Assisted Living Residences Survey Summary Report

### Introduction

The Executive Office of Elder Affairs (EOEA) conducted a survey of Massachusetts Assisted Living Residences (ALRs) during September 2016. All ALRs (241) were given the option to participate in the survey. The primary purpose of the survey was to collect information about the nature of existing ALRs and to identify potential situations that could either promote or prevent residents from aging in place. This information will help inform policy discussions regarding how best to ensure the safety and welfare of ALR residents. Through this Summary Report, the results of the survey are being made available to the public, legislators, policy makers, and the ALR industry.

### **Participants**

There were a total of 133 distinct Assisted Living Residences that participated in the survey. The survey asked for the name of the ALR to determine the rate of survey participation. However, in the summarized results in this report, the identity of participating ALRs is not associated with their specific responses.

### Survey Logic

In this Summary Report, results from this survey are presented in the order the questions appeared in the survey. However, some questions were not applicable to all respondents, and the online survey utilized skip logic formulation. As a result of utilizing skip logic, the number of total responses to specific questions may be less than the total number of ALRs completing the survey. The number and percentage of respondents is denoted for each question.

### Data Cleaning

Several questions required respondents to manually enter data. For these items, the summarized results exclude invalid entries (e.g., answers exceeding parameters of reasonable responses). Both the rules for inclusion and the responses that were excluded are noted in Appendix A at the end of this Summary Report. Additionally, free text responses and comments are presented as submitted and redacted in compliance Massachusetts Public Records Laws.

### **Contact & Question Information**

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Executive Office of Elder Affairs



FY17 December 2016

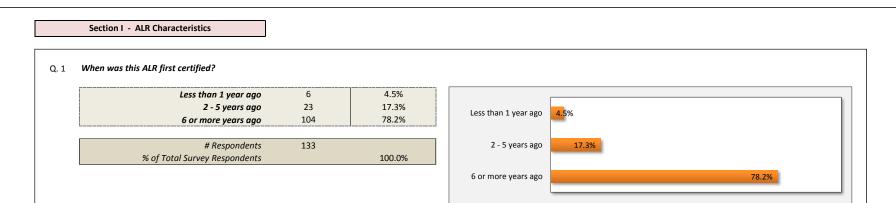
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# Assisted Living Residences Survey Summary Report

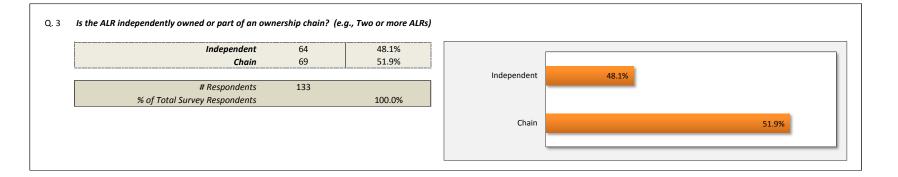
Total # ALR Respondents	133	
All American Assisted Living at Hanson	Concord Park	RiverCourt Residences
All American Assisted Living at Raynham	Cornerstone at Milford	Robbie's Place
Allerton House at Hancock Park	Decatur House	Rockridge Retirement Community
Arbors of Chicopee	DuCharme Estates Ltd.	Royal Assisted Living Harwich Village
Armbrook Village	Edelweiss Village Assisted Living	Ruggles Assisted Living
Assisted Living Center, Inc.	Eisenberg Assisted Living Residence	Ruths House
Atria Longmeadow Place	Fenno House	Sarawood Retirement Home
Atria Maplewood Place	Fieldstone at the Overlook	Side by Side
Atria Marina Place	Gabriel House	Springhouse
Atria Marland Place	GKS Corporation DBA American Inn	Standish Village
Bayberry at Emerald Court	Goddard House Assisted Living	Sunrise of Lynnfield
Benchmark Senior Living at Plymouth Crossings	Grace Morgan House	Sunrise of Weston, MA
Bertram House of Swampscott	Grove Manor Estates	Swan Brook Assisted Living, Inc.
Blaire House of Milford Assisted Living	Harriett and Ralph Kaplan Estates	The Arbors at Amherst
Blaire House of Tewksbury Assisted Living	Hearthstone at Choate	The Arbors at Greenfield
Boylston Place at Chestnut Hill	Heights Crossing Assisted Living	The Arbors at Stoneham
Bridges by EPOCH at Mashpee	Heritage at Framingham	The Arbors at Stoughton
Bridges by EPOCH at Westford	Heritage Woods Senior Living	The Arbors at Taunton
Bridges By EPOCH At Westwood	John Bertram House	The Arbors at Westfield
Bridges BY Epoch- Hingham	KAL-Avery Crossings	The Cambridge Homes
Brigham House Assisted Living	Keystone Commons	The Dorothy Frances Home
Brightview Arlington	Keystone Place at Buzzards Bay, LLC	The Gardens at Newbury Court
Brightview Concord River	Keystone Woods	The Henrietta Brewer House, Inc.
Brightview Country Club Heights	Landmark at Fall River	The Inn at Silver Lake
Brightview North Andover	Landmark at Longwood	The Residence at Cedar Dell
Brookdale Attleboro	Landmark at Monastery Heights	The Residence at Pearl Street
Brookdale Cape Cod	Landmark at Oceanview	The Residence at Waterttown Square
Brookdale Cushing Park	Laurel Ridge Senior Living Residence	The Residences at Sherburne Commons
Brookdale Danvers	Life Care Center ALR	The Saab Residence Lowell
Brookdale Dartmouth Village	Linda Manor Assisted Living	Thirwood Place
Brookdale Dedham	Loomis Lakeside at Reeds Landing	Traditions of Dedham
Brookdale East Longmeadow	Loomis Village	Traditions of Wayland
Brookdale Eddy Pond East	Manor On The Hill Assisted Living	Victorian Health of Chatham Inc
Brookdale Eddy Pond West	Maplewood at Mayflower Place	Visiting Nurse Assisted Living Community
Brookdale North Chelmsford	Marguerite's House	Waterstone at Wellesley
Brookdale Quincy Bay	Monarch Homes Woburn	White Oak Cottages
Brookside Assisted Living	Neville Place Assisted Living	•
•	<u> </u>	Whitney Place
Cana Cod Sprior Residences	New Horizons at Choate, LLC	Winchester Mount Vernon House
Carmel Tarrace	New Horizons at Marlborough, LLC	Windrose at Weymouth
Carmel Terrace	NewBridge on the Charles	Wingate Residences
Carriage House at Lee's Farm	Notre Dame du Lac	Wingate Residences
Chestnut Knoll at Glenmeadow	Orchard Valley at Wilbraham	Wingate Residences
Christopher Heights of Marlborough	Prospect House	Winter Valley Residences
Clifton Assisted Living Community	Providence House at Corey Park	



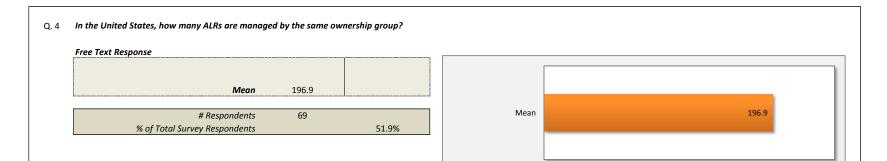
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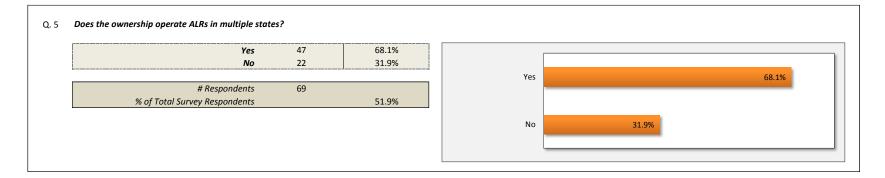


# Q. 2 Select the ownership status of the ALR. For Profit 101 75.9% Not-For-Profit 32 24.1% # Respondents 133 % of Total Survey Respondents 100.0% Not-For-Profit 24.1%

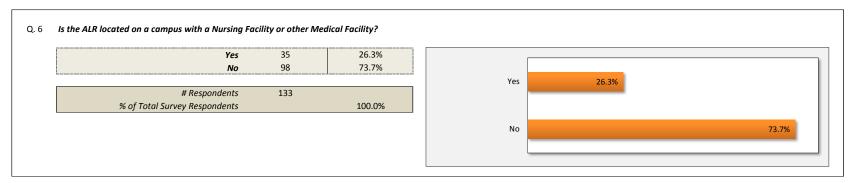




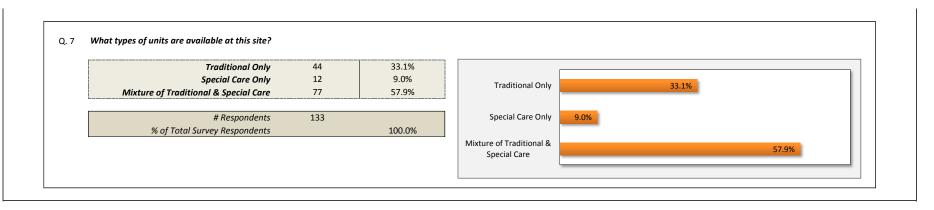




The following questions were answered as they pertained only to the ALR completing this Survey & not other ALRs owned and operated by the ownership group.







