

2021 List of Massachusetts Cities/Towns by Community Water Fluoridation Status

Fully Fluoridated Cities & Towns					
Clinical Recommendations for Infancy, Childhood, and Adolescence for Fully Fluoridated Cities & Towns [#] :					
(1) Confirm (or refer to) Dental Home, Perform Risk Assessment (2) Apply Topical Fluoride Varnish					
City/Town	Year Began	Population	City/Town	Year Began	Population
Acton	1970	23,634	Lawrence	1983	80,022
Acushnet	2007	10,589	Lexington*	1978	33,304
Amherst	1987	39,995	Lincoln	1971	6,868
Andover	1969	36,098	Longmeadow	1989	15,736
Arlington*	1978	45,379	Lowell	1982	111,311
Ashburnham	1958	6,304	Lynn	1983	94,201
Athol	1952	11,694	Lynnfield*	1959/1972	12,968
Attleboro	1973	45,023	Malden*	1978	60,710
Bedford*	1978	14,136	Manchester by the Sea	1983	5,400
Belmont*	1978	26,158	Mansfield	1997	24,145
Beverly	1952	42,062	Marblehead*	1978	20,530
Billerica	1992	43,274	Marlborough*	1982	39,663
Boston*	1978	689,326	Medford	1978	58,290
Brookline*	1978	59,223	Medway	1953	13,398
Burlington	1993	28,077	Melrose*	1978	28,054
Cambridge*	1974	117,822	Middleton	1951	9,952
Canton*	1978	23,615	Millis	1988	8,288
Chelsea*	1978	39,878	Milton*	1978	27,590
Cohasset	1956	8,520	Nahant*	1978	3,512
Concord	1970	18,950	Natick	1997	36,044
Danvers	1951	27,549	Needham*	1971	31,177
Dartmouth	2007	34,062	New Bedford	2007	95,355
Dedham*	1977	25,330	Newburyport	1969	18,197
Dracut	1982	31,458	Newton*	1963	88,322
Duxbury	1987	15,912	North Andover	1975	31,262
Essex	1970	3,771	North Reading	1971	15,672
Everett*	1978	46,275	Northborough*	2001	15,047
Fall River	1973	89,618	Norwood*	1978	29,446
Fitchburg	1975	40,576	Oak Bluffs	1991	4,701
Framingham*	1970	72,846	Oxford	1987	13,967
Franklin	1970	33,644	Peabody*	1983	53,004
Freetown	1978/2007	9,364	Pembroke	1969	18,455
Gardner	1987	20,605	Quincy*	1978	94,389
Gloucester	1981	30,291	Reading*	1970	25,236
Groveland	1995	6,815	Revere*	1978	53,400
Hamilton	1956	8,048	Rockport	1984	7,269
Haverhill	1971	63,783	Rutland	1985	8,799
Hingham	1953	23,983	Salem	1952	43,350
Holden	1995	19,128	Saugus*	1978	28,326
Holliston	1970	14,792	Scituate	1954	18,839
Holyoke	1970	40,161	Seekonk	1952	15,613
Hudson	1985	19,863	Sharon	1953	18,666
Hull	1953	10,478	Shrewsbury	1953	37,683
Ipswich	1971	14,022	Somerset	1969	18,160

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City/Town	Year Began	Population	City/Town	Year Began	Population
Somerville*	1978	81,175	Watertown*	1971	35,749
Southborough*	1996	10,151	Wayland	2000	13,823
Southbridge	1971	16,865	Wellesley*	1987	28,747
Stoneham	1978	23,625	Wenham	1967	5,208
Sturbridge	1990	9,559	West Newbury	1969	4,688
Sudbury	1960	19,248	Westborough	1974	19,067
Swampscott*	1978	15,184	Westford	1994	24,566
Swansea	1969	16,692	Westminster	1968	7,874
Taunton	1981	57,327	Weston*	1973	12,103
Templeton	1951	8,115	Westwood*	1977	16,215
Tewksbury	1983	31,154	Weymouth	1972	57,213
Topsfield	1953	6,613	Winchendon	1958	10,847
Tyngsborough	1987	12,442	Winchester*	1956	22,760
Wakefield*	1978	27,041	Winthrop	1978	18,558
Walpole	1977	25,427	Woburn*	1978/2008	40,297
Waltham*	1978	62,597			

*Receives fluoridated water from the Massachusetts Water Resource Authority (MWRA)

Please note: Some communities in Massachusetts, and in other states, are being impacted by shortages in fluoride product supply, starting as early as late 2021, therefore the current status of some fluoridated communities may be different than what is listed due to a temporary suspension of fluoridation.

