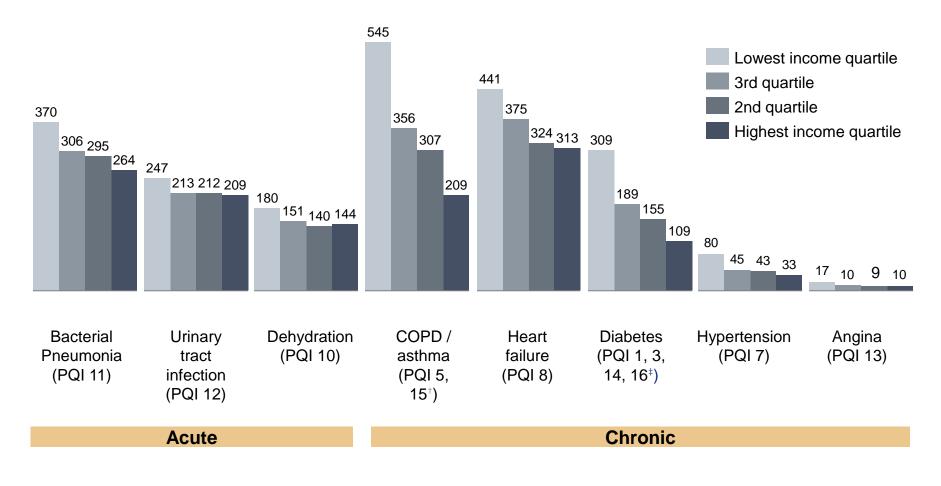
# Figure B.4: Inflow and outflow of inpatient discharges across regions in Massachusetts

Number of inpatient discharges for non-transfer, non-emergency volume, 2012



# Figure C.2: Rates of preventable hospitalization for acute and chronic conditions by income quartile<sup>\*</sup>

Preventable admissions per 100,000 residents, 2012



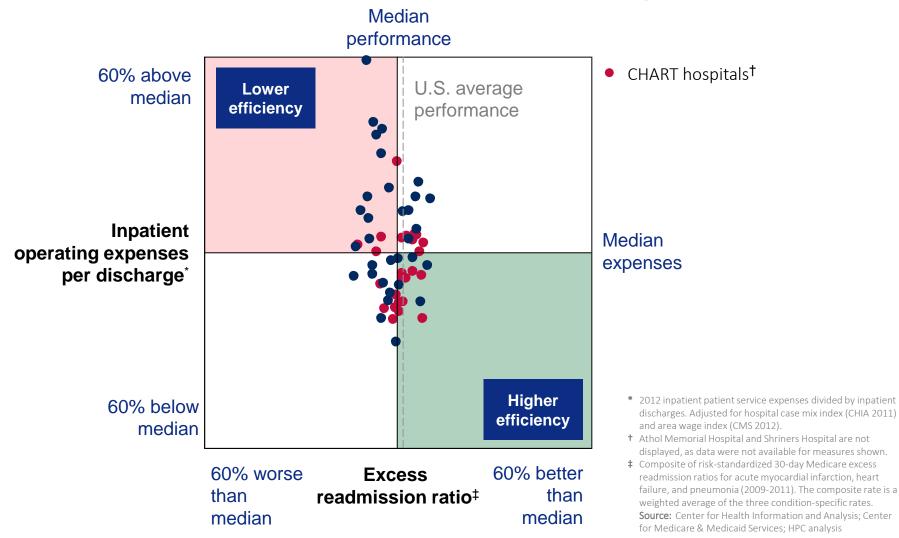
Income was estimated using the median household income for the patient's zip code. Preventable hospitalizations were calculated using AHRQ's prevention quality indicator (PQI) measures All figures are age- and sex-adjusted.

