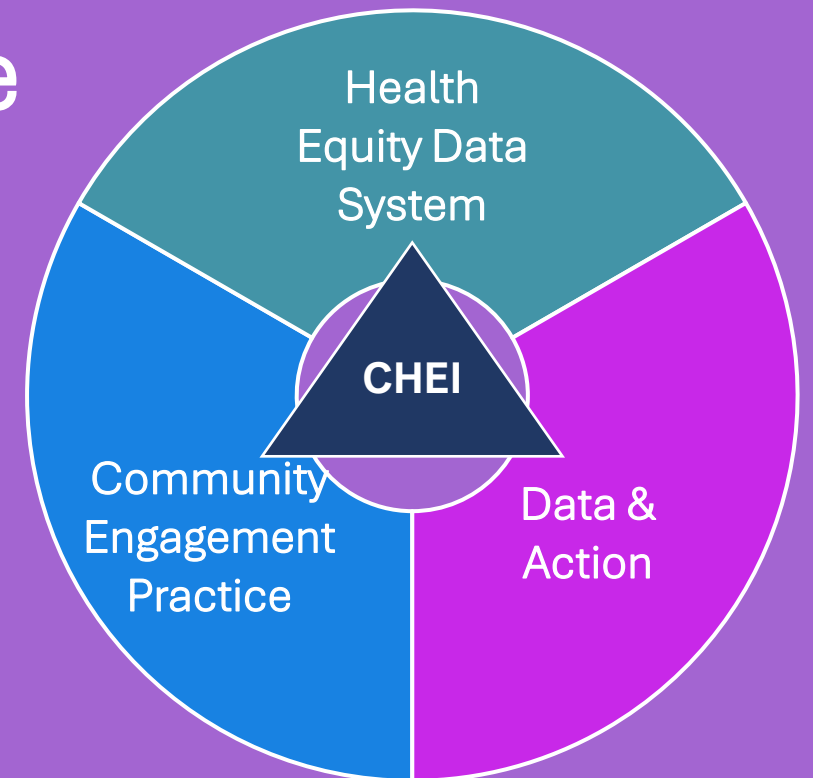




MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH

Community Health Equity Initiative (CHEI)

Community Health Equity Survey 2023
Part 1: CHEI Overview



2023 CHES MENTAL HEALTH SPOTLIGHT



Part 1: Community Health Equity Initiative Overview

Part 1 of the 2023 CHES Mental Health Spotlight provides a brief overview of the Community Health Equity Initiative. In addition to the information presented here, you are encouraged to view our [CHES Background & Resources](#) and [Racial Justice Framing Resources](#). These resources and more can be found on our web page: www.mass.gov/CHEI

Part 1: Community Health Equity Initiative Overview

Part 2: Mental Health in Massachusetts: Equity Framing and Data Overview

Part 3: Inequities in Mental Health

Part 4: Drivers of Mental Health Inequities

Part 5: Promoting Mental Health: Potential Areas of Action to Address Root Causes of Inequities

