# **Massachusetts 988 Commission**

Meeting Minutes April 28, 2025 1:30pm – 3:00pm

Date of meeting: Monday, April 28th, 2025

Start time: 1:35 PM End time: 2:50 PM

**Location:** Virtual Meeting (Zoom)

Count	Members participating remotely	Vote 1	Vote 2
1	Danielle Bolduc – Director of the Suicide Prevention Program	-	-
2	<b>Patrick Bowlin</b> - Current or former consumer of mental health or substance use disorder supports or services	Χ	Х
3	Kelly Casey, PhD – Department of Forensic & Clinical Services at William James College	Х	Х
4	Rebekah Caylor – Raynham Police Department (MCPA), 911 Dispatcher	А	Х
5	Courtney Chelo – Mass. Society for the Prevention of Cruelty to Children (MSPCC)	Х	Х
6	Undersecretary Kerry Collins – Executive Office of Public Safety and Security (EOPSS)	Х	Х
7	Rebekah Gewirtz – National Association of Social Workers - MA & RI Chapter	Х	Х
8	Sharon Hanson – Mass. Behavioral Health Partnership (MBHP)	X	Х
9	Debbie Helms – Samaritans Merrimack Valley	Х	Х
10	Jessica LaRochelle – Mass. Association for Mental Health (MAMH)	-	Х
11	Jacqueline Hubbard, Esq – National Alliance on Mental Illness Massachusetts (NAMI-MA)	Х	Х
12	Charmain Jackman, PhD – InnoPsych, Inc.	Х	Х
13	Karin Jeffers – Clinical & Support Options (CSO)	-	ı
14	Kathy Marchi – Samaritans, Inc.	Χ	Х
15	Kimberly Martin – Riverside Trauma Center – Riverside Community Care	Α	Х
16	Paul Mina – United Way of Tri County & United Way of Pioneer Valley, Mass 211	Х	Х
17	Ivy Moody – Mental Health Legal Advisors Committee (MHLAC)	Х	Х
18	Pam Sager – Parent/Professional Advocacy League (PPAL)	-	-
19	Pata Suyemoto - National Asian American Pacific Islander Mental Health Association	А	Х
20	Joan Taglieri - Cambridge Health Alliance	Х	Х
21	Mio Tamanaha – Department of Mental Health	А	Х
22	Stacy Vail – Cataldo Ambulance Service, Paramedic	А	Х
23	Monna Wallace – State 911 Department	Х	Х
24	Chair Kelley Cunningham – Division of Violence and Injury Prevention, DPH	Х	Х

<sup>\* (</sup>X) Voted in favor; (O) Opposed; (A) Abstained from vote; (-) Absent from meeting or during vote

<sup>\*\*</sup> Vote 1: Roll Call and Minutes Approval; Vote 2: To Adjourn Meeting

#### **Call to Order and Opening Remarks**

Chair Kelley Cunningham, Director of the Division of Violence and Injury Prevention at the Massachusetts Department of Public Health, introduced herself and mentioned her designee as the Commission Chair. She welcomed members and attendees and called the meeting of the 988 Commission to order.

The participants were informed that this meeting is subject to Open Meeting Law and that any votes taken today will be conducted via roll call. Commission members should remain muted unless speaking, and to please not use the chat feature as it is not available to the public. Members are encouraged to use the raise hand feature for comments or questions and to state their names before speaking to record the minutes accurately and encourage accessible communications.

Some announcements were made regarding some new faces on the call today.

- Lisa Swanson has moved on, and Casey Pratt is stepping in to take on the meeting minutes, coordination, and will be doing roll call and the meeting votes. Casey Hall is also present as a consultant. Casey Pratt works for Casey Hall.
- Commissioner Doyle from DMH will no longer be able to be part of the commission. However, we do have a new representative from DMH, Mio Tamanaha, who has been a part of this work previously.
- Since there are four new members joining the call today, Kelley announced that the first up on the agenda was a full round of member introductions.

