



Addressing Intimate Partner Violence and Sexual Violence: Upstream Work, Integrating RFR Principles, and Collaboration

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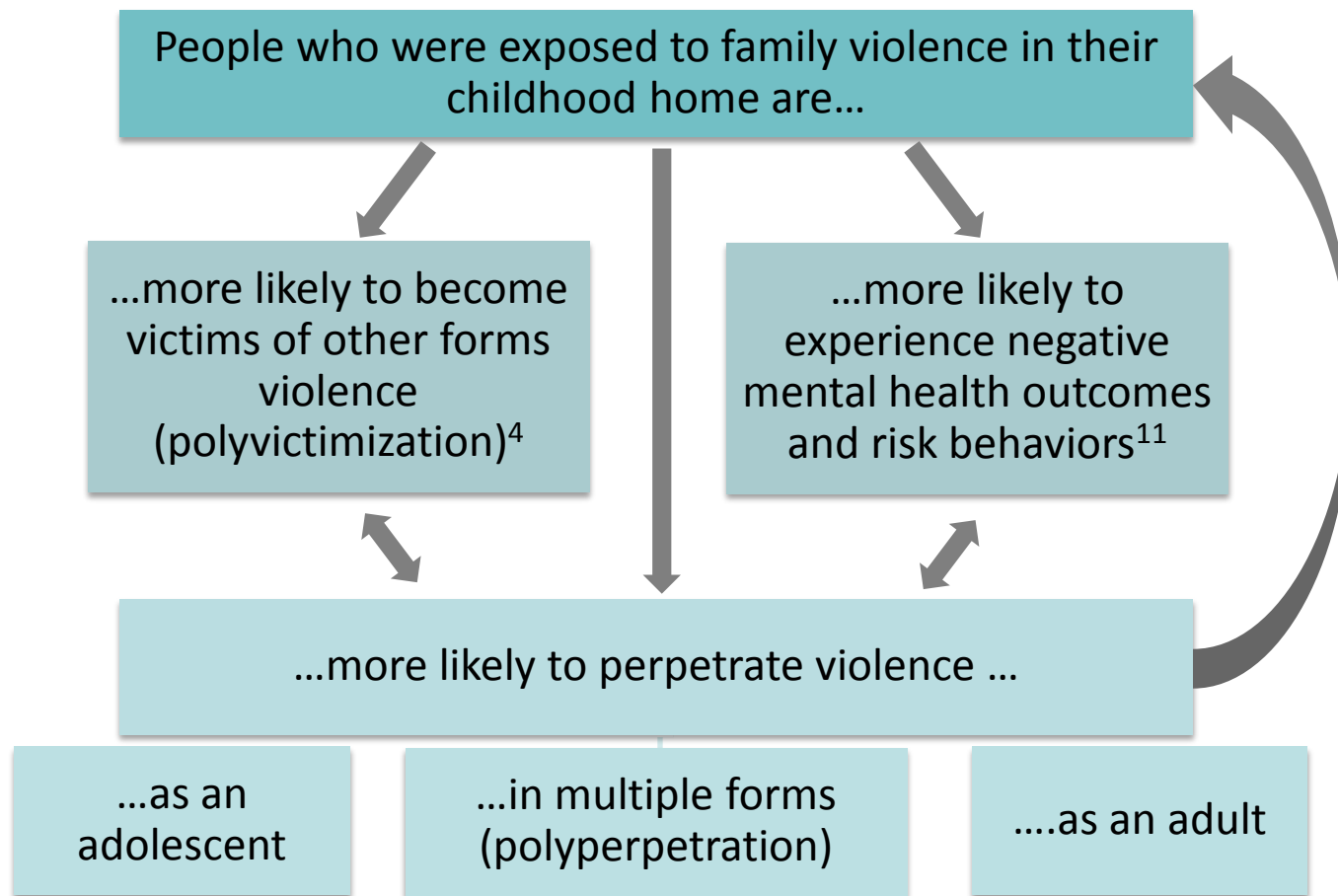
Office of Statistics and Evaluation and Division of Sexual and Domestic Violence
Prevention and Services

Massachusetts Department of Public Health

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Violence: Interrelationships & Intergenerational Transmission



- Mitigation of impact among children, youth, and adults
- Primary prevention
- Intervention to address current and future perpetration

Violence: Interrelationships & Intergenerational Transmission

People who were exposed to family violence in their childhood home are...