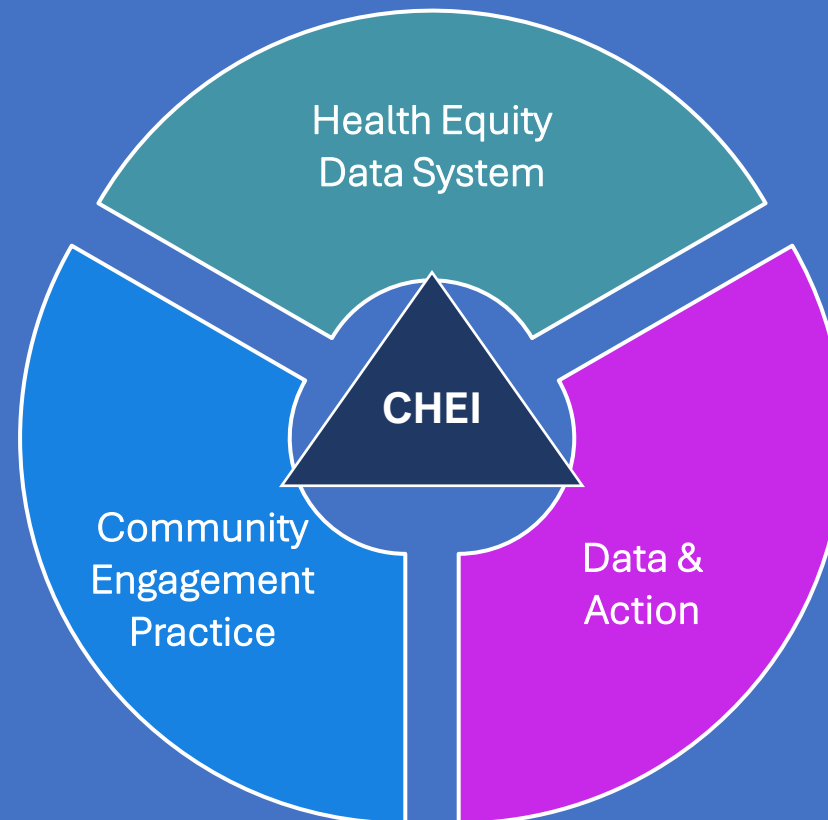
COMMUNITY HEALTH EQUITY INITIATIVE (CHEI) BACKGROUND

CHEI MODEL: FOUNDATIONAL PILLARS



CHEI promotes the health of Massachusetts residents and reduces health inequities through a **Health Equity Data and Response System**.

This public health system is built upon **Three Foundational Pillars**:



CHES 2023 METHODOLOGY OVERVIEW



Take the Community Health Equity Survey

A healthier community starts with your voice.



- CHES is an innovative, community-based survey administered to **residents aged 14 and older**
- Utilizes a **non-probability quota sampling** methodology
 - Sample goals were set for Communities of Focus to ensure representation and sufficient sample sizes for granular and intersectional analyses.
 - Non-random sampling with community outreach strategies to meet sample goals.
- **Sample weights** were created using propensity score model weights to better align the survey sample to statewide race & ethnicity, gender, age, and education distribution.
- Data collection was open from **July 31 through October 31, 2023**.

CHES 2023 SAMPLE GOAL ACHIEVEMENTS



CHES engagement & dissemination strategies were effective in reaching nearly all CHES sample goals.



Overall Participation exceeded CHES 2023 sample goal by **65%**.

Sampling goals were exceeded for nearly all Communities of Focus, including:

- **American Indian/Alaska Native, Asian American & Pacific Islander, Black, and Hispanic/Latine-o-a** groups
 - Overall, **residents of color** represented a greater proportion of participants in CHES 2023 compared to CCIS 2020 (29.7% vs. 18.7%)
- **Youth**, age 14-17 (n=2,070)
- **All people with disability groups**
- **Pregnant and postpartum people** (n= 307)
- **Foreign-born residents** (n=2,800)
- **LGBTQA+ residents** (n=2962)
- **Transgender and/or nonbinary residents** (n=676)
- **Rural residents** (n= 3023)

CHES 2023 METHODOLOGY OVERVIEW



Take the Community Health Equity Survey

A healthier community starts with your voice.



For more information about the Community Health Equity Initiative (CHEI) and more information about the Community Health Equity Survey (CHES) please visit our Background & Resources page:

<https://www.mass.gov/info-details/ches-2023-background-resources>

You can access many more resources, including supports on how you can use our data for action, on our website:

www.mass.gov/CHEI

CHEI COMMUNITY ENGAGEMENT ADVISORY COMMITTEE (CEAC)



CHEI would not have been possible without the collaboration of the CEAC. Member organizations collaborated with DPH to make decisions around survey development and outreach strategies.

- Allston Brighton Health Collaborative Asian Task Force Against Domestic Violence (ATASK)
- Authentic Caribbean Foundation
- Black Literacy and Arts Collaborative
- Boston Children's Hospital Office of Community Health
- Cambodian Mutual Assistance Association
- Casa Project of Worcester County
- Health Equity Partnership of North Central Massachusetts (CHNA 9)
- DEAF, Inc.
- Dignity Alliance Massachusetts
- Disability Policy Consortium
- Greater Lawrence Community Action Council
- Haitian Community Partners
- Immigrants' Assistance Center
- Justice 4 Housing
- Massachusetts Alliance of Portuguese Speakers
- Massachusetts Councils on Aging

- Massachusetts Association of Community Development Corporations
- Multicultural AIDS Coalition
- New American Association of Massachusetts
- New England Rural Health Association
- North American Indian Center of Boston
- Ohketeau Cultural Center
- Outer Cape Health Services
- PureSpark
- Quaboag Hills Substance Use Alliance
- Revitalize CDC
- Somali Parents Advocacy Center for Education
- Springfield Family Resource Center
- Springfield Mass in Motion
- Stavros
- YMCA of Greater Boston

CHES SURVEY DISSEMINATION MINI-GRANTEES



CHES would not have been possible without the efforts of mini-grantees. These organizations received funding to conduct outreach to their community members, and their success is reflected in response rates among communities of focus.