Survey Skip Logic: Questions 8 - 11 are applicable to the "Traditional Only" selection of Question 7

### A. Traditional Only What is the total number of Traditional residents? (Answer this question using your most recent census data available) 1-10 4 9.1% 1-10 5 11-20 11.4% 8 21-30 18.2% 11-20 11.4% 3 6.8% 31-40 21-30 5 11.4% 41-50 5 11.4% 51-60 31-40 61-70 7 15.9% 41-50 11.4% 2 71-80 4.5% 51-60 1 81-90 2.3% 2 4.5% 91-100 61-70 101-124 1 2.3% 71-80 125-149 0 0.0% 2.3% 150+ 1 81-90 91-100 44 # Respondents % of Total Survey Respondents 101-124 33.1% 2.3% 125-149 2.3% 150+

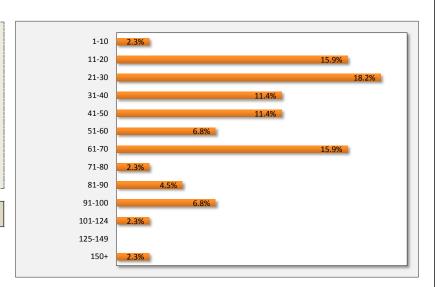


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# Q. 9 What is the total number of certified Traditional units?

 	4.4	
150+	1	2.3%
125-149	0	0.0%
101-124	1	2.3%
91-100	3	6.8%
81-90	2	4.5%
71-80	1	2.3%
61-70	7	15.9%
51-60	3	6.8%
41-50	5	11.4%
31-40	5	11.4%
21-30	8	18.2%
11-20	7	15.9%
1-10	1	2.3%

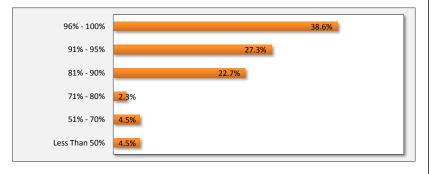
# Respondents	44	
% of Total Survey Respondents		33.1%



# Q. 10 For Calendar Year 2015, what was the average overall occupancy rate for Traditional units?

96% - 100%	17	38.6%
91% - 95%	12	27.3%
81% - 90%	10	22.7%
71% - 80%	1	2.3%
51% - 70%	2	4.5%
Less Than 50%	2	4.5%

# Respondents	44	
% of Total Survey Respondents		33.1%



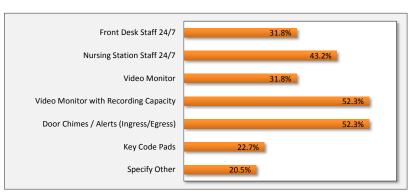


# Assisted Living Residences Survey Summary Report

# Q. 11 Indicate whether the ALR utilizes any of the following security features. (Select all that apply)

Front Desk Staff 24/7	14	31.8%
Nursing Station Staff 24/7	19	43.2%
Video Monitor	14	31.8%
Video Monitor with Recording Capacity	23	52.3%
Door Chimes / Alerts (Ingress/Egress)	23	52.3%
Key Code Pads	10	22.7%
Specify Other	9	20.5%

# Respondents	44	
% of Total Survey Respondents		33.1%



# Responses for Other (Original Text)

perimeter locked doors

front desk staff 8-8pm- front door locked at 8:00pm

key fob entry system

Doors alarmed

Front Desk Staff Evening and Night Shifts

front door locked

electronic pass key

staffed with 24 awake staff and some video monitor capability but not in residents room or common areas

door alert wireless signals to CNA via walkie



Assisted Living Residences Survey Summary Report

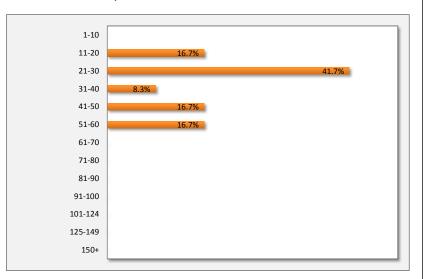
**Survey Skip Logic:** Questions 12 - 17 are applicable to the "Special Care Only" selection of Question 7

# B. Special Care Only

# Q. 12 What is the total number of Special Care residents? (Answer this question using your most recent census data available)

1-10	0	0.0%
11-20	2	16.7%
21-30	5	41.7%
31-40	1	8.3%
41-50	2	16.7%
51-60	2	16.7%
61-70	0	0.0%
71-80	0	0.0%
81-90	0	0.0%
91-100	0	0.0%
101-124	0	0.0%
125-149	0	0.0%
150+	0	0.0%

# Respondents	12	
% of Total Survey Respondents		9.0%



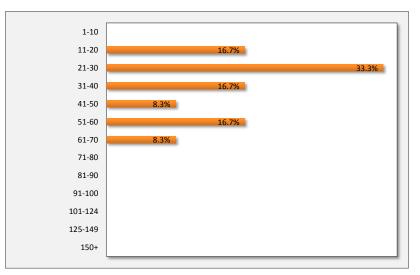


# Assisted Living Residences Survey Summary Report

9.0%

Q. 13 What is the total number of certified Special Care units? (i.e., Individual living units reserved for Special Care)

1-10	0	0.0%
11-20	2	16.7%
21-30	4	33.3%
31-40	2	16.7%
41-50	1	8.3%
51-60	2	16.7%
61-70	1	8.3%
71-80	0	0.0%
81-90	0	0.0%
91-100	0	0.0%
101-124	0	0.0%
125-149	0	0.0%
150+	0	0.0%
# Respondents	12	

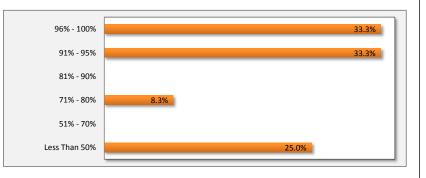


Q. 14 For Calendar Year 2015, what was the average overall occupancy rate for Special Care units?

% of Total Survey Respondents

96% - 100%	4	33.3%
91% - 95%	4	33.3%
81% - 90%	0	0.0%
71% - 80%	1	8.3%
51% - 70%	0	0.0%
Less Than 50%	3	25.0%

# Respondents	12	
% of Total Survey Respondents		9.0%



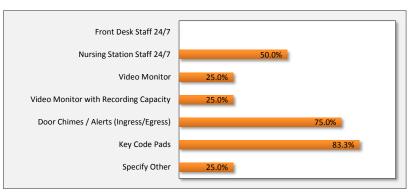


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# Q. 15 Indicate whether the ALR utilizes any of the following security features. (Select all that apply)

Front Desk Staff 24/7	0	0.0%
Nursing Station Staff 24/7	6	50.0%
Video Monitor	3	25.0%
Video Monitor with Recording Capacity	3	25.0%
Door Chimes / Alerts (Ingress/Egress)	9	75.0%
Key Code Pads	10	83.3%
Specify Other	3	25.0%

	# Respondents	12	
%	of Total Survey Respondents		9.0%



Responses for Other (Original Text)

Fobs are required to enter and exit doors

key code pads are an option, but we utilize fob security instead

Wander Guard/Roam Alert

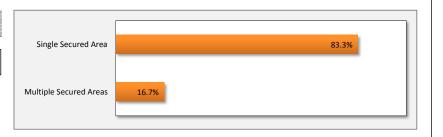


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Q. 16 Indicate whether there is a single secured area of the ALR set aside for the Special Care units or if they are located in multiple areas set apart by secure entrances and exits.



# Respondents 12 % of Total Survey Respondents 9.0%



Q. 17 If there are multiple Special Care areas, are they located on different floors or otherwise non-adjacent areas of the residence?