Exposure to family violence:

- Physical/sexual assault/abuse of a child/youth by someone in the home
and/or
- A child's/youth's exposure to violence committed by one adult against another adult in the home

13% of MA Middle School youth **report experiencing family violence** (as defined in the slide) in just the past year.⁴

Nationally, up to **1 in 4** children are **exposed to IPV** by the ages of **14-17**.⁵

Violence: Interrelationships & Intergenerational Transmission

People who were exposed to family violence in their childhood home are...

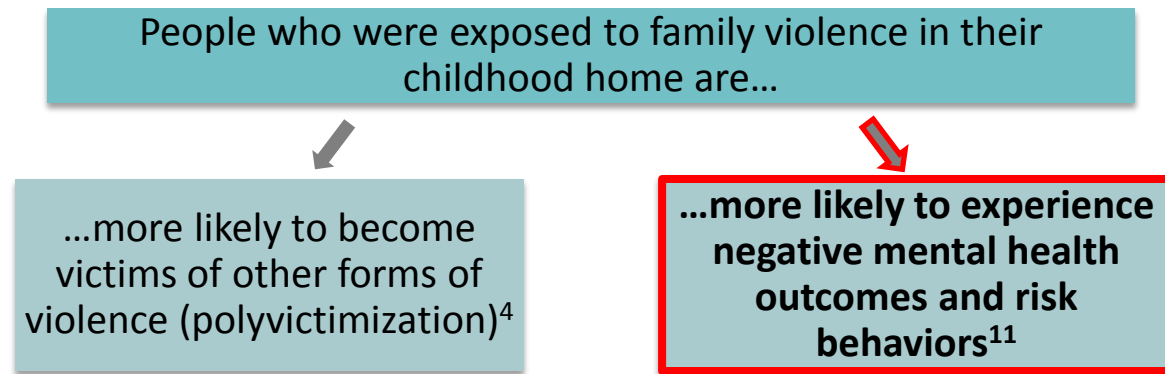
...more likely to become victims of other forms of violence (polyvictimization)⁴

MA middle school youth exposed to violence in the home experienced up to **6 times the rate** of being a **victim of other types of violence**.⁴

MA middle school students exposed to Family Violence reported experiencing^a:

- **6x** the rate of **Physical/Sexual Dating Violence**^b (12% vs. 2%)
- **2.4x** the rate of **Coercive Control by Dating Partner**^b (28% vs. 12%)
- **2.2x** the rate of **Bullying > Once in Past Yr.** (44% vs. 20%)
- **2.4x** the rate of **Cyber-Bullying in Past Yr.** (29% vs. 12%)

Violence: Interrelationships & Intergenerational Transmission

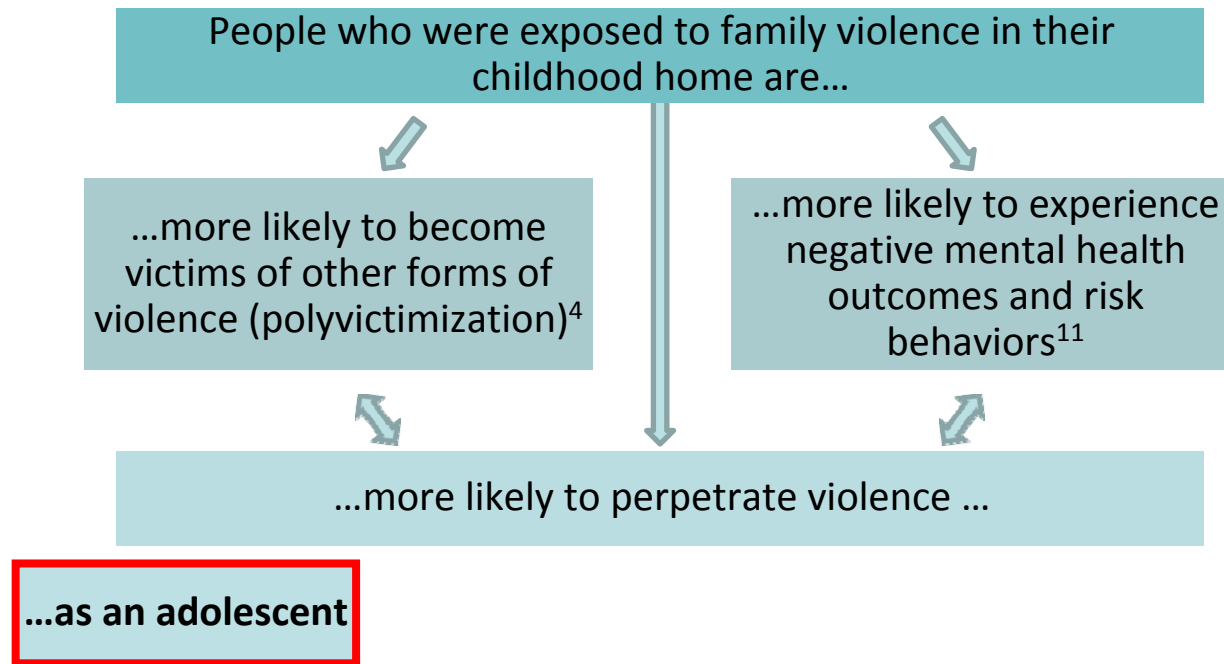


Youth exposed to violence in the home experienced **up to 8 times** the rate of **negative mental health and risky behavior outcomes**¹¹.

