

30-Day Financial Wellness Challenge

Financial Literacy Month 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Write down one financial goal you'd like to achieve this month	2 <u>Take the Financial Wellness Check-Up</u>	3 Plan a free activity for this weekend	4 Set a reminder in your calendar to create a budget
5 <u>Take the budgeting course</u>	6 List 5 things you're grateful for that didn't cost money	7 Write down a money win of the day	8 <u>Try the budgeting tool</u>	9 Write down everything you spend today	10 List your top 3 spending categories	11 Create or find a positive money affirmation that resonates with you
12 <u>Take the saving for goals course</u>	13 Identify one money habit and decide if it's helping or hurting you	14 <u>Calculate your debt-to-income ratio</u>	15 <u>Learn about compound interest</u> <i>Bonus: claim \$50 with BabySteps</i>	16 Cancel one unused subscription	17 Increase your savings by \$5 (or more!)	18 Listen to a personal finance podcast
19 <u>Take the protecting yourself from fraud course</u>	20 Write down one thing you bought recently that brought you joy	21 <u>Check your credit score and credit report</u>	22 Have a no-spend day	23 Put one of your unused items up for sale	24 Tell a friend or family member about one of your financial goals	25 Grab your favorite drink and review your budget
26 <u>Take the investing to build wealth course</u>	27 Write a letter to your financially free future self	28 Call a provider and ask for a lower rate	29 Write down one financial goal you'd like to achieve next month	30 You made it! Set some time aside to celebrate your financial wins.		



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