# **Member Introductions**

- **Kelley Cunningham** introduced herself as Chair, and Director of the Division of Violence and Injury Prevention at DPH. Also, a member of the 988 Commission before she was the chair since its implementation with background in suicide prevention.
- Patrick Bowlin introduced himself as a person with lived mental health experience, and current recipient of DMH services. Also, part of the clubhouse community in Plymouth. Expressed desire to contribute to the commission.
- Rebekah Caylor, (new member) 911 dispatcher since 2015, designee for Massachusetts Chiefs of Police, works for Raynham and co-leads mental health initiatives, member of the Telecommunicator Emergency Response Team, and serves on boards for the Bridgewater Police Foundation and the New England Concerns of Police Survivors.
- **Debbie Helms,** Director, Samaritans of Merrimack Valley (Lawrence), representing Massachusetts Coalition for Suicide Prevention, long-standing commission member.
- Pata Suyemoto, Associate Director, Massachusetts Coalition for Suicide Prevention; works at NAPIMA; focus on Asian American mental health and equity; as a person with lived experience she is also the chair of SPRC's Lived Experience Advisory Committee.
- Ivy Moody, Attorney, Mental Health Legal Advisors Committee; background in criminal system, focus
  on policing and the de-incarceration of mental health, and community-based mental health services.
  Long standing commission member.
- Stacy Vail, (new member) Paramedic, clinical field supervisor, and director of communications at Catalo Ambulance; works with Smart Care and Be Hip program in Lynn; personal experience as a parent of a non-verbal autistic son.
- **Kelly Casey,** Managing Director for Clinical and Forensic Services, Lime James College; involved with all-service falls and walk program; commission member since inception.
- **Kimberly Martin, (new member)** Executive Director, Riverside's Trauma Center; 20 years at Riverside Community Care; extensive leadership in child and family services.

- **Kathy Marchi**, CEO and President, Samaritans Inc. (Boston) for the last 5 years; operates a 988 helpline; commission member since inception.
- **Joan Taglieri,** Senior Director in Psychiatry, Cambridge Health Alliance; representative for Association for Behavioral Health Care; background in psychiatric nursing and emergency behavioral health services. Employee of the Department of Mental Health for 16 years.
- **Kerry Collins,** Undersecretary for Forensic Science and Technology, Executive Office of Public Safety and Security; oversees State 911, medical examiner, state police crime lab, criminal history and technology projects; commission member since inception.
- **Dr. Charmain Jackman,** Licensed psychologist, founder of MentalSafe; focused on population health, stigma reduction, access to mental health resources, and equity; member since the Boston NAACP chapter's involvement. Long standing commission member.
- **Jacqueline Hubbard,** Deputy Director of Policy, Advocacy, and Communications, NAMI Massachusetts; person with lived experience; represents NAMI Mass and brings personal and family perspectives.
- **Rebekah Gewirtz,** Executive Director, National Association of Social Workers (MA chapter); commission member since inception.
- **Mio Tamanaha, (new member)** Director, Behavioral Health Helpline Initiative, Department of Health; representing DMH.
- **Sharon Hanson,** Executive Director, MBHE; partner of the commission; manages the behavioral health plan for PMH. Long standing member of commission.
- Monna Wallace, Programs Director, Mass State 911; designee for Executive Director Frank Kosnick; commission member since inception; part of the original implementation team.
- Paul Mina, President/CEO, United Way of Tri-County (Framingham); Executive Director, Massachusetts 211; serves as a 988 call center; 988 commission founding member.
- **Courtney Chello,** Director of Government Relations, Massachusetts Society for Prevention of Cruelty to Children; representative for the Children's Mental Health Campaign; commission member since inception.

Kelley shared that two empty seats remain: one is a Consumer seat, and the other is an ACLU seat. Kelley noted that they are very close to filling the ACLU seat.

January Meeting Minutes: Approval of draft minutes from the last commission meeting on January 27th.

Kelley moved to the January meeting minutes approval, asked members if they received minutes and had an opportunity to review them. Asked if there were any edits to the minutes, otherwise move to vote on approval.

<u>Vote 1 on approval of meeting minutes</u>: Paul Mina introduced a motion to approve the January 27th meeting minutes, seconded by Joan Taglieri and approved by roll-call vote.

# **Final Report**

Kelley provided everyone with some updates on the final report. One, the final report has been approved by the Secretary's office, and it is currently with the Governor's office for approval. Once the report gets final approval, the final copy will be sent out to this group and can then be shared. Kelley reminded everyone that until then, the report is still only in draft mode.