MA middle school students exposed to Family Violence were more likely to also report^a:

- **3x** the rate of **Symptoms of Depression** in Past Year (40% vs. 13%)
- **5.2x** the rate of **Having Considered Suicide** in Past Year (26% vs. 5%)
- **8x** the rate of **Having Attempted Suicide** in Past Year (16% vs. 2%)
- **3.4x** the rate of **Engaging in Self Injury** in Past Year (37% vs. 11%)
- **2.6x** the rate of **Risky Dieting Behaviors** in Past 30 Days (21% vs. 8%)

Violence: Interrelationships & Intergenerational Transmission

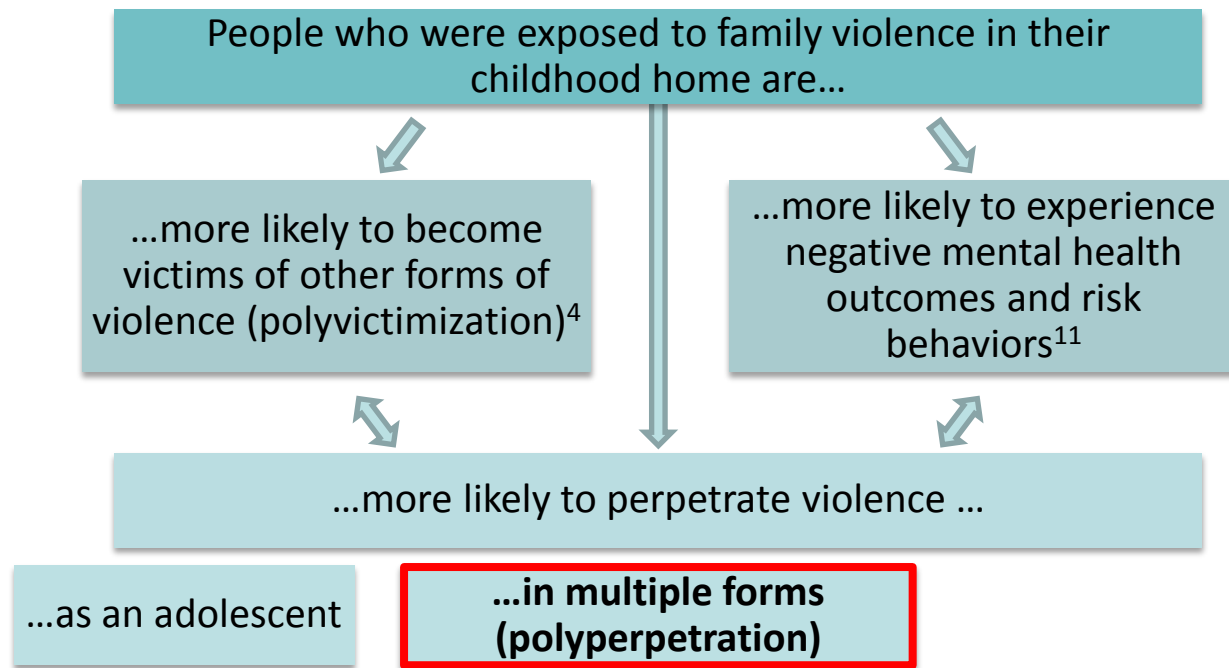


MA Middle School students who experienced violence in the home exhibited **up to 6.2 times** the rate of **committing abusive/violent behavior**.¹³

MA middle school students exposed to Family Violence were more likely to report past year perpetration of^a:

- **3.6x** the rate of **Bullying** (18% vs. 5%)
- **4x** the rate of **Cyber-Bullying** (12% vs. 3%)
- **6.3x** the rate of **Dating Violence** (5% vs. 0.8%)

