

# SUBSTANCE USE RESOURCES

Compiled by the Office of Attorney General Maura Healey

for Massachusetts residents

## Find treatment

### MASSACHUSETTS HELPLINE

Massachusetts Helpline offers 24/7 service to people looking for information about substance use disorder and treatment.

→ [helplinema.org](http://helplinema.org) / (800) 327-5050

### SAMHSA'S NATIONAL HELPLINE

The U.S. Substance Abuse and Mental Health Services Administration operates a confidential, free, 24/7 information service in English and Spanish that provides referrals to local treatment facilities and support groups.

→ [findtreatment.gov](http://findtreatment.gov) / 1 (800) 662-4357

### ATLAS

ATLAS's search engine allows you to compare treatment facilities using trustworthy information on treatment quality.

→ [treatmentatlas.org](http://treatmentatlas.org)

## Get support

### MAGNOLIA NEW BEGINNINGS

Magnolia New Beginnings supports individuals and families who are seeking recovery, help in maintaining that recovery, and making resources available to assist those in recovery achieve a new beginning.

→ [magnolianewbeginnings.org](http://magnolianewbeginnings.org)

### TEAM SHARING

Team Sharing is a national organization of parents who have lost a child to substance use disorder.

→ [teamsharinginc.org](http://teamsharinginc.org)

### NEW ENGLAND REGION OF NARCOTICS ANON.

New England Region of Narcotics Anonymous is a fellowship that meets regularly to support recovery.

→ [nerna.org](http://nerna.org) / 1 (866) 624-3578

### ALCOHOLICS ANONYMOUS

Alcohol Anonymous is a nonprofessional, self-supporting, multiracial, apolitical, and widely available support system for people with a drinking problem.

→ [nar-anon.org](http://nar-anon.org)

### LEARN TO COPE

Learn to Cope offers education, resources, peer support, and hope for parents and family members coping with a loved one addicted to opiates or other drugs.

→ [learn2cope.org](http://learn2cope.org) / (508) 738-5148

### PARTNERSHIP FOR DRUG-FREE KIDS

The Partnership for Drug-Free Kids operates a free parent helpline with email, text, and phone support offered by parent and peer coaches.

→ [drugfree.org](http://drugfree.org) / call 1 (855) 378-4373 / text 55753

### NAR-ANON FAMILY GROUPS

Nar-Anon Family Groups is there for families desperate for understanding and support.

→ [nar-anon.org](http://nar-anon.org)

## Reduce harm

### NALOXONE

The Department of Public Health (DPH) provides information on how to use naloxone or get it from a pharmacy. No prescription is required.

→ [mass.gov/naloxone](http://mass.gov/naloxone)

### SYRINGE SERVICES

DPH lists programs that provide free sterile needles and syringes, dispose of used needles and syringes, and other services such as STI testing.

→ [mass.gov/syringe-service-programs](http://mass.gov/syringe-service-programs)

## Know your rights

### COMPLAINTS ABOUT TREATMENT FACILITIES

Contact DPH with concerns about licensed treatment or detox facilities or methadone clinics in Massachusetts.

→ (617) 624-5171

### MOAR

Massachusetts Organization For Addiction Recovery (MOAR) organizes recovering individuals, families, and friends into a collective voice to educate the public about the value of recovery from addictions.

→ [moar-recovery.org](http://moar-recovery.org)

### RIZE

RIZE's Know Your Rights Toolkit offers support and resources for people with OUD and their allies as they navigate things like housing, employment, and treatment.

→ [rizema.org/yourrights](http://rizema.org/yourrights)

**HEALTH INSURANCE ISSUES?** Contact the Attorney General's Health Care Division • [mass.gov/ago/healthcarecomplaint](http://mass.gov/ago/healthcarecomplaint)