- Advocates
- Authentic Caribbean Foundation Inc.
- Berkshire Area Health Education Center, Inc
- Black Autism Coalition
- Boston Chinatown Neighborhood Center
- Boston Lesbian Urban Foundation
- Breaktime United, Inc.
- Cambiando el mundo de personas con Discapacidades
- Cambodian Mutual Assistance Association of Greater Lowell, Inc.
- Center for Living and Working
- Centro Comunitario de Trabajadores
- Chappaquiddick Tribe of The Wampanoag Indian Nation Corporation
- CHD's Big Brothers Big Sisters of Hampshire County
- Chelsea Black Community
- Coalition for a Healthy Greater Worcester
- Community Action Agency of Somerville
- Community Economic Development Center
- Developmental Evaluation and Adjustment Facilities, Inc. (DEAF, Inc.)
- Disability Policy Consortium
- Enlace de Familias de Holyoke/ Holyoke Family Network Inc.
- Greater Fall River RE-CREATION
- Haitian Community Partners Foundation
- Health Equity Partnership of North Central MA (CHNA9)
- Health Imperatives
- Herring Pond Wampanoag Tribe
- Hilltown CDC
- Immigrants' Assistance Center
- Islamic Society of Boston
- JAHAN Women and Youth Intercultural, Inc
- Justice For Housing Inc
- La Colaborativa
- Latino Education Institute
- Latinx In Action
- Lawrence Prospera
- LEO Inc.
- LGBT Asylum Task Force
- Making Opportunity Count
- Mary Lyon Foundation
- Massachusetts Alliance of Portuguese Speakers (MAPS)
- Montague Catholic Social Ministries
- Mystic Valley YMCA
- Native American Lifelines
- New American Association of MA
- Nipmuc Nation Tribal Council
- North Quabbin Community Coalition
- Ohketeau Cultural Center
- Open Sky – Safe Homes Program
- Outer Cape Health Services
- Out at Home - The Home for Little Wanderers
- Out MetroWest
- Out Now
- Partners for Youth with Disabilities
- Pioneer Valley Workers Center
- PureSpark
- Quaboag Valley Community Development Corporation
- Quincy Asian Resources, Inc. (QARI)
- Roca Inc.
- Saheli
- Somali Parents Advocacy Center for Education (SPACE)
- Somerville Public Schools - Somerville Family Learning Collaborative
- Southeast Asian Coalition of Central MA
- Tan Chingfen Graduate School of Nursing at UMass Chan Medical School
- Tapestry Health Systems, Inc.
- The Association of Haitian Women in Boston
- The Care Center
- The Vietnamese American Civic Association
- Uhai for Health Inc
- Viability
- Vietnamese American Initiative for Development (VietAID)
- Vim Berkshires
- Voices of The Community
- Volunteers in Medicine
- Waltham Partnership for Youth
- WestMass ElderCare, Inc.
- Wildflower Alliance (under the umbrella of the Western Mass Training Consortium)
- Youth on Fire
- YWCA Central Massachusetts

CHEI MENTAL HEALTH ADVISORY GROUP



This Mental Health Spotlight was developed in partnership with members of the CHEI Mental Health Advisory Group who informed the analyses and findings highlighted within this report.

CHEI Mental Health Advisory Group Members represent various programs and divisions across DPH, including:

- Culturally and Linguistically Appropriate Services Initiative
- Division for Children and Youth with Special Health Care Needs
- Division for Pregnancy, Infancy, and Early Childhood
- Division of Child/Adolescent Health and Reproductive Health
- Office of Statistics and Evaluation - Bureau of Community Health and Prevention
- Pregnancy, Infancy, and Early Childhood Division
- State Office of Rural Health
- Women, Infants, & Children Nutrition Program