Violence: Interrelationships & Intergenerational Transmission

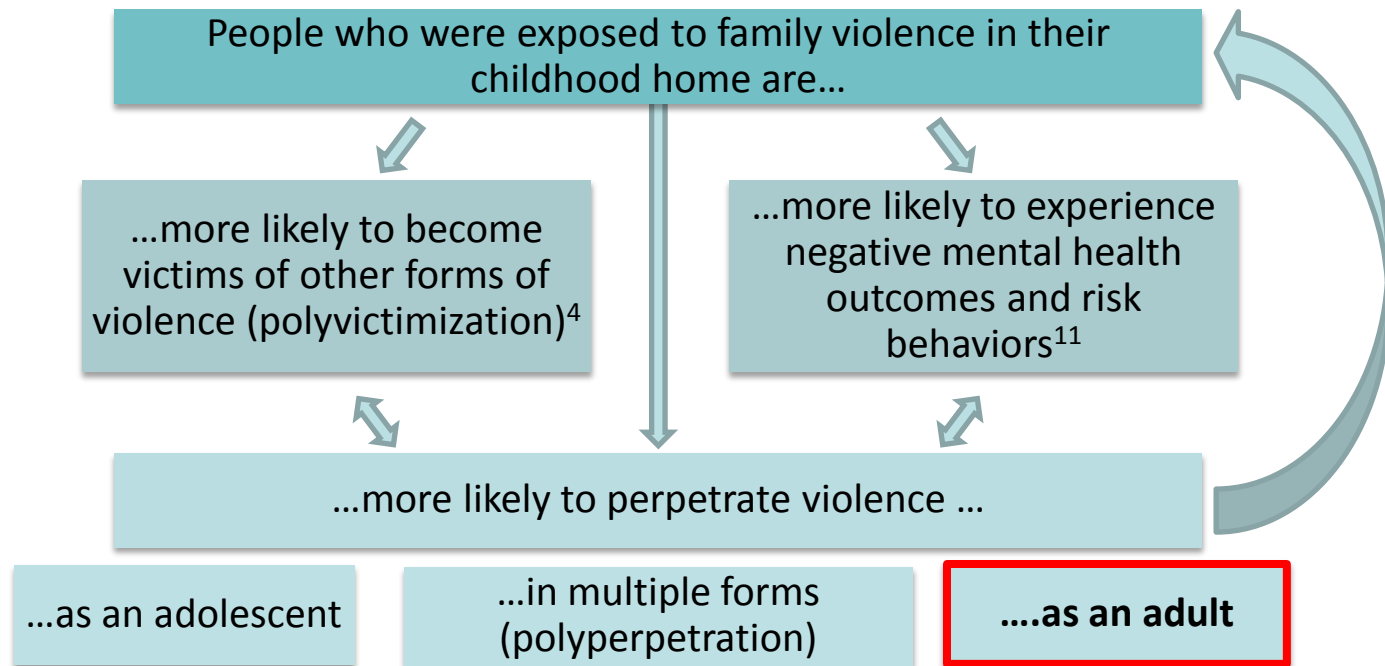


MA high school students who perpetrated SV in past year were more likely to report that in the past year they also had perpetrated¹⁴:

- **8.7x** the rate of **Bullying** (52% vs. 6%)
- **9x** the rate of **Cyber-Bullying** (45% vs. 5%)
- **40x** the rate of **Dating Violence** (40% vs. 1%)

And they were also **7.5x** more likely to have **experienced unwanted sexual contact themselves** (lifetime) (45% vs. 6%).¹⁴