Composite of PQI 5 (COPD or asthma in older adults) and PQI 15 (asthma in younger adults)

Composite of PQI 1 (short-term complications for diabetes), PQI 3 (long-term complications for diabetes), PQI 14 (uncontrolled diabetes), and PQI 16 (amputation among diabetes)

# Figure 2.3: Quality performance relative to inpatient operating expenses per admission: excess readmission ratio

Excess readmission ratio versus dollars per case mix-adjusted discharge\*



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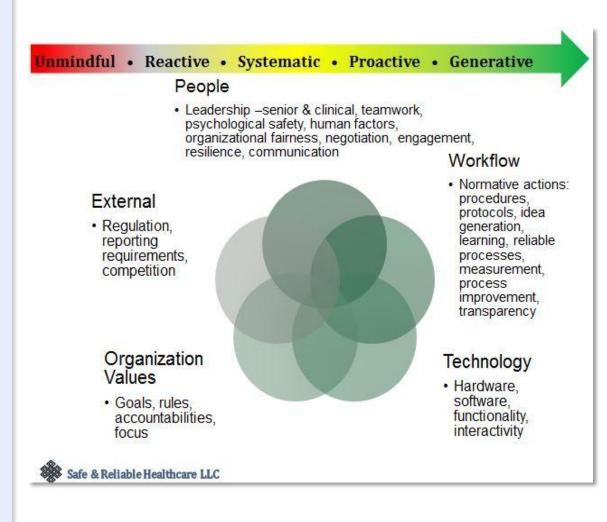
#### **CHART Phase 1 Projects are Underway**

#### Phase 1 status report

- HPC staff have conducted site visits with all **27 CHART hospitals**.
- 19 hospitals requested no-cost extensions for Phase 1.
  - 16 were awarded, and 3 remain under review. Most extensions were 2 months or less.
- CHART hospitals have expressed interest in opportunities for shared learning with other awardees engaged in similar activities – for example, standing up high-risk care teams.
  - A Learning Session conducted on July 7 received very high ratings from attendees
- CHART hospitals have also asked for the HPC to coordinate an event to showcase CHART program work with the full cohort – a culminating poster session or series of presentations.
- Staff are exploring options for pursuing such learning and dissemination activities as voluntary opportunities for interested CHART hospitals.
- There may additionally be opportunities for CHART hospitals to formally or informally share, distribute, and publish CHART-funded work. Staff will continue to work with hospitals to support them in identifying and pursuing such opportunities.
- The HPC final reports will be one venue for such sharing and dissemination.

# Safe and Reliable Site Visits and Assessments

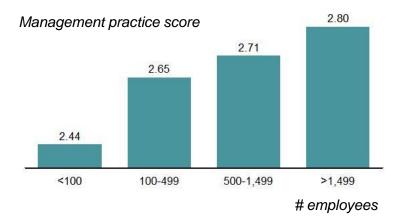
- Safe & Reliable (S&R) is engaging with hospitals to assess baseline culture survey data
  - Hospitals with sufficient data: data have submitted to S&R and are under analysis
  - Hospitals with insufficient data are being supported in best pathway (partial or complete data collection)
  - HPC and S&R staff are coordinating closely to develop an optimal approach to hospitalspecific reports
- S&R has completed all hospital assessments
  - Hospital-specific and aggregate reports are in development



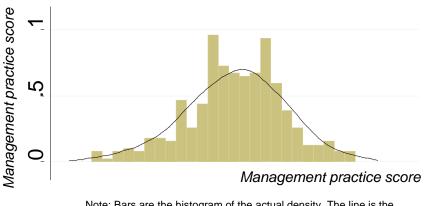
#### **World Management Survey Implementation**

- Professors Raffaella Sadun (Harvard Business School) and John VanReenen (London School of Economics) are conducting the World Management Survey across the CHART cohort – early feedback from hospitals has been positive
  - Participation is voluntary
  - HPC providing letter of support and encouraging hospitals to participate
  - WMS data will be used as a baseline for cohort-wide evaluation as well as to guide improvement efforts
- WMS has been implemented across thousands of hospitals in ~20 countries
  - Facilitates meaningful benchmarking
  - HBS/LSE team currently conducting a statewide assessment in another state also engaged in improvement activities
  - WMS will be benchmarked against available quality data

# There is a strong relationship between hospital size and management practice



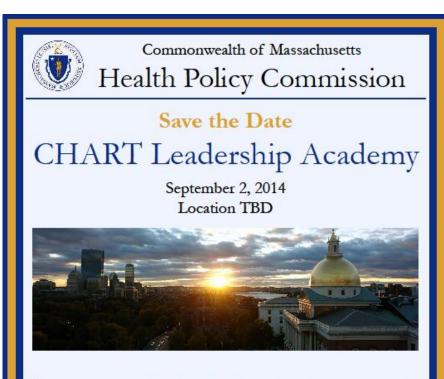
#### Hospital management practice shows a wide spread



Note: Bars are the histogram of the actual density. The line is the smoothed (kernel) of the US density for comparison.