Two, a topic that came up last meeting and something we've been following is geo-routing with 988 nationally. This is a process where a person calls, and the call gets routed directly to the location closest to where they are. Typically, prior to that the call was directed to the area code on your phone. For example, if you had a 617-area code, and you were in California, it would direct you to a Massachusetts center and not to a center in California. While it is good that someone's answering, it is a challenge to help an individual who may need services when they are in another state. Nationally, they have been working on getting geo-location in place. In the fall, Verizon and T-Mobile went live with geolocation, and as of last month, AT&T is officially onboard. There are still smaller phone services that have not transitioned, but the three largest carriers are now being geolocated. Also, Vibrant, which is the administrator for 988 nationally, did a survey beforehand to check if a center would be hit harder in call volume based on geolocation, but it has not been found that there are any significant increases in calls. Some slight increases have been reported, but nothing overwhelming. We will continue to track this. Kelley checked in with the members for questions and comments before moving on.

**Ivy**: Asked if this is the protected geolocation where it is geolocated to the regional tower, which is different from 911 level geolocation.

Kelley: Replied that that is correct and thanked her for the clarification.

**Sharon**: Asked if Kelley knew what percentage of the calls are answered by the smaller carriers.

Kelley: Doesn't know this information offhand but said that she will look into it.

# Federal Landscape and Budgetary Issues

Kelley wanted to voice the concerns and questions that have been coming up around the federal landscape and how so many areas have been hit with budgetary issues. She confirmed that currently there haven't been any changes specific to 988, and nor have we heard anything specific to 988. However, there are some rumblings out there and a CNN report that went out last Friday about the LBGTQ+ youth line could be defunded in the next fiscal calendar year, which starts in October. We do not know how real that is at this point. For those who are not aware, there are only certain centers that answer lines specific for the LBGTQ+ youth. That is not any of our five centers here in Massachusetts. While we may not be affected funding wise, it does affect our youth who may be using those lines. This is a huge concern and something we will continue to track. In another meeting that Kelley was in, she heard that Canada is offering US LGBTQ+ youth the option and ability to call their 988 number for help and services. Kelley will ensure we stay current on any impacts and continue to have these important conversations.

**Kathy:** Thanked Kelley for bringing this up because it is top of mind for many of us, and all the people that we serve are being impacted by these changes. People will continue to need services and need them more than ever, and our resources are going to be more important than ever. Kathy also reminded everyone that in Massachusetts we have Hey Sam — a peer-to-peer support program — that the Samaritans stood up a few years ago. Hey Sam is an alternative for young people who may be scared to reach out to 988 and Hey Sam is for all youth and would welcome the LGBTQ+ youth as well. Kathy also made a reference to the Jarren Duran story noting that there were 3x the number of texts received that day from young people reaching out.

**Kelley**: Thanked Kathy and reiterated that these are challenging times and wants everyone to know that we can use this space to raise questions and concerns like these.

Kelley then highlighted some positive news. The governor's budget had \$6M for 988 in the Suicide Prevention Program's budget for FY26. That moved forward in the House and now we will wait to see what happens in the Senate. On the state side we will try to maintain the same funding level, and hope to achieve our same level of funding on the federal side.

**Courtney**: Reiterated appreciation to have this space to talk about the federal landscape, but raised that since there are so many announcements and so many things we don't know, she suggests beyond talking about it, plan to do an assessment of things we can recommend in our next report that would help shore up our needed resources for 988 from the state especially if we start seeing more resources disappear from the federal level.

**Kelley**: Thanked Courtney for noting that and emphasized that her recommendation be captured in the minutes. Kelley added that the timing of our recommendation last year on having the 988 surcharge in place is now even more important. A 988 surcharge would minimize the impact of potential changes coming from the federal side. We have in that way started to get ahead of potential issues.

**Rebecca**: Asked how much funding we get from the federal government.

**Kelley**: Replied that she thinks it is either 8.2M or 8.4M from the feds confirming that 988 gets more than half its budget from the feds. Kelley added that some of the federal budget goes towards our marketing campaigns, training components, and an evaluator noting that those areas would be the first to get cut should the federal government pull back its funding.

**Sharon**: Inquired if there has been any shift or drop in the volume of calls and the types of calls that are coming in since the change in the administration.