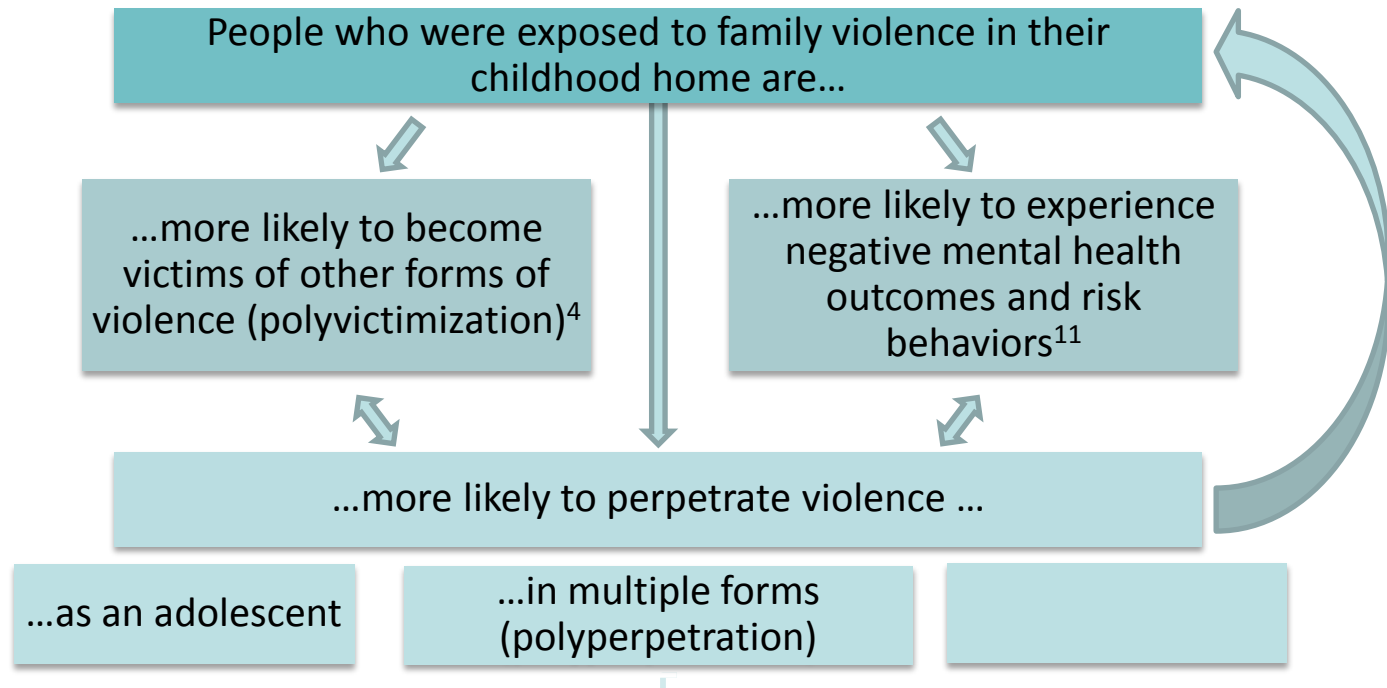
Violence: Interrelationships & Intergenerational Transmission



National research indicates that men exposed to family violence as children are at **56% - 63%** increased risk of engaging in IPV as adults.¹⁸

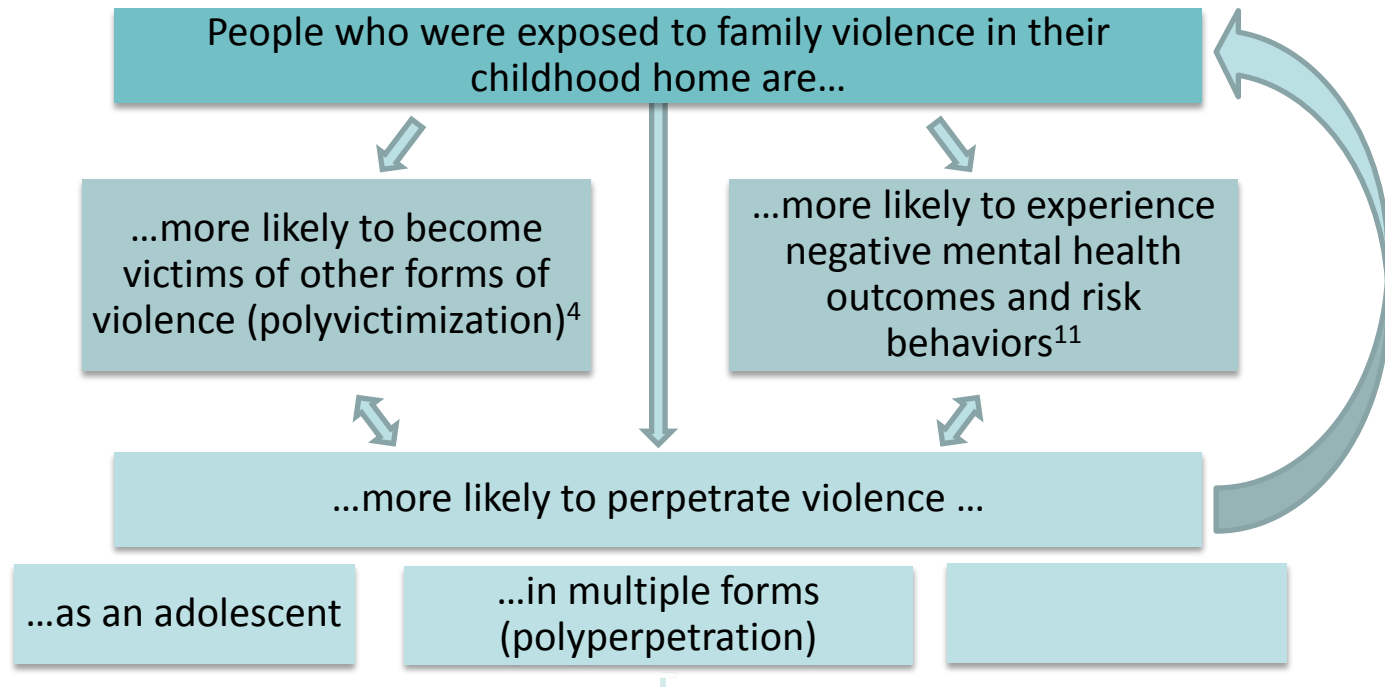
The CDC cites this type of experience as a risk factor for both SV & IPV perpetration.²

