

5 Actions to Make Health Care More Affordable



1 GETTING PEOPLE THE RIGHT CARE AT THE RIGHT TIME, IN THE RIGHT PLACE

Innovative Health Care Models: Adopt innovative care delivery models to reduce avoidable hospital visits, improve patient experience and lower health care costs.

Transitions of Care: Help patients who are ready for discharge move out of the hospital as soon as medically appropriate.

"Low-Value" Care: Identify a list of health care services that are expensive and do not improve patient care so that health care dollars are used wisely.



3 STATE TAKING THE LEADERSHIP TO PILOT

Prescription Drug Costs: Direct state agencies to come together to leverage their purchasing power to reduce the costs of medications.

Group Insurance Commission (GIC): Give GIC, which provides insurance for city, town, and state employees, the tools to better manage hospital prices.



5 HARNESSING TECHNOLOGY

Data Exchange: Reduce administrative costs through data sharing among providers and insurance companies.

AI: Execute a set of coordinated actions to ensure the responsible and innovative use of technology to reduce costs over time.



2 MAKING TARGETED NURSING AND WORKFORCE INVESTMENTS

Nursing Faculty: Fund programs to support recruitment and retention of faculty to train more nurses.

Educational Investments: Increase investments to train health care workers to make health care more accessible and affordable.

Primary Care: Partner with the legislature to enact strong primary care legislation that reduces health care costs.



4 HELPING PEOPLE AND SMALL BUSINESSES

Out-of-Network: Limit how much patients pay for care from out-of-network providers.

Insurance Market: Implement policies to stabilize the health insurance market for small businesses and individuals to reduce premium costs.

These recommendations are the product of the Health Care Affordability Work Group, the members of which are the Commonwealth's premier health care thought leaders from the Legislature, State agencies, industry, and key stakeholder groups.