



Safe Swallowing

# ADAPTIVE DINING EQUIPMENT



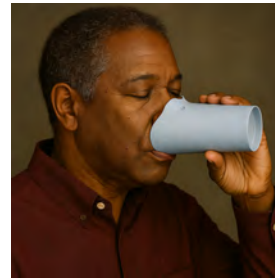
## Non-Slip Placemat

to help hold plates & bowls securely in place



## Nose Cup

to keep the head in a neutral position (not tipped back)



## Weighted Utensils

to help minimize the effects of shaky hands



## Angled Utensils

to help with limited hand and wrist movement



## Built-Up Handles

to improve comfort and grip



## Scoop Dish

to provide a higher edge to make scooping food easier



## Inner Lip Plate

to reduce spillage and help push food onto utensils



## Divided Plate

to assist with portion size and keep food items separated



## Why use adaptive equipment?

- To maximize independence with feeding skills
- To maintain safety when eating and drinking
- To promote dignity and social inclusion at mealtimes

## Who recommends this equipment?

- An occupational therapist or speech-language pathologist can complete a dining assessment and recommend adaptive equipment to meet the person's needs.