Existing Programs & Collaborations



- Mitigation of impact among youth and adults
- Primary prevention
- Intervention to address current and future perpetration

Existing Programs & Collaborations



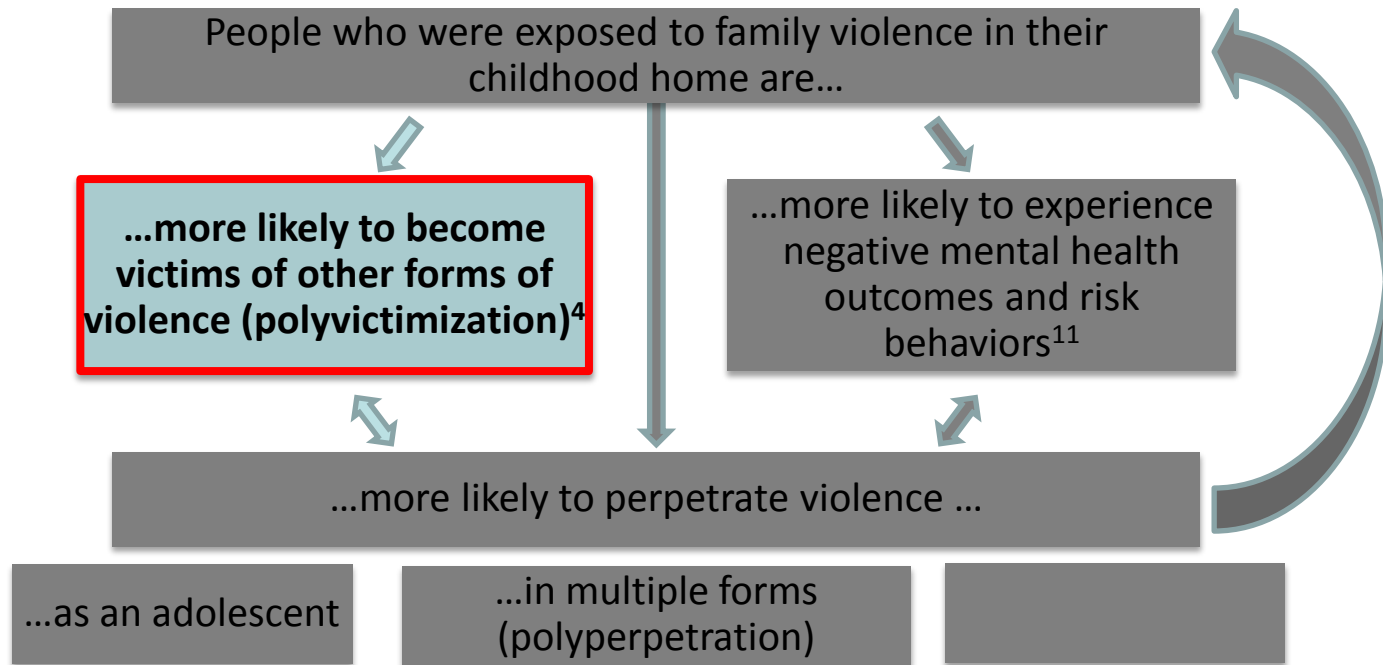
Prevention and direct services **affect all aspects** of violence but often **focus** on specific areas of experience.