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Partially Fluoridated Cities & Towns			
Clinical Recommendations for Infancy, Childhood, and Adolescence for <u>Partially Fluoridated Cities & Towns</u>[#]: (1) Confirm (or refer to) Dental Home, Perform Risk Assessment (2) Apply Topical Fluoride Varnish (3) Consider Prescribing Oral Fluoride Supplementation <u>IF</u> not within the limited areas receiving fluoridated water. <i>See notes below.</i>			
City/Town	Year Began	Population	Explanation for Partial Status
Bourne	1960	19,819	Otis Air National Guard Base is fluoridated
Bridgewater	1989	27,441	Massachusetts Correctional Institution is fluoridated
Charlton	1996	13,610	About 150 residents receive fluoridated water from Southbridge
Dighton	1971	7,845	Some residents receive fluoridated water from Tauton; purchases water from Tauton when needed
Hardwick		3,039	Water supply at Eagle High School is fluoridated
Marshfield	1987	25,937	Some residents receive fluoridated water from Duxbury
Newbury	1969	7,106	Some residents receive fluoridated water from Newburyport
North Attleboro	2002	29,281	Fluoride level is adjusted at one of the community water department sites
Pelham	1987	1,348	Some residents receive water from Amherst; purchases water from Amherst when needed
Royalston		1,451	Some areas of Royalston are naturally fluoridated
Westport	1975	15,989	About 150 homes receive fluoridated water from Fall River
Wilmington	2009	23,390	Purchases water from fluoridated communities when needed
Worcester	1995	185,186	About 180 homes receive fluoridated water from Holden

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Non-Fluoridated Cities & Towns					
Clinical Recommendations for Infancy, Childhood, and Adolescence for <u>Non-Fluoridated Cities & Towns</u> [#] : (1) Confirm (or refer to) Dental Home, Perform Risk Assessment (2) Apply Topical Fluoride Varnish (3) Consider Prescribing Oral Fluoride Supplementation					
City/Town	Population	City/Town	Population	City/Town	Population
Abington	16,557	Clinton	13,940	Hawley^	421
Adams	8,084	Colrain	1,772	Heath^	671
Agawam	28,627	Conway^	1,854	Hinsdale	1,721
Alford^	411	Cummington	1,003	Holbrook	11,051
Amesbury	17,474	Dalton	6,573	Holland^	2,492
Aquinnah	675	Deerfield	5,029	Hopedale	5,956
Ashby^	3,211	Dennis	13,927	Hopkinton	18,030
Ashfield^	1,793	Douglas	8,938	Hubbardston^	4,758
Ashland	17,787	Dover	6,079	Huntington	2,170
Auburn	16,692	Dudley	11,699	Kingston	13,746
Avon	4,513	Dunstable	3,374	Lakeville	11,489
Ayer	8,158	East Bridgewater	14,509	Lancaster	7,984
Barnstable	44,497	East Brookfield	2,157	Lanesborough	2,961
Barre	5,562	East Longmeadow	16,215	Lee	5,705
Becket^	2,012	Eastham	4,896	Leicester	11,314
Belchertown	15,080	Easthampton	15,930	Lenox	4,964
Bellingham^	17,196	Easton	24,860	Leominster	41,581
Berkley^	6,801	Edgarton	4,358	Leverett^	1,875
Berlin^	3,312	Egremont	1,473	Leyden^	686
Bernardston	2,014	Erving	1,673	Littleton	10,152
Blackstone	9,249	Fairhaven	16,072	Ludlow	21,223
Blandford	1,061	Falmouth	31,104	Lunenburg	11,530
Bolton^	5,356	Florida^	742	Marion	5,148
Boxborough^	5,677	Foxborough	17,917	Mashpee	14,204
Boxford^	8,316	Georgetown	8,733	Mattapoisett	6,374
Boylston	4,666	Gill	1,732	Maynard	10,900
Braintree	37,196	Goshen^	880	Medfield	12,926
Brewster	9,811	Gosnold^	37	Mendon^	6,146
Brimfield^	3,663	Granby	6,310	Merrimac	6,926
Brockton	95,740	Grafton	19,031	Methuen	50,518
Brookfield	3,439	Granville	1,703	Middleborough	25,181
Buckland	2,063	Great Barrington	6,930	Middlefield^	363
Carlisle	5,232	Greenfield	17,353	Milford	28,936
Carver^	11,745	Groton	11,322	Millbury	13,822
Charlemont^	1,090	Hadley	5,328	Millville	3,249
Chatham	6,009	Halifax	7,830	Monroe^	100
Chelmsford	35,239	Hampden^	5,174	Monson	8,775
Cheshire	3,138	Hancock^	657	Montague	8,251
Chester	1,525	Hanover	14,526	Monterey	723
Chesterfield^	1,189	Hanson	10,874	Montgomery^	907
Chicopee	55,186	Harvard	6,592	Mount Washington^	136
Chilmark	1,330	Harwich	12,168	Nantucket	11,212
Clarksburg	1,779	Hatfield	3,271	New Ashford^	243

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City/Town	Population	City/Town	Population	City/Town	Population
New Braintree^	1,155	Rehoboth^	12,285	Truro	1,076
New Marlborough	1,498	Richmond^	1,404	Tyringham^	513
New Salem^	1,067	Rochester^	5,646	Upton	7,968
Norfolk	11,861	Rockland	18,010	Uxbridge	14,100
North Adams	12,897	Rowe^	445	Wales^	2,087
North Brookfield	4,774	Rowley	6,375	Ware	9,821
Northampton	28,552	Russel	1,524	Wareham	22,694
Northbridge	16,616	Salisbury	9,465	Warren	5,205
Northfield	2,973	Sandisfield^	891	Warwick^	743
Norton	19,874	Sandwich	20,256	Washington^	487
Norwell	11,120	Savoy^	701	Webster	16,934
Oakham^	1,636	Sheffield	3,146	Wellfleet^	3,662
Orange	7,630	Shelburne	1,411	Wendell^	867
Orleans	5,812	Sherborn^	4,324	West Boylston	8,008
Otis^	1,423	Shirley	7,616	West Bridgewater	7,254
Palmer	12,236	Shutesbury^	1,885	West Brookfield	3,721
Paxton	4,961	South Hadley	17,715	West Springfield	28,527
Pepperell	12,113	Southampton	6,169	West Stockbridge	1,172
Peru^	732	Southwick	9,722	West Tisbury^	2,197
Petersham^	1,142	Spencer	11,942	Westfield	41,303
Phillipston^	1,915	Springfield	153,677	Westhampton	1,711
Pittsfield	42,514	Sterling	8,130	Whately	1,488
Plainfield^	688	Stockbridge	1,837	Whitman	15,139
Plainville	9,227	Stoughton	28,742	Wilbraham	14,656
Plymouth	60,991	Stow^	7,159	Williamsburg	2,638
Plympton^	2,979	Sunderland	3,643	Williamstown	7,522
Princeton^	3,466	Sutton	9,506	Windsor^	938
Provincetown	2,972	Tisbury	4,132	Worthington	1,200
Randolph	34,214	Tolland^	467	Wrentham	11,930
Raynham	14,346	Townsend	9,497	Yarmouth	23,292

^City/town doesn't have a community water supply

#Clinical Recommendations for Infancy, Childhood, and Adolescence

Confirm (or refer to) Dental Home, Perform Risk Assessment	Starting from 6 months old and reconfirming an active dental home at each visit until age 5, and then continue reconfirming annually thereafter. The first dental office visit should occur by age 1.
Apply Topical Fluoride Varnish	Starting from 6 months old (first tooth erupted) apply fluoride varnish up to every 3 months until at least age 5.
Consider Prescribing Oral Fluoride Supplementation (non-fluoridated communities only)	Starting from 6 months old, based on individual town/city community water fluoridation status, continue supplements until age 16 or change in related community water fluoridation status.

References

Population Source: 2016-2020 ACS Population Estimate

Prevention of Dental Caries in Children Younger Than 5 Years: Screening and Interventions:

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/prevention-of-dental-caries-in-children-younger-than-age-5-years-screening-and-interventions1#fullrecommendationstart>

Recommendations for Preventive Pediatric Health Care: https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf