



THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE OFFICE FOR ADMINISTRATION AND FINANCE
HUMAN RESOURCES DIVISION
ONE ASHBURTON PLACE, BOSTON, MA 02108

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RONALD J. ARIGO
Chief Human Resources Officer

MEMORANDUM

TO: Municipal Appointing Authorities Fire Chief of Municipal Departments

FROM: Ron Arigo, Chief Human Resources Officer

DATE: October 10, 2018

SUBJECT: The 2018 Revised Initial-Hire Medical and Physical Fitness Standards for Municipal Public Safety Personnel

I am pleased to inform you that the Human Resources Division (HRD) has recently promulgated *The 2018 Regulations for the Initial-Hire Medical and Physical Fitness Standards Test for Municipal Public Safety Personnel*. The revised standards are effective as of October 1, 2018.

The medical and physical fitness standards are designed as pre-employment evaluations of potential public safety personnel. In the 156 communities subject to G.L.c. 31, section 61A, police officers and fire fighters appointed after November 1, 1996 must meet HRD's standards before they begin employment. The amendments are designed to replace the initial-hire medical standards for municipal fire fighters to be consistent with the standards found in the 2018 version of the *National Fire Protection Association's Standard 1582 on Comprehensive Occupational Medical Program for Fire Departments*. These standards have been revised to incorporate findings from medical professionals who have conducted considerable research into how an individual's medical and physical condition aligns with his or her specific job tasks.

Please share this notice with your appointing authorities and with the physicians who conduct medical examinations for your candidates. Copies of the updated regulations, the revised Physician's Guide to Conducting Medical Examinations, and the Medical Examination form are available on the [Civil Service](#) website.

Should you have any questions, please contact Regina Caggiano, Director of Civil Service, at regina.caggiano@mass.gov or 617-878-9747.

Thank you for your continued support and cooperation.