Existing Programs & Collaborations



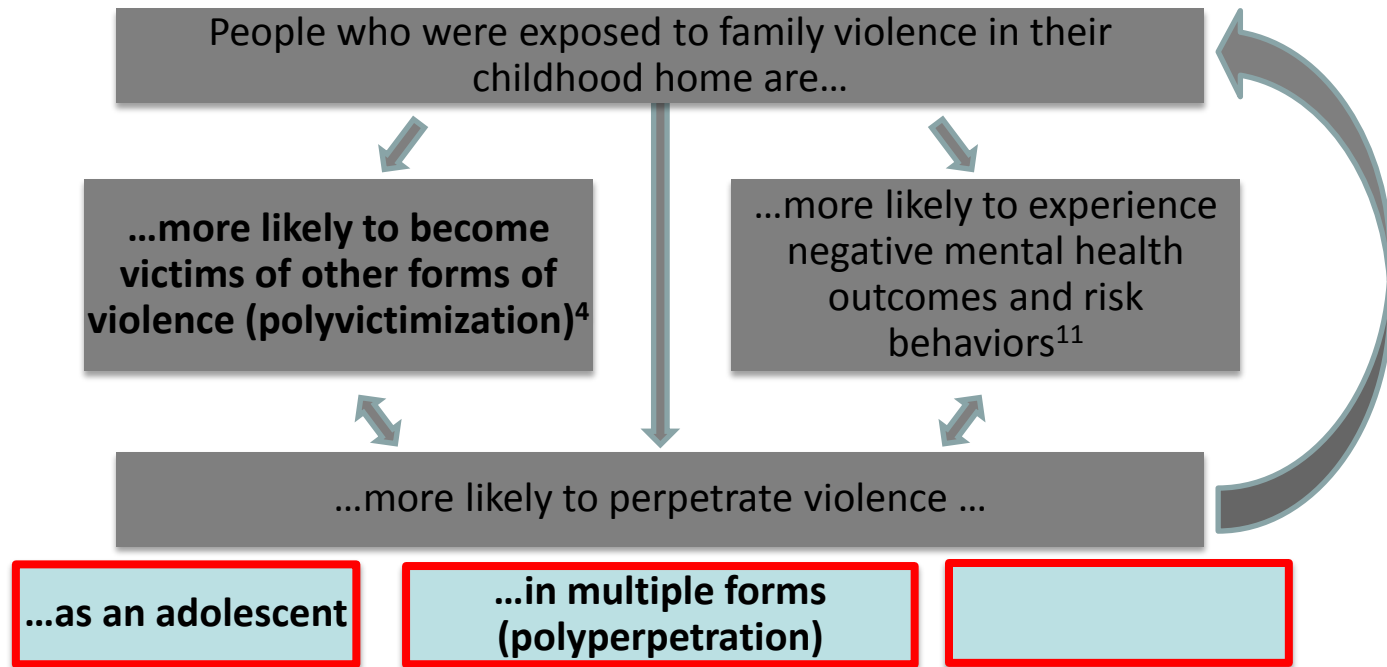
- Children Exposed to Domestic Violence
- Supervised Visitation Services
- Child Advocacy Centers
- Rape Crisis Centers
- Residential Services
- General Community-Based Domestic Violence Services
- SDV Services for Communities Experiencing Inequities

Existing Programs & Collaborations



- Sexual Assault Nurse Examiner programs (SANE), Pedi-SANE, Tele-SANE
- Children Exposed to Domestic Violence
- Supervised Visitation Services
- Child Advocacy Centers
- Rape Crisis Centers
- Residential Services
- General Community-Based Domestic Violence Services
- SDV Services for Communities Experiencing Inequities

