

## The Commonwealth of Massachusetts Executive Office of Public Safety and Security

## PAROLE BOARD

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## **RECORD OF DECISION**

IN THE MATTER OF

ADALBERTO INGLES W86767

TYPE OF HEARING:

**Initial Hearing** 

**DATE OF HEARING:** 

July 1, 2025

DATE OF DECISION:

November 17, 2025

**PARTICIPATING BOARD MEMBERS:** Edith J. Alexander, Dr. Charlene Bonner, Sarah B. Coughlin, Angelo Gomez Jr., James Kelcourse, Rafael Ortiz<sup>1</sup>

**VOTE:** Parole is denied with a review in 5 years from the date of the hearing.<sup>2</sup>

**PROCEDURAL HISTORY:** On December 14, 2005, in Suffolk Superior Court, Adalberto Ingles pleaded guilty to murder in the second-degree for the death of M.M.<sup>3</sup> He was sentenced to life in prison with the possibility of parole. On that same date, he pleaded guilty to aggravated rape and received a 10-15 year from and after sentence.

Parole was denied following a parole hearing on his life sentence in 2017.<sup>4</sup> On July 1, 2025, Adalberto Ingles appeared before the Board for an initial hearing on his aggregated sentences. He was not represented by an attorney. The Board's decision fully incorporates by reference the entire video recording of Mr. Ingles' July 1, 2025, hearing.

**STATEMENT OF THE CASE:** On the evening of July 16, 2002, 18-year-old M.M. attended a party on Washington Avenue in Chelsea. Adalberto Ingles (age 22) and his co-defendant, Melvin

<sup>&</sup>lt;sup>1</sup> Board Member Gomez was not present at the hearing, but reviewed the video recording of the hearing and the entirety of the file prior to vote. Board Member Tonomey Coleman participated in the hearing, but was not on the Board at the time of vote.

<sup>&</sup>lt;sup>2</sup> One Board Member voted to deny parole with a review in 4 years.

<sup>&</sup>lt;sup>3</sup> The name of the victim is withheld pursuant to G.L. c. 265, § 24C.

<sup>&</sup>lt;sup>4</sup> This hearing took place prior to the SJC decision in *Dinkins & another v. Massachusetts Parole Board*, 486 Mass. 605 (2021). After the Dinkins decision, the Board aggregated the murder and from and after aggregated rape sentence to calculate a single parole eligibility date.

Martinez, were also there.<sup>5</sup> M.M. became intoxicated and distraught over her relationship with her boyfriend. Mr. Martinez offered to take M.M. to see her boyfriend, and the two left together at approximately 11:30 p.m. Mr. Ingles followed and joined them at a park near the Chelsea Soldiers' Home. Alone with M.M. in the park, Mr. Ingles and Mr. Martinez beat her about the head with a large rock. During the beating, Mr. Ingles and Mr. Martinez stripped M.M. of her clothing and proceeded to rape her. The two men severely burned parts of her body by holding burning clothing close to her flesh. M.M. died due to blunt force trauma to her head and thermal injuries. Both Mr. Ingles and Mr. Martinez gave a recorded statement to police officers admitting their participation in the murder and rape of M.M.

**APPLICABLE STANDARD:** Parole "[p]ermits shall be granted only if the Board is of the opinion, after consideration of a risk and needs assessment, that there is a reasonable probability that, if the prisoner is released with appropriate conditions and community supervision, the prisoner will live and remain at liberty without violating the law and that release is not incompatible with the welfare of society." M.G.L. c. 127, § 130. In making this determination, the Board takes into consideration an inmate's institutional behavior, their participation in available work, educational, and treatment programs during the period of incarceration, and whether risk reduction programs could effectively minimize the inmate's risk of recidivism. M.G.L. c. 127, § 130. The Board also considers all relevant facts, including the nature of the underlying offense, the age of the inmate at the time of the offense, the criminal record, the institutional record, the inmate's testimony at the hearing, and the views of the public as expressed at the hearing and/or in written submissions to the Board.

**DECISION OF THE BOARD:** Mr. Ingles came before the Board for his initial hearing. He presented with little insight into his behaviors. He has a history of violence related disciplinary reports. He has engaged in minimal rehabilitative programming. He did not progress in SOTP, resulting in his termination from the program. M.M.'s mother and sister, as well as Suffolk County Assistant District Attorney Montez Haywood, testified in opposition to parole. The Board concludes that Adalberto Ingles has not demonstrated a level of rehabilitation that would make his release compatible with the welfare of society.

I certify that this is the decision and reasons of the Massachusetts Parole Board regarding the abovereferenced hearing. Pursuant to G.L. c. 127, § 130, I further certify that all voting Board Members have reviewed the applicant's entire criminal record. This signature does not indicate authorship of the decision.

Angelo Gomez Jr., Chair

Date

<sup>&</sup>lt;sup>5</sup> Mr. Martinez was convicted of first-degree felony murder and aggravated rape for his participation in the rape and murder of M.M. (See 0284CR10884).