**Kelley**: Replied that there has not been a drop in calls and stated that there have been some months that were higher than we've had before for all five centers. Kelley inquired with Kathy about whether she has information on the types of calls that have been coming in.

**Kathy**: Replied that they are tracking this data, and they did notice a drop in February on the legacy lines – the non 988 lines that the centers still answer calls from. Significant changes were not noticed after the inauguration, but an increase was noted in 988 on that same Monday after the Jarren Duran story. Locally, we confirmed an increase around the publicity with that and the sharing of the 988 number along with Hey Sam. Since the drop in February phone traffic has increased.

# **PLANNING DISCUSSION 2025-2026**

**Debbie**: Brought the conversation back to what might be considered for the coming year's recommendations. She asked the group to consider if we want to revisit any of the recommendations that were documented from the first year. Given that there were quite a few of them, and there are new people on the commission, it would be helpful if they had a sense of what we have come up with in the past. Also, keeping in mind with the changed political landscape, it might be worth re-visiting previous ideas as well.

**Kelley**: Confirmed that she agrees with this idea, and that she already put together a slide for this group to review those previous recommendations.

**Paul**: Added that we should be cautionary and try to draw the line by not becoming overly concerned with the federal landscape. He shares the concern, believes in vigilance, and preparedness to preserve funding, but also

has a perspective in having lived through this before, and it didn't go as far as everyone assumed it would. There is loss of funding and there is a perceived loss of funding, but until something materializes, he stresses caution.

**Kelley**: Thanked Paul for his experience and for sharing his perspective. Kelley added that from the DPH side of things they are having the same conversations noting that she is part of four different grants, and on three of those grants the staffing at the CDC that supports those grants have been let go. So, while we haven't lost funding, we've lost staff support, and we will continue to be vigilant and try to stay ahead of what the next steps will be.

**Patrick**: Shared that since January he has witnessed changes in the clubhouse community in Plymouth including increases in more volatile behavior, as well as more absences in attendance and people pursuing services. Patrick suggested that we focus on getting the word out about 988 based on what he is noticing in the community and his own personal experience. This is a helpful and important resource for the community, and the more people who know about it, the better outcomes we'll have. Patrick also mentioned the Jarren Duran story noting that it gave people a lot of hope when it happened.

**Kelley**: Noted appreciation for Patrick's feedback and stated that when other people share their story, others do not feel alone, and that does give people hope.

With no other hands raised at this time, Kelley shares her screen. The first thing she shares is the 988 Commission Statute:

The commission shall review national guidelines and best practices and make recommendations for implementation of a statewide 988 suicide prevention and behavioral health crisis system, including any legislative or regulatory changes that may be necessary for 988 implementation and recommendations for funding that may include the establishment of user fees. The commission shall also advise on promoting the 988 number including, but not limited to, recommendations for including information about calling 988 on student identification cards and on signage in locations where there have been known suicide attempts.

Kelley made known to the group and especially the newer members, that two of these requirements for the Commission – the best practices one and the last one on information on where to include 988 – those were part of the first-year recommendations. The last recommendation made was about the establishment of user fees. Lastly, she commented on the part about including 988 on student identification cards and said that this has been brought forth to legislators in almost every session. Representative Lewis is in favor of it, it will be brought forth again, and we are more hopeful this will happen. Kelley paused there for the group to ask questions.

**Ivy**: Asked what student identification cards we are referring to.

**Kelley**: Answered that it can be on any of them. Legislation has been proposed on middle school and high school IDs as well as all colleges and universities (not just state schools). Kelley noted that some schools already have 988, or they used to have NSPL and we've just asked them to change it.

Kelley paused to see if there were further questions and then moved on to other slides sharing twelve recommendations put forward in 2023 and 2024.

- 1. Conduct a feasibility assessment of technology supported information sharing.
- 2. Implement a technology solution to enable one-touch bi-directional transfer among VHHL, MCI, and 988.
- 3. Stand up an ongoing system wide evaluation process.
- 4. Implement a feedback process with quality improvement activities for 988, VHHL, and MCI.
- 5. Develop a singular streamlined directory to support all phone lines.
- 6. Establish an ongoing process to review incidents of emergency calls from 988 and or VHHL and 911.
- 7. Reauthorize funding through budget appropriation with consideration of increased operating costs or new operating expenses and an adequate marketing budget.
- 8. Stand up an on-going evaluation process.
- Require EOHHS cross-agency point person to ensure cross-department oversight of 988-EHHL and MCI.
- 10. Continuously involve all consumer voices, including family voices.
- 11. List the 988 number on student identification cards.
- 12. Near-term topics for this commission to assess and provide ad hoc recommendations before the next annual report.

Kelley then shared with the group that this year, there were just two recommendations:

- 1. Establish a user fee.
- 2. Designate an appropriation line within the DPH suicide prevention program to just be for 988.

Kelley added that there is funding specific to 988, but since it doesn't pay for everything, the commission relies on other sources such as the federal government to supplement. The second recommendation would ensure there is enough funding to support all of 988 as opposed to the first recommendation of the user fee. Kelley stopped sharing her screen at this point and opened the floor to let people talk and ask questions.

**Sharon**: Asked if it was said that SAMSA was now going to be a part of CMS. Trying to recall the conversations that took place back then, Sharon asked if anyone remembers that.

**Kelley**: Stated that she did not remember that.

**Sharon**: Given that there have been a lot of conversations on the various lines we have in Massachusetts (BHHL, FCA, 201, substance abuse lines), and not knowing what impact the federal government will have, Sharon suggested we step back and get a sense of what could happen since all those lines are mostly funded by federal dollars. We should be able to answer to why we have those different lines, to differentiate and protect what we have. Sharon acknowledges Paul's point of view but reiterates her stance on preparedness.

**Kelley**: Acknowledges and understands what Sharon has said especially because she is so involved with BHHL but adds that an issue here is that we don't have representation from some of these numbers mentioned and that is where we would get stuck. Kelley suggests that we keep the focus on 988 preparedness while acknowledging that it feels like so much is left out.

Sharon: Agrees with Kelley.

**Pata**: Suggests that given potential cuts to 2SLGBTQ+ services, we should consider extra training for our general call center staff so they can answer the phone better prepared. Pata acknowledges that we don't really know what will happen, but we can think ahead about identifying the populations that may be at more risk of losing services.

**Kelley**: Agreed this is a good thing to point out, especially in the sense of our training needs in general, and what priority populations do our staff need to have more training on. Key questions to be considered is on whether we have enough training, and is this training is part of the accreditation process.

**Courtney**: Asked if each of the vendors that run the lines choose the training for their teams.

**Kelley**: Responded that they are standardized through Vibrant, and participation is mandatory, but accreditation involves a list of trainings that are needed, and the centers do that themselves.

**Courtney**: Stated to that point, she seconds the idea of continuing to see what changes roll out and what populations are targeted and make recommendations in our next report to increase training that serves targeted populations as we will likely see an increase in calls. Courtney added it would be worth revisiting the conversation because there is a strong link between 988 and BHHL, and if we see significant reduction in resources, we might be able to find some cost savings by marrying the front end and pooling resources to keep these services functional.

**Kelley**: Confirmed that Courtney is suggesting front end merging, where there is a single number, and the caller would be linked to a menu.

**Courtney**: Added that there are possibly multiple levels of potential merging depending on what we need, and acknowledged that this group has talked at length about this and the various pros and cons.

Kelley: Thanked Courtney for the clarification.

**Ivy**: Acknowledges that she hears the budget conversation, and it is very important what Courtney, and the others have stated but reminds the group that it is not just budgetary. It's interpersonal and identity issues, and Ivy also reminds the group that we need to continue to be mindful of confidentiality especially for at risk populations. Ivy continued to share that there has been trust building going on with each of these different lines, and while merging them may provide a solution, we will lose some of the trust that was built. These populations need a line that is confidential. Ivy also inquired about the public facing signage that is coming out this year and asked if we might want to think about adding the message of confidentiality to it.

**Kelley**: Appreciated that Ivy brought up the marketing materials but acknowledged that she does not know what they are this year, however Danielle Bolduc can best speak to that. Previous campaigns have included confidentiality messaging, and all the marketing campaigns try to minimize the spread of misinformation. We will check with Danielle to see what the marketing campaign will look like.

Kelley paused and inquired with the group if there were other thoughts they'd like to share. She then shared with the group some notes she wrote which were drawn from the comments made over the last year.