Yes	1	50.0%
No	1	50.0%
# Respondents	2	

# Respondents 2
% of Total Survey Respondents 1.5%





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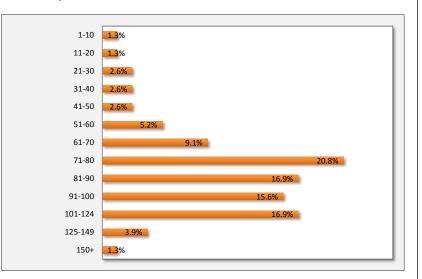
Survey Skip Logic: Questions 18 - 29 are applicable to the "Mixture of Traditional & Special Care" selection of Question 7

# C. Mixture of Traditional & Special Care

# Q. 18 What is the total number of residents? (Answer this question using your most recent census data available)

1-10	1	1.3%
11-20	1	1.3%
21-30	2	2.6%
31-40	2	2.6%
41-50	2	2.6%
51-60	4	5.2%
61-70	7	9.1%
71-80	16	20.8%
81-90	13	16.9%
91-100	12	15.6%
101-124	13	16.9%
125-149	3	3.9%
150+	1	1.3%

# Respondents	77	
% of Total Survey Respondents		57.9%





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1-10	3	3.9%		
11-20	2	2.6%	1-10	3.9%
21-30	2	2.6%	11 20	
31-40	5	6.5%	11-20	2.6%
41-50	12	15.6%	21-30	2.6%
51-60	15	19.5%	31-40	6.5%
61-70	14	18.2%		
71-80	11	14.3%	41-50	15.6%
81-90	8	10.4%	51-60	19.5%
91-100	3	3.9%	61-70	18.2%
101-124	2	2.6%		
125-149	0	0.0%	71-80	14.3%
150+	0	0.0%	81-90	10.4%
# Respondents	77		91-100	3.9%
% of Total Survey Respondents		57.9%	101-124	2.6%
			125-149	

FY17

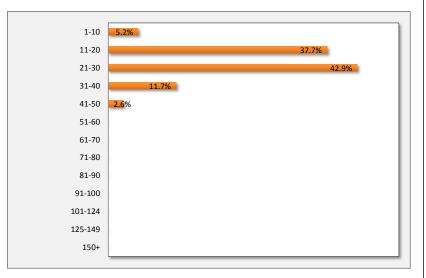


December 2016

Q. 20	What is the total number of Special Care residents? (	Answer this question using your most recent census data available)
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1-10	4	5.2%
11-20	29	37.7%
21-30	33	42.9%
31-40	9	11.7%
41-50	2	2.6%
51-60	0	0.0%
61-70	0	0.0%
71-80	0	0.0%
81-90	0	0.0%
91-100	0	0.0%
101-124	0	0.0%
125-149	0	0.0%
150+	0	0.0%

	# Respondents	77	
% oj	Total Survey Respondents		57.9%



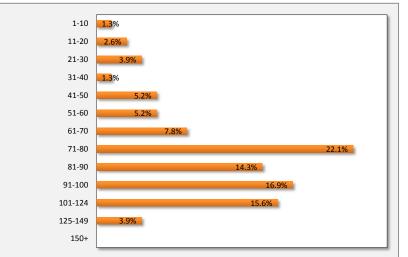


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Q. 21	What is the total number of certified ALR units? (1	otal units includ	ling Traditional & Speci	cial Care)	
	1-10	1	1.3%		
	11-20	2	2.6%	1-10 1.3%	
	21-30	3	3.9%	11-20 2.6%	l
	31_40	1	1 3%	11-20	1

1-10	1	1.3%
11-20	2	2.6%
21-30	3	3.9%
31-40	1	1.3%
41-50	4	5.2%
51-60	4	5.2%
61-70	6	7.8%
71-80	17	22.1%
81-90	11	14.3%
91-100	13	16.9%
101-124	12	15.6%
125-149	3	3.9%
150+	0	0.0%

# /	Respondents	77	
% of Total Survey	Respondents		57.9%





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1-10	3	3.9%	
11-20	1	1.3%	1-10 3.9%
21-30	2	2.6%	11-20 1.3%
31-40	6	7.8%	11-20 1.3%
41-50	8	10.4%	21-30 2.6%
51-60	15	19.5%	31-40 7.8%
61-70	16	20.8%	
71-80	9	11.7%	41-50 10.4%
81-90	11	14.3%	51-60
91-100	4	5.2%	61-70
101-124	2	2.6%	
125-149	0	0.0%	71-80 11.7%
150+	0	0.0%	81-90
# Respondents	77		91-100 5.2%
% of Total Survey Respondents		57.9%	101-124 2.6%
			125-149
			150+

FY17



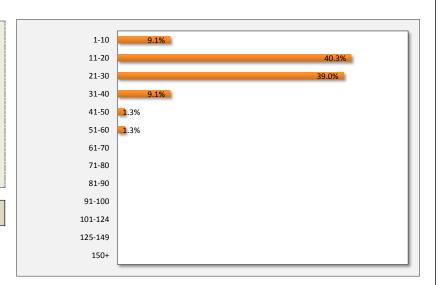
December 2016

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# Q. 23 What is the total number of certified Special Care units?

1-10	7	9.1%
11-20	31	40.3%
21-30	30	39.0%
31-40	7	9.1%
41-50	1	1.3%
51-60	1	1.3%
61-70	0	0.0%
71-80	0	0.0%
81-90	0	0.0%
91-100	0	0.0%
101-124	0	0.0%
125-149	0	0.0%
150+	0	0.0%
# 0	77	

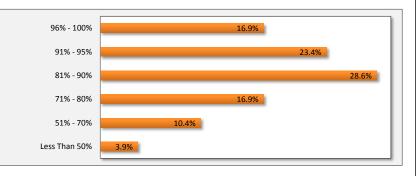
# Respondents	77	
% of Total Survey Respondents		57.9%



# Q. 24 For Calendar Year 2015, what was the average overall occupancy rate? (Total occupancy including Traditional & Special Care)

96% - 100%	13	16.9%
91% - 95%	18	23.4%
81% - 90%	22	28.6%
71% - 80%	13	16.9%
51% - 70%	8	10.4%
Less Than 50%	3	3.9%

# Respondents	77	
% of Total Survey Respondents		57.9%



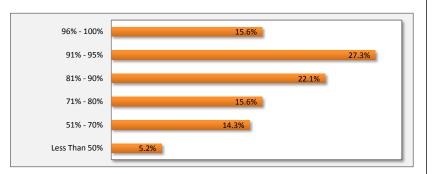


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# Q. 25 For Calendar Year 2015, what was the average overall occupancy rate for Traditional units?

96% - 100%	12	15.6%
91% - 95%	21	27.3%
81% - 90%	17	22.1%
71% - 80%	12	15.6%
51% - <b>70</b> %	11	14.3%
Less Than 50%	4	5.2%

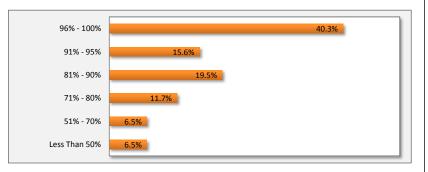
# Respondents	77	
% of Total Survey Respondents		57.9%



### Q. 26 For Calendar Year 2015, what was the average overall occupancy rate for Special Care units?

96% - 100%	31	40.3%
91% - 95%	12	15.6%
81% - 90%	15	19.5%
71% - 80%	9	11.7%
51% - 70%	5	6.5%
Less Than 50%	5	6.5%

# Respondents	77	
% of Total Survey Respondents		57.9%



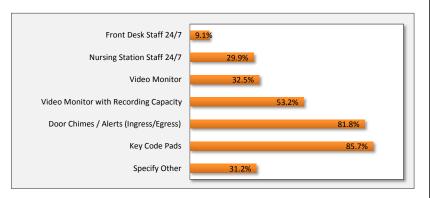


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Q. 27 Indicate whether the ALR utilizes any of the following security features. (Select all that apply)

Front Desk Staff 24/7	7	9.1%
Nursing Station Staff 24/7	23	29.9%
Video Monitor	25	32.5%
Video Monitor with Recording Capacity	41	53.2%
Door Chimes / Alerts (Ingress/Egress)	63	81.8%
Key Code Pads	66	85.7%
Specify Other	24	31.2%

# Respondents	77	
% of Total Survey Respondents		57.9%



Responses for Other (Original Text)

Life line pendants and apartment alerts

Security on campus 24/7

hourly safety checks in SC

hourly checks, alarm checks

Front Desk Staff 7 days a week 8AM-7PM

Front desk 8AM to 8 PM

24/7 Nursing staff in building - not at specific station

**GPS Tracking and Computer Monitoring by Emergency Pendants** 

door locked at 8 pm

key fob for SCU

doors locked at 8 pm

Desk Until 8PM

door locked at 8 pm

Fob system

front desk 8am to 7pm

locked after 8 pm

Swipes and auto lock doors/ timed

Wander Guard bracelets- short term

locked, at desk after 8 pm

fobs

locked after 8 pm

Locked doors with RFID badges

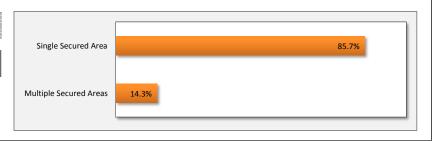
external video monitoring w/recording

Front desk from 8-8pm

Q. 28 Indicate whether there is a single secured area of the ALR set aside for the Special Care Units or if they are located in multiple areas set apart by secure entrances and exits.

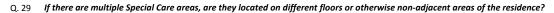
Single Secured Area	66	85.7%
Multiple Secured Areas	11	14.3%
# Respondents	77	

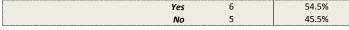
% of Total Survey Respondents 57.9%



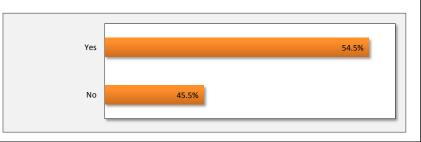


Assisted Living Residences Survey Summary Report





# Respondents 11 % of Total Survey Respondents 8.3%



### Section II - ALR Staffing

Q. 30 Please indicate the number of Full-Time Equivalents (FTEs) for Staff Employed by the ALR for the following: 1

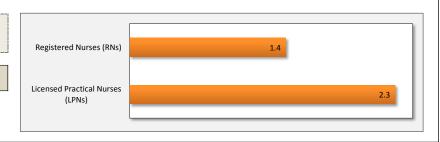
Free Text Response

Registered Nurses (RNs)
Licensed Practical Nurses (LPNs)

# Respondents

133

# Respondents 133 % of Total Survey Respondents 100.0%



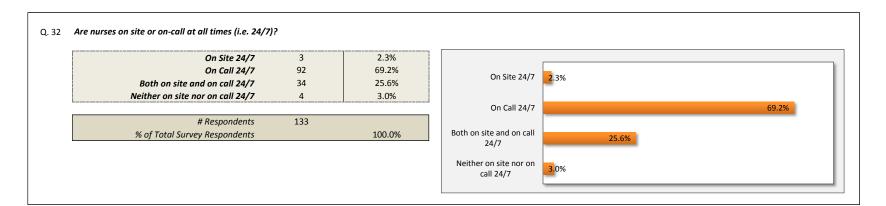
Q. 31 Please indicate the average number of hours for the following Staff Not Employed by the ALR: (Outside agency staff)

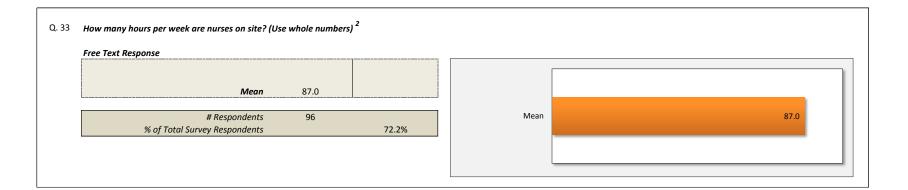
### Free Text Response

Data responses observed to be invalid. Possible confusion resulting from question language change from FTEs vs. Hours.



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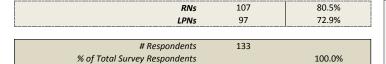
FY17

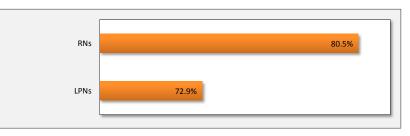


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Assisted Living Residences Survey Summary Report

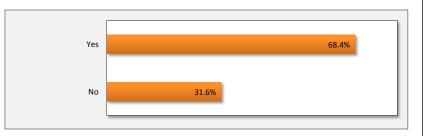






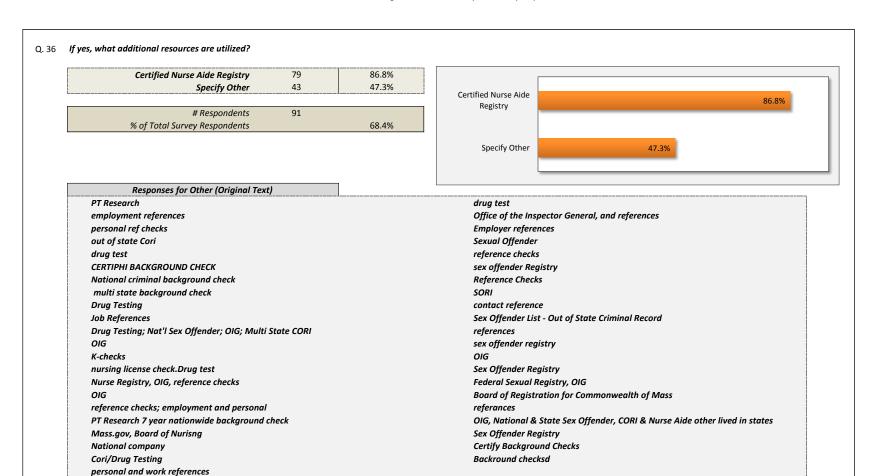
Q. 35 In addition to conducting a Criminal Offender Record Information (CORI) check, does the ALR perform any screening to determine whether a prospective employee has a history of behavior that might suggest they should not be working with older adults in this setting (e.g., History of elder abuse, mistreatment, or financial exploitation)?

<b>Yes</b> 91	68.4%
No 42	31.6%
# Respondents 133	
% of Total Survey Respondents	100.0%



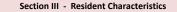


### Assisted Living Residences Survey Summary Report



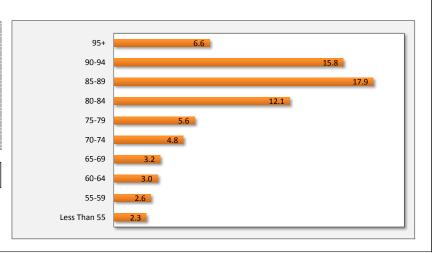


100.0%



Q. 37 Indicate the current number of residents for each age range.

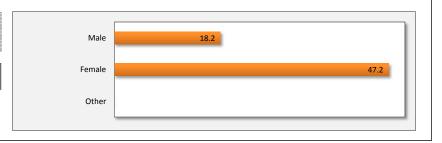
Free Text Response	Mean	
95+	6.6	
90-94	15.8	
85-89	17.9	
80-84	12.1	
75-79	5.6	
70-74	4.8	
65-69	3.2	
60-64	3.0	
55-59	2.6	
Less Than 55	2.3	
# Respondents	133	



Q. 38 Indicate the current number of residents according to their gender. <sup>3</sup>

% of Total Survey Respondents

Free Text Response	Mean	
Male	18.2	
Female	47.2	
Other	0.0	
# Respondents	133	
% of Total Survey Respondents		100.0%

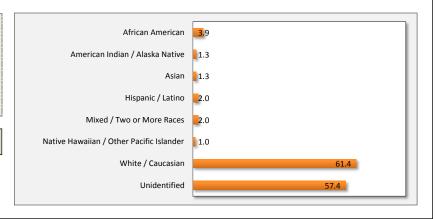




Assisted Living Residences Survey Summary Report

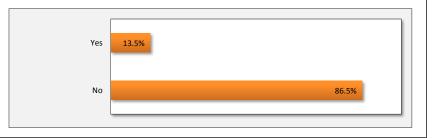
Q. 39 Indicate the current count of residents according to the following racial/ethnic categories.

Free Text Response	Mean	
African American	3.9	
American Indian / Alaska Native	1.3	
Asian	1.3	
Hispanic / Latino	2.0	
Mixed / Two or More Races	2.0	
Native Hawaiian / Other Pacific Islander	1.0	
White / Caucasian	61.4	
Unidentified	57.4	
# Respondents	133	
% of Total Survey Respondents		100.0%



Q. 40 Does this ALR serve any persons with intellectual or developmental disabilities such as Autism or Down's syndrome?

	Yes	18	13.5%
	No	115	86.5%
	# Respondents	133	
% of Total Su	ruev Pesnandents		100.0%



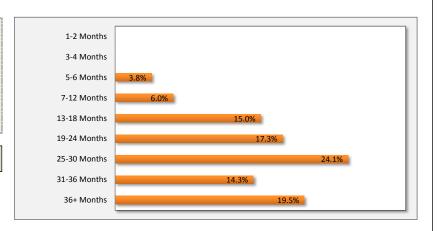


Assisted Living Residences Survey Summary Report

Q. 41 What is the average length of residency for all residents?

1-2 Months	0	0.0%
3-4 Months	0	0.0%
5-6 Months	5	3.8%
7-12 Months	8	6.0%
13-18 Months	20	15.0%
19-24 Months	23	17.3%
25-30 Months	32	24.1%
31-36 Months	19	14.3%
36+ Months	26	19.5%
# Respondents	133	