#### Leadership Academy

- Leadership Academy scheduled for September 2, 2014
- One day, high-yield event
- Curriculum development ongoing; HPC convening focus groups of hospitals to maximize benefit
- ~5-7 attendees will be present per hospital (clinical, operational, and board leadership)
- Key themes will include:
  - Review and discussion of Safe & Reliable assessments
  - Targeted education sessions on leadership/management skills; QI principles
- Oriented towards the 90-120 day planning period for CHART Phase 2 implementation and general approaches to safety, reliability, and community based care / PHM



Please join hospital leaders, healthcare transformation experts, and the HPC for an engaging program linking management and improvement in an era of health reform.

We will reflect on findings from hospital surveys and employee and staff interviews, and participate in focused training and collaborative activities based on these findings.

Additional details will be disseminated this summer.

Questions? HPC-CHART@state.ma.us

Featuring Safe & Reliable Healthcare and Collaborative Health Strateoies

# Leadership Academy Event Details

What	Data-driven discussion of leadership, organizational culture, and the imperative for transformation of hospital safety, reliability, community-based care, and business approaches
Who	5-7 executive leaders from each CHART hospital: Including board members, CEO, CFO, COO, CQO, Chief Strategy Officer, CMO, CNO, CTO/CIO, head of ACO or physician group, service line chiefs, and proposed Phase 2 Investment Directors
Where	DCU Center, Worcester, MA
When	September 2, 2014 – <i>all day</i>
Why	To engage CHART hospital leaders in action-oriented dialogue about hospital transformation, providing relevant skills and approaches
	Leadership Academy attendance is required for Phase 1 awardees

# Leadership Academy Draft Agenda - Overview

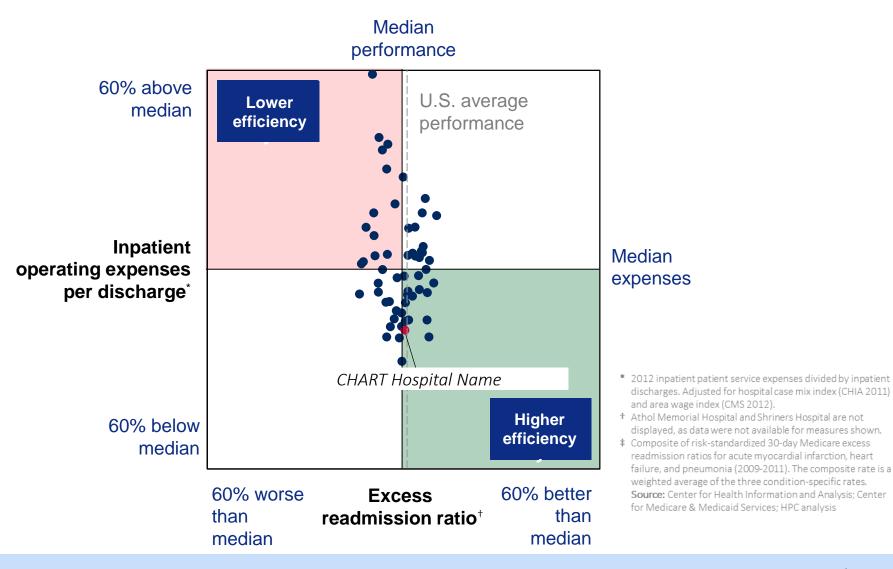
General topic	Presentation / session	Presenter / guest		
Establishing a vision for	From community hospitals to community health – community hospitals in a dynamic healthcare environment	HPC		
transformation	HPC's role in hospital transformation and the CHART Investment Program	HPC		
	Understanding and deconstructing Massachusetts trends: utilization patterns and costs	HPC, Collaborative Healthcare Strategies, Cynosure		
	Understanding and deconstructing Massachusetts trends: safety and reliability	Safe and Reliable		
Preparing for	Hospital culture and management practices	Healthcare, Cynosure		
transformation	Driving transformation: skills and principles of safety and reliability			
	Driving transformation: skills and principles of population health management	Expert facilitators		
	Driving transformation: skills and principles of innovative business models and approaches			
Next steps toward transformation	Review conference proceedings, identify areas of support that HPC can provide, and specify next steps for participants	HPC		