- 1. The forthcoming marketing campaign that we just touched on.
- 2. Build a lifeline beyond 988 hotline.
- 3. Enhanced crisis support and mental health care for residents.
- 4. Strengthen local capacity for programs and services and prioritize equity.

**Debbie**: Asked if the recommendations this past year included money for setting up texting as well.

**Kelley**: Responded that it wasn't in any of our recommendations, but it is in the funding from the federal government.

**Debbie:** Suggests then that we consider that recommendation this year since that funding could be in jeopardy.

**Kelley**: Acknowledges and adds that if we get the surcharge that we could pay for texting too.

**Rebekah C**: Asked if someone calls 988, is their personal information saved, and if so, is it only kept internally so that if the person calls back there is a history captured. She also asked if a call to 988 can be transferred to 911.

**Kelley**: Answers affirmatively. Calls that are transferred to 911 are rare and the caller and call taker stay on the phone together while someone else makes the call to 911 while communicating with the call taker to get as much info as possible. Kelley added alternatively, there are some circumstances where we do a warm handoff from 988 to the Behavioral Health Help Line.

Courtney: Asked if there is updated data on the number of callers transferred to BHHL.

**Kelley**: Stated that she knows this data was pulled together recently however, Danielle probably has it. Kelley asked if Mio has this information handy and Mio agreed to look for it during the call.

**Courtney**: Said that there is no rush however, she thinks this is an interesting point to focus on this year and explore whether it might be more useful to encourage more warm handoffs from 988 to the BHHL as she believes that most people calling could use additional support.

**Kelley**: Replied that many callers are just looking for someone to listen to them in that moment and may not be at a high risk for suicide. Talking to someone anonymously who is compassionate and without judgement is a means of finding support they need, so that is a reason why the numbers of warm handoffs may be low.

**Debbie**: Agrees with Kelley and given the data she saw a year ago, most people who call 988, stay with 988. They are not at imminent risk, they are looking for someone to listen to them, and it is more about deescalating the crisis in that moment.

Kelley checks in here with the group on how to best spend the remaining time. She suggests she will work with her team to review the topics that have come up today to see if we can narrow the focus to a couple of items. Since the next meeting is on June 16<sup>th,</sup> she inquires with the group about having someone come in and speak on a related topic that has come up today.

**Ivy**: Suggests that it would be helpful to talk to one of the managers/directors from one of the centers and hear what their biggest challenges are and what they would like us to advocate for.

**Kelley**: Replied that we can probably make this happen.

**Rebekah C**: Inquired if it might be possible to visit one of the 988 centers to see how it works in person.

**Kelley**: Replied that there's only one center that is a physical location – Framingham Call to Talk. The others are remote. However, it is feasible for Rebekah C to potentially set something up in Framingham and Kelley will put that on the list.

**Sharon**: Raised topic for exploration on whether we might identify opportunities for partnership, particularly around some of the messaging that Ivy brought up, around reassuring people that these lines are safe. Opportunities for cross promotion with a DV or ICE hotline, opportunities to share data on call volume.

**Kelley**: Agreed this is a good idea and said that there is a group that works with BHHL and 988 in substance abuse, and Kelley also has some contacts in the DV center.

Kelley paused here to suggest that if there aren't any other suggestions or questions, then she will take what was captured today and review with her team some key areas to focus on. Kelley will also investigate having someone join the next meeting to speak from one of the centers about their experiences, possibly someone who is not represented here.

**Joan**: Suggested that it would also be helpful to see some data on what is working as well as some of the challenges centers are facing.

**Kelley**: Agreed with Joan's suggestion and will follow up with Danielle Bolduc to put together some updated slides showing various data points for the centers.

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# **Next Steps**

- Kelley to connect with Danielle Bolduc on information on the 2025 marketing campaign, and call center data that can be presented to the members.
- Kelley to review what was captured in today's meeting and determine key areas to focus on.
- Kelley will work on coordinating a guest speaker for the next meeting based on suggestions made today.
- The next meeting will be held on Monday, June 16th, 2025 from 1:30pm 3 pm.

<u>Vote 2 to adjourn:</u> A motion to adjourn was made by Kerry Collins and seconded by Debbie Helms and approved by roll-call vote (see detailed record of votes above).