

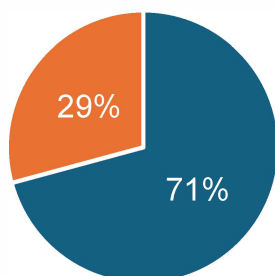
Alcohol Use among Pregnant Women in Massachusetts*

2023 PRAMS**

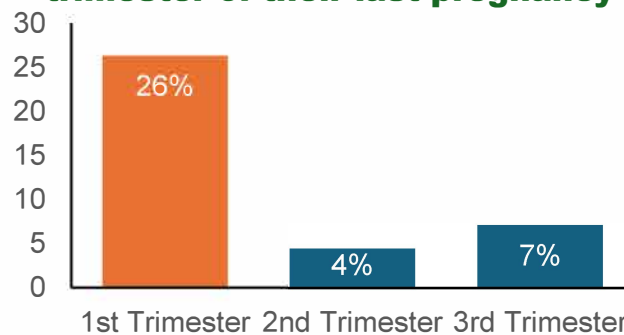
Fact Sheet

Release: 2026

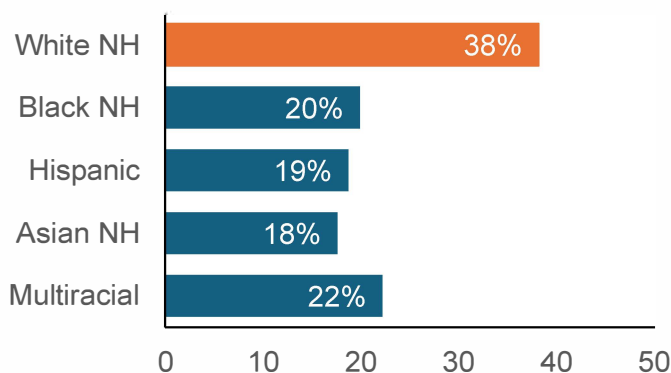
**Overall, 29% used alcohol during
their last pregnancy**



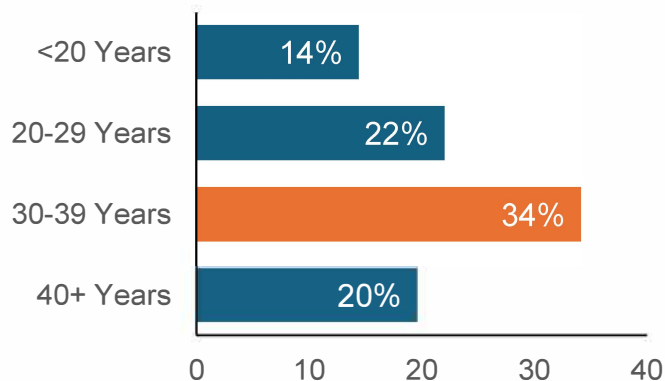
**26% used alcohol in the first
trimester of their last pregnancy**



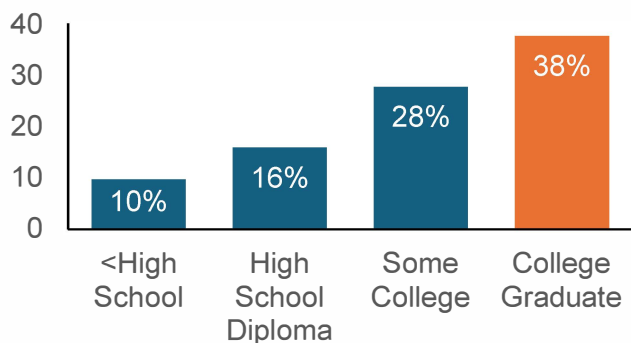
**38% of Non-Hispanic Whites used
alcohol during their last pregnancy**



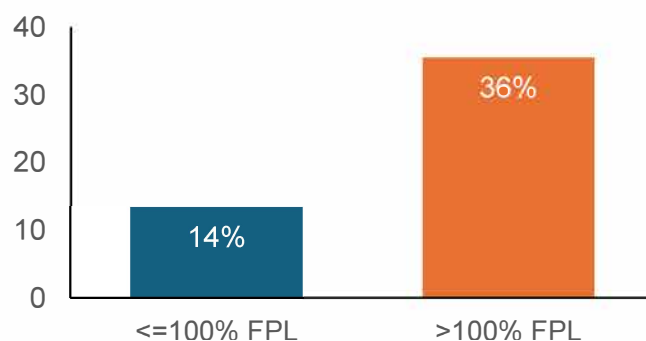
**34% of those aged 30~39 used
alcohol during their last pregnancy**



**38% of those with college or higher
education used alcohol
during their last pregnancy**



**36% of those with household income
above the Federal Poverty Level
used alcohol during their last pregnancy**



*Alcohol use during pregnancy includes alcohol use before the pregnancy was identified.

**PRAMS: The Pregnancy Risk Assessment Monitoring System.