# Respondents	133	
% of Total Survey Respondents		100.0%

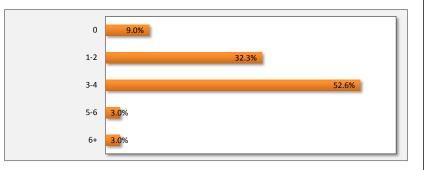


Q. 42 What is the average number of Activities of Daily Living (ADLs) Traditional residents require assistance with at the ALR? (ADLs are defined as tasks related to bathing, dressing, grooming, ambulation, eating, toileting, and other similar tasks related to personal care needs) \*

0	12	9.0%
1-2	43	32.3%
3-4	70	52.6%
5-6	4	3.0%
6+	4	3.0%

# Respondents	133	
% of Total Survey Respondents		100.0%

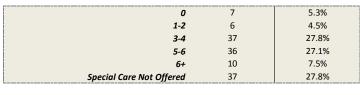
<sup>\*</sup> Data is subject to variation as no option given for "Traditional Not Offered"



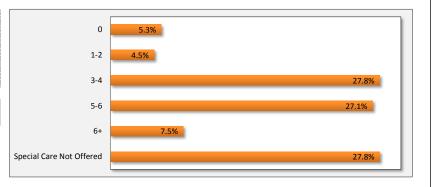


Assisted Living Residences Survey Summary Report

Q. 43 What is the average number of Activities of Daily Living (ADLs) Special Care residents require assistance with at the ALR? (ADLs are defined as tasks related to bathing, dressing, grooming, ambulation, eating, toileting, and other similar tasks related to personal care needs)



# Respondents 133 % of Total Survey Respondents 100.0%

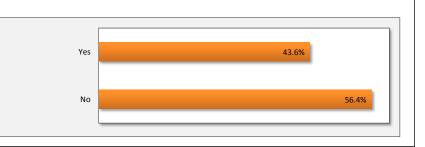


Section IV - Services

Q. 44 Does the ALR offer Limited Medication Administration (LMA)?

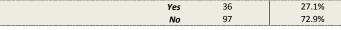
Yes	58	43.6%
 No	75	56.4%

# Respondents 133
% of Total Survey Respondents 100.0%

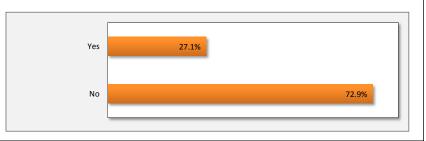








# Respondents 133 % of Total Survey Respondents 100.0%

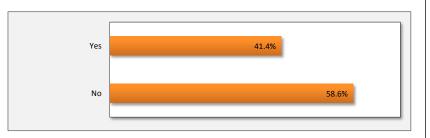


Q. 46 Does the ALR offer admissions or service plans to individuals whose primary diagnosis is a serious or persistent mental or behavioral disorder such as schizophrenia, bipolar disorder, major depression, or other?

 Yes
 55
 41.4%

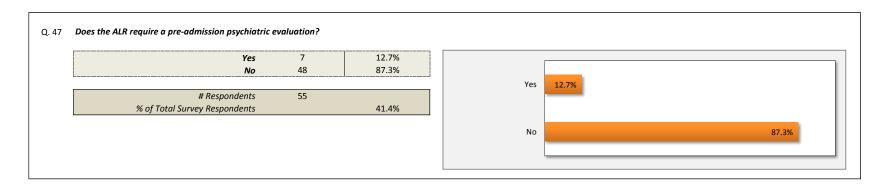
 No
 78
 58.6%

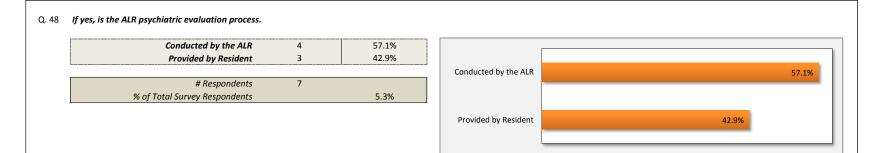
# Respondents 133 % of Total Survey Respondents 100.0%





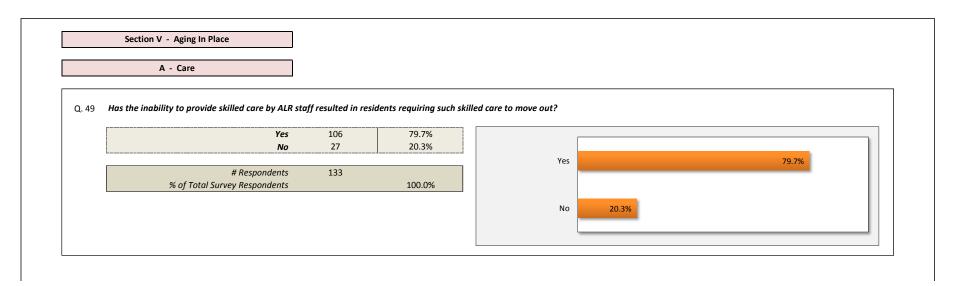
Assisted Living Residences Survey Summary Report







Assisted Living Residences Survey Summary Report





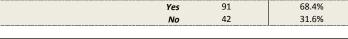
### Q. 50 To what degree would each of the following skilled services accomplish the objective of helping a resident age in place? No Effect Some Effect Significant Effect 20 Intermittent skilled nursing observation and evaluation 20 65 47 of a medical condition 12 37 83 37 Intramuscular or subcutaneous injection such as insulin 12 19 The application of medication, sterile, or non-sterile 19 51 62 dressings to treat skin disorders and other wound care 17 The administration of oxygen on a regular and 68 continuous basis when the resident's medical condition 17 47 warrants skilled observation 37 60 34 The intermittent use of "straight" catheters 37 60 36 The insertion and maintenance of indwelling Foley 36 63 34 catheters 34 26 The application of ophthalmic or optic ointments or 62 26 45 drops The assessment and monitoring of unstable mental 38 34 38 61 health conditions 34 Administration of routine or PRN medications ordered 31 31 35 65 35 by a physician ■ No Effect ■ Some Effect ■ Significant Effect # Respondents 133 % of Total Survey Respondents 100.0%



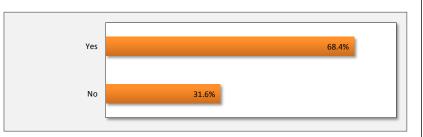
Assisted Living Residences Survey Summary Report

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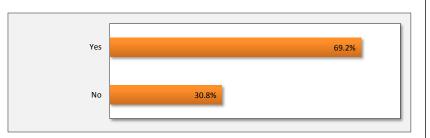
# Respondents 133
% of Total Survey Respondents 100.0%



# Q. 52 If the option existed to provide skilled care, would your ALR plan on hiring additional staff?

Yes	92	69.2%
 No	41	30.8%

# Respondents 133 % of Total Survey Respondents 100.0%

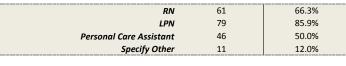




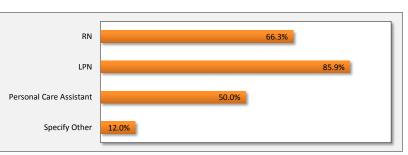
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Q. 53 If the answer to the previous question was "Yes," please indicate the type of staff needed: (Select all that apply)







Responses for Other (Original Text)

as necessary

additional CNA's

Utilize in house nursing agency to supplement

**Nurse Practioner** 

Resident assessment would determine staffing need.

the acuity of the resident based on their assessment would determine the type of staffing need

Nursing home residents need more staff

**Certified Nursing Assistant** 

The acuity of our residents would determine the type adn number of staffing

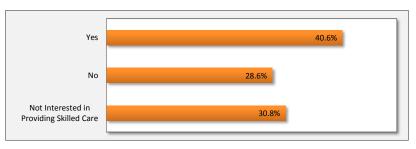
depending upon care need

dependant on population need

Q. 54 If the option existed to provide skilled care, does the ALR anticipate that it would be necessary to increase rates for all residents to cover any additional expenses?

Yes	54	40.6%
No	38	28.6%
Not Interested in Providing Skilled Care	41	30.8%
# Respondents	133	

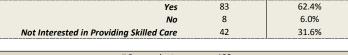
% of Total Survey Respondents 100.0%



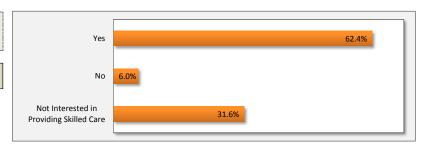


Assisted Living Residences Survey Summary Report

Q. 55 If the option existed to provide skilled care, would the ALR increase rates only for residents who require skilled care as needed?



# Respondents 133 % of Total Survey Respondents 100.0%



### **B** - Resident Finances & Payment Structure

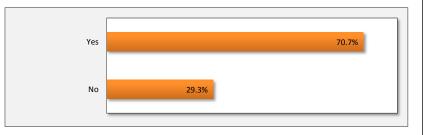
Prior to admission, does the ALR discuss finances with prospective residents to address the issue of whether a prospective resident may be able to afford to stay in the ALR for as long Q. 56 as they desire?