#### **Detailed Topics Will Include**

- Developing a shared vision of community hospital transformation
- Understanding and discussing wide variation in readiness for transformation among CHART hospitals
  - CHART Phase 1 reflections
  - Key patterns and trends in publicly available cost, quality, and utilization metrics
  - Key patterns and trends in culture of safety
- Tactics to improve safety and reliability
- Tactics to optimize community-based care and population health management
- Considerations of community hospital business models transforming in a FFS environment
- Understanding hospitals' strategies for change, best practices in existing change efforts, and barriers to transformation
- Exploring opportunities to for cross-hospital collaboration
- Discussing strategies for leveraging CHART Investments and related activities to drive transformation
- Understanding additional opportunities for HPC to accelerate transformation

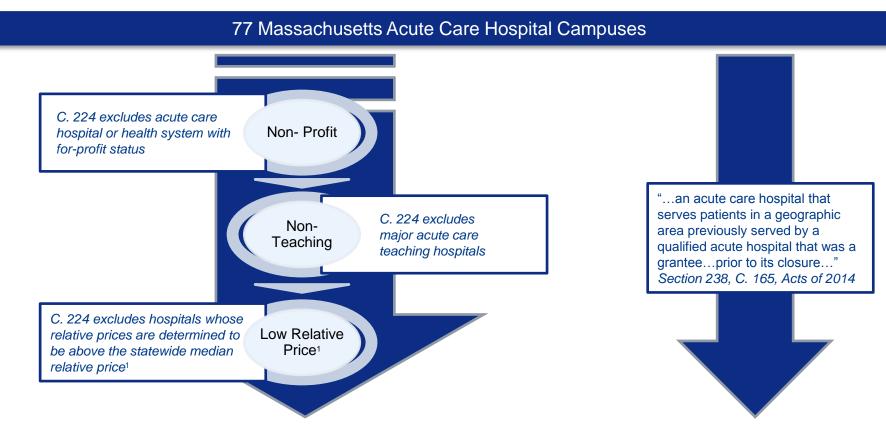
#### Leadership Academy Sample Handout

Excess readmission ratio versus dollars per case mix-adjusted discharge\*



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#### **CHART Phase 2 Hospital Eligibility**



Anna Jaques Hospital Athol Memorial Hospital **Baystate Franklin Medical Center Baystate Mary Lane Hospital Berkshire Medical Center BID** - Milton **BID** - Needham **BID** - Plymouth

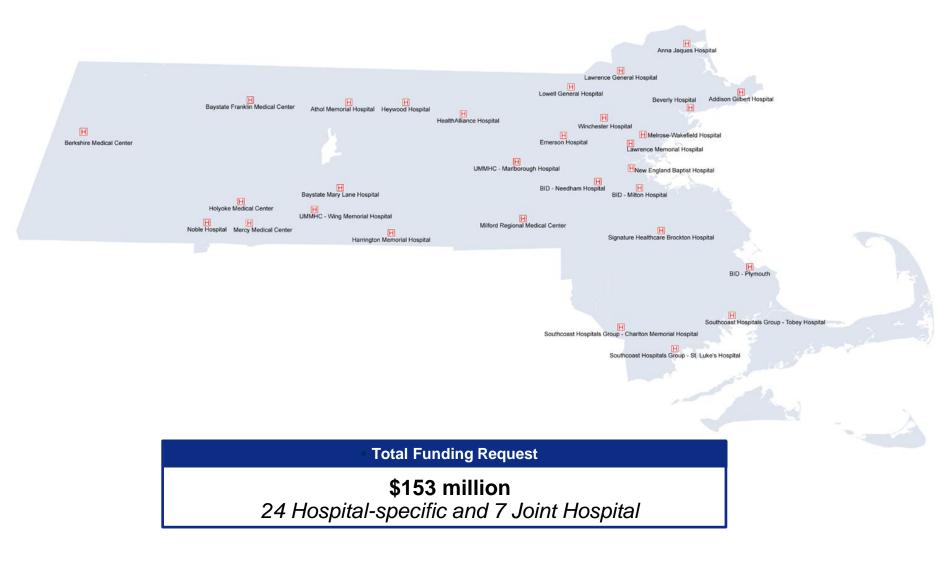
#### **Emerson Hospital** HHS - Lawrence Memorial HHS - Melrose-Wakefield Hospital Mercy Medical Center Harrington Memorial Hospital Heywood Hospital Holyoke Medical Center Lahey - Addison Gilbert Hospital Lahey - Beverly Hospital

Lawrence General Hospital Lowell General Hospital Milford Regional Medical Center New England Baptist Hospital Noble Hospital Shriners Hospital – Boston Signature Healthcare Brockton

Southcoast - Charlton Memorial Southcoast - St. Luke's Hospital Southcoast - Tobey Hospital **UMass - HealthAlliance Hospital** UMass - Marlborough Hospital UMass - Wing Hospital Winchester Hospital

<sup>1</sup>A weighted average of relative prices (by payer mix) was calculated using 2011 and 2012 data from the Center for Health Information and Analysis for all commercial payers, Medicare Advantage, and all MMCOs. This eligibility list is valid for Phase 2 only.

#### The Health Policy Commission Received 31 Prospectus Submissions from 30 Qualified Acute Hospitals



#### **Prospectus Submissions Generally Aligned with Primary Aims**

•				
Applicant	Appropriate Hospital Use	Behavioral Health Care	Improve Processes	
Addison Gilbert Hospital	Х	Х	Х	
Anna Jaques Hospital	Х	Х	Х	
Baystate Franklin Medical Center	Х	Х	Х	
Baystate Mary Lane Hospital			Х	
Berkshire Medical Center	Х	Х	Х	
Beverly Hospital	Х	Х	Х	
BID – Milton	Х	Х	Х	
BID – Needham	Х		Х	
BID – Plymouth	Х	Х	Х	
Emerson Hospital	Х		Х	
Harrington Memorial Hospital	Х	Х	Х	
HealthAlliance Hospital		Х	Х	
Holyoke Medical Center	Х	Х	Х	
Lawrence General Hospital	Х	Х	Х	
Lowell General Hospital	Х	Х	Х	
Marlborough Hospital	Х		Х	
Mercy Medical Center	Х	Х	Х	
Milford Regional Medical Center	Х	Х	Х	
New England Baptist Hospital			Х	
Noble Hospital	Х	Х		
Signature Healthcare Brockton Hospital	Х	Х	Х	
Winchester Hospital	Х		Х	
Wing Memorial Hospital	Х		Х	
Anna Jaques and Lawrence General Hospitals	Х	Х	Х	
Athol Memorial and Heywood Hospitals		Х	Х	
Athol Memorial, Heywood, and HealthAlliance		Х		
(Baystate) Franklin, Mary Lane, and Wing	Х	Х	Х	
(Lahey) Beverly, Addison Gilbert, and Winchester	Х	Х	Х	
(BID) Milton, Needham, and Plymouth	Х		Х	
(Hallmark) Lawrence Memorial and Melrose Wakefield	Х	Х		
(Southcoast) Charlton Memorial, St. Luke's, Tobey	Х	Х	Х	

Total Funding Request

\$153 million

#### **Prospectus Submissions Reflect Opportunity for Improvement in Proposals**

#### **CHART Phase 2 Prospectus Submissions**

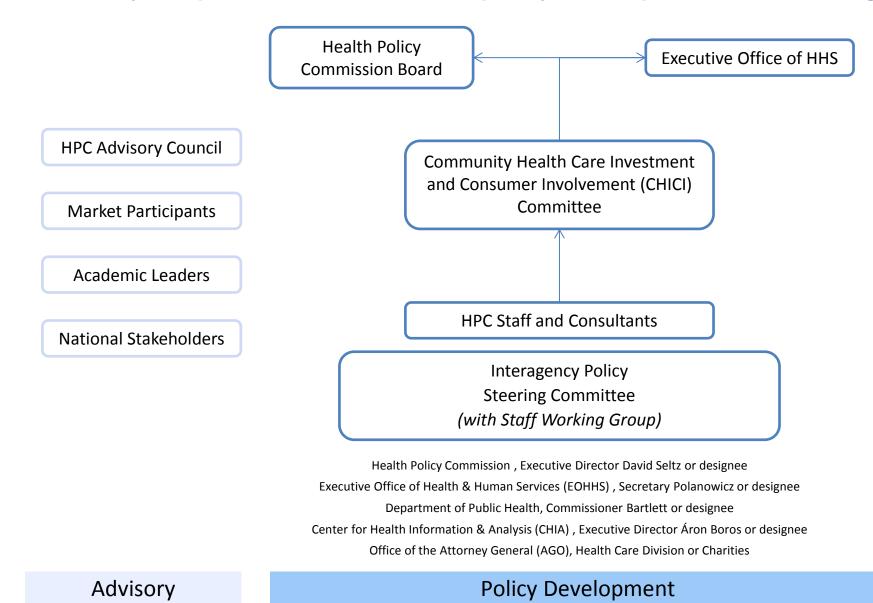
- Proposed Initiatives generally reflected the HPC's focus on care delivery models with a community and population orientation.
- Many Initiatives had a core behavioral health focus.
- Strong Proposals will more fully emphasize effective and appropriate Community Partnerships structured to optimally and cost-efficiently meet the needs of the communities served.
- Very few Joint Hospital Prospectus submissions were external to systems. HPC is emphasizing that strong Joint Hospital Proposals may include appropriate variation in the type and amount of activity by participating Hospitals to achieve maximum impact directed toward a single, unified Aim Statement.
- To the extent they could be evaluated, budgets were high compared with projected impact -18 of 30 hospitals indicated intent to request the full \$6 million. Strong budgets will align with the scale and projected impact of proposed Initiatives and should be cost-efficient and consistent with value-based models of care delivery.
- Prospectus submissions clarified the opportunity for the HPC to provide targeted Phase 2 Technical Assistance in additional domains.

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# **Discussion objectives**

- Review work to date and early analytic approach
- Discuss approach to refining study scope
- Share scope questions
- Confirm study timeline and next steps

#### Community hospital team structure for policy development and advising



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# **Analytic Approach**

Aim 1

ANALYSIS OF ACUTE CARE SUPPLY & IDENTIFICATION OF OPPORTUNITIES TO ALIGN CAPACITY WITH COMMUNITY NEED

- Measure total capacity and need
- Map the current distribution of resources in select community-essential service lines
- Forecast the impact of changing demographics and other drivers of changing need
- Identify areas of misalignment in capacity and need and opportunities to address them that are consistent with the Commonwealth's policies

Aim 2 Identifying and Addressing Barriers to Structural Transformation in Massachusetts Community Hospitals

- Engage key leaders in Massachusetts and other states with experience in related efforts
- Examine potential barriers to structural change and a comparative analysis of policy approaches adopted nationally
- Recommend ways to support hospital decisions regarding potential reconfiguration of services that mitigate excess capacity or address unmet community need

To support health systems' alignment of services with community needs

To support public and private sector health resource planning and investment

To inform policy initiatives that address challenges to transformation

To support hospital strategic planning and engagement in transformation

#### **Study Process**

Aim 1 Aligning Supply Analysis and Capacity

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Aim 2 Addressing Barriers to Transformation

Design	Data Collection	Analysis	Delivery	
<b>Today</b> Preliminary Expert respondent	5-10 yr trend in capacity & need Current capacity & need	Quantitative analyses (past, current, future)	Report on Mass. Community Hospitals Data Visualization	
Interviews to inform analytic plan design (August – September)	Expert respondent interviews; literature review; case studies	Examination of hospital & community centered barriers to transformation	Hospital Leadership Toolkit/ Case Studies	
	State regulatory frameworks	Examination of policy barriers		

#### **Early Concept of Deliverables**

Report on Massachusetts Community Hospitals A written report on study findings and policy recommendations authored by HPC and colleagues. An appendix of data tables and data books used in analyses

**Data Visualization** 

A public-oriented interactive tool to allow flexible views of how changes in factors such as demographics, referral patterns, and service availability impact communities across MA

Case Studies / Toolkit

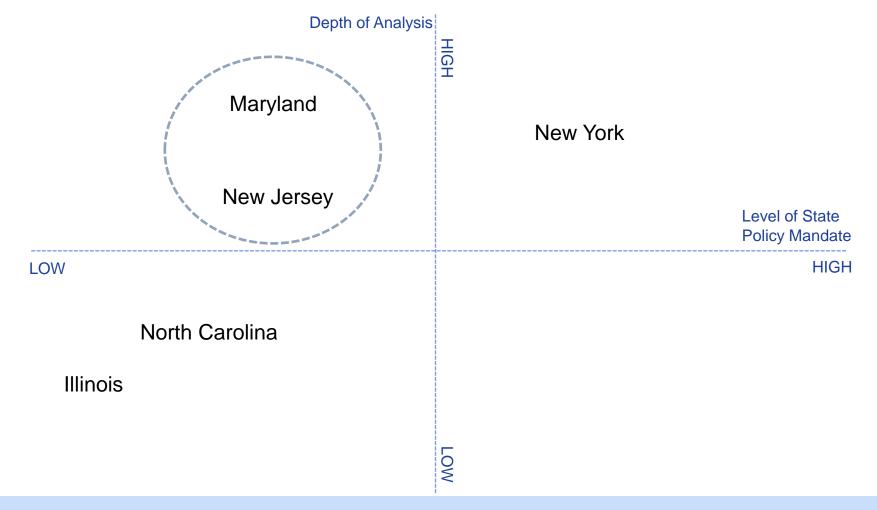
A series of case studies, tools, and approaches aimed at creating and supporting opportunities to overcome identified key barriers to transformation

#### **Preliminary Expert Respondent Interviews**

- Polled the HPC Advisory Council, the study's Interagency Working Group, and other key stakeholders to identify expert respondents to inform scope development
- Invited a group of more than 20 academics, researchers, policy makers and other thought leaders who together represent diverse perspectives with knowledge in study design, community hospital financing, community care delivery and market dynamics
- Specific areas of expertise related to community hospitals include, for example:
  - Hospital financing structures
  - Community-based care / population health
  - Overall Massachusetts market knowledge
  - Experience with hospital transformation and barriers
  - Health planning
  - Analytic methods
  - Healthcare workforce

# Review of other state community hospital planning and transformation policies

This mapping represents early work performed by the study team to identify alternate approaches to community hospital planning and transformation. Other states will be engaged as we continue to pursue a comparative study of policy solutions.



#### **AIM 1: Landscape Analysis – Discussion Questions**

- 1 At what level should we define a community?
- 2 Which hospitals should we include in our analyses?
- 3 How should we define and measure health need?
- 4 What factors drive changes in community need?
- 5 Which service-lines / segments of care delivery should we include in our analyses?
- 6 How should we measure hospital capacity?
- 7 What key indicators of financial, utilization, and quality performance should be trended and monitored?

#### **AIM 2: Barriers to Change – Discussion Questions**

- 8 What primary barriers to successful transformation of care do you believe hospitals face today? In the next five years?
- 9 How should the HPC use findings from a study like this one to promote best practices and community hospital transformation in Massachusetts?

# **Discussion**

# **Timeline and Next Steps**

				Com	munity	/ Hosp	ital Stu	udy Tir	neline			
	Мау	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
HPC staff scope development												
Steering committee engagement <sup>1</sup>												
Expert respondent interviews – Round 1 (scope)												
Request for Proposals / expert contracting												
Analytic plan development												
Quantitative analysis (Aim 1)												
Expert respondent interviews – Round 2 (Aim 2)												
State-by-state / national policy landscape review						m		3				
Preliminary findings / Final report release								Δ				
Committee/Commission checkpoints								Δ				

August	Engage in expert respondent interviews
September	Award contract for analytic support
	Complete draft analytic plan development
October	Present draft analytic plan at next CHICI Committee Meeting

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For more information about the Health Policy Commission:

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