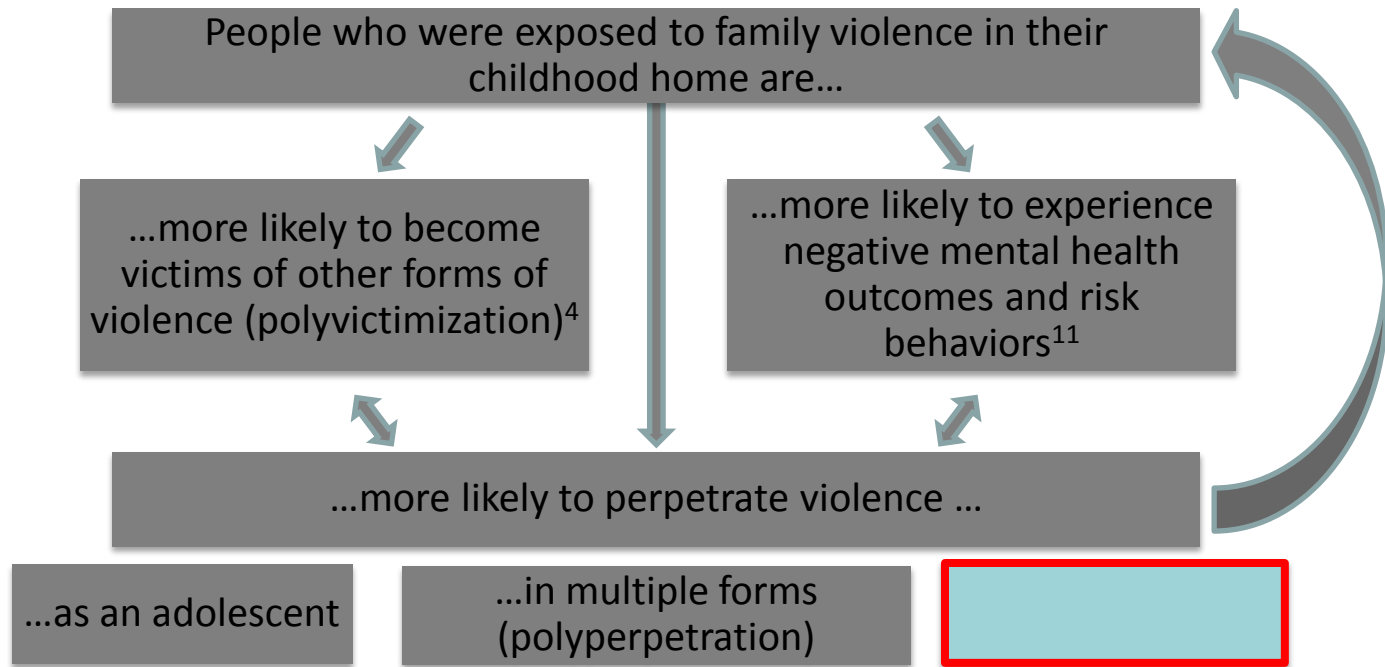
Existing Programs & Collaborations



- Rape Prevention and Education Program
- Healthy Relationships Grant Program
- Intimate Partner Abuse Education Programs (IPAEP)
- RESPECTfully prevention and awareness campaign
- Additional prevention programming



Existing Programs & Collaborations



- Massachusetts-Certified Intimate Partner Abuse Education Program (IPAEP) Services



Existing Programs & Collaborations

Intimate Partner Abuse Education Program (IPAEP) Services

- MA-certified IPAE programs¹⁹
 - Promote examination of all forms of **abusive behavior and their impacts** on intimate partners and children
 - Promote examination of **the cultural and social influences** that contribute to violence
 - Encourage program participants to adopt respectful and **non-abusive attitudes and behaviors** toward their intimate partners and children
 - Employ specially trained facilitators to leverage the power of group dynamics to **increase participant accountability** for positive change
 - Provide confidential contact to participants' partners to try to **enhance survivor safety directly**
- MA certified IPAEPs serve over **2,000** people who have abused their intimate partners (participants) each fiscal year.²⁰
- Most discharges from MA certified IPAEPs occur because participants have **completed** their 80 hours of intervention programming.²¹



Existing Programs & Collaborations

Intimate Partner Abuse Education Program (IPAEP) Services

Studies of MA-certified IPAEPs have found that:

- Men who complete these programs are **less likely** than men who have not to recidivate^{22,23} for:
 - **violent offenses**
 - **IPV-specific violent offenses** (e.g., restraining order violations)
- This effect **was not found** for men court-referred to anger management, substance abuse services, or individual counseling.²²



Existing Programs & Collaborations

Intimate Partner Abuse Education Program (IPAEP) Services

Perpetration intervention is necessary to reduce the risk of:

- Additional perpetration against the **referral incident survivor**
- Perpetration against **other partners**
 - Estimated **25-43%** of people who use violence in relationships reoffend against other partners^{22,29}
- Exposure of children and youth to family violence
 - Polyvictimization
 - Negative health outcomes
 - Risk factor for IPV perpetration in adolescence and adulthood (males)



Existing Programs & Collaborations

Intimate Partner Abuse Education Program (IPAEP) Services

Perpetration intervention is necessary to reduce the risk of:

- Exposure of children and youth to family violence

29% of FY18 IPAEP clients who were in a parental relationship to a child under age 18 at the time of program intake **admitted a child has been exposed to something abusive** they have done to an intimate partner.³⁰



Key Takeaways and Next Steps

Continue support of:

- Addressing **upstream risk factors** and **treatment of early trauma** in youth in addition to **providing survivor services** to victims of IPV and sexual violence
- Developing **interventions with youth** exhibiting problematic inter-personal behaviors^a
- Increasing **understanding of intersectionality** of all aspects of the work and the need to collaborate in meaningful ways across service models to promote safety
- **Connecting people to services** within the network of SDV services to help survivors and children attain safety^b
- Improving **integration of the principles** of primary prevention, understanding perpetration, and attending to the needs of children as primary survivors

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