<b>Yes</b> 131	98.5%
<b>No</b> 2	1.5%
nts 133	
nts	100.0%
	No 2 133



Q. 57 Prior to admission, does the ALR conduct an assessment of the prospective resident's finances and estimate the length of stay based on the resident's ability to pay?

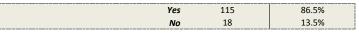
res 94	70.7%
<b>No</b> 39	29.3%
# Respondents 133	
% of Total Survey Respondents	100.0%



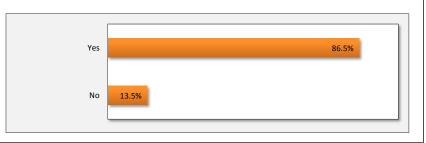


Assisted Living Residences Survey Summary Report

Q. 58 Does the ALR require residents, who are deemed by the ALR to be in need of additional personal care or skilled nursing care, to supplement their care package with outside assistance to enable them to remain in the residence?



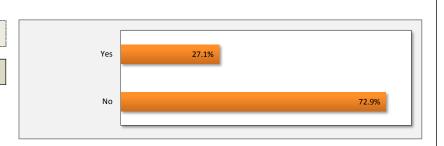
#Respondents 133
% of Total Survey Respondents 100.0%



Q. 59 Does the ALR reduce the resident's monthly fees if that resident procures private care?

Yes	36	27.1%
No	97	72.9%

# Respondents 133
% of Total Survey Respondents 100.0%



Q. 60 How many residents left the ALR in the last Calendar Year (not including deaths)?

Free Text Response

**Mean** 18.5

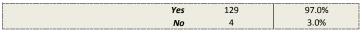
# Respondents 133
% of Total Survey Respondents 100.0%



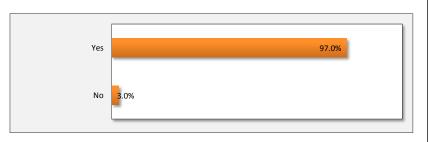


Assisted Living Residences Survey Summary Report

Q. 61 Does the ALR track the reasons why someone leaves the ALR? (e.g., Increased care needs / nursing home level of care, relocated to be closer to family, insufficient funds, etc.)



133 # Respondents 100.0% % of Total Survey Respondents



Q. 62 How many of the residents identified in the previous answer left because the cost of care exceed their ability to pay?

Free Text Response

Mean 1.9 129 # Respondents

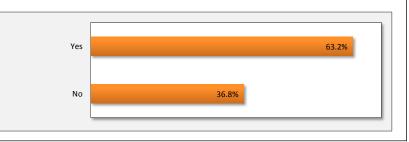
% of Total Survey Respondents 97.0%



Q. 63 Does the language of the ALR's resident agreement allow for rate increases before the expiration of the agreement's term?

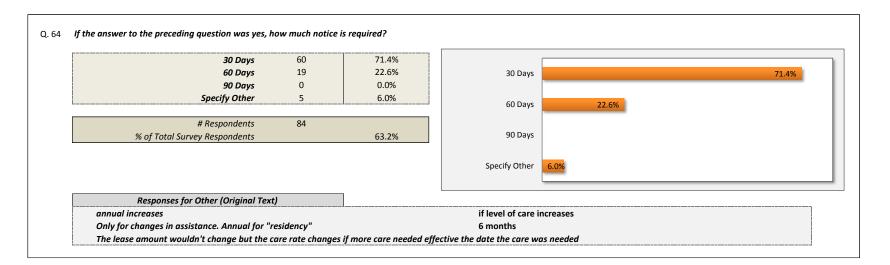
Yes 84 63.2% 49 36.8% No

> # Respondents 133 % of Total Survey Respondents 100.0%





Assisted Living Residences Survey Summary Report



Q. 65 What is the average monthly fee for each of the following? (Please calculate the average fee for the last year) 4

Free Text Response Mean

Traditional \$4,854.39 Special Care \$6,545.74

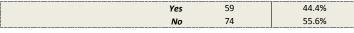
# Respondents 133 % of Total Survey Respondents 100.0%

Special Care \$6,545.74

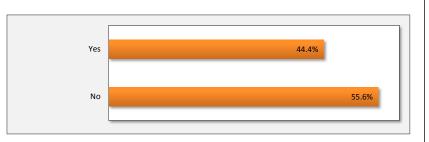


Assisted Living Residences Survey Summary Report

Does the ALR have any units set aside for low-income residents? In this context, low income is defined as at or below 80% of the area median income. Statewide 80% of area median Q. 66 income = \$48,160 for a 1 person household.



# Respondents 133 % of Total Survey Respondents 100.0%



Q. 67 If the answer to the preceding question was yes, how many units are set aside?

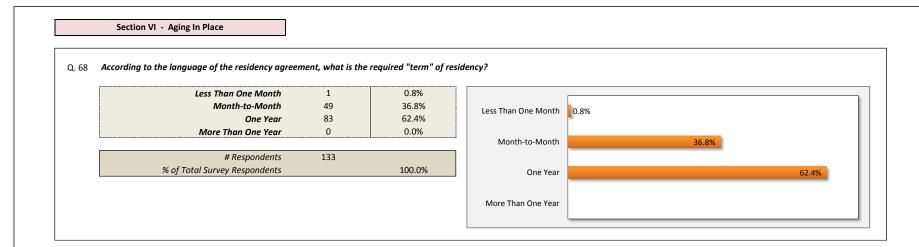
Free Text Response

Mean 24.9 # Respondents 59

% of Total Survey Respondents 44.4%







Q. 69 Does the ALR charge an entrance/administrative fee upon admission?

Yes 110 82.7%
No 23 17.3%

# Respondents 133
% of Total Survey Respondents 100.0%

No 17.3%

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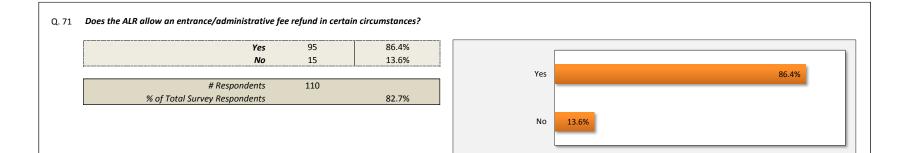
Q. 70 Please estimate the average entry fee for the last year. 5

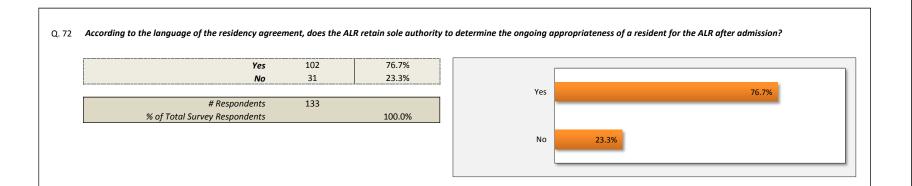
Free Text Response

Mean \$3,763.19

# Respondents 110
% of Total Survey Respondents 82.7%

Mean \$3,763.19





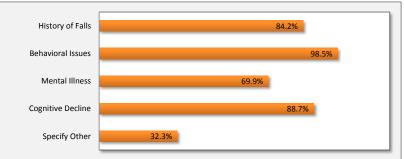


Assisted Living Residences Survey Summary Report

# Q. 73 Does the ALR assess current residents with regards to appropriateness to stay in the ALR based on any of the following. (Check all that apply)



# Respondents 133 % of Total Survey Respondents 100.0%



#### Responses for Other (Original Text)

general safety

harm to self or others

slilled need

need for skilled care

doctors evaluation

medical and health decline

resident safety in our environment

physical decline

Lease Violations, inability to transfer OOB

flight risk

need for skilled services

clinical needs

Violation of Residency Agreement

elopement risk

total incontinence

need skilled nursing care and financial

need for care in excess of one hour daily

controlled chronic diagnosis

Functional decline

If they exceed a one person assist

danger to self or others

resident requires over 1 hr per day of care or services and has chosen not to obtain those services for themselves

danger to themselves or others, or if responsible party do not agree to provide the extra care needed for the resident's safety

feeding, incontinence

feeding, incontinence

feeding, incontinence

Overall Safety

Safety

Need for skilled care beyond capacity of service

feeding, incontinence

skilled services

feeding, incontinence

Skilled nursing needs

physical decline, incontinence, feeding

Anything that could impact their safety while staying at the ALR

Wandering

Ambulation status, med issues, feeding, incontinence

in continence

skilled nursing needs

development of skilled needs

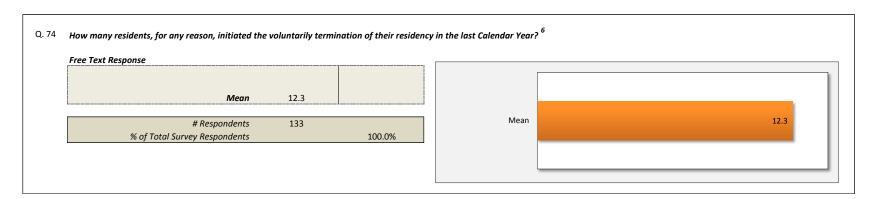
need for skilled nursing care

SAMM

general medical appropriatness



Assisted Living Residences Survey Summary Report

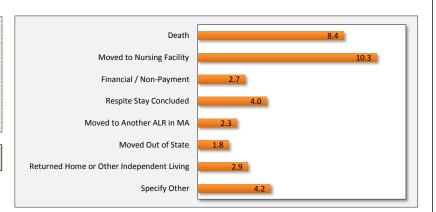




## Q. 75 Indicate the number of residents who terminated their residency for the following reasons in the last 12 months.

Free Text Response	Mean	Total Responses
Death	8.4	124
Moved to Nursing Facility	10.3	128
Financial / Non-Payment	2.7	88
Respite Stay Concluded	4.0	97
Moved to Another ALR in MA	2.3	97
Moved Out of State	1.8	85
Returned Home or Other Independent Living	2.9	83
Specify Other	4.2	20

# Respondents	133	
% of Total Survey Respondents		100.0%



## Responses for Other (Original Text)

Hospice house other

Moved to SNF-Financial

Location Move memory care

Moved to SNF-Level of Care Needed specialized ABI care

Policy Violation Returned home Special Care Dementia ALR moved to competitor

Moved in with family

behavioral Hospice House

moved closer to another adult child

Discharged to Hospital Moved to Memory Care unit not documented reason acute hospital SNF

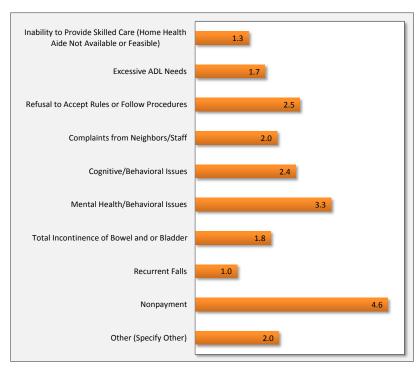


Assisted Living Residences Survey Summary Report

## Q. 76 Over the last 12 months, how many residents were determined to be inappropriate for the residence for the following reasons. (Check all that apply)

Free Text Response	Mean	Total Responses
Inability to Provide Skilled Care (Home Health Aide Not Available or Feasible)	1.3	90
Excessive ADL Needs	1.7	86
Refusal to Accept Rules or Follow Procedures	2.5	46
Complaints from Neighbors/Staff	2.0	41
Cognitive/Behavioral Issues	2.4	81
Mental Health/Behavioral Issues	3.3	55
Total Incontinence of Bowel and or Bladder	1.8	48
Recurrent Falls	1.0	50
Nonpayment	4.6	49
Other (Specify Other)	2.0	7

# Respondents	133	
% of Total Survey Respondents		100.0%



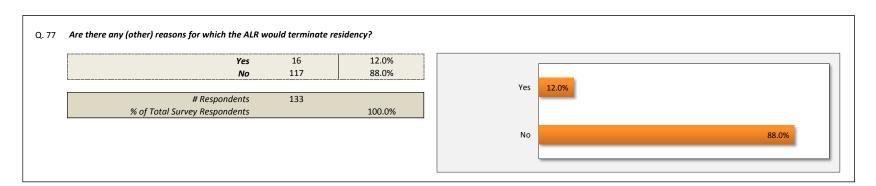
Responses for Other (Original Text)

unable to afford AL
Went to a Hospice House
family moved him to snf close to home
ran out of funds and did not qualify for programs

inability to walk/ transfer Needed memory care inablity to transfer



Assisted Living Residences Survey Summary Report





Assisted Living Residences Survey Summary Report

Q. 78 If the answer to the preceding question was yes, please provide those reasons.

Free Text Response		Total Responses
		16
# Pasnandants	16	

## Responses for Other (Original Text)

% of Total Survey Respondents

Lack of Safety Awareness; Behavioral Issues; Non payment

Criminal activity

inability to transfer, sexual inappropriateness, unmanageable behaviors

Inappropriate sexual behavior.

Non payment of rent

**Financial** 

beyond scope of care

Guests habitually disruptive to other residents and staff

Guests Habitually disruptive to other residents and staff

2 person assist Unmanageable incont. Inability to participate in SAMM Needing secure, special care environment, but refusing to transfere

12.0%

Problems with guests being disruptive habitually to other residents and/ or staff

Medical needs are greater than what GH can support.

Guests habitually disruptive to other residents and staff

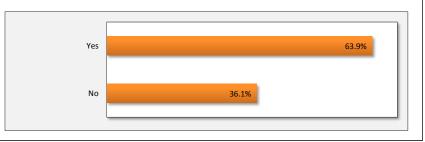
Not following the resident code of conduct including federal & state illegal activities.

Guests habitually disruptive to other residents and staff

The safety of individuals in residence is endangered by the residents' being here. The health of individuals in residence would be endangered by the residents' being here. The resident has failed, after reasonable and appropriate notice, to pay for this stay at this residence.

Q. 79 Does the ALR require the responsible party to provide notice of move-out to calculate the final payment in the instance of a resident's death?

Yes	85	63.9%
No	48	36.1%
# Respondents	133	
% of Total Survey Respondents		100.0%

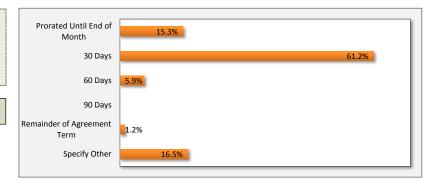




Q. 80 If the answer to the preceding question was yes, what is the period of time.

Prorated Until End of Month	13	15.3%
30 Days	52	61.2%
60 Days	5	5.9%
90 Days	0	0.0%
Remainder of Agreement Term	1	1.2%
Specify Other	14	16.5%

# Respondents	85	
% of Total Survey Respondents		63.9%



Responses for Other (Original Text)

when personal items are removed 30 days notice per lease agreement

7 Days

When belongings are removed from apartment

7 days

end of month our the month, if later, that all possessions are removed

if Resident dies in other facility, family will give notice

upon move-out of items and keys turned in

Until unit is cleaned out of furniture

10 days 7 days

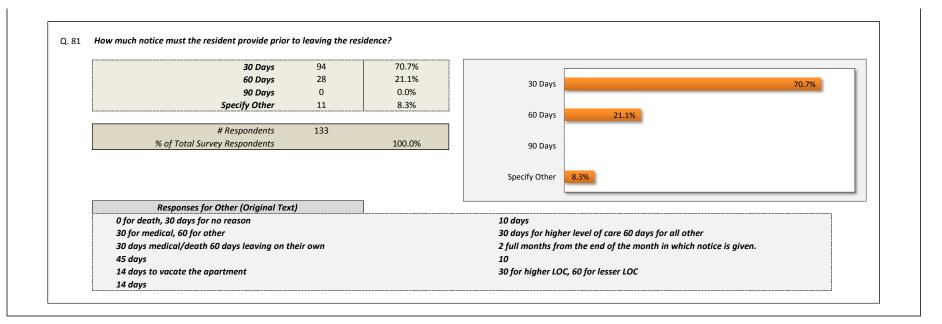
7 days after the death

when apartment is totally vacated of belongings

until unit is vacated and keys are turned in



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#### Q. 82 Please communicate any questions or comments regarding aging in place and Assisted Living.

#### Responses Submitted (Original Text)

The has been providing assisted living services and residency for over 16 years. We work closely with area home visiting physicians, nurse practitioners and certified home health agencies and hospice which enables our residents to remain in their apartments for as long as humanly possible, often until death. To date we have never prohibited someone from "aging in place" because of skilled nursing care needs, particularly the skilled needs addressed in this survey. From time to time we do have residents temporarily go to skilled nursing facilities when needed, usually post hospitalization or for rehab. The only time a resident would not be able to "age in place" would be for cognitive decline resulting in wandering or behavioral issues, or ADL's requiring more than 1-2 hours per day. Even so, if the family can afford to provide additional personal care or the 24/7 supervision, then there is no reason to leave. We have a multitude of certified agencies ready, willing, and able to provide the skilled services listed in this survey.

While additional care would be considered as a way for residents to remain in place, we would also try to balance that with the residential model of assisted living - maybe providing 'nursing' care for current residents who have been with us and not those needing that type of support upon admission - would be a company decision.

Assisted Living is not a nursing home and for the resident that has chosen this type of housing, providing skilled nursing services would change the atmosphere to a more hospital/medical model.

The typical AL resident has changed dramatically since ALF regulations were first promulgated. The regulations need to be updated to allow our residents to receive the services they need in their home, including limited health services.

You ask about GAFC & SSIG but not PACE- missing many subsidized residents and a program which does a tremendous job helping residents age in place some questions were last calendar year, some previous 12 months; this was very confusing and challenging to calculate adding skilled care to assisted living is poor public policy, further making it an option only for the wealthy, squeezing out the moderate income who won't be able to pay the higher rates and the smaller not for profits who aim to provide service to the more moderate income residents

Trying to stay committed to affordability is difficult with the current reimbursement structure (GAFC/SCO contracts). Allowing those on the 300% Frail Elder Waiver would help. The cost of a nursing home is so much greater than an affordable assisted living.

Our residents consider their home and we try to maintain their needs and safety as long as possible. We are concerned that adding skilled care will increase our costs and the cost to the resident. We offer subsidized and GAFC. It would be very difficult financially for our community

I have always loved the Massachusetts' model of Residential Care for Assisted Living; even though the regulations have not always been clear. I firmly believe with the proposed regulation changes Traditional ALR's will become nothing more than nursing homes with poor staffing levels. If ALR's provide skilled services, staffing needs will have to increase which will result in increased fees for residents. I have been in elder care for over 35 years, 16 in assisted living, and witnessed many changes over the years; some for the better and some not. However the upcoming changes seem more about what will keep the apartments full for corporate chains vs. what is truly best for the resident. Almost everyone would like to remain in their own home until they die but this truly is not always the best choice. Residents and families must be educated about all avenues of care and the options available to them. I would also like to take this opportunity to thank you for all you do on behalf of elders in Massachusetts. I'm sure it is a difficult, thankless job at times but your efforts are appreciated by many across the state.



#### Assisted Living Residences Survey Summary Report

Agencies and supplemental care has allowed us to keep Residents here without us having to provide skilled care in many cases.

Many Resident go to Nursing hme due to two financial reason, either over income for GAFC or can not afford to pay for additional care. Aging in place can be done effectively if there is a waiver for over income Residents and the State reimbursment rate is higher than \$40.33/day. The State is paying much higher rate(average \$250/day) for the same Resident in Nursing home. Assisted Living would not provide invasive care or treatment but can provide all the skilled nursing care mentioned in this survey so the Resident can age in place.

None of the residents determined to be inappropriate due to our inability to provide skilled care in question 77 could have avoided long term placement even if we did provide skilled care due to their multi system failure.

This is a confidential comment that I would like to voice. The expansion of skilled services in A/L worries me because I believe that some a/l's will not provide adequate staffing to care for the expanded needs of residents living in A/L. Some will charge a lot more money but still not put in enough care. I have always felt comfortable that takes responsibility when additional services are required that go beyond the scope of what we can provide safely in the community. I also have valued their input when their independent assessment of those they care for is that a skilled nursing setting will provide a safer/supportive environment. Eye drops, insulin, and adjusting 02 would benefit the residents in A/L and can be managed, the other skilled services concern me.

The regulations as written under EOEA does support the opportunity for communities to allow residents to age in place. There are very limited obstacles in accomplishing age in place outcomes if communities support and promote the fundamental right of residents to receive Hospice care in Assisted Living. Hospice should be offered by providers much more than it is right now across the state. According to the "2016 America's Health Rankings Senior Report" Massachusetts is considered the healthiest state for older adults in the United States. However, in the same report Massachusetts is ranked under the national average for Hospice Care. Under-utilization of Hospice Care can be directly correlated with Hospital deaths among older adults which not only causes an economic burden but it is avoidable. Communities who allow residents to age in place have a strong Hospice philosophy. It is the right of residents to receive that care in ALRs (Assisted Living Residences) as it is a federal Medicare Benefit. There is no reason to change the regulations any further to allow more skilled or limited nursing services to be conducted by the ALR. What will that do? That change would result in Assisted Living companies choosing to provide skilled services as a fee for service. These services which currently already can be done by an outside provider and covered under insurance will increase cost to residents. It will pass through cost to the resident due to an increased need for Nursing. Because most individuals are covered under Medicaid in nursing homes, cost cannot be passed to the resident, unlike the Assisted Living industry which is mostly private pay. Why follow the same path as the nursing home industry with increased need for labor, state oversight and regulations when it has proven not to be a successful system? Let's keep our residents in Assisted Living, promote aging in place by offering Hospice care more as a state, and avoid the possibility of increased regulation and cost to our residents.

EOEA should consider what impact adding a skilled nursing (medical) component will have on ALRs that receive, have received, or want to receive Low Income Housing Tax Credits under Section 42 of the IRS code (i.e. impact on ALR's qualification as a residential real property under the IRS code).

We ahve not had issues with people moving out because of the reasons stated in the Limited Medical Model. There is a time that it nessasary and safer for a resident to move to a skilled nursing facility. When a person needs assist of two for ADL's, a hoya lift etc., our company feels it is not the safe place to be. If other places want to increase their staffing substantially to accommodate this, that would be ok, but that does not seem to be the case which leads to unsafe things happening to residents in ADL's

Assisted Living is such a wonderful option for seniors and we currently work with outside agencies to ensure our residents can age in place when at all possible. We would like to be able to have our nursing associates perform nursing tasks such as injections, treatments and O2 monitoring which would be such a benefit to our seniors and those considering assisted living.



Assisted Living Residences Survey Summary Report

EOEA should consider what impact adding a skilled nursing (medical) component will have on ALRs that receive, have received, or want to receive Low Income Housing Tax Credits under Section 42 of the IRS code (i.e. impact on ALR's qualification as a residential real property under the IRS code). EOEA should consider what impact adding a skilled nursing (medical) component will have on ALRs that receive, have received, or want to receive Low Income Housing Tax Credits under Section 42 of the IRS code (i.e. impact on ALR's qualification as a residential real property under the IRS code). When interviewing residents or responsible parties, it is so important to be honest about the individuals aging process according to their individual mental and physical limitations so that placement is appropriate and realistic. We inform them of what our capabilities are and what could be needed as the individual ages. please keep in mind that the data used to complete this survey on census was based on a ramp up- we opened on 5/9/15 Allowing assisted living facilities to do medical procedures that a person may do in their own home such as insulin injection, blood sugar testing and simple dressings would allow residents to stay in place longer. I think the main reason people move into assisted living is that they need the extra help, but one of the big additional benefits that our community provides is constant access to other residents and programs designed to keep residents active and engaged. It's my opinion those interactions can both prolong your life and improve your quality of life. Most seniors want to age in place, many of them ultimately need to be assisted to stay safe and healthy. What's right for each resident is unique to their particular needs and situation. The residents, families and decisions makers should take the time to carefully consider both options to make an informed decision about whether aging in place in an assisted living or a move to LTC or staying at home with services is the smartest choice. The ALR should have a choice with the number of apartments they can handle with limited skill services similar to having a designated number apartments for special care. The majority of residents can and do age in place, die in place with coordination of care, services, rehab services and hospice services. Informed and involved families are also integral partners We do believe there are certain areas that are considered "skilled nursing care" that can be safely performed in the AL setting with proper training and experienced licensed staff, that could prevent residents from having to move out in certain instances. Community & company are for changes to better enable residents to age in place in an assisted living setting when appropriate.



Appendix A: Data Ranges

Q.  $30^1$  Please indicate the number of Full-Time Equivalents (FTEs) for Staff Employed by the ALR for the following.

Data Filtering

Accepted Values >0 - 10

**Excluded Values** 

 Registered Nurses (RNs)
 0, 32.00, 40.00, 80.00, 80.00

 Licensed Practical Nurses (LPNs)
 0, 15.00, 40.00, 62.50, 64.00

Q. 33<sup>2</sup> How many hours per week are nurses on site? (Use whole numbers)

	Data Filtering		]
Accepted Value	25	>0 - 350	
Excluded Value	s	0, 840	

Q. 38<sup>3</sup> Indicate the current number of residents according to their gender.

tering	
>0 - 30	
	I
0, 61	

 $^4$  What is the average monthly fee for each of the following? (Please calculate the average fee for the last year)

Data Filtering

Accepted Values	>10 - 10,000
Excluded Values	
Traditional	0, \$3.50, \$56,400, \$25,466,171
Special Care	0, \$69,600, \$96,902

 $Q.70^5$  Please estimate the average entry fee for the last year.

Data Filtering

Accepted Values >5 - 15,000

**Excluded Values** \$2, \$19,348, \$21,000, \$30,000, \$50,000,

\$160,000

6 How many residents, for any reason, initiated the voluntarily termination of their residency in the last Calendar Year?

Data Filt	ering	
Accepted Values	<300	
Excluded Values	515	

