



iWALK

You're Invited to Walk, Bike, & Roll!

Join in on Safe Routes to School's iWalk 2023 International Walk, Bike, & Roll to School Day

Wednesday, October 4, 2023*

It's Easy to Be a Part of iWalk. We're bringing together schools from all over the Commonwealth for this annual Safe Routes to School event. Our goal is to celebrate students' active commutes – including walking, biking, and rolling to school, or even during recess or lunch.

We'll Provide the Goodies. Safe Routes to School can give you ideas to encourage safety, fun, and participation, including free student bookmarks and stickers. You can also download fun activities on our website.

Schools – Don't Miss the Fun! Make your school and students count by registering online at mass.gov/safe-routes-to-school/events.

Families – Encourage Your School to register now! If school is virtual for you on iWalk day, you can still join in by taking a break outside to walk, bike, or roll in your neighborhood.

Show Your Spirit. Showcase your iWalk day by posting photos and videos (be sure to tag us!) to Facebook, Instagram, and Twitter using **#MASRTS**, **#iwalked2023**, & **